Fall 2026

ENRICHMENT SEMINAR PROGRAM

Courses for students in grades 3-8

Brought to you by the

Catskill Area School Study Council

CASSC Staff

Suzanne Swantak, CASSC Executive Coordinator
Carolyn Leon-Palm, CASSC Assistant Coordinator









LEARN! EXPLORE! HAVE FUN!

Website: www.oncboces.org/Enrichmentseminarprogramsandforms
Facebook Page: Catskill Area School Study Council

Information for Students Parents & Guardians
CASSC Fall 2026 Enrichment Seminar Program

DATES: Seminar classes take place on four Saturdays - October 17, 24, Nov 7, 14, 2026

TIMES: 9:30 am – 12:00 pm. Students are not permitted to arrive before 9:15am.

COST: $70.00 per course. Registration and payment are managed through your child's school district. A limited number of **scholarships** are available. Please speak to your school contact for information about applying for a scholarship as funding is limited. The sooner you apply the better.

REGISTRATION: Contact your guidance office directly for details on how to register your student. The attached forms must be submitted to your district for registration. Registrations are **NOT** accepted directly from parents, and the local school board policy applies. **All registrations are considered final as of the end of the registration period.** Hiring of instructors is based on registrations. All students are enrolled with the approval of their respective school districts.

REGISTRATION DEADLINE: **Thursday, September 24, 2026**

ENROLLMENT: **Enrollment is based on a first-come-first-served basis.** If the first seminar choice is filled or canceled, students will be placed in their second or third choice if listed as an alternative**. Only list courses that the student is interested in taking.** Completed (Individual) Student Information Sheets and Standard Release Forms must accompany the registration; students will not be registered without these forms.

CLASS FORMAT: All classes are offered in-person.

HEALTH & SAFETY PROTOCOL: Students experiencing illness should stay home.

LOCATION: Fitzelle Hall, 3rd Floor serves as the drop-off. Classrooms are used at a variety of locations on the SUNY Oneonta campus. Details will be provided in your confirmation packet once registered.

ARRIVAL/DEPARTURE: Transportation is NOT provided by the Catskill Area School Study Council. Transportation is provided by parents or school districts. Students who arrive on their district's bus will be returned home on that bus unless a note is presented to the Program Coordinator or the instructor in Fitzelle, 3rd Floor. Students who are dropped off and picked up by parent/guardian are not permitted to arrive before 9:15am, and are to be picked up **in Fitzelle Hall at 12:00 pm**. (For safety reasons, students are not allowed to meet parents / guardian anywhere else on campus)

QUESTIONS? Call your school or *The Catskill Area School Study Council* at (607) 436-2533 or email Carolyn Leon-Palm at cpalm@oncboces.org

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ENRICHMENT SEMINAR PROGRAM OFFERINGS

FOUR-WEEK CLASSES: Oct. 17, 24, Nov. 7, 14

9:30am – 12:00pm

COST: $70

Courses for Elementary (Grades 3-5)

1 Recycling through Art: Grades 3-5 Class Limit – 12



Lets take care of the world by doing something fun and creative! Let's up cycle everyday items into something beautiful; sculptures with cardboard and plastic, flowers out of plastic bottles, roll of toilet paper into cute animals, bottle caps into fun art, and more! Join us to save the planet and learn what we can do while creating art and having fun!

#2 Music, Movement and Make-Believe: Grade 3-4 Class Limit – 12



Get ready to make music, act, and create your own show! In this fun and interactive seminar, you will get to try out awesome instruments like shakers, boom whackers, ukulele, piano, guitar, clarinet, and flute in a hands-on "instrument petting zoo". You will also step into the spotlight by helping write and perform your own play, learning cool theatre skills like acting, stage directions, and blocking. Sing along to fun songs with hand motions, explore music through creative drawing, and bring stories to life with props and performance. Whether you love music, acting, or just want to try something new, this seminar is all about creativity!

