Toronto Catholic District School Board | SPECIAL SERVICES

Care and Treatment Education Programs (CTEP) 2025-2026

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Program Name	Covenant House
Location	21 McGill Street Toronto, ON
Age / Grade	16-20 (Grade 9 – 12)
Population Served	High school students experiencing homelessness and the risk of trafficking.
Program Description	Our on-site high school gives youth the knowledge and encouragement to succeed. The school is tailored to the needs of the youth we serve. The on-site high school includes: • A nutritious breakfast and lunch that fuel learning • Access to a Board-certified teacher, computers and learning materials • Credits that can be claimed at any school or the ability for students to earn their full high school diploma • Positive, personalized support and small class sizes attuned to learning levels and special needs
Additional Information	Covenant House helps youth ignite their potential and reclaim their lives. As Canada's largest agency serving youth who are homeless, trafficked or at risk, we offer the widest range of services to hundreds of young people every day. More than a place to stay, we provide life-changing care with unconditional love and respect. We meet youth's immediate needs and then we work together to achieve their future goals. We offer 24/7 crisis shelter, transitional housing options on-site and in the community, health and well-being support, training and skill development, and ongoing care once youth move into the community. For over 40 years, Covenant House has been dedicated to its mission of serving youth on the street and to protect and safeguard all youth with absolute respect and unconditional love. Since 1982, Covenant House has supported more than 100,000 young people. https://covenanthousetoronto.ca/our-solution/education-and-employment/

Program Name	George Hull Day Treatment Program
Location	St. Stephen Catholic School 55 Golfdown Drive Etobicoke, ON
Age / Grade	Grades 6-8
Population Served	Grade 6-8 students who have been impacted by developmental trauma, suffer from acute or chronic behavioural, emotional, and/or learning difficulties.
Program Description	The youth who attend the School Program exhibit acute or chronic behavioural, emotional, or learning difficulties. Children and youth are typically introduced into the program when traditional schools are unable to meet their specific and unique needs. The school program is based on trauma informed care.
Additional Information	• Counselling Services • Intensive In-Home Service • Group Programs 81 The East Mall, 3rd Floor, Toronto, ON (416) 622-8833 Email: reachus@georgehullcentre.on.ca Website: https://georgehullcentre.ca/

Program Name	St. Joseph's Health Centre Child and Adolescent Inpatient Psychiatry Unit
Location	30 The Queensway, Toronto, ON
Age / Grade	Students aged 6-18, in grades 1-12
Population Served	Children and adolescents going through a psychiatric emergency or severe mental health issue that can affect their safety or their ability to function.
Program Description	Assessment and treatment is provided by an interdisciplinary team made up of psychiatrists, nurses, child and youth workers and social workers. The unit's team includes a TCDSB teacher to support the patient academically during their admission.
Additional Information	(416) 530-6000, ext. 6764 On average, patients stay in the unit for 9 days.

Program Name	St. Joseph's Adolescent Mental Health Day School Program
Location	30 The Queensway Toronto, ON M6I 1B5
Age / Grade	Grade 9-12 (ages 13-18)
Population Served	Junior, Intermediate and Senior students experiencing anxiety, school avoidance, peer/parental conflict, and a variety of mental health issues.
Program Description	This is a 4-week intensive hospital program designed for adolescents (ages 13-18) who need structured mental health and academic support. This is a collaboration between Unity Health Toronto and the Toronto Catholic District School Board (TCDSB). The program focuses on providing education and skills to enhance mental health and academic support. Topics include healthy living, coping and resilience, managing emotions and anxiety, and improving relationships and communication. Connection between the student's home school, TCDSB, and a team of interprofessional staff (including social workers, youth workers, and a psychiatrist). Upon completion of the program, students transition back to their home schools. Additional resources are provided upon completion of the program for ongoing support
Additional Information	(416) 530-8625 Students may continue to be provided with outpatient counselling as needed.

