

GENUINE

REAL FOOD REAL IMPACT

October

Springer Municipal Schools

26-27 Springer Breakfast

			Breakfast Entree Carrot Cake Bread Scrambled Egg & Cheese with Toast Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	1			
Breakfast Entree Chocolate Chip French Toast Casserole Whole Grain Cereal Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk Misc. Mozzarella String Cheese	5	Breakfast Entree Cheesy Egg & Tater Tot Casserole Cinnamon Roll Smoothie Fruit Assorted Fruit Grains Whole Grain Graham Crackers Milk 1% Lowfat Milk Chocolate Fat Free Milk	6	Breakfast Entree Biscuits and Sausage Gravy Assorted Yogurt Cup Fruit Assorted Fruit Grains Whole Grain Graham Crackers Milk 1% Lowfat Milk Chocolate Fat Free Milk	7	Breakfast Entree Apple Cinnamon Danish Turkey Bacon, Egg, and Cheese Breakfast Burritos Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	8
Breakfast Entree Breakfast Sandwich Whole Grain Cereal Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk Misc. Mozzarella String Cheese	12	Breakfast Entree Classic Cheddar Pan Omelet Creamsicle Smoothie Fruit Assorted Fruit Grains Whole Grain Graham Crackers Milk 1% Lowfat Milk Chocolate Fat Free Milk	13	Breakfast Entree Strawberry Danish Assorted Yogurt Cup Fruit Assorted Fruit Grains Whole Grain Graham Crackers Milk 1% Lowfat Milk Chocolate Fat Free Milk	14	Breakfast Entree Ham & Cheese Frittata Grilled Bacon & Cheese Sandwich Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	15
Breakfast Entree Turkey Sausage Biscuit Whole Grain Cereal Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	19	Breakfast Entree Cinnamon Roll Smoothie Bacon, Egg & Cheese Breakfast Taco Fruit Assorted Fruit Grains Whole Grain Graham Crackers Milk 1% Lowfat Milk Chocolate Fat Free Milk	20	Breakfast Entree Strawberry Banana Bread Assorted Yogurt Cup Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	21	Breakfast Entree Egg & Chorizo Breakfast Burrito Biscuits and Sausage Gravy Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	22
Breakfast Entree Egg & Cheese on Biscuit Whole Grain Cereal Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk Misc. Mozzarella String Cheese	26	Breakfast Entree Western Frittata Apple Bread Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	27	Breakfast Entree Egg & Potato Breakfast Boat Assorted Yogurt Cup Fruit Assorted Fruit Grains Whole Grain Graham Crackers Milk 1% Lowfat Milk Chocolate Fat Free Milk	28	Breakfast Entree Blueberry Danish Scrambled Egg & Cheese with Toast Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	29

