OCTOBER 2026

KNIGHT NEWS

The official newsletter of East Valley High School

ARNOLD'S ACCOLADES

Knight Nation,

At East Valley High School, our vision is grounded in four powerful statements: **I Belong. I Believe. I Learn. I Am Future-Ready**. This month, I want to focus on **"I Believe"** and what those words mean for our students, staff, and school community.

I believe every student who walks through our doors has the ability to succeed. More importantly, I believe it is our responsibility to create the relationships, opportunities, and systems that help students recognize their potential and achieve their goals. **At EVHS, belief is more than something we say. It is something we demonstrate through our actions**.

Our commitment to students is reflected in the systems we have built to support their academic and social growth. Through **RTI (Response to Intervention)** students receive targeted academic support and opportunities to strengthen their learning across our campus. Our teachers work collaboratively in **Professional Learning Teams (PLTs)** to identify learning needs and respond with meaningful instruction. Through **AVID, Counseling Services, and our Multi-Tiered Systems of Support (MTSS)**, we are helping students develop the academic, social, and emotional skills necessary for success.

We also believe in creating multiple pathways for students. From expanding **College in the High School opportunities to more than 30 courses**, to our Career and Technical Education programs, Running Start partnerships, and the launch of EV Academy, we are working to ensure every student can find a pathway that meets their individual needs and goals.

I also want to share my tremendous belief in the **staff at East Valley High School**. Every day, I see educators and support staff going above and beyond to ensure students feel valued, supported, and capable of success. Their dedication is

ARNOLD'S ACCOLADES CONTINUED:

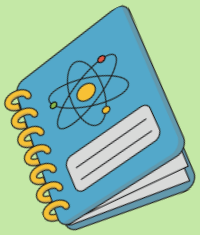
reflected in our students' accomplishments, including a 91.4% graduation rate, 81% of freshmen on track, and continued growth in state assessment performance. These results represent students working hard and staff members who refuse to give up on them.

Ultimately, our greatest responsibility is helping students believe in themselves. Whether their future includes college, an apprenticeship, military service, or entering the workforce, I believe our staff has the passion, knowledge, and commitment to help every Knight discover their own path toward a future-ready life.

Families, thank you for being our partners in this work. Together, we are creating a school community where every student is supported, challenged, and encouraged to reach their full potential.

We believe in our students. We believe in our staff. And most importantly, we want every Knight to believe in themselves.

Go Knights!
Ryan Arnold
Proud Knight Principal



HOSA LAB NOTES

HOSA (Health Occupations Students of America) Club is in our 4th year here at EVHS! Our club prepares EVHS students for healthcare careers. We kicked off the year with 20 students hosting a Teddy Bear Clinic at CCS on October 7, where they taught kindergarten through second-grade students how to take vitals, use a stethoscope, and perform basic exams.

On October 13, students participated in a suture lab with materials donated by GCU and guidance from a medical student via Zoom.

Upcoming events include a November 6 tour of Sacred Heart's Emergency Department and Simulation Lab, followed by a November 13 tour of WSU Spokane's Health Sciences Campus with hands-on activities in partnership with Communities in Schools.



BELIEVE, BELONG, GET INVOLVED

EVHS Drama Club

Drama Club has experienced tremendous growth this month, doubling our members and welcoming many Freshmen to join us! We elected officers for the '26-27 school year and have focused on strengthening our bonds within the club. We are currently gearing up for the Inland Northwest Theater Arts Festival (INTAF) which both takes place later this month. These opportunities will facilitate relational capacity and theater skill building for students to give the club a strong foundation for the rest of the school year.

26/27 Drama Club Officers:

President- Averi Salisbury (12)
Vice President- Rachel MacCannell (12)
Public Relations- Izzy Aragon (12)
Member at Large- Courtney Allred (12)
Stage Manager- Maya Tormozov (12)
Assistant Stage Manager- Ecko Munn (10)

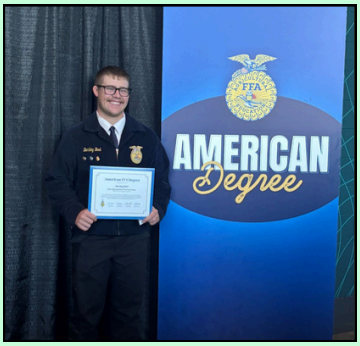




East Valley FFA Student Earns American FFA Degree



The East Valley FFA chapter is proud to celebrate one of its members, Bentley Beal, for earning the **American FFA Degree**, the highest degree awarded by the National FFA Organization. This honor recognizes members who demonstrate dedication to agricultural education, leadership, and personal growth. Even though Bentley graduated in 2024 he continued his involvement in EV FFA in order to be eligible to apply for the award. The American FFA degree can only be earned after high school graduation.



