

PINK SHIRT DAY NEWSLETTER



COLLABORATION BETWEEN SAFE SCHOOLS AND EQUITY DEPARTMENTS

Pink Shirt Day

Central to our Pastoral Plan - *In God's Image: Growing in Knowledge with Justice and Hope*, we celebrate how we are all created in the likeness and image of God. On Wednesday, February 25, 2026, we recognize Pink Shirt Day, and we wear **PINK** to symbolize that we do not tolerate bullying. With our belief in the value and dignity of every person, we demonstrate living out the Gospel values of love, inclusion, compassion, and care for all. As Mark 12.31 says, "the second commandment is this – you shall love your neighbour as yourself."



We raise awareness around healthy relationships and bullying prevention, including homophobic or transphobic bullying targeting gender identity, sexual orientation, and gender expression. Learning about identity-based bullying is also an important part of the Health & Physical Education curriculum.

Pink Shirt Day began several years ago when a grade nine student was bullied for wearing a pink shirt to school. The student's friends organized a protest to wear pink in support of him. Students took a stand against this gender bullying by distributing pink shirts to all the boys in their school. Since 2007, this movement has grown with almost 180 countries last year, demonstrating their support of Pink Shirt Day through social media posts and donations.

Bullying involves a power difference between individuals. The differences in power often line up with systems of oppression where certain groups are accepted more than others because of race, gender, sexuality, and ability.

Learning about these issues can help students make positive changes to make schools safer and more inclusive for all.

- We encourage students affected by bullying to reach out to a caring adult. [Pink Shirt Day Canada](#) has wonderful resources for students and families.



- For parents seeking support regarding 2SLGBTQ+ (Two Spirited, Lesbian, Gay, Bi-sexual, Transgender Queer and Questioning, Plus) bullying awareness, prevention and intervention, [PREVNet for Parents and Caregivers of 2SLGBTQ+](#) provides tips and resources.



- [PREVNet](#) Canada's authority on Bullying Awareness, Prevention and Intervention provides general resources on cyber-bullying.
- Parents can access the [TCDSB Bullying Awareness and Prevention](#) site for additional resources and supports.
- [Outreach](#) is a Catholic-friendly site offering articles about affirmation, inclusion, faith integration, and youth support.
- Remember that you can always reach out to the school principal if you have any questions or concerns.

