

SEPTEMBER 2026

 You can always **Pick 2** for Lunch in the Cafe

Choose Lunch entrée & Pick TWO* of the following: **hot or cold veggies**, **fresh fruit**, **100% Juice** or **Milk**.

*No duplicates

ACE'S CORNER

Lunch Prices
Paid: \$3.80
Reduced: \$0.40

Uncrustables offered at lunch daily

1% White & FF Chocolate Milk Available

All salads include a whole grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Beef Nachos Cheesy Chicken Salad Refried Beans, Broccoli, Banana & Apple Juice	2 Bosco Sticks w/ Marinara Ace's Pretzel Pack Seasoned Green Beans, Pepper Strips, Diced Peaches & Grape Juice	3 Mini Corn Dogs w/ Mac N' Cheese Apple Salad Corn, Cucumber Slices, Orange Slices & Apple Juice	4 Hot Dog w/wo Pickle Chicken Caesar Salad Mixed Veggies, Baby Carrots, Apple & Fruit Juice
7 Labor Day	8 Pepperoni Pizza Apple Salad Sliced Carrots, Cucumber Slices, Mixed Berry Applesauce & Ruby Rush Juice	9 Mini Maple Pancakes w/wo Cheese Omelet Turkey & Cheese Sandwich Peas & Carrots, Baby Carrots, Apple & Grape Juice	10 Mini Maple Pancakes, Raisins & Fruit Juice Honey Stung Popcorn Chicken w/wo Biscuit Cheesy Romaine Salad Tater Tots, Broccoli, Warm Cinnamon Peaches & Orange Juice	11 Boneless Wings w/wo Biscuit 3 Cheese Sub Green Beans, Pepper Strips, Applesauce & Fruit Juice 
14 Orange Popcorn Chicken w/ Rice MYO Pizza Kit Steamed Broccoli, Baby Carrots, Orange Slices & Fruit Juice	15 Chicken Patty on a Bun Popcorn Chicken Salad Waffle Fries, Broccoli, Banana & Apple Juice	16 Half Day	17 Waffles w/wo Sausage Links Ham & Cheese Sandwich Garlic Parmesan Green Beans, Pepper Strips, Applesauce & Orange Juice	18 Chicken Nuggets w/wo Breadstick Apple Salad Corn, Cucumber Slices, Apple & Fruit Juice
21 French Toast Sticks w/wo Scrambled Eggs Turkey & Cheese Sandwich French Fries, Pepper Strips, Diced Pears & Fruit Juice	22 Chicken Tenders w/wo Garlic Knots Ham Chef Salad Steamed Baby Carrots, Broccoli, Apple & Orange Juice	23 Pepperoni Pizza Popcorn Chicken Salad Corn, Cucumber Slices, Orange Slices & Grape Juice	24 Cheeseburger w/wo Pickles MYO Pizza Kit Mixed Veggies, Celery Sticks, Applesauce & Orange Juice	25 Walking Tacos Ace's Pretzel Pack Kickin' Pinto Beans, Baby Carrots, Sliced Apricots & Fruit Juice
28 Mini Corn Dogs Egg Chef Salad Mashed Potatoes, Broccoli, Orange Slices & Fruit Juice	29 Cheese Pizza 3 Cheese Sub Green Beans, Celery Sticks, Warm Cinnamon Apples & Orange Juice	30 Pancakes w/wo Sausage Patty Apple Salad Sliced Carrots, Cucumber Slices, Diced Peaches & Grape Juice		Now Hiring!! Food Service is Hiring! Work While Kids are in School Great Benefits Apply online @ www.aramark.com

SQUASH

HUNGER WITH THIS POWERHOUSE VEGGIE!

Zucchini, known as a courgette in Europe, is a summer squash belonging to the cucurbita pepo species. Zucchini grows best in the summer though they are available all year long. Zucchini are a healthy addition to any meal since they are fat and cholesterol free, low in sodium, and rich in vitamins and minerals. The World's Largest Zucchini was grown in Devon, UK and measured 69.5 inches long at a weight of 65 pounds. Ranging in color from a dark green to a golden yellow, zucchini's relatives include pumpkins and gourds—making it the perfect introduction to fall.



ACE'S JOKE OF THE MONTH

Q. WHY IS IT A BAD IDEA TO TELL SECRETS IN A CORNFIELD?

SEE ANSWER BELOW



DID YOU KNOW?

ZUCCHINI CAN GROW TO THE SIZE OF A BASEBALL BAT!

But when it comes to taste, bigger is not better! Typically zucchini are harvested at about 6-8 inches.

ZUCCHINI FLOWERS ARE EDIBLE!

Each zucchini plant has a flower sprout on top which is totally safe to eat—if you dare!



ACTIVITY: SLICE AS NICE.

Be sure to eat your greens! These fruits and veggies are all delicious additions to your diet.

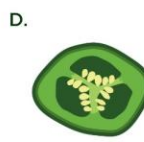
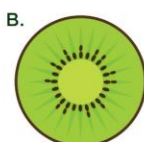
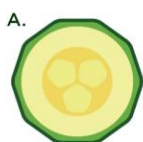
MATCH THE FRUITS AND VEGGIES TO THEIR SLICES.

SEE ANSWER BELOW

BONUS

IN A PICKLE... Which of these is typically used to make pickles?

SEE ANSWER BELOW



1. JALAPEÑO



2. PAPAYA



3. LIME



4. CUCUMBER



5. STARFRUIT



6. ZUCCHINI



7. KIWI