Earning this degree requires years of hard work through supervised agricultural experiences, leadership activities, and community involvement. Throughout Bentley's FFA journey, he has developed valuable skills and demonstrated a strong commitment to agriculture and service. Congratulations to Bentley Beal and his family on this milestone! His dedication reflects the values of FFA and the importance of preparing the next generation of agricultural leaders.

BELIEVE IN THE POSSIBILITIES

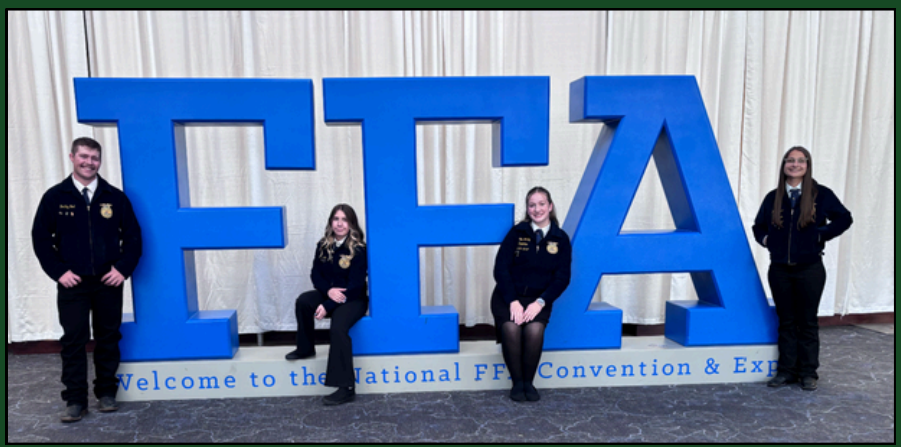
National FFA convention;



Three of our current FFA members traveled to Indianapolis for the 99th National FFA Convention & Expo to celebrate and support Bently as he received the prestigious American FFA Degree. While there, these young leaders also had the opportunity to give back to the organization they love by serving as members of the National FFA Courtesy Corps. They volunteered three hours of their time at the FFA Megastore, toured the National FFA headquarters, attended a rodeo and the American Degree Ceremony.

One of the most special parts of the trip was having the entire Beal family join us to celebrate Bently's accomplishment and support their children and the EV FFA chapter. We are so grateful for families who stand behind our members and help make these experiences possible. Trips like this create lasting memories, strengthen friendships, and remind us how special it is to be part of the FFA family!





Pictures above from left to right: Bentley Beal (GD), Aurora Beal (11), Kaiya Hunley (12) and Ivy Sullivan (12)

BELIEVE IN MAKING A DIFFERENCE

You might be asking yourself, "What is Hope Squad?"

Hope Squad is a peer-to-peer suicide prevention program that equips students to recognize when someone may be struggling, encourage help-seeking and connect peers with trusted adults and resources. Hope Squad members are helping build a school community rooted in kindness, inclusion, belonging and hope. We meet monthly and plan activities such as suicide prevention and substance misuse awareness weeks.

Hope Squad members have been nominated by their peers. Those nominations are then reviewed by the advisors to determine if there are any concerns about the student being a positive role model on campus. Potential members are encouraged to let one of the Squad members or an advisor know that they are interested in joining. The Hope Squad advisors at EVHS are Lauren Fiedler, Krissy Taman, Hannah Hirshfield and Rick Jones.

Hope Squad Retreat



Recently EVHS & EVMS Hope Squad Members joined with other Hope Squad groups around the region for a day of training. They learned about the inner workings of the 988 Suicide & Crisis Lifeline, strategies for identifying when someone may be in crisis and who they can turn to for help, as well as other helpful tools they can use to support positive mental health awareness.

WE BELIEVE IN CONNECTIONS








On Wednesday October 7th, Spokane Mounted Patrol visited East Valley High School for an Equine Connection Day!

Students of all abilities were invited to interact with therapeutic horses, creating magical moments, memories and access to the majestic creatures that they may not ever have had before.

