# THE SFA WEEKLY Newsletter

SEPTEMBER 23
2026

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## FROM THE DESK OF DR. MCINNIS, PRINCIPAL

Dear SFA Families:

As I look forward to this Friday, September 25, I am filled with awe reflecting on what goes into making our annual Fun Run possible. While I was familiar with the general concept, I had never experienced a Fun Run first hand until joining this community. Seeing the incredible amount of work from the dedicated individuals who give their time, talent, and treasure to make this event happen has been truly inspiring. These are the effort-filled endeavors that create the core memories our students carry with them throughout their years at SFA and well beyond.

What's more, the sheer generosity of our families, friends, and community members who support Catholic education has completely blown me away. Thank you to everyone who has stepped up to cheer on and invest in our school!

As of today, our students are just shy of reaching their $45,000 goal. Even better—if we can push past that mark to hit $50,000, some truly crazy, fun events will take place for the school!

Let's keep the momentum going as we head into Friday. Thank you for your unbelievable support, and we can't wait to celebrate with our students on the field!

Dr. McInnis

**Dr. Tim McInnis**
Principal, St. Francis of Assisi Catholic School
*Class of 1984*

# This Week at St. Francis

- **Catholic Connections:** Serving our community by helping with a neighborhood cleanup.
- **Notre Dame High School:** Visits our middle school girls and sharing all about ND!
- **Alumni Event:** Over 100 guests attended our SFA alumni event! Thank you to our Alumni & Centennial Committees and student ambassadors for making it such a special day.
- **Fun Run:** Our mascots are getting Color Fun Run ready!
- **Preschool:** Having fun creating with sidewalk chalk!
- **Middle School Art:** Shoe-building in our Art Elective!
- **PK4:** Exploring apples with a fun science experiment!
- **Middle School Science:** Decoding camp messages with "Morse Code" and testing 7th graders' knowledge of density, mass, and volume.











Art Elective



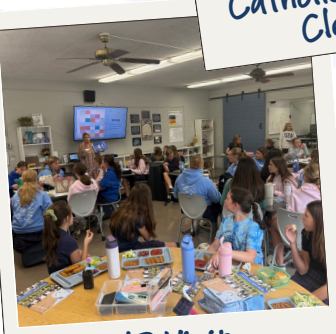




Catholic Connections Clean – up!







ND Visits



Our Fun Run Mascots are getting Color Run Ready!





PK4 learning all about apples!









Alumni Event



Chalk Fun in Preschool!





Middle School Science

ST. FRANCIS OF ASSISI

# COLOR FUN RUN

## Our GOALS!

**Reach $45,000 BEFORE the run → A very SPECIAL GUEST will be our Emcee for the day!**

**Reach $50,000 BEFORE the run → Fr. Paul & Dr. McInnis get pied!**
Two students who have raised $150 or more will be randomly selected to do the honors!

SCAN HERE
TO REGISTER & DONATE

# The Fun Color Run is this FRIDAY, SEPTEMBER 25TH!

*Thank you all for helping make this a special day for our students and community! Here are the details for the day, along with a few important reminders to help everything run smoothly!*

### Attire for Friday & Color Run T-Shirts:

Students may dress down in athletic attire and shoes on Friday for the Color Fun Run. After Mass, students will receive their ***White Color Fun Run T-shirts*** in class and change into them. The shirt they wear to school Friday will be kept in their desk/locker until Monday. Students will be staying outside for the remainder of the day.

### What to Bring:

- **Students may bring goggles or sunglasses. Hats and sweatbands are encouraged and can be put on after church. Please label these items!**
- **Did they earn rainbow socks? Wear those too!**
- **No backpacks on Friday. Students should bring only a water bottle.**

### Color Powder Details:

Our color powder is made from natural cornstarch and food-grade dyes. It is non-toxic and washes off easily with soap and water. That said, please don't wear your favorite shorts & shoes—they're going to get colorful!

Each student will receive a poncho for the ride home, and we'll have some dads with leaf blowers ready to help clear off any extra powder if needed!

### Dismissal & Parking:

Students will remain outside after the Color Fun Run and will not return to the school building. At dismissal, students will leave the field and be taken directly to their assigned pickup lots.

