



GENUINE

REAL FOOD REAL IMPACT

September

Springer Municipal Schools 26-27 Springer 7-12 Lunch

		1 Lunch Entree Meat and Cheese Nachos Vegetables Fiesta Corn Fire Roasted Salsa Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	2 Lunch Entree Cheesy Turkey Baked Ziti Vegetables Steamed Broccoli Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	3 Lunch Entree Salisbury Steak Vegetables Herb Roasted Carrots Celery Sticks Fruit Assorted Fruit Grains Brown Rice Milk 1% Lowfat Milk Chocolate Fat Free Milk
7 Lunch Entree Chicken Nuggets Vegetables Mashed Potatoes Herb Roasted Carrots Fruit Assorted Fruit Grains Whole Wheat Dinner Roll Milk 1% Lowfat Milk Chocolate Fat Free Milk	8 Lunch Entree Ground Turkey Tacos Vegetables Creamy Pinto Beans Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Chocolate Milk	9 Lunch Entree Southwest Turkey Rice Bowl Vegetables Calabacitas (zucchini) .25 S, .25 O Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Chocolate Milk	10 Lunch Entree Cheese Pizza Cheese and Turkey Pepperoni Pizza Vegetables Garden Salad Carrot Sticks Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Chocolate Milk	
14 Lunch Entree Chicken Lo Mein Vegetables Veggie Stir Fry Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	15 Lunch Entree Chile Colorado Chicken Burrito Vegetables Pinto Beans Cherry Tomatoes Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Chocolate Milk	16 Lunch Entree Bar: Cilantro Lime Chicken 2MMA Vegetables Herb Roasted Carrots Fruit Assorted Fruit Grains Brown Rice Milk 1% Lowfat Milk Fat Free Chocolate Milk	17 Lunch Entree Hot Dog Vegetables Roasted Potato Creamy Coleslaw Fruit Assorted Fruit Milk 1% Lowfat Milk Fat Free Chocolate Milk	
21 Lunch Entree Popcorn Chicken Vegetables Mashed Potatoes Carrot Sticks Fruit Assorted Fruit Grains Whole Wheat Dinner Roll Milk 1% Lowfat Milk Chocolate Fat Free Milk	22 Lunch Entree Ground Turkey Chile Verde and Potato Burrito Vegetables Creamy Pinto Beans Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	23 Lunch Entree Fritos Chili Pie 2MMA 1.25WG Vegetables Garlic Roasted Green Beans Fruit Assorted Fruit Grains Whole Wheat Dinner Roll Milk 1% Lowfat Milk Chocolate Fat Free Milk	24 Lunch Entree Cheese Pizza Pepperoni Pizza Vegetables Seasoned/Roasted Carrots Steamed Broccoli Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	

Lunch Entree Salisbury Steak Vegetables Roasted Mashed Potatoes Broccoli Salad Fruit Assorted Fruit Grains Whole Wheat Dinner Rolls Milk 1% Lowfat Milk Chocolate Fat Free Milk	28	Lunch Entree Chicken Al Pastor Tacos Vegetables Calabacitas con Elote (Squash with Corn) Creamy Coleslaw Fruit Assorted Fruit Milk 1% Lowfat Milk Chocolate Fat Free Milk	29	Lunch Entree Green Chile Chicken Posole Vegetables Ranchero Beans Cherry Tomatoes Fruit Assorted Fruit Grains Whole Wheat Dinner Rolls Milk 1% Lowfat Milk Chocolate Fat Free Milk	30
This institution is an equal opportunity provider. <i>Menu subject to change.</i>					