THE SFA WEEKLY Newsletter

AUGUST 26
2026

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FROM THE DESK OF DR. MCINNIS, PRINCIPAL

Dear SFA Families,

Did you know that SFA is making student and employee wellness a priority this school year? As we embrace our school theme, "Make Me a Channel of Your Peace," we are reminded that true peace encompasses nurturing our minds, spirits, and bodies. Taking care of our physical well-being helps us bring love, joy, and vitality into our school community every day.

As part of this wellness initiative, I am thrilled to share that starting in mid-September, we will launch Marathon Kids for students in grades 3 through 8! This program will give our students a fun, goal-driven way to stay active, build confidence, and support one another as they log physical activity throughout the term. You can learn more about the program by visiting the Marathon Kids Website.

Stay tuned—there are many more exciting things to come as we make wellness a journey we walk, run, and pray through together!

Blessings,

Dr. Tim McInnis
Principal, St. Francis of Assisi Catholic School
Class of 1984

This Week at St. Francis

Students for Life: Our middle school students had the opportunity to hear from Students for Life. We are so grateful to everyone who helped coordinate this special opportunity and make it possible for our students!

Middle School Science: Our middle school students are learning the basics of science tools and lab safety while creating fun collages for their science course.

Middle School Math: Our middle school math students explored After the Fall and learned about growth mindset, perseverance, and overcoming fears.

4th Grade: Our 4th graders enjoyed taking their learning outdoors!

Preschool: Our preschoolers are settling into their routines, making new friends, and having so much fun along the way!

Picture Day Surprise! Mrs. Kircher stopped by for Picture Day and brought baby Louis! The students loved getting a peek at our tiniest Panther!



Students for Life presentation




Picture Day visit from baby Louis!

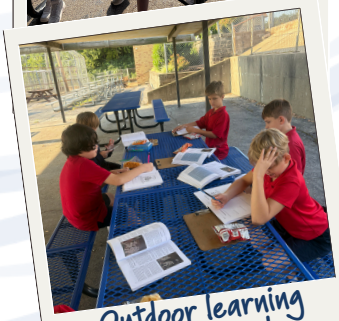






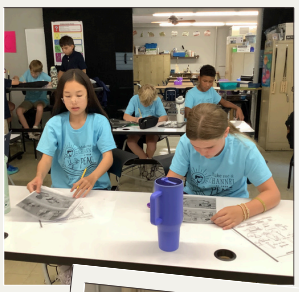



Math project in Middle School


Outdoor learning with 4th grade



Preschool fun!








Middle School Science



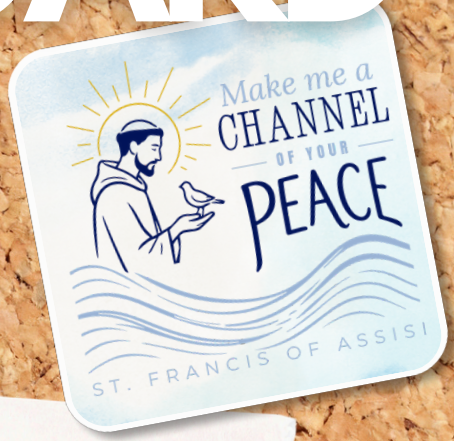
BULLETIN BOARD

HOMEPAGE

Don't forget to return the bright orange

Economic Deprivation Survey

sent home this week! Every response helps our school access the federal program services available to our students!



MEDIA AUTHORIZATION FORM

Haven't signed yet? Please complete the Media Authorization Form in FACTS to let us know your preferences for photos, videos, and school communications!

SFA GEAR

CHECK OUT THE **ST. FRANCIS SPIRIT SHOP**

for **athletics gear** and more!

PICNIC SHIRTS AVAILABLE!

SFA Picnic Shirts are for sale NOW and new Spirit Wear will be available soon!



REMINDER:

Students may wear SFA Spirit Wear on Mondays with uniform bottoms or the SFA logo sweatpants from ***Just Me Apparel***

Get Ready to ShakeOut.

LEARN MORE

October 15, 2026

ShakeOut

Register: **ShakeOut.org**

BACK-TO-SCHOOL NIGHT

THURSDAY, AUGUST 27

6:30PM - GYM

THEN VISIT CLASSROOMS

Come meet our wonderful new staff, reconnect with familiar faces, and get the inside scoop on all the exciting things planned for this school year.
We can't wait to see you and share what's ahead!

BONUS FOR STUDENTS!