**If you are leaving with your child after the Fun Run, please sign them out under the pavilion and be off the lot by 11:00 a.m.** This allows us to prepare for dismissal. Please also make sure their homeroom teacher or aide knows they are leaving.

### If you are coming to watch, PLEASE READ:

- Please park out of the way of preschool pickup on the North Lot at 11:00 a.m.
- All spectators and families leaving early with students must be off the lot by 11:00 a.m. OR adjust parking to their correct dismissal lot and lane.
- Please make sure you are in the correct parking area before K-8 dismissal at 11:30 a.m.

## SCHEDULE

### 9:30–10:30 AM — COLOR RUN BEGINS!

*see each grade level run time below:*

**9:30 AM - Grades 6, 7 & 8**
**9:45 AM - PK2, PK3 & PK4**
**10 AM - Grades K, 1 & 2**
**10:15 AM - Grades 3, 4 & 5**
**10:30–10:45 AM PIE EVENT — IF WE HIT $50,000!**
**10:45 AM** Preschool moves to the North Lot for dismissal. K–8 enjoys snow cones & helps with cleanup.
**DISMISSAL | Preschool - 11 AM | K-8 - 11:30AM**

**We need volunteers for snow cones & color throwing!**

**Sign up here to help:**
**SIGN UP HERE**

# BULLETIN BOARD

HOMEPAGE

## WE'RE HIRING

### JOIN THE SUBSTITUTE TEACHING TEAM AT SFA CATHOLIC SCHOOL!

*Are you looking for a flexible, part-time opportunity to work with children? SFA Catholic School is building its substitute teacher pool for upcoming short- and long-term assignments across multiple grade levels. This is a great fit for retirees, college students earning a degree, or anyone passionate about education!*

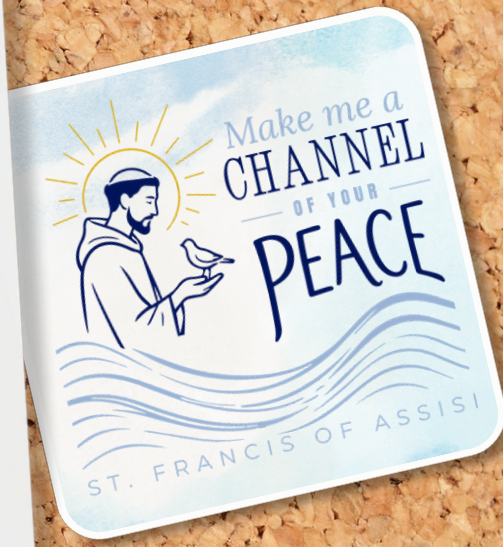
### APPLICANT REQUIREMENTS:

- High school diploma required; a Bachelor's degree in education or a related field preferred.
- Completed substitute application & brief interview
- Background check clearance
- Protecting God's Children online training completion

### TO APPLY:

Contact Principal Dr. Tim McInnis at **(314) 486-5979** or **tim.mcinnis@sfaschoolstl.org.**






## Get Ready to ShakeOut.

LEARN MORE

October 15, 2026

ShakeOut

ShakeOut.org

## MARATHON KIDS

WE ARE AT: **325 MILES**

CLUB GOAL: **2100 MILES**

Great job, SFA!
Keep moving!

KEEP UP THE PACE!

HOMEPAGE

SFA MINI VINNIES

# WALK FOR THE POOR



MON 10/5



The student club **Mini Vinnies** is hosting their annual ***Walk for the Poor!*** With a $1 donation per student, participants can enjoy a dress-out day on **Monday, October 5th**. All proceeds will go to support those in need through our local St. Vincent de Paul organization.

Thank you for helping us make a difference in our community!

*Thank you for supporting*

THE SFA 8TH GRADE MUMS FUNDRAISER!



# MUM PICK-UP

SATURDAY, SEPTEMBER 26 // 8:30 AM-10:30 AM
PICK-UP ON THE SFA NORTH LOT

# Save the Date

*The St. Francis Of Assisi 4th grade class presents*

## A St. Francis of Assisi PRAYER SERVICE

Our 4th graders are carrying on a special SFA tradition as they help us learn more about St. Francis through a prayer service celebrating his life and message.




