

AUGUST 2026

Roane County Schools Elementary & Middle

Daily offering: Entrée leafy green salad, fresh fruit, chilled fruit, grab and go meal and milk variety.

 **LUNCH**

Monday

Tuesday

Wednesday

Thursday

Friday

Half day for students
No Lunch

Chicken Nuggets
Roll
Fries
Steamed Carrots

Hot Dog on Bun
Sauteed Zucchini
Homemade Chili
Garden Fresh Slaw

Administrative Day
No School

Pizza
Crispitos
Leafy Green Salad
Buttered Corn

Chicken Sandwich
Fries
Steamed Carrots

Pulled Pork BBQ
Roll/Bun
Macaroni & Cheese
Southern Green Beans

Hamburger
Lettuce, Tomato, Pickles
Fries
Steamed Broccoli

Chicken Tenders
Fish
Hushpuppies/Cornbread
Pinto Beans
Turnip Greens

Pizza
Corn Dog Nuggets
Shoepg Corn
Breaded Okra

Popcorn Chicken
Roll
Mashed Potatoes
Buttered Corn

Teriyaki Nuggets
Orange Chicken
Egg Roll
Asian Rice
Seasoned Peas

Chicken Wings
Roll
Celery/Carrots w/Ranch
Fries

Tacos-Chicken or Beef
Mexican Street Corn
Ranchero Beans

Pizza
Sloppy Joe Sandwich
Leafy Green Salad
Fries

Corn Dog
Fries
Steamed Vegetable
Medley

Spaghetti
Breadstick
Steamed Broccoli
Spiced Apples

Cheese Sticks w/
Marinara
Leafy Green Salad
Steamed Carrots

Chicken Drumstick
Biscuit
Baked Beans
Macaroni & Cheese

Pizza
BBQ Rib Sandwich
Steamed Broccoli
Veggie Pick Ups w/Dip

Chicken Nuggets
Roll
Fries
Carrot Sticks w/Dip



Corn, Harvest of the Month:

- The average ear of corn has 800 kernels in 16 rows
- Only 1% of corn planted in the US is sweet corn
- Corn cobs always have an even number of rows