Students whose parent or guardian attends the meeting will earn a FREE DRESS-DOWN DAY on Friday!

CHILDCARE AVAILABLE

Need babysitting during the meeting? We've got you covered! Please RSVP if you will need childcare so we can plan for the number of children attending.

RSVP to:
sarah.bundren@sfaschoolstl.org

WE HOPE TO SEE YOU THERE!

ST. FRANCIS OF ASSISI

HOME & SCHOOL

VOLUNTEER. CONNECT. BUILD COMMUNITY.

HOMEPAGE

FALL
Volunteer Opportunities

Help with events, activites, special projects this FALL!

Sign Up!

SPRING
Volunteer Opportunities

Help with exciting events, celebrations, and more this SPRING!

Sign Up!



Support Our School
Clear the Lists!

Our teachers have put together classroom wish lists with items that would be helpful throughout the school year. If you'd like to help, take a look and see if there's anything you'd like to check off their lists! Thank you for supporting our teachers and students!



- PK2 - Mr. Adams
- PK4 - Mrs. Soell
- Kindergarten - Mrs. Della Croce & Mrs. Irvin
- 1st Grade - Mrs. Wayne
- 2nd Grade - Mrs. Terriault
- 5th Grade - Mrs. Rutledge
- 6th Grade - Ms. Mayer
- 7th Grade - Mrs. Schmitz
- Stream - Mrs. Watson
- Gym - Mrs. Smith
- Performing Arts - Dr. Jordan

**Don't see a teacher? Their list is on the way!*

AUGUST 27

Back to School Night

6:30pm, Gym and then Classrooms

SEPTEMBER 22

Planning Meeting

6:30pm, SFA School RM 21/23 (Middle School, 2nd floor). All are welcome to join us at these meetings!

When SFA Comes Together, Amazing Things Follow.

Together, we make SFA a place where faith, family, and community thrive. Thank you for being part of it.

FOR QUESTIONS TO THE HOME & SCHOOL BOARD PLEASE CONTACT US AT: SFAHS@SFASTL.ORG

Our Parish Picnic is back and this year is extra special!

AS WE CELEBRATE OUR

100th Centennial Year & Franciscan Jubilee

We're gathering together for a day filled with fun, fellowship, and celebration of the community that makes St. Francis of Assisi so special.

ST. FRANCIS of Assisi

PARISH PICNIC

OCTOBER 10, 2026

10am - 10pm

STARTING WITH THE PARADE AT 9:30 AM

And don't forget...

ADULT NIGHT

FRIDAY, OCTOBER 9 | 6–10 PM!



Picnic T-shirt

Celebrate the SFA Picnic, Jubilee & Centennial with the Parish Picnic T-Shirt!

ORDERS MUST BE RECEIVED BY SEPT 15, 2026

TINSLEY RIDES • GAMES FOR ALL AGES • LIVE MUSIC • FOOD & FELLOWSHIP

More details to follow!

Be sure to follow our Parish Picnic Facebook page for updates!

COMING SOON

- TICKET SALES
- RIDE BRACELETS
- SPONSORSHIP OPPORTUNITIES
- VOLUNTEER INFORMATION

QUESTIONS

Contact Abby LeCroy at 314.369.1051 or abigaillecroy@gmail.com

ST. FRANCIS OF ASSISI

Make me a CHANNEL OF YOUR PEACE

HOMEPAGE

100 YEARS

1927 - 2027

100 Years of Faith, Service & Community

Celebrating Our Past, Inspiring Our Future

Join us throughout this special Centennial year as we honor a century of Catholic education, Franciscan values, and a community that grows together in faith.











Our Next CENTENNIAL EVENT

ALUMNI MASS & RECEPTION

Sunday, September 20, 2026

11 AM ALUMNI MASS

Reception & Tour to follow

Join us for a special day as we come together to celebrate **100 years of St. Francis of Assisi**. Reconnect with old friends and see how our school and parish continue to grow in faith and community.

All Alumni, former faculty & friends of SFA are invited!

Save the Dates

Oct 9-10, 2026

PARISH PICNIC

A special Centennial edition of our annual Parish celebration.

Details to come!

Nov 2026

ST. VINCENT DE PAUL MONTH

Throughout November, our school and parish community will participate in a month long food drive to benefit those in need.

Dec 2026

ORNAMENT SALE

Commemorate this milestone year with a limited edition 100th Anniversary ornament.

STAY CONNECTED!

Scan the QR code to join our Alumni Database!