I BELIEVE IN BUILDING MY FUTURE

East Valley and West Valley high schools joined together on October 28th to tour Volta's Lineman Training Center at NIC's Parker Technical Educational Center. It was cold, wet and a little windy but that didn't deter us from learning about what it takes to become an electrical lineman.





AVID INFORMATION



In AVID we practice believing in ourselves, recognizing our strengths, and exploring what's possible for our futures and our students have been busy putting that belief into action! We kicked off tutorials, where students work together to ask questions, solve problems, and learn from one another. These experiences help students build confidence and recognize that asking for help and working through challenges are important parts of learning. Believing not only that they can tackle rigorous and challenging work, but also that they are learners capable of helping their peers.



Our juniors and seniors also attended the National College Fair, where they had the opportunity to explore colleges, learn about different programs, and consider what their next steps after high school might look like. A couple weeks later, students had the chance to hear from three guest speakers representing different career paths: an emergency room doctor, a local business owner from River City Pizza, and someone pursuing a plumbing apprenticeship. These conversations helped students see that there are many ways to build a successful future, whether through college, career training, or hands-on experience and believe that a positive future is ahead of them.



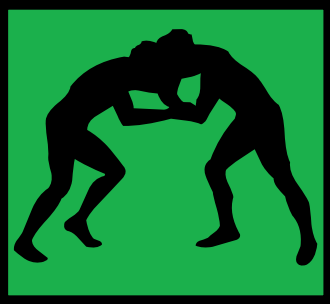
Coming up at the end of the month, our freshmen and sophomores will visit the University of Idaho for its Envision event. This will give them an opportunity to experience a college campus, learn more about college life, and begin imagining what their own futures might hold.

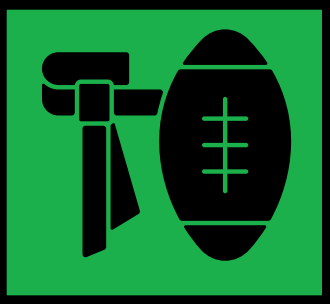
At AVID, we want students to believe in themselves and understand that their futures are full of possibilities. Sometimes that belief starts with asking a question in class, hearing someone share their career journey, or visiting a college campus for the first time. Each experience is a chance for students to discover something new about themselves and the opportunities available to them.

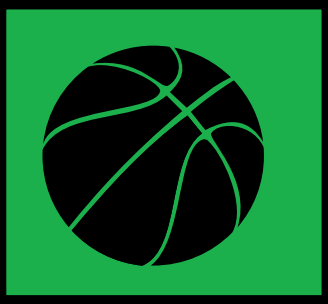
Our goal is for every student to see that their future is worth dreaming about, and that they have the ability to take steps toward making those dreams a reality.

I BELIEVE

ATHLETIC INFORMATION







Click Here FinalForms

Click Here Sports Physicals

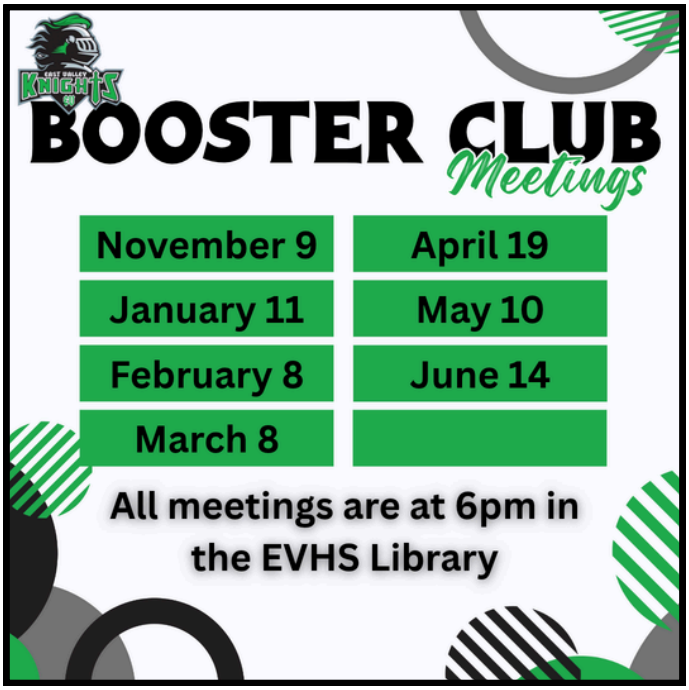
Winter Sports registration is open!