They'll bring the beloved story of

## St. Francis and the Wolf of Gubbio

to life as they act out the story for our school community. We can't wait to see them share their talents and teach us a little more about our patron saint!

**Monday, October 5**
**7:45 AM | SFA Gym**

*4th grade parents are invited to join us! After morning drop-off, parents may park by the rectory and head into the gym to enjoy the prayer service with us.*

# ST. FRANCIS of Assisi PARISH PICNIC & ADULT NIGHT at the picnic

OCTOBER 10, 2026
10am - 10pm

OCT 9
6–10 PM

## Scheduled EVENTS

*(TIMES SUBJECT TO CHANGE)*

- PARISH PARADE **9:30AM**
- TINSLEY AMUSEMENT RIDES **10AM – 10PM**
- CONCESSIONS & BEER **10AM – 10PM**
- GAMES **10AM – 8PM**
- BAGS LONG TOSS **10AM – 4PM**
- BALLOON ANIMALS **10AM – 11AM**
- HORTON'S HEROES CRAFTS **10AM – 3PM**
- BLARNEY STONE MENU **11AM – 8PM**
- FACEPAINTING **11AM – 2PM**
- THAI FOOD **12PM – 8PM**
- BASEBALL THROW **12PM – 4PM**
- BINGO **12PM – 5PM**
- RC RACE TRACK **2PM – 6PM**
- GLOW ITEMS **5PM – 8PM**
- HAYRIDES **4PM – 6PM**
- CHUCK-A-LUCK & HORSE RACE **6PM – 10PM**
- LIVE MUSIC BY **NOAH GLEN 6PM – 10PM**




## FOOD AT THE PICNIC!

We're excited to welcome some new food options to this year's Parish Picnic!

**NEW THIS YEAR:** We're teaming up with our neighbors at The Blarney Stone! They will be serving up food on Saturday from 11am-8pm. Check out their menu below!

- 16" 1-TOPPING PIZZA: **$16 (OR $2 A SLICE)**
- 6 HOT WINGS: **$12**
- 6 JUMBO TOASTED RAVIOLI: **$12**
- NACHOS: **$6**
- 3 BAVARIAN PRETZEL STICKS: **$11**
- TURKEY WRAP: **$10**
- CHICKEN CAESAR WRAP: **$10**
- BREADED CHICKEN SANDWICH: **$10**
- BBQ HAMBURGER: **$4**
- BBQ HOT DOG: **$2**
- BASKET OF FRENCH FRIES: **$2**

BLARNEYSTONE SPORTS BAR AND GRILL

ALSO ON SATURDAY
Ice Cream by *The Malt Shoppe*: $5

### BACK BY POPULAR DEMAND

THAI FOOD will be here Friday night AND Saturday!

*Come hungry and enjoy a little something for everyone!*

## VOLUNTEER Sign-Ups!

### WE CAN'T DO IT WITHOUT YOU!

Volunteer Sign-Ups Open Today! We need our amazing parents and parishioners to help make this year's picnic a success! We're looking for volunteers Friday and Saturday, and even one hour can make a big difference!

**SIGN UP TODAY!**
*for volunteer slots!*

## Sponsorship

TICKET SALES, RIDE BRACELETS, & MORE!

**ON SALE NOW!**

**SCAN QR CODE**
*for picnic website*

## HELP US STOCK the Game Booths

We're collecting prizes for the Parish Picnic GAME BOOTHS!

- **Individually wrapped candy & full-size candy bars**
- **Full-size Skittles, Sour Punch Straws & Airheads**
- **Hostess snacks**
- ***Homemade treats**

(Please bring homemade treats no earlier than the week of the picnic.)

*Donations can be dropped off at the school office.*

**QUESTIONS**
Contact Abby LeCroy at 314.369.1051
or abigaillecroy@gmail.com

PARISH PICNIC FACEBOOK PAGE

ST. FRANCIS OF ASSISI — 100 YEARS — 1927 - 2027

*Thank you for celebrating 100 years with us!*

# ST. FRANCIS of Assisi PARISH PICNIC

OCTOBER 10, 2026
10am - 10pm

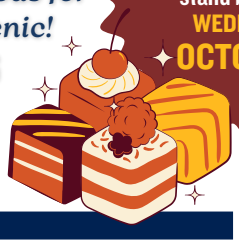
## Calling All Bakers!