ST. FRANCIS OF ASSISI

100 YEARS

HOMEPAGE

HEY ST. FRANCIS OF ASSISI SCHOOL, DID YOU HEAR?

OUR FUNDRAISER IS LAUNCHING SOON!





SAVE THE DATE!

STAY TUNED FOR MORE DETAILS

SEP 25, 2026

Registration for our SFA Fun Color Run is Open!

You'll be prompted to register or log-in to your Parent Dashboard.

It takes minutes and you can do it all from your phone! Unable to scan?

Visit **www.getmovinfundhub.com** and enter our School Identifier: **64ef805e4e441**

THANK YOU FOR YOUR SUPPORT!

Please email sfahs@sfastl.org if you have any questions

stldigital

Your Official School Photographer

TODAY WAS SCHOOL PHOTO DAY
YOUR STUDENT SHOULD BE BRINGING HOME A QR CODE WITH ACCESS TO PICS IN A FEW DAYS.

Photos will be posted online a few days after the shoot for you to order.

Multiple Images to Choose From!



SCHOOL PORTRAITS

VIEW BEFORE YOU PURCHASE

How it Works:

Easy Online Ordering!

1 Be dressed & ready for Photo Day! There is nothing to hand in and every child will be photographed.

2 Your child will bring home a QR Code Flyer that explains the order process, and provides a link to your own private online gallery.

3 Log-in, choose your package, pick one, two, or all the images. Adjust the Crop if you want and order!

4 Order by your deadline to take advantage of free delivery to the school.

GET IN TOUCH www.stldigital.com * info@stldigital.com * 314-472-3111

HOMEPAGE

CLASS of 2027

MUM FUNDRAISER

PRE-ORDER your mums now!

Complete the Google form here. Send in payment to school office or rectory via Cash or Check, please put on envelope ATTENTION: Sarah Rehagen (make checks payable to St. Francis of Assisi and put in the memo line Mums Class of 2027) OR you can click this Venmo link and pay via Venmo, please put in memo/subject "Mums."

- $15 each (9-inch pot)



WHITE ORANGE YELLOW PURPLE RED



ORDERS DUE

SEPT 18th

@SFAEighthGrade-2027

venmo

Wiethop Greenhouse offers the 5 colors of mums (shown above). They are expected to be blooming mid-September, but this is an estimate subject to weather conditions. Order pickup will be in the SFA North Lot on September 26th, 2026. More info to come on pickup.

Orders are not confirmed until Payment is received.

For questions, please contact Sarah Rehagen 314-450-6654 OR sarahrehagen0@gmail.com

HOMEPAGE

Hot Lunch



AUGUST 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		NATIONAL POTATO DAY!	13 HALF DAY NO LUNCH 11:30 DISMISSAL	14 CLASS IS BACK IN SESSION **CIRCLE CHEESE PIZZA** SO LONG SUMMER **SALAD** WELCOME BACK **WATERMELON** AREN'T YA GLAD YOU'RE BACK **OREO COOKIES**
17 CHICKEN NUGGETS FRIES CORN ON THE COB WATERMELON	18 FRENCH TOAST STICKS BACON CHOCOLATE PUDDING WATERMELON	19 LOADED BAKED POTATO (BUTTER, SOUR CREAM, CHEESE & BACON) SALAD CHOCOLATE CHIP COOKIE WATERMELON	20 CORN DOG FRENCH FRIES COOKED CARROTS WATERMELON	21 DOMINO'S PIZZA (CHEESE, PEP OR SAUSAGE) PRETZELS BABY CARROTS (RANCH AVAILABLE) MANDARIN ORANGES
24 BURGER ON A BUN (CHOOSE CHEESEBURGER OR HAMBURGER IN FACTS) CURLY FRIES COOKED BROCCOLI STRAWBERRIES	25 MOSTACCIOLI GARLIC BREAD SALAD (RANCH OR ITALIAN DRESSING) STRAWBERRY DESSERT	26 PICTURE PERFECT PANCAKES SMILING SAUSAGE YOU'RE LOOKING GOOD YOGURT SIMPLY STUNNING STRAWBERRIES	27 CHICKEN STRIPS TATER TOTS GRAPE TOMATOES STRAWBERRIES	28 DOMINO'S PIZZA (CHEESE, PEP OR SAUSAGE) GOLDFISH SLICED CUCUMBERS APPLE SAUCE
31 TOASTED RAVIOLIS W/ MARINARA SAUCE SALAD (RANCH OR ITALIAN DRESSING) ORANGE SLICES				



SAME AS LAST YEAR WHEN WE HAVE DOMINO'S OR CHICK-FIL-A, (WHICH ARE ON FRIDAYS), THERE WILL BE NO LUNCH CREDITS OFFERED UNLESS YOU CAN LET ME KNOW OF THE ABSENCE BEFORE I PLACE THE ORDER. WE HAVE TO PLACE OUR ORDER AND PAY A WEEK IN ADVANCE.