Program Name	Strides Toronto Day Treatment
Location	Strides Toronto 1940 Eglinton Ave. East Suite 300 Toronto, ON
Age / Grade	Grade 5-7
Population Served	All programs are offered to children/youth who are not managing in their current academic environment due to social-emotional and/or behavioural challenges. These challenges are related to and impacted by the child's mental health challenges. Children / youth may present with internalizing or externalizing behaviours and may have already received diagnoses of Attention Deficit Hyperactivity Disorder, Anxiety Disorders (all types), Depression, or Disruptive Mood Disorder as example. The clients and families who attend our programs are typically experiencing relational issues such as attachment struggles; trauma-both developmental and intergenerational; and challenges regulating emotions.
Program Description	Day Treatment is an intensive program that is provided over the academic year. School based day treatment permits access to community-based mental health services in conjunction with and integrated into the child/youth's educational program. Day Treatment brings this together at one site, and in a coordinated manner, a broad range of services designed to strengthen individual and family functioning.
Additional Information	(416) 438-3697 All referrals must go through Help Ahead Help Ahead 1-866-585-6486 Strides Toronto is a multi-service agency providing a wide range of exceptional programs and services that improve the mental, social and physical health of infants, children and youth from the pre-natal stage to age 29, and their families. With a range of community, residential and treatment services, we build strength and resilience through equitable, accessible, client-driven services, system leadership and advocacy. We

	provide individual, group and family interventions that include mental health counselling, autism services, education, outreach and referral, early intervention, day treatment and community support. In its Lead Agency role, Strides Toronto collaborates with 24 publicly funded infant, child and youth mental health (ICYMH) core service providers to design and implement system-level improvements that promote access, responsive service delivery and experience, and positive mental health outcomes for young people and families across Toronto's diverse communities. www.stridestoronto.ca

Program Name	**North York General Hospital In-Patient, Child & Adolescent Mental Health Unit**
Location	North York General Hospital Child & Adolescent Mental Health Unit 4001 Lesile Street North York, ON
Age / Grade	All children and Youth (under the age of 18)
Population Served	Children and Youth under the age of 18 who are struggling with their mental health.
Program Description	North York General Hospital's Child and Adolescent Mental Health Inpatient Unit provides services to children and teenagers up to their 18th birthday with severe mental health challenges.
Additional Information	(416) 756-6880 https://www.nygh.on.ca/care-service/mental-health/child-and-adolescent-mental-health/

Program Name	**North York General Hospital – Phillips House – Adolescent Mental Health Day Hospital**
Location	10 Buchan Court North York, Ontario
Age / Grade	Secondary school-aged students (17 and under)
Population Served	Teens experiencing mental health challenges, which may include depression, anxiety, social difficulties, and other related concerns.
Program Description	The program provides mental health treatment through a multidisciplinary team that offers Psychiatric Assessment, Stabilization, Medication Management, Individual and Group Therapy, and Parent Support. It also includes an on-site classroom where a teacher from the Toronto Catholic District School Board provides academic support.
Additional Information	(416) 756-6880 https://www.nygh.on.ca/care-service/mental-health/child-and-adolescent-mental-health/

Program Name	**North York General Hospital – Phillips House – Adolescent Eating Disorders Day Hospital**
Location	10 Buchan Ct. North York, ON
Age / Grade	Adolescents (12- 18)
Population Served	Students with eating disorders
Program Description	The Day Hospital program supports children and adolescents with eating disorders, who no longer need 24-hour supervision but require a structured program. The Day Hospital program includes medical, nutritional, and mental health care, as well as an academic component staffed by a Toronto Catholic District School Board teacher.
Additional Information	NYGH Eating Disorders Program https://www.nygh.on.ca/care-service/mental-health/eating-disorders-program/

Program Name	**North York General Hospital – Inpatient Academic Support Program for Eating Disorders**
Location	North York General Hospital 4th Floor North- Pediatric Unit 4001 Leslie Street Toronto, ON
Age / Grade	Junior- Intermediate- Senior Divisions Grades Grades 4-12
Population Served	Our program supports children and adolescents requiring medical interventions and hospitalization for the treatment of eating disorders.
Program Description	Our school support program is designed to alleviate the academic stress associated with prolonged school absence during inpatient treatment. We collaborate closely with students' school administrators and teachers to facilitate a medical leave of absence, ensuring their educational needs are acknowledged while they focus on recovery. **Key Elements** **Medical Leave Coordination**: Liaise with school administrators and teachers to place students on a formal medical leave of absence. **Ongoing Academic Engagement**: Students receive assignments directly from their classroom teachers to stay aligned with their curriculum. **Individualized Support**: Academic expectations are tailored based on each student's health status, treatment plan, and cognitive readiness. **Collaborative Approach**: Our team works closely with families, educators, and clinical staff to ensure a balanced and supportive learning environment. **Reintegration Planning**: Provide assistance with the transition back to school by providing updates and recommendations to support re-entry.
Additional Information	(416) 756- 6300