## FOR PUMPKIN LANE



*We're looking for delicious homemade baked goods for the Pumpkin Lane Cake Walk at the school picnic!*

**CAKES, COOKIES, BROWNIES, CUPCAKES**
*– whatever your specialty, we'd love to have it!*



**Donations may be dropped off at the gym concession stand beginning WEDNESDAY, OCTOBER 7.**

## THAI FOOD at the picnic

### BACK BY POPULAR DEMAND!

Treat your taste buds to delicious, authentic Thai cuisine both **Friday AND Saturday.** Whether you're craving a little spice or looking for a new favorite, you won't want to miss it!

*use tickets or cash!*

### Menu

| | |
|---|---|
| $14 | Pad Thai<br>Pad Kee Mau<br>Thai Fried Rice<br>Khao Soi |
| $8 | Coconut Shrimp (5 pcs)<br>Mango Sticky Rice<br>Fruit Smoothie |
| $7 | Spring Rolls (4 pcs)<br>Crab Rangoon (4 pcs) |
| $6 | Thai Tea/Thai Coffee |

## RC RACE TRACK! *New this year!*

**2PM TO 6PM**

*Think you've got what it takes to be the ultimate remote-control driver?*
Hit the SFA RC Race Track and put your driving skills to the test! Race, navigate the track, and compete for the fastest time.

Top racers get their names entered into the **Used Car Raffle** for a chance to WIN one of the RC cars used in the activity!



### READY. SET. RACE!

**QUESTIONS**
Contact Abby LeCroy at 314.369.1051
or abigaillecroy@gmail.com

PARISH PICNIC FACEBOOK PAGE

*Thank you for celebrating 100 years with us!*

ST. FRANCIS OF ASSISI

# HOME & SCHOOL

VOLUNTEER. CONNECT. BUILD COMMUNITY.

HOMEPAGE

## FALL
### Volunteer Opportunities

Help with events, activites, special projects this FALL!

Sign Up!

## SPRING
### Volunteer Opportunities

Help with exciting events, celebrations, and more this SPRING!

Sign Up!

## Support Our School **Clear the Lists!**

Our teachers have put together classroom wish lists with items that would be helpful throughout the school year. If you'd like to help, take a look and see if there's anything you'd like to check off their lists! Thank you for supporting our teachers and students!



- Mrs. Faust/Atrium
- PK2 - Mr. Adams
- PK4 - Mrs. Kircher
- Kindergarten - Mrs. Della Croce & Mrs. Irvin
- 1st Grade - Mrs. Wayne
- 2nd Grade - Mrs. Terriault
- 5th Grade - Mrs. Rutledge
- 6th Grade - Ms. Mayer
- 7th Grade - Mrs. Schmitz
- Stream - Mrs. Watson
- Gym - Mrs. Smith
- Performing Arts - Dr. Jordan

**Don't see a teacher? Their list is on the way!*

ST. FRANCIS OF ASSISI COLOR FUN RUN

## 02 DAYS LEFT!

See flyer for details

## SEPTEMBER 22

***Planning Meeting***

6:30pm, SFA School RM 21/23 (Middle School, 2nd floor). All are welcome to join us at these meetings!

*When SFA Comes Together, Amazing Things Follow.*

**Together, we make SFA a place where faith, family, and community thrive. Thank you for being part of it.**

FOR QUESTIONS TO THE HOME & SCHOOL BOARD PLEASE CONTACT US AT: SFAHS@SFASTL.ORG

HOMEPAGE

ST. FRANCIS OF ASSISI PRESCHOOL

HOME OF THE BABY PANTHERS

# MOMMY and me PLAY DATE

PLAY ♥ CONNECT ♥ GIVE BACK

FRIDAY
NOVEMBER 6TH

6:00 - 8:00 PM

TOT SPOT
SOCIAL

A FUN NIGHT FOR MOMS AND LITTLE ONES
ALL WHILE SUPPORTING OUR SCHOOL!