SAME AS LAST YEAR WHEN WE HAVE SALAD. A MIX OF ICEBERG, ROMAINE AND SOMETIMES SPRING. THERE WILL ALWAYS BE CHEESE IN THE SALAD. OTHER ITEMS LIKE CRUTONS CUCUMBERS & TOMATOES WILL FIND THERE WAY IN OCCASSIONALLY. WE WILL SERVE IT WITHOUT DRESSING. STUDENTS WILL HAVE THE CHOICE OF RANCH AND ITALIAN DRESSING.

SAME AS LAST YEAR: MILK IS NOT INCLUDED WITH A LUNCH. MILK HAS TO BE PURCHASED FOR AN ENTIRE SEMESTER (AUG 13TH-DEC17). I HAVE SENT EMAILS WITH DETAILS. IF YOU WANT TO ORDER MILK FOR YOUR CHILD(REN) AND YOU'RE HAVING TROUBLE FINDING ONE OF MY EMAILS, REACH OUT TO ME AND WE CAN GET IT TAKEN CARE OF. JO.HUFKER@SFASCHOOLSTL.ORG OR 314 487-5736 X 126



The School LUNCH periods

11:20 - 11:40 // 3,4,5
11:30 // Preschool
11:45 - 12:05 // K, 1, 2
12:15 - 12:35 // 6,7,8

FOR ANY LUNCH QUESTIONS OR TO CANCEL LUNCH CONTACT JO HUFKER AT JO.HUFKER@SFASCHOOLSTL.ORG OR CALL 314-487-5736 X126

LUNCH ORDERING INSTRUCTIONS



HOMEPAGE

Snack & Scripture



FOR MIDDLE SCHOOL
Every Wednesday
3-3:45PM
IN YOUTH MINISTRY ROOM

SUBSCRIBE

*To our weekly **Bulletin** to see what's going on in the Parish!*

And check out our Parish website for more events and all things SFA!

ST. FRANCIS OF ASSISI CATHOLIC CHURCH





SFA DRESS CODE

SCHOOL UNIFORMS
Just Me Apparel
www.justmeapparel.com

ARRIVAL & DISMISSAL

If you still need Protecting Gods Children, see below

save the date!

august

27 H&S Back to School Night 6:30PM

september



2 Sch Brd Mtg
7 Labor Day – No School
11 Mid-Q1 | 🥳BDAY Lunch AUG/SEP
14-16 6th Grade Camp
22 Picture Retakes & All School Photo
25 SFA Fun Run | Half Day
30 7 Gr Conf. Parent & Student Meeting 6:30PM Gym

Volunteering at SFA

If you're planning to volunteer at the school in any capacity, please make sure you've completed the Protecting God's Children training. 👉 Click here to visit the Archdiocese of St. Louis website and register for an upcoming training session. If you've already completed the training through another school or parish, you will need to log in to your account and add **St. Francis of Assisi** to your profile to verify your training and so you will be included on our approved volunteer list.

sfastl.org
St. Francis of Assisi Catholic School
4550 Telegraph Rd. St. Louis, MO 63129
Phone: 314.487.5736 **Fax:** 314.416.7118
School ext: 121 // **Preschool ext:** 132 // **Parish ext:** 150

Tuition Questions

Please contact **Dan Denton** our business manager at businessmanager@sfastl.org or 314.487.5736 ext: 142

FACTS Parent Helpline: 866-441-4637

AMERICAN HERITAGE GIRLS®
FAITH | SERVICE | FUN

TROOP MO4900

Saint Margaret Mary Alacoque Parish

HOMEPAGE

10

THE BIG 1-0 BASH

Celebrating 10 Years of American Heritage Girls at SMMA

All girls Kindergarten – 8th grade are invited

Thursday, September 3 · 6:00 – 7:30 PM

Next to the SMMA Big Playground

(If it rains, we'll be in the Scout Room)