Program Name	**Michael Garron Hospital – Inpatient Child and Youth Mental Health Classroom**
Location	Michael Garron Hospital 825 Coxwell Avenue East York, ON
Age / Grade	The program serves youth aged 7-17.
Population Served	The patients present a variety of mental health issues including, but not exclusive to active suicide attempts/ideation; depression; anxiety; risky or unsafe behaviours; addictions and psychosis.
Program Description	This CTEP program operates on an acute care Child and Youth Mental Health unit. It is a six-bed unit with patients coming through the hospital's emergency department, transfers from other hospitals or urgent care appointments.

Program Name	**Michael Garron Hospital – Outreach Home Instruction Program**
Location	Michael Garron Hospital 825 Coxwell Avenue East York, ON
Age / Grade	Ages 12-17
Population Served	The program benefits youth aged 12-17 living with parent(s)/guardian(s) who have mental health, behavioural, or emotional conditions significantly disrupting their daily functioning and academic performance.
Program Description	The program is a collaboration between Michael Garron Hospital (MGH), Turning Point Youth Services (TPYS), and the Toronto Catholic School Board (TCDSB), and supports students unable to attend school due to mental health concerns or school avoidance. The interdisciplinary team partners with children, youth, families, and communities to provide effective care, stabilization, and education during crises and transitions. The program aims to optimize students' mental health, facilitate reintegration into school, ensure successful transitions to community schools, and improve relationships and functioning at home and in the community.

Program Name	**Michael Garron Hospital – NourishED Pathways Program (Eating Disorders)**
Location	Michael Garron Hospital 825 Coxwell Avenue East York, ON
Age / Grade	Grades 7 – 12 (ages 12 to 17)
Population Served	Students struggling with an eating disorder who are on a 6 – 8 week medical leave from school.
Program Description	NourishED Pathways provides on-site and at-home support to patients who require intensive management for their eating disorder. The program operates Monday through Friday, including one day on-site. Services may include: • Individual therapy • Nutritional support • Psychiatric consultation • Home instruction with a Toronto Catholic District School Board teacher • Home support with a Child and Youth Counsellor • On-site group programming including meal support, academic support, psycho-education and skill building

Program Name	Michael Garron Hospital – Building Bridges
Location	Michael Garron Hospital 825 Coxwell Avenue East York, ON
Age / Grade	Age 12 (Gr 7) to Age 18 (Gr 12)
Population Served	We accept youth aged 12 to 17, who are having difficulty attending and functioning in a community school setting due to mental health concerns, such as anxiety and mood disorders.
Program Description	Through a blend of academic courses, mental health education, psychiatric therapy and family therapy, our students undergo individualized exposure therapy with the aim to develop effective coping strategies to address anxiety and improve school attendance.
Additional Information	Program runs twice a year for a period of 18 weeks. (Sept – Jan & Feb – June) Family work is mandatory.

Program Name	Surrey Place - Kindercampus
Location	St. Stephen Catholic School 55 Golfdown Drive Etobicoke, ON
Age / Grade	4-6 years of age (JK/SK/Gr 1)
Population Served	Diagnosis of Autism Spectrum Disorder • Has a communication system in place (verbal or advanced ability to use an augmentative system). • Behavioural concerns that are interfering with meaningful participation in school. • Would benefit from group opportunities with a higher level of support within a classroom setting.
Program Description	Kindercampus is a Care and Treatment Education Program (CTEP) between the Toronto Catholic District School Board (TCDSB) and Toronto Autism Services at Surrey Place. It is intended to align with the needs of children ages 4-6 during the school year presenting with behavioural concerns that interfere with meaningful participation at school. Kindercampus is a day treatment program where students will participate in this program for one academic year, from September to June. The team is made up of educational staff (a qualified special education teacher and an educational assistant from the TCDSB). The clinical team consists of a Board-Certified Behavior Analyst (BCBA) and four Instructor Therapists. Children will be taught self-regulation and coping strategies using Applied Behaviour Analysis (ABA) methods throughout 1:1, and small group format, to facilitate the generalization of skills back into the community school environment. The classroom teacher will focus on educational components within the classroom through group lessons and 1:1 or small group format.