## RAFFLE
to support our
NEW PLAYGROUND!

1 TICKET
$5

5 TICKETS
$20

LOTS OF AMAZING PRIZES
FROM LOCAL BUSINESSES!

brighter futures start with play ♥



let's play ♥
FOR A BRIGHTER TOMORROW

ST. FRANCIS OF ASSISI
BABY PANTHERS
FAITH FRIENDS BRIGHT FUTURES

LINK
for **Tot Spot Social**
TICKETS

# SFA's FATHER-SON NIGHT at the ST. LOUIS BLUES GAME

**FRIDAY, NOVEMBER 14**

**GAME TIME 6:00 PM**



**ALL ATTENDEES WILL BE SEATED TOGETHER TO ENJOY THE GAME!**

HOMEPAGE

# Hot Lunch

## OCTOBER 2026

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | | | 1 CHEF JOJO'S RAVIOLI (BEEF RAVIOLI IN RED SAUCE) SALAD GARLIC BREAD PINEAPPLE | 2 DOMINO'S PIZZA (CHEESE, PEP OR SAUSAGE) PRETZELS CELERY STICKS PINEAPPLE |
| 5 CHICKEN RINGS CURLY FRIES CHEESY VEGGIE CASSEROLE ½ BANANA | NAT'L TACO DAY 6 CRUNCHY BEEF TACO SOFT BEEF TACO REFRIED BEANS CORN ½ BANANA | 7 CORN DOG TATOR TOTS COOKED CARROTS CARAMEL APPLES | 8 NO SCHOOL PICNIC PREP | 9 NO SCHOOL PICNIC PREP |
| 12 NO SCHOOL | 13 CHICKEN NUGGETS FRIES CORN ON THE COB ORANGE SLICES | 14 FRENCH TOAST STICKS BACON CHOCOLATE PUDDING ORANGE SLICES | 15 LOADED POTATO (BUTTER, SOUR CREAM, CHEESE & BACON) SALAD CHOCOLATE CHIP COOKIE ORANGE SLICES | 16 DOMINO PIZZA (CHEESE, PEP, SAUSAGE) RAW BABY CARROTS W/ RANCH DIP CHEEZ-ITS ORANGE SLICES |
| 19 CIRCLE CHEESE PIZZA PARTY SALAD APPLE SLICES EARTHQUAKE CAKE | 20 MOSTACCIOLI GARLIC BREAD SALAD (RANCH OR ITALIAN DRESSING) APPLE SLICES | 21 MEXICAN PIZZA SPANISH RICE APPLE SLICES CHURRO | 22 SWEDISH MEATBALS EGG NOODLES VEGETABLE MEDLEY APPLE SLICES | 23* CHICK-FIL-A CHIPS CUCUMBER SLICES APPLE SLICES |
| 26 COUNTRY FRIED STEAK MASHED POTATOES WITH WHITE GRAVY GREEN BEANS CANTALOUPE | 27 PANCAKES SAUSAGE YOGURT CANTALOUPE | 28 WITCH'S FINGERS (CHICKEN FRIES) SPOOKY SPAGHETTI GREEN SLIME (APPLE SAUCE WITH LIME JELLO) GRAVE YARD DESSERT | 29 HALF DAY NO LUNCH 11:30 DISMISSAL | 30 NO SCHOOL |

THE GREAT SHAKE OUT ON OCT 19TH @ 10:19

OCTOBER 16TH B-DAY LUNCH

PLEASE DON'T ORDER LUNCH IF YOU ARE BRINGING A LUNCH FOR YOUR KIDDO

PRESCHOOL FIELD TRIP DON'T ORDER SCHOOL LUNCH

## The School LUNCH periods

**11:20 - 11:40** // 3,4,5
**11:30** // Preschool
**11:45 - 12:05** // K, 1, 2
**12:15 - 12:35** // 6,7,8





FOR ANY LUNCH QUESTIONS OR TO CANCEL LUNCH CONTACT JO HUFKER AT JO.HUFKER@SFASCHOOLSTL.ORG OR CALL 314-487-5736 X126

## LUNCH ORDERING INSTRUCTIONS

HOMEPAGE

# ST. FRANCIS OF ASSISI PET BLESSING

**OCTOBER 1**
**3:30 – 4 PM**

The Parish Pet Blessing, previously scheduled for October 5, has been moved to **Thursday, October 1.**

