



GENUINE

REAL FOOD REAL IMPACT

October

Springer Municipal Schools

26-27 Springer CACFP Lunch

			Lunch Entree Chili and Cheese Walking Taco 2MMA 1.5WG Vegetables Garlic Roasted Carrots Fruit Assorted Fruit Grains Whole Wheat Dinner Roll Milk 1% Lowfat Milk	1			
Lunch Entree Teriyaki Chicken Vegetables Stir Fried Broccoli Fruit Assorted Fruit Grains Fried Rice Milk 1% Lowfat Milk	5	Lunch Entree Chicken Quesadilla Vegetables Steamed Corn Fruit Assorted Fruit Milk 1% Lowfat Milk	6	Lunch Entree Red Chile Enchiladas Vegetables Ranchero Beans Fruit Assorted Fruit Milk 1% Lowfat Milk	7	Lunch Entree Hot Dog Vegetables Roasted Sweet Potato Fruit Assorted Fruit Milk 1% Lowfat Milk Condiments Ketchup Mustard	8
Lunch Entree BBQ Chicken Sandwich Vegetables Baked Beans Fruit Assorted Fruit Milk 1% Lowfat Milk	12	Lunch Entree Meat and Cheese Nachos Vegetables Fiesta Corn Fruit Assorted Fruit Milk 1% Lowfat Milk	13	Lunch Entree Cheesy Turkey Baked Ziti Vegetables Steamed Broccoli Fruit Assorted Fruit Milk 1% Lowfat Milk	14	Lunch Entree Salisbury Steak Vegetables Herb Roasted Carrots Fruit Assorted Fruit Grains Brown Rice Milk 1% Lowfat Milk	15
Lunch Entree Salisbury Steak Vegetables Mashed Potatoes Fruit Assorted Fruit Grains Whole Wheat Dinner Roll Milk 1% Lowfat Milk	19	Lunch Entree Ground Turkey Tacos Vegetables Creamy Pinto Beans Fruit Assorted Fruit Milk 1% Lowfat Milk	20	Lunch Entree Southwest Turkey Rice Bowl Vegetables Calabacitas (zucchini) .25 S, .25 O Fruit Assorted Fruit Milk 1% Lowfat Milk	21	Lunch Entree Cheese Pizza Vegetables Garden Salad Fruit Assorted Fruit Milk 1% Lowfat Milk	22
Lunch Entree Chicken Lo Mein Vegetables Veggie Stir-Fry with Ginger Fruit Assorted Fruit Milk 1% Lowfat Milk	26	Lunch Entree Chile Colorado Chicken Burrito Vegetables Pinto Beans Fruit Assorted Fruit Milk 1% Lowfat Milk	27	Lunch Entree Bar: Cilantro Lime Chicken 2MMA Vegetables Herb Roasted Carrots Fruit Assorted Fruit Grains Brown Rice Milk 1% Lowfat Milk	28	Lunch Entree Hot Dog Vegetables Roasted Potato Fruit Assorted Fruit Milk 1% Lowfat Milk	29

