



GENUINE

REAL FOOD REAL IMPACT

October

Springer Municipal Schools

26-27 Springer 7-12 Lunch

			Lunch Entree Chili and Cheese Walking Taco 2MMA 1.5WG Vegetables Herb Roasted Carrots Fruit Assorted Fruit Grains Whole Wheat Dinner Roll Milk 1% Lowfat Milk Chocolate Fat Free Milk	1			
Lunch Entree Teriyaki Chicken Vegetables Stir Fried Broccoli Daily Salad Bar Fruit Assorted Fruit Grains Fried Rice Milk 1% Lowfat Milk Chocolate Fat Free Milk	5	Lunch Entree Chicken Quesadilla Vegetables Steamed Corn Fire Roasted Salsa Daily Salad Bar Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	6	Lunch Entree Red Chile Enchiladas Vegetables Ranchero/Charro Beans Daily Salad Bar Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	7	Lunch Entree Hot Dog Vegetables Roasted Sweet Potato Daily Salad Bar Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	8
Lunch Entree BBQ Chicken Sandwich Vegetables Baked Beans Daily Salad Bar Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	12	Lunch Entree Meat and Cheese Nachos Vegetables Fiesta Corn Fire Roasted Salsa Daily Salad Bar Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	13	Lunch Entree Cheesy Turkey Baked Ziti Vegetables Steamed Broccoli Daily Salad Bar Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	14	Lunch Entree Salisbury Steak Vegetables Herb Roasted Carrots Daily Salad Bar Fruit Assorted Fruit Grains Brown Rice Milk 1% Lowfat Milk Chocolate Fat Free Milk	15
Lunch Entree Salisbury Steak Vegetables Mashed Potatoes Herb Roasted Carrots Daily Salad Bar Fruit Assorted Fruit Grains Whole Wheat Dinner Rolls Milk 1% Lowfat Milk Chocolate Fat Free Milk	19	Lunch Entree Ground Turkey Tacos Vegetables Creamy Pinto Beans Daily Salad Bar Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Chocolate Milk	20	Lunch Entree Southwest Turkey Rice Bowl Vegetables Calabacitas (zucchini) .25 S, .25 O Daily Salad Bar Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Chocolate Milk	21	Lunch Entree Cheese Pizza Cheese and Turkey Pepperoni Pizza Vegetables Daily Salad Bar Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Chocolate Milk	22

Lunch Entree Chicken Lo Mein Vegetables Veggie Stir Fry Daily Salad Bar Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	26	Lunch Entree Chile Colorado Chicken Burrito Vegetables Pinto Beans Daily Salad Bar Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Chocolate Milk	27	Lunch Entree Bar: Cilantro Lime Chicken 2MMA Vegetables Herb Roasted Carrots Daily Salad Bar Fruit Assorted Fruit Grains Brown Rice Milk 1% Lowfat Milk Fat Free Chocolate Milk	28	Lunch Entree Hot Dog Vegetables Roasted Potato Daily Salad Bar Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Chocolate Milk	29
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This institution is an equal opportunity provider. *Menu subject to change.*