Bring a lawn chair — and bring the whole family, siblings included

For the Girls

- 10 birthday challenge stations
- Tent-pitching race & cup stack attack
- Rock painting and cupcake decorating
- Photo booth + glow bracelets
- Birthday cake and 10 candles

For the Parents

- Meet the leaders and current families
- See the full year's calendar
- Straight answers on cost and time commitment
- Q&A with girls already in the troop
- Registration help on the spot

Questions? ahg@smmaparish.org

Scan the code to learn more

10 Years. One Troop. Hundreds of Adventures.



Wolf Center Trip



Faith Badge Awards



Pumpkin Carving & Campout



Troop 4900



Clean Stream



Rock Climbing



Flower Arranging



Woodworking

What a Year Looks Like

Meetings 1st & 3rd Wednesdays, 4:15 – 5:30 PM
Badges across six frontiers: Heritage, Family Living, Arts, Outdoors, Personal Well-Being, Science & Technology
Service: Operation Clean Stream, Affton Food Pantry, Giving Tree, Mission Assistance
Adventure: camping, rock climbing, horseback riding, and an annual big trip
Faith: Mary, the First Disciple, Parish Masses, and the Deus et Patria awards

Joining Is Simple

- Christ-centered and parish-chartered — girls of all denominations are welcome
- **TROOP FEE $75 + NATIONAL FEE $43 (Discounts for multiple girls in family)**
- No experience and no gear needed — just show up at the Bash and say hello
- Family friendly activities

Questions? Email or text us any time — we are happy to talk it through

Find Your Level — every girl, Kindergarten through 8th grade



Pathfinder
Kindergarten



Tenderheart
Grades 1 – 3



Explorer
Grades 4 – 6



Pioneer
Grades 7 – 8

ARCHDIOCESE OF ST. LOUIS

EDUCATION WITH A HIGHER CALLING

CATHOLIC HIGH SCHOOL
2026 Fall Fairs

Families with students in grades 5 and up can explore exciting educational opportunities by meeting representatives from Catholic high schools in the Archdiocese of St. Louis!

Meet representatives from over ***20 CATHOLIC HIGH SCHOOLS,*** including all-girls, all-boys, and coeducational options, at each fair.

To see the full list of schools, please check our website:
ARCHSTLSCHOOLS.ORG

HOSTED BY
St. Joseph's Academy

Thursday
September 10
5:30-7:00 p.m.

2307 S Lindbergh Blvd.
St. Louis, MO 63131
314.394.4321

HOSTED BY
St. Louis University High School

Wednesday
September 23
5:30-7:00 p.m.

4970 Oakland Ave.
St. Louis, MO 63110
314.269.2097

HOSTED BY
Duchesne High School

Tuesday
October 6
5:30-7:00 p.m.

2550 Elm St.
St Charles, MO 63301
636.757.6932

SCAN HERE TO LEARN MORE

Gateway Tang Soo Do

St. Francis of Assisi Family Martial Arts

Martial Arts Classes

MONDAYS: August 17 – Dec 14, 2026

NO CLASS LABOR DAY OR CONFIRMATION

6:30pm in the Parish Center (Gym)

Fall 2026 Pricing: *(discounts apply to **Immediate Family**)*

$60 for 1st Family Member
$45 for 2nd Family Member
$30 for 3rd Family Member
$15 for 4th Family Member
FREE for 5th, 6th … Family Members

New Students Welcome

- *No Experience Needed*
- *Ages 5 – Adult*
- *Try a class for FREE*

Net Proceeds Donated to SFA School STEM / STREAM Program*

Information and registration forms can be found at:

https://sites.google.com/site/gatewaytsd/

Head Instructor: Jack Pereira
Instructor/Admin: Jeremy Loscheider
Phone/Text: 314-814-2831
Email: stochastic.one@gmail.com

*We may use up to 5% for WTSDA fees or equipment repair
SFA has received to date more than $94,000 from the martial arts program



TAPPING WITH TINA'S BALLERINAS



DANCE CLASSES



Ready to move, groove, and express yourself?



ST. FRANCIS OF ASSISI

TUESDAYS

Afterschool-4pm

$48 per month

$15 one-time registration fee



ALL LEVELS & AGES 3+ WELCOME

- ✓ Fun, Steps Studying, Balance Building & Coordination Conquering Classes
- ✓ Friendly Instructors
- ✓ Tap, Ballet, Pom & Musical Theater Jazz

Register now and start dancing your way to joy!



Call 314-680-2613

E-mail tappingwithtinasballerinas@gmail.com

www.tappingwithtinasballerinas.com