3 Mini Makers & Mega Minds: Grades 3-5 Class Limit – 12



Discover how science can be interactive through fun crafts and experiments! In this course we will be exploring different fields of sciences from chemistry to physics. Come and see how exciting science is for yourself and become a mini maker with a mega mind!

#4 ¡Vamos! A Journey Through the Spanish-Speaking World Grades 3-5 Class Limit - 12



Pack your passport and get ready to explore Spanish-speaking countries! Students will explore countries through virtual reality, crafts, games, music, celebrations, and fun cultural lessons. We will learn different Spanish dialects, popular phrases, and traditions from each country. On the final Saturday, students will play review games and try foods from the countries we learned about. Come explore, create, taste, and have fun while learning Spanish!

#5 Intro to Musical Theater: Grades 5 Class Limit - 12



Explore the exciting world of musical theater through singing, acting, and movement! Students will participate in fun theater games to build confidence, teamwork and creativity. We will practice short musical theater numbers, combining songs, acting and choreography, and try small scenes and improvisation activities! This class is a great way for you to develop performance skills and express yourself on stage!

#6 Summer Camp Saturdays: Grades 3-5 Class Limit - 12



Do you love to do crafts, science experiments, or just playing games and team building with friends? Join us in a summer camp adventure this fall where we will explore interests, meet new friends, and learn new skills in a fun and enriching environment!

7 Under the Sea: Grades 3-5 Class Limit – 12



Have you ever wondered what it's like beneath the ocean's surface? Come and explore the wonders of the sea through fun and engaging hands-on activities! From creative crafts and exciting games to scavenger hunts and captivating stories, this underwater adventure has something for everyone! Discover fascinating ocean animals and their unique habitats, learn fun and surprising facts about sea life, discuss simple ways we can all help protect our oceans, and create your very own **ocean sensory bottle!**

8 Explore Dance! Grades 3-5 Class Limit – 12



Welcome to the world of dance! This class is the perfect opportunity to jam out to music and learn fun dance moves in a variety of different styles. Students will learn basic dance warm-ups, skills, and even short combos to perform at the completion of the course. Get ready for sessions filled with lots of movement and excitement as we all explore dance!

Note: participants should wear appropriate comfortable clothing for exercising.

#9 Science and the World Around You: Grades 3-5 Class Limit – 12



Discover how science is everywhere in the world around you! Students will explore the different fields of science, ranging from biology, chemistry, physics, and earth science, and see how they apply to the real world. "Science and the World around you" will be full of fun experiments with items that can be found in your everyday life. Come make exciting new discoveries about science!

#10 Babysitting Training: Grade 5 Class Limit – 12



This Babysitting Training will teach you the basics of what makes a good, responsible, reliable, and fun babysitter. You will learn how to care for children of all ages, from infancy to school age, as well as ways to keep them entertained in a safe and friendly way. The course instructor is certified in First Aid and CPR. **Students will <u>not</u> receive a CPR First Certification.**

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Courses for Middle School (Grades 6-8)

#1 Strike A Pose: **Grades 6-8** **Class Limit - 12**



Do you want a fun and calming space to hangout with friends after a week of school? Yoga is perfect for you! In yoga, we will learn fun new poses and calming breathing exercises you will be able to use at any time and anywhere. In yoga we will learn all about the basics of yoga and how to incorporate it into your daily routine. Yoga can be used as a stress reliever and calming exercise to get your body moving.

#2 Intro to Musical Theater: **Grades 6-7** **Class Limit - 12**



Explore the exciting world of musical theater through singing, acting, and movement! Students will participate in fun theater games to build confidence, teamwork and creativity. We will practice short musical theater numbers, combining songs, acting and choreography, and try small scenes and improvisation activities! This class is a great way for you to develop performance skills and express yourself on stage!