- Make sure your student is registered in FinalForms.
- All forms need completed and signed by the student and their parent/guardian.
- A current sports physical on file.

Wrestling and Basketball Practice start on Monday November 16th
Girls Flag Football Starts Monday November 30th

Mark your Calendars for upcoming Booster Club

Stay in the loop, share your ideas, and help shape the student experience at East Valley High School! EVHS Booster Club meetings are open to everyone and are a great opportunity to connect with other parents and community members who want to support our Knights. 💚🖤



I BELIEVE

FUNDING YOUR FUTURE

Senior Parents and Guardians! October is under way which means it's time to start completing the FAFSA or WASFA for all those students looking to get some training or education after high school. These applications are the first step in helping pay for that education. Some important reminders are below and some important links to helpful resources and documents.

1) Students only need to fill out one (either the FAFSA or WASFA) but not both. Most students and families will fill out the FAFSA, but if you are not eligible to fill out the FASFA or do not want to then we recommend the WASFA.

2) As a parent/guardian you will be asked to contribute to your students application. The only thing you really need is a personal email address and social security number. Those without social security numbers would complete the WASFA.

3) It really is easy. Most students and families have found that it takes less than 40 minutes to create accounts and complete the application.

4) There are lots of helpful resources online but THIS DOCUMENT HERE shares some useful links and the basic steps to completing the FAFSA or WASFA.

5) HERE IS A PADLET of helpful resources shared and managed by the Washington Student Achievement Council, who oversees all the great and amazing state financial aid.

6) And most importantly we are here to help, so don't hesitate to reach out to our Future Ready Coordinator Mr. Rovick (rovickd@evsd.rog or 509-241-5272) for questions or help completing these applications.



SENIOR CLASS NEWS





EVHS Main Office
For general information, call:
509.927.3200

Attendance Line
To excuse an absence or call out your student, call:
509.241.5281

Athletics & Business Office
For information about sports (registrations, physicals, schedules, etc.), ASB cards, purchasing yearbooks or fees, call
509.241.5283

College/Career
For help navigating your child's post high school plans, call:
509.241.5272

Counseling Center
To connect with your student's counselor or if you have enrollment/transfer/transcript questions, call: 509.241.5210

Health Clinic
For help with student emergency health plans or other health related questions, call:
509.241.5278

Administration Office
To connect with one of our principals, call:
509.241.5287

Connect on Social Media
@EVHSKnights @evhs.knights
#IBelongHereKnights

MARK YOUR CALENDAR

November

11/1 Fall Back Time Change
11/2 Late Start - School starts 90 minute late
11/10 Veterans Day Assembly - 9:40am EVHS Gym
Late Start - School starts 90 minute late
Booster Club Meeting - 6pm EVHS Library
Senior All-Knighter Meeting - 6:45pm EVHS Library
11/10 Board Meeting - 6pm District Office
11/11 Veterans Day - NO SCHOOL
11/13 One Knight in Autumn: Variety Show - 6pm
EVHS Commons - Tickets available via GoFan
11/16 Late Start - School starts 90 minute late
Winter Sports Start
11/17 EVHS Blood Drive - STUDENTS ONLY
11/23 **NO LATE START! SCHOOL STARTS AT 8AM**
Community Thanksgiving-4:30-7pm EVHS Commons
11/25-11/27 Thanksgiving Break - NO SCHOOL
11/24 Board Meeting - 6pm District Office
11/30 Late Start - School starts 90 minute late
Girls Flag Football Starts

December

12/7 Late Start - School starts 90 minute late
12/8 Board Meeting - 6pm District Office
12/9 Holiday Concert - 7pm EVHS Gym
12/14 Late Start - School starts 90 minute late
12/21-1/1 Winter Break - No School

January

1/4 Late Start - School starts 90 minute late
1/11 Late Start - School starts 90 minute late
Booster Club Meeting - 6pm EVHS Library
Senior All-Knighter Meeting - 6:45pm EVHS Library
1/12 Board Meeting - 6pm District Office
1/18 Martin Luther King Jr Day - NO SCHOOL
1/22 First Semester Finals - Early Release
1/25 First Semester Finals - Early Release
1/26 Second Semester Begins
Board Meeting - 6pm District Office

Click **HERE** for up to date sport schedules







Dates/times subject to change. Please check EVHS website for more details.