District 11-6A Track & Field
SCHEDULE OF EVENTS
Prelims

WEDNESDAY - 4/8

8:15 – 8:45 Implement Weigh – In
8:30 Coaches meeting
8:45 Workers Check-In

Field Events

VARSITY - 3 attempts, top 8 3 more attempts
JV - 4 attemps (JV will be medaled at site)

DISCUS	9:30am VG	11:00 am VB
SHOT PUT	9:30am JVB	11:00 am JVG
LONG JUMP		
East Pit	9:30am JVG	11:00 am VG
West Pit	9:30am VB	11:00am JVB
HIGH JUMP	9:30am VG	11:00am VB
POLE VAULT	11:30 – CERTIFICATION & WEIGH IN	
	12:30 Rolling Start	
	VG, VB, JVG, JVB	

12:00 **LUNCH**
12:00-12:45 **Track open for Relay Work**

1:00 3200m Run - JVG, VG, JVB, VB
Medal 3200m Run

2:00 **Announcements**
Medal VARSITY Field Events
Long Jump, High Jump, Pole Vault & Discus

Running Prelims

2:30 100H / 110H
3:00 100m
3:30 400m
4:00 300H
4:30 200m

District 11-6A Track & Field
SCHEDULE OF EVENTS
FINALS

FRIDAY- 4/10

8:15 – 8:45 Implement Weigh – In
8:30 Coaches meeting
8:45 Workers Check-In

Field Events

VARSITY - 3 attempts, top 8 3 more attempts
JV - 4 attemps (JV will be medaled at site)

DISCUS	9:30AM JVG	11:00AM JVB
SHOT PUT	9:30am VB	11:00 am VG
TRIPLE JUMP		
East Pit	9:30am VG	11:00 am JVG
West Pit	9:30am VB	11:00 am JVB
HIGH JUMP	9:30am JVB	11:00 am JVG

12:00 **LUNCH**
12:30-2:15 **Relay Exchanges**

2:00 **Relay cards turned-in**
Curve Judges and Exchange Judges Report

2:00 **Medal Varsity Field Events**
Shot Put and Triple Jump
National Anthem

Running Finals
Medals awarded immediately after each race

2:30	4 x 100
2:45	800m
3:00	100H / 110H
3:30	100m
4:00	4 x 200
4:20	400m
4:40	300H
5:00	200m
5:20	1600m
6:00	4 x 400

PRESENTATION OF TEAM AWARDS