*All pets—big, small, furry, feathered, or scaled—are welcome to receive a special blessing!*

*Let's celebrate the joy and companionship our animals bring to our lives. We hope to see you and your pets there!*



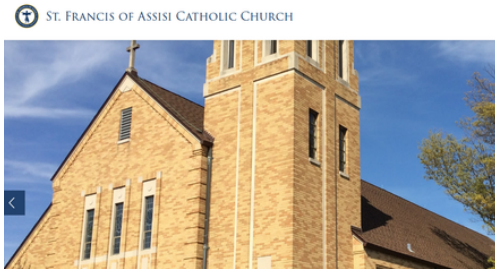
## Snack & Scripture

FOR MIDDLE SCHOOL
*Every Wednesday*
*3-3:45PM*
IN YOUTH MINISTRY ROOM

## SUBSCRIBE

*To our weekly **Bulletin** to see what's going on in the Parish!*

**And check out our Parish website for more events and all things SFA!**




SFA DRESS CODE

**SCHOOL UNIFORMS**
Just Me Apparel
www.justmeapparel.com

ARRIVAL & DISMISSAL

# save the date!

## september

**25** SFA Fun Run | Half Day
**30** 7 Gr Conf. Parent & Student Meeting 6:30PM Gym



## october

**1** SFA Parish Pet Blessing | SFA Courtyard 3:30
**5** SFA Feast Day Celebration | 4th Gr St. Francis Play 7:45 AM | Mini Vinnies Walk for the Poor
**7** Sch Brd Mtg
**8 No School** | Parish Picnic Set Up | Teacher PD
**9 No School** | SFA Parish Picnic 21+ Night
**10** SFA Parish Picnic🎡
**12 No School**
**14** Enroll. Mgmt. Mtg.
**16** 🥳BDAY Lunch | End Q1
**17** Confirmation Retreat 8 Gr Students 9AM-3PM
**18** Rite of Enrollment 7 Gr Students 11AM Mass
**24** Trunk Or Treat
**28** K-8 P/T Conf. 4-8PM
**29** Halloween Parties | **Half Day** | K-8 P/T Conf. 1-4PM
**30 No School**

## Volunteering at SFA

If you're planning to volunteer at the school in any capacity, please make sure you've completed the Protecting God's Children training. 👉 Click here to visit the Archdiocese of St. Louis website and register for an upcoming training session. If you've already completed the training through another school or parish, you will need to log in to your account and add **St. Francis of Assisi** to your profile to verify your training and so you will be included on our approved volunteer list.

## sfastl.org

**St. Francis of Assisi Catholic School**
4550 Telegraph Rd. St. Louis, MO 63129
**Phone:** 314.487.5736 **Fax:** 314.416.7118
**School ext:** 121 // **Preschool ext:** 132 // **Parish ext:** 150

## Tuition Questions

Please contact **Dan Denton** our business manager at businessmanager@sfastl.org or 314.487.5736 ext: 142

