



Montevideo Ramsey Breakfast

October
2026



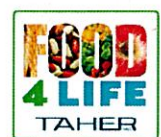
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 	29 	30 	1 Breakfast Taco Cocoa Puffs Cereal, WG Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	2 Breakfast Banana Split Yogurt Parfait Lucky Charms Cereal Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
5 Sausage & Cheese on a Biscuit Cheerios Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	6 Brekkie, WG Cinnamon Chex Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	7 Chicken Breakfast Biscuit Cinnamon Toast Crunch Cereal, WG Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	8 Cinnamon Roll, WG Cocoa Puffs Cereal, WG Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	9 Turkey Sausgae Breakfast Flatbread Lucky Charms Cereal Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
12 Egg & Cheese on English Muffin Cheerios Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	13 Cinnamon Cream Cheese Filled Bagel, WG Cinnamon Chex Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	14 No School	15 No School	16 No School
19 Egg & Cheese on a Biscuit Cheerios Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	20 Pancake on a Stick, WG Cinnamon Chex Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	21 Blueberry Muffin, WG Cheese Stick Cinnamon Toast Crunch Cereal, WG Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	22 Breakfast Taco Cocoa Puffs Cereal, WG Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	23 Breakfast Banana Split Yogurt Parfait Lucky Charms Cereal Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
26 Sausage & Cheese on a Biscuit Cheerios Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	27 Brekkie, WG Cinnamon Chex Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	28 Chicken Breakfast Biscuit Cinnamon Toast Crunch Cereal, WG Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	29 Cinnamon Roll, WG Cocoa Puffs Cereal, WG Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	30 Turkey Sausgae Breakfast Flatbread Lucky Charms Cereal Graham Crackers Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk

PRICES	EXTRA INFO
Student Breakfast	FREE
Extra Milk	\$0.50
Adult Breakfast	\$2.55

Please email Vanessa Hunt at
MontevideoFSD@Taher.com
with any questions.



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Ramsey Elementary Lunch

October
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 	29 	30 	1 Corn Dog Turkey and Cheese Sandwich Baked Beans, Vegetarian Other Vegetable Applesauce Fresh Grapes Choice of Milk	2 Pasta w/ Hearty Meat Sauce Homemade Garlic Toast Turkey & Cheese Flatbread Munchable Roasted Broccoli Other Vegetable Diced Pear Banana
5 Roasted Beef Hot Dog on a Bun Turkey and Cheese Sandwich French Fries Red/Orange Vegetable Diced Peaches Fresh Pear Choice of Milk	6 Lasagna Rollup with Sauce Homemade Garlic Toast Ham & Cheese Sandwich Roasted Broccoli Red/Orange Vegetable Mixed Fruit Banana Choice of Milk	7 Chicken Potstickers Fried Rice Turkey and Cheese Sandwich Kung Fu Carrots Red/Orange Vegetable Pineapple Tidbits Fresh Grapes Choice of Milk	8 Beefy Nachos with Homemade Cheese Ham & Cheese Sandwich Salsa Red/Orange Vegetable Black Beans Applesauce Fresh Orange Quarters Choice of Milk	9 Cheese Pizza Turkey and Cheese Sandwich California Blend Vegetable Red/Orange Vegetables Sliced Pears Banana Choice of Milk
12 Chicken Taco Meat Taco Fixing Turkey & Cheese Flatbread Munchable Refried Beans Other Vegetable Diced Peaches Fresh Pear Choice of Milk	13 Popcorn Chicken Bowl Dinner Roll Turkey and Cheese Sandwich Roasted Broccoli Other Vegetable Mixed Fruit Fresh Grapes Choice of Milk	14 No School	15 No School	16 No School
19 Cheesy Bosco Stick Marinara Sauce Ham & Cheese Sandwich The Kids Made Green Beans Red/Orange Vegetable Diced Peaches Fresh Grapes Choice of Milk	20 All American Hamburger on WG Bun Burger Fixings Turkey & Cheese Flatbread Munchable Baked Beans, Vegetarian Red/Orange Vegetable Mixed Fruit Banana	21 Homemade Orange Chicken Brown Rice, WG Turkey and Cheese Sandwich Steamed Carrots Red/Orange Vegetable Pineapple Tidbits Fresh Orange Quarters Choice of Milk	22 Creamy Chicken Spaghetti Dinner Roll Ham & Cheese Sandwich Roasted Broccoli Red/Orange Vegetable Applesauce Apple Slices Choice of Milk	23 Country Fried Chicken and Gravy Ham & Cheese Sandwich Mashed Potatoes Glazed Carrots Red/Orange Vegetable Diced Pear Fresh Grapes Choice of Milk
26 Grilled Ham & Cheese Sandwich Turkey and Cheese Sandwich Sweet Potato Tots Other Vegetable Diced Peaches Banana Choice of Milk	27 Macaroni & Cheese Dinner Roll Turkey and Cheese Sandwich Craving Chicken Salad Kung Fu Carrots Other Vegetable Mixed Fruit Fresh Pear Choice of Milk	28 Fluffy Pancakes Sausage Patty Scrambled Egg Ham & Cheese Sandwich Tater Tots Cauliflower Floret Mixed Fruit Fresh Grapes Choice of Milk	29 Cheeseburger Burger Fixings Turkey & Cheese Flatbread Munchable Baked Beans, Vegetarian Cucumber Slices Mixed Fruit Fresh Pear Choice of Milk	30 Grilled Cheese Sandwich Marinara Sauce Ham & Cheese Sandwich Green Peas Baby Carrots Diced Peaches Apple Choice of Milk

PRICES	EXTRA INFO
Student Lunch	FREE
Extra Milk	\$0.50
Adult Lunch	\$5.30

Please email Vanessa Hunt at MontevideoFSD@Taher.com with any questions.



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