BBC ADJUSTMENT COUNSELOR NEWSLETTER



MEET MRS. HARN!

Hi, I'm Mrs. Harn! I am so excited for this school year to see returning families and to welcome new ones! I love being an Adjustment Counselor and I am thrilled to work with your children this year. When I am not at school I love being with my family and spending time outdoors.

My email address is nharn@hopedaleschools.org and the phone number at Bright Beginnings is 508-634-2213 (5688). Please feel free to reach out at any time.

HELPFUL RESOURCES FOR STARTING SCHOOL

I GO TO PRESCHOOL IN THE CAR

CLICK FOR ENGLISH

HAGA CLIC PARA ESPAÑOL

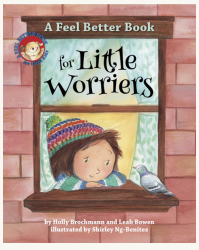
I GO TO PRESCHOOL ON THE BUS

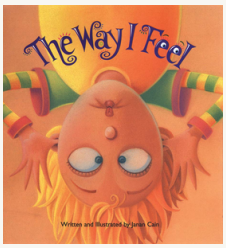
CLICK FOR ENGLISH

HAGA CLIC PARA ESPAÑOL

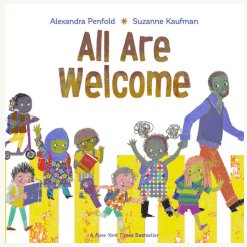


BOOKS









TALK TO SUNNY

"I like to lay down when I need to calm down. What do you do?"



HELPFUL RESOURCES

- How to help children transition between activities
- Calm Down strategies that can be used at home
- Expectations and rules about going to school (Espanol)