



GENUINE

REAL FOOD REAL IMPACT

September

Springer Municipal Schools 26-27 Springer Breakfast

		Breakfast Entree Classic Cheddar Pan Omelet Creamsicle Smoothie Fruit Assorted Fruit Grains Whole Grain Graham Crackers Milk 1% Lowfat Milk Chocolate Fat Free Milk	1	Breakfast Entree Strawberry Danish Assorted Yogurt Cup Fruit Assorted Fruit Grains Whole Grain Graham Crackers Milk 1% Lowfat Milk Chocolate Fat Free Milk	2	Breakfast Entree Ham & Cheese Frittata Grilled Bacon & Cheese Sandwich Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	3
Breakfast Entree Turkey Sausage Biscuit Whole Grain Cereal Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	7	Breakfast Entree Cinnamon Roll Smoothie Bacon, Egg & Cheese Breakfast Taco Fruit Assorted Fruit Grains Whole Grain Graham Crackers Milk 1% Lowfat Milk Chocolate Fat Free Milk	8	Breakfast Entree Strawberry Banana Bread Assorted Yogurt Cup Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	9	Breakfast Entree Egg & Chorizo Breakfast Burrito Biscuits and Sausage Gravy Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	10
Breakfast Entree Egg & Cheese on Biscuit Whole Grain Cereal Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk Misc. Mozzarella String Cheese	14	Breakfast Entree Western Frittata Apple Bread Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	15	Breakfast Entree Egg & Potato Breakfast Boat Assorted Yogurt Cup Fruit Assorted Fruit Grains Whole Grain Graham Crackers Milk 1% Lowfat Milk Chocolate Fat Free Milk	16	Breakfast Entree Blueberry Danish Scrambled Egg & Cheese with Toast Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	17
Breakfast Entree Baked Blueberry Oatmeal Whole Grain Cereal Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk Misc. Mozzarella String Cheese	21	Breakfast Entree Ham & Cheese Frittata Tropical Escape Smoothie Fruit Assorted Fruit Grains Whole Grain Graham Crackers Milk 1% Lowfat Milk Chocolate Fat Free Milk	22	Breakfast Entree Egg & Potato Breakfast Boat Assorted Yogurt Cup Fruit Assorted Fruit Grains Whole Grain Graham Crackers Milk 1% Lowfat Milk Chocolate Fat Free Milk	23	Breakfast Entree Strawberry Vanilla Muffins, Scratch Egg & Cheese Breakfast Burrito Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	24
Breakfast Entree Turkey Sausage Biscuit Whole Grain Cereal Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk Misc. Mozzarella String Cheese	28	Breakfast Entree Banana Bread Creamsicle Smoothie Fruit Assorted Fruit Grains Whole Grain Graham Crackers Milk 1% Lowfat Milk Chocolate Fat Free Milk	29	Breakfast Entree Suspenseful Spicy Breakfast Bowl Assorted Yogurt Cup Fruit Assorted Fruit Grains Whole Grain Graham Crackers Milk 1% Lowfat Milk Chocolate Fat Free Milk	30		