Program Name	Surrey Place – TRE-ADD – St. Theresa Shrine
Location	St. Theresa Shrine Catholic School 2665 Kingston Road Scarborough, ON
Age / Grade	6-14 years old
Population Served	Students from grade 1 to grade 8 with autism spectrum disorder, related intellectual and developmental disabilities and their families.
Program Description	The TRE-ADD (Treatment Research and Education for Autism and Developmental Disorders) school-based classroom at St. Theresa Shrine Catholic School, in partnership with Surrey Place, provides direct care, treatment and education, striving to enhance the competence and independent functioning of children with autism and related intellectual and developmental disabilities. Students admitted into this program often present with additional and complex needs. The TRE-ADD program incorporates thorough assessment of student behaviours, medical status, and skill levels, using data to support programming and behaviour management protocols. Programs and treatment are individualized to each student's unique profile and are comprehensive in nature. The aim of the TRE-ADD school-based program is to reduce maladaptive behaviours and increase academic readiness to prepare students for an appropriate future placement.
Additional Information	https://www.surreyplace.ca/services/treatment-research-and-education-for-autism-and-developmental-disorders/

Program name	Surrey Place – TRE-AD – St. Francis de Sales
Location	St. Francis de Sales Catholic School 333 Firgrove Crescent North York, ON
Age / Grade	6-14 years old
Population Served	Students from grade 1 to grade 8 with autism spectrum disorder, related intellectual and developmental disabilities and their families.
Program Description	In collaboration with Surrey Place, the St. Francis de Sales TRE-ADD school-based program is an in-person treatment program (in the classroom) that uses the principles of Applied Behavior Analysis (ABA). The use of individualized programming, positive reinforcement, data collection, generalization of skills/treatment program are important. And the program involves multi-disciplinary team that is made up of On-site and off-site staff. TRE-ADD offers direct care, education, and treatment with the goal of improving the competency and independence function of students with autism and developmental disabilities. Students in this program often have complex needs. They are in this classroom because they cannot function in their community schools due to their primary needs for care and treatment. The St. Francis de Sales TRE-ADD classroom multi-disciplinary team support students from ages 6-14. For the programming and behavior management procedures. The TRE-ADD program uses data from a comprehensive assessment of student behaviors, medical conditions, and ability levels. Programs and treatment are comprehensive in character and tailored to the specific profile of each student. To prepare students for a suitable future placement, the school-based TREADD program aims to decrease maladaptive behaviors and improve academic preparation. When individual student's behavior issues are reduced through agency treatment sessions, the student's educational

	activity time is progressively increased based on the student's strength, interests, needs and abilities.
Additional Information	Referrals are directly from School boards, Parents, Doctors, organizations, etc. Intake telephone number: 1-833-575-KIDS (5437) https://www.surreyplace.ca/services/treatment-research-and-education-for-autism-and-developmental-disorders

Program Name	Rosalie Hall – Day Program
Location	3020 Lawrence Avenue East Toronto, ON
Age / Grade	Grade 9 - 12 (Under age 21)
Population Served	High school students who are pregnant or new mothers under the age of 21.
Program Description	Our secondary education program is offered in cooperation with the Toronto Catholic District School Boards on a semester basis. The program is designed to support students who are pregnant and transitioning to parenthood. Services provided: • Counselling (i.e. group, individual, relationship, and violence prevention) services available. • On-site parenting groups and daycare available • Residential services available (i.e. apartments)
Additional Information	Phone (Intake): 416-438-6880 Email: info@rosaliehall.com Website: https://www.rosaliehall.com