Kentucky Department of
EDUCATION

Wellness Plan

This document, referred to as the "wellness plan" is intended to accompany policy which has been adopted by the board to comply with the requirements for a school wellness policy that follows 7 CFR 210.31.

Effective Date
October 29, 2025
Last Date Updated
October 29, 2025

School Official (name and title) Responsible for Implementation and Oversight
Dolly Fannin, Superintendent Megan West, ECPS Principal Jill Copley, ECIS Principal Emily Adkins, ECMS Principal Sandy Holbrook, ECHS Principal

Local Wellness Plan Team

Name	Title	Start Date
Dolly Fannin	Superintendent	July 1, 2025
Barbie Moore	Food Service Director	July 1, 2025
Jill Copley	ECIS Principal	July 1, 2025
Megan West	ECPS Principal	July 1, 2025
Emily Adkins	ECMS Principal	July 1, 2025

Notification

This institution is an equal opportunity provider.
Last updated: 06/2025

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Evaluation

Description for measuring implementation of policy.
Goals and objectives will be measure yearly based on implementation and progress. The Well Sat will be utilized to monitor the policy on triennial assessment.
Date of last Triennial Assessment
Unknown last **October 29, 2025**

Recordkeeping

Each local educational agency must retain records to document compliance with the requirements of CFR 210.31. Please list where you maintain the following records:

Written local school wellness policy
The local wellness plan will be available on the district website: www.elliott.kyschools.us Online policy can be located on KSBA online policy manual.

Documentation demonstrating compliance with community involvement requirements, including requirements to make the local school wellness policy and triennial assessment available to the public.
To demonstrate compliance with the requirement, the website will be monitored each July for compliance of postings and screenshot along with date to verify accuracy.

Documentation of the triennial assessment of the local school wellness policy.
A copy of the Well Sat Assessment can be found at the Elliott County Board of Education.

Specific Goals

Please input your District's objectives in the left column. In the right column, provide comprehensive Action Steps detailing the strategies to accomplish each listed objective.

Nutrition Education Goals

	monthly menu options. Offer more varieties of grab and go breakfast options as measured by monthly menus.

Physical Activity

Objective	Action Steps
Increase the amount of student physical activity during school.	Each school will offer physical activity opportunities during school, supporting teachers to use an in -class movement structure during the day as measured by lesson plans and schedules.

Other School Based Activities

Objective	Action Steps
Increase the number of health education session offered to parents and families.	FRYSC will offer family engagement activities that focuses on health education for parents as measured by FRYSC updates.

Nutrition guidelines for all foods and beverages available SOLD on school grounds

Standards
All foods and beverages sold on school grounds must meet Smart Snack compliance and compliance with 702 KAR 6:090. Foods and beverages sold 30 minutes after the end of the school day do not need to meet standards.