#3 Plan, Play, and Relax **Grades 6-8** **Class Limit – 12**



Do you find yourself struggling to effectively manage your schoolwork and stress? If this sounds like you, this course will be a great fit! We will navigate different ways to manage your time to ensure you are able to complete your schoolwork effectively; while also learning tools to manage stress levels and ensure you have time in your schedule to do the things you love. We will work with fidgets and planners and create our own stress balls and toys to help with focus and have some fun with interactive exercises and games! We will balance fun and academics and students will gain lifelong skills and strategies that will help them succeed!

#4 Babysitting Training: **Grade 6-8** **Class Limit – 12**



This Babysitting Training will teach you the basics of what makes a good, responsible, reliable, and fun babysitter. You will learn how to care for children of all ages, from infancy to school age, as well as ways to keep them entertained in a safe and friendly way. The course instructor is certified in First Aid and CPR. **Students will <u>not</u> receive a CPR First Certification.**

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Grades 10-12: SAT Prep Course

Do you have high school students? We offer an On-Line SAT Course. You can find out more about it by calling our office at 436-2533 or visiting our website www.oncboces.org/EnrichmentSeminarProgramandForms if you would like more information or to register your child.

Catskill Area School Study Council

Student Information Form

Student's Name:_____
(first) (last)
Student's Age: _____ **Current Grade:_____**

School District:_____ Building (if district has more than one)_____

Course Choices in order of preference (please list courses by *title*). Note that if you list a second or third choice, you are agreeing to accept and pay for a place in that class if your first choice is unavailable.

First Choice: _____
Second Choice:_____
Third Choice:_____

Home Address: _____

Parent/Guardian's Name: _____*Important*** **Parent email:**_____

Emergency Information

Parent Phone: _____

For your child's safety, please complete the following information accurately:

Emergency Contact:
Please list another person ***who can be contacted on Saturday mornings***, in case the parent/guardian named above cannot be reached:

Name: _____ Phone #:Cell _____ or Home_____
(first) (last)
Relationship to student: _____

Medical/Health & Safety Please indicate any pertinent information related to the health and safety of the student named above (allergies, special medication, physical limitations, etc.):

Special Conditions/Circumstances Please provide information on any other special conditions, circumstances or considerations of which the staff should be aware in order to ensure your child's well-being in our classes (behavioral or custodial issues, IEP's, 504's, etc.):

_____ _____
SIGNATURE OF PARENT OR GUARDIAN ***DATE***

PLEASE NOTE: The student named above will not be registered in a seminar class until this form has been completed by a parent/guardian and submitted to CASSC by the school district at time of registration. Please complete the STANDARD RELEASE FORM. (The release is required for all classes except SAT Prep)

Catskill Area School Study Council

Standard Release Form

The Catskill Area School Study Council requests your permission to photograph your child participating in or observing the Enrichment Seminar Program. Per ONC BOCES policy, these photographs and/or recordings may be used in ONC BOCES and CASSC literature, and on the ONC BOCES website and Facebook page, to promote the Study Council's offerings.

If you DO NOT give permission for your child to be photographed for these purposes, please check the "NO" line, and we will ensure that your child is not included in the photographs and/or recordings that are taken. Whether or not you are granting this permission, a completed form must still be submitted to the Study Council.

If you have any questions, please call the Study Council at 607-436-2533.

Please indicate by checking yes or no below, whether you give permission to Otsego Northern Catskill BOCES, Grand Gorge, New York, its agents, successors, assigns, clients and purchasers of its services and/or products, to use your child's photograph, (whether still, motion or television) and/or recordings of your child's voice, and your child's name, in any legal manner whatsoever.

If you indicate no, the Study Council will not include your child in photographs or recordings.

By indicating yes, you also hereby give the Catskill Area School Study Council permission to release information relating to your child's attendance and participation in this program.

YES _____ NO _____

Student's Name: _____

Parent's Signature: _____

Address: _____

City, State and Zip Code: _____

Phone #: _____ **Date:** _____

Parent/Guardian E-mail Address: _____