GO SHAWN GO
MAKING LIFE ACCESSIBLE, ONE FAMILY AT A TIME
FOUNDATION

NAZARETH UNIVERSITY



ACCESSIBLE 5K
RUN, WALK OR ROLL

The Accessible 5K at Nazareth University is an inclusive event designed for families, individuals living with disabilities, walkers, runners, and competitive athletes of all ages.

OCTOBER 4, 2026
8 AM



EVERYONE CAN JOIN IN THE FUN!

- Toddler 100-Meter Roll, Walk & Run Fun Loop
- Kids 400-Meter Roll, Walk & Run Adventure
- Family 1-Mile Roll, Walk & Run Together
- Fully Accessible Timed 5K Roll, Walk & Run
- Adaptive Mobility Test Ride Experience

The Go Shawn Go Foundation, Inc., a 501(c)(3) nonprofit organization, is proud to partner with Nazareth University's Physical Therapy Department and Yellow Jacket Racing.

Registration Opens August 1
GoShawnGo.Org

Meet the 3 Families You Will Help

PROCEEDS WILL SUPPORT THESE 3 INCREDIBLE FAMILIES AND HELP THE GO SHAWN GO FOUNDATION CONTINUE MAKING LIFE ACCESSIBLE ONE FAMILY AT A TIME.



Elliana Leone Family

At the 20-week ultrasound, Elliana's parents learned their daughter showed signs of spina bifida. Their greatest fear wasn't what life with spina bifida would look like; it was whether they would even get the chance to meet their little girl. Today, Elliana is advocating for herself and others with disabilities. She asked the Fredonia School Board to make her elementary playground accessible, so she can play with her friends too. Her courage inspired the Go Shawn Go Foundation to partner with Fredonia Central School District to build an industry-leading accessible playground, where all children can participate.



Ann Marie Witzel Family

Ann Marie cares for her adopted son, Levi, who requires 24-hour intensive assistance due to multiple disabilities as a result of complications from a traumatic birth. Ann Marie also cares for her 92-year-old father, who has recently transitioned to home hospice care. She gives her all to provide joy and adventure for Levi and comfort and support to her father. The Go Shawn Go Foundation hopes to ease the daily burden by helping with home maintenance and adaptive equipment for Levi, so Ann Marie has more time and energy to simply be a mother.



Dytajah Watkins Family

Dytajah is a young mother who, at just 3 months old, entered the foster care system; she is raising her 5-year-old son, Dakarie. He is a fun, energetic young boy who is nonverbal and lives with autism. She's doing the best she can to provide a stable, safe home filled with love and patience for her son, who lives in a world that's not always understanding. She is trying her best to give him a better life than she had, only to be stifled by insecurities about food and shelter. The Go Shawn Go Foundation hopes to reduce food and shelter insecurities while helping Dytajah build skills to enter the workforce and provide for her family.