***FACTS Parent Helpline:*** 866-441-4637

ST. FRANCIS OF ASSISI ATHLETIC ASSOCIATION

# SAVE THE DATE

# MOUSE RACES




## SATURDAY

# NOVEMBER 7, 2026

BENEFITS THE

**ST. FRANCIS OF ASSISI ATHLETIC ASSOCIATION**

# BASKETBALL SIGN-UPS

## REGISTRATION IS OPEN THROUGH
## SEPTEMBER 30

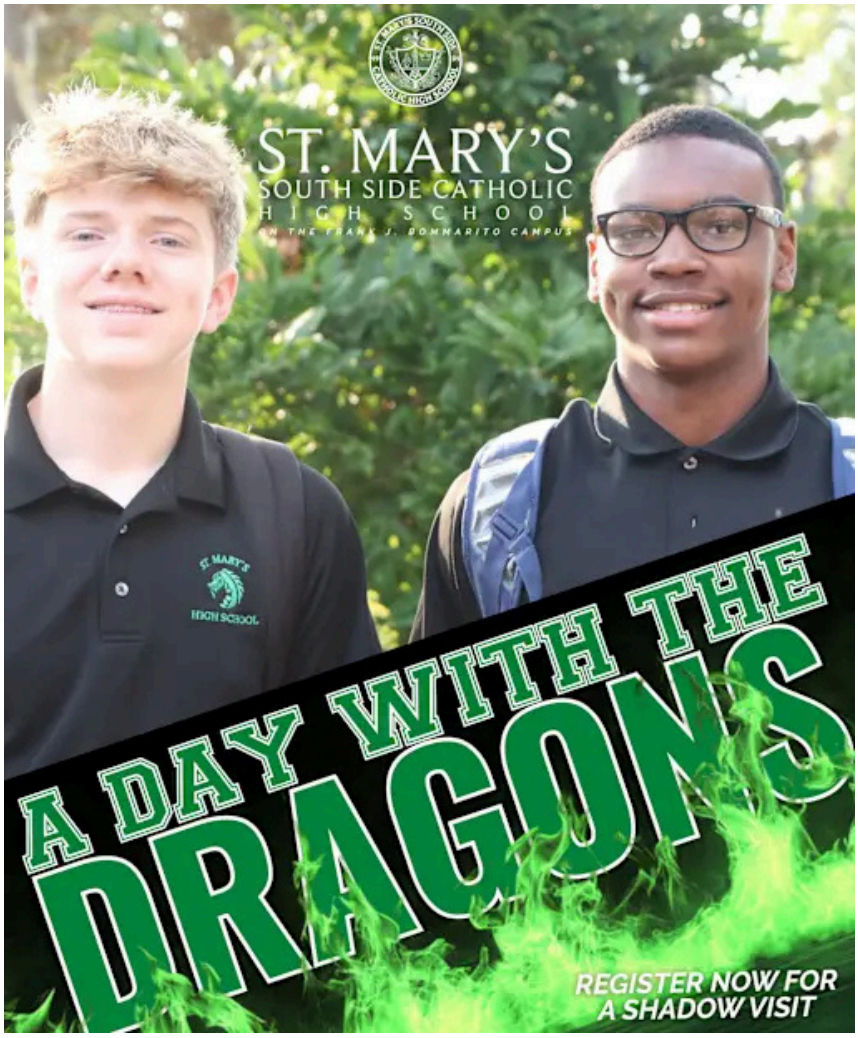
Click the link or scan the QR code!












## SMSSC SHADOW DAY LINK

HOMEPAGE




# UPCOMING Admissions Events NDHS

| | |
|---|---|
| **Shadow Days**<br>Open to 8th Graders | SEPTEMBER - NOVEMBER<br>SELECT DATES |
| **Rebel Reveal Night**<br>Open to 6th - 8th Graders & Families | OCTOBER<br>07 |
| **Open House**<br>Open to 6th - 8th Graders & Families | OCTOBER<br>25 |




# High School with a *Higher Purpose*

## Open House

**Thursday, October 1st**

**6:30 - 8:30PM**

# CHESTERTON ACADEMY OF ST. LOUIS

ChestertonAcademySTL.org

ARCHDIOCESE OF ST. LOUIS

EDUCATION WITH A HIGHER CALLING

# CATHOLIC HIGH SCHOOL
# 2026 Fall Fairs

Families with students in grades 5 and up can explore exciting educational opportunities by meeting representatives from Catholic high schools in the Archdiocese of St. Louis!

Meet representatives from over ***20 CATHOLIC HIGH SCHOOLS,*** including all-girls, all-boys, and coeducational options, at each fair.

To see the full list of schools, please check our website:
**ARCHSTLSCHOOLS.ORG**

HOSTED BY
**St. Joseph's Academy**

**Thursday**
**September 10**
**5:30-7:00 p.m.**

**2307 S Lindbergh Blvd.**
**St. Louis, MO 63131**
**314.394.4321**

HOSTED BY
**St. Louis University High School**

**Wednesday**
**September 23**
**5:30-7:00 p.m.**

**4970 Oakland Ave.**
**St. Louis, MO 63110**
**314.269.2097**

HOSTED BY
**Duchesne High School**

**Tuesday**
**October 6**
**5:30-7:00 p.m.**

**2550 Elm St.**
**St Charles, MO 63301**
**636.757.6932**

SCAN HERE TO LEARN MORE