

FZS Backpack Program

Free weekend food, school supplies, or limited clothing items for your child are available through the FZSD Food Pantry.

SunRise Mission Church, Sharing is Caring, Fresh Thyme, Fort Zumwalt Families and Staff, O'fallon Fire & Rescue, and other community supports have teaming up with Fort Zumwalt School District to offer needed school supplies, limited clothing, and a supply of meals/snacks for children over the weekend and extended breaks, free of charge. This program is not government funded, but is made possible entirely through donations and is run by volunteers.

All school supplies and clothing provided on an as needed basis. Please email Julie Osterholt at josterholt@fz.k12.mo.us for these needs.

If you choose to enroll your child/children, your child/children will receive a free bag of food once a week on Friday or the last school day during that week. The food items are placed in a backpack and discreetly given to your child to bring home, they will then return their food backpack to the guidance office the following week.

If you would like your child to participate in the Backpack Buddies Program, we encourage you to sign them up by filling out the form below and returning it to the school's guidance department. All information is kept confidential.

Please fill in the blanks and return to the school guidance department.

Child's Name: _____ Grade: _____

List of any food allergies your child may have: _____

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All community donors and the Fort Zumwalt School District are not responsible for any allergic reactions my child may have to food items supplied through the Backpack Buddy Program. It is MY sole responsibility to look through the food items received before giving them to my child to avoid allergic reactions. Therefore, by signing below, I release all community donors and the Fort Zumwalt School District harmless against all liabilities, damages, losses or claims resulting from the donated food.

Parent/Guardian signature: _____ Date: _____