

# NASHOBA SEPAC LEARNING CIRCLE

A SHARED LEARNING EXPERIENCED FOLLOWED BY A PARENT CONVERSATION

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We're inviting all Nashoba parents to take part in a two-part learning experience.

First, attend the Wayside Youth & Family Support Network workshop on school refusal.

Then, join SEPAC for an informal parent conversation to share takeaways, questions, experiences and resources.

**WORKSHOP:**    **School Refusal: Symptoms to look for and how to help**

**Thursday, October 22, 2026**

**6:00 – 7:30 PM Virtual via Zoom**

**AGENCY:**        **Wayside Youth & Family Support Network**

**SPEAKER:**      **Carol Silva, Family Support Specialist**

*Is your child struggling to attend school? Are you a parent, caregiver, clinician, or professional supporting a child experiencing school refusal?*

*Topics will include: School Phobia / Refusal vs. School Truancy, Acute vs. Chronic School Refusal, Types of School Refusal, Behaviors Associated with School Refusal, Risk Factors, and Practical Strategies: Things You Can Do to Help*

*Learn about the cycle of school refusal, strategies to use at home, and how you can work with your child's school to get your child back to school.*

**LEARN:**        **Register for the Workshop by scanning the QR code**



**Or use the registration link:**

**[https://calendly.com/carol\\_silva/school-refusal?month=2026-10&date=2026-10-22](https://calendly.com/carol_silva/school-refusal?month=2026-10&date=2026-10-22)**

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**SHARE:**        **Join the SEPAC Parent Discussion**

**Tuesday, October 27, 2026**

**6:30 – 7:30 PM**

**Zoom Meeting ID: 869 8725 4504**

**Passcode: NRSDSEPAC**

## CONNECT

***Attendance at the workshop is not required to join the discussion.***

*Come share your questions, experiences, ideas and resources with other Nashoba parents.*

