

AUGUST 2026



BREAKFAST

Roane County Schools Middle

Daily offerings: fresh fruit,
chilled fruit, fruit juice, and
milk variety

Monday

Manager's Choice

3

Tuesday

Mini pancakes
Biscuit/Sausage/Chicken
Cereal
Pop tarts

4

Wednesday

Cinnamon Roll
Biscuit/Sausage/Chicken
Cereal
Pop tarts

5

Thursday

Administrative Day
No School

6

Friday

Biscuit/Sausage/Chicken
Eggs
Cereal
Pop tarts

7

Pancake on a stick
Biscuit/Sausage/Chicken
Cereal
Pop tarts

10

Cinnamon Roll
Ham & Cheese Croissant
Cereal
Pop tarts

11

Breakfast Pizza
Biscuit/Sausage/Chicken
Cereal
Pop tarts

12

Waffles
Smoothie or Parfait
Cereal
Pop tarts

13

Biscuit/Sausage/Chicken
Eggs
Cereal
Pop tarts

14

French Toast Sticks
Biscuit/Sausage/Chicken
Cereal
Pop tarts

17

Homemade Muffin Bars
Yogurt Cup
Cereal
Pop tarts

18

Cinnamon Roll
Biscuit/Sausage/Chicken
Cereal
Pop tarts

19

Ham & Cheese Croissant
Assorted Pastries
Cereal
Pop tarts

20

Biscuit/Sausage/Chicken
Eggs
Cereal
Pop tarts

21

Mini pancakes
Biscuit/Sausage/Chicken
Cereal
Pop tarts

24

Assorted Donuts
Mini Cini or Frudel
Cereal
Pop tarts

25

Cinnamon Roll
Biscuit/Sausage/Chicken
Cereal
Pop tarts

26

Breakfast Pizza
Smoothie or Parfait
Cereal
Pop tarts

27

Biscuit/Sausage/Chicken
Eggs
Cereal
Pop tarts

28

Pancake on a stick
Biscuit/Sausage/Chicken
Cereal
Pop tarts

31

