


# NORTH RIDGE ELEMENTARY

## WAVERLY-SHELL ROCK CSD

**NOVEMBER 2026 NEWSLETTER**

## CONTACT US!

**North Ridge Elementary**
101 North Ridge Parkway,
Waverly, Iowa 50677

## SCHOOL HOURS:

**8:00 am–3:00 pm** (Monday, Tuesday, Thursday & Friday)
**8:00 am1:50 pm** (Wednesday)

## WE'RE ONLINE!

Like and follow our *North Ridge Elementary Facebook page* (or search "North Ridge Elementary School").

## PARENT GROUP APPRECIATION

Don't forget to follow the North Ridge Elementary Parent Group on Facebook!

## STAY IN THE LOOP

Please check the W-SR centralized location for extracurricular events for all elementary students. We encourage you to periodically visit ***WSR Community Flyers*** for updates on upcoming events, including athletics and other community activities.

## A NOTE FROM YOUR PRINCIPAL!

*Dear North Ridge Elementary Families,*
We had a great month of October at North Ridge Elementary! Our students and staff were busy learning, exploring, and celebrating together.




**October Highlights**
Our students engaged in incredible hands-on learning experiences across all grade levels this past month:

- **Fire Safety & Prevention:** In honor of National Fire Prevention and Safety Month, our local Waverly Fire Department visited North Ridge to teach our students essential fire safety skills.
- **Kindergarten Trip:** Our kindergarten students visited Heartland Farms for a fun fall outdoor learning experience.
- **3rd Grade Healthy Partners:** 3rd graders visited the Waverly Health Care Center as part of our Healthy Partners Program, connecting with local community members.
- **4th Grade Trip:** Our 4th graders traveled to the Gallagher Bluedorn Performing Arts Center in Cedar Falls for a wonderful performance learning all about science.
- **VIP Days:** Thank you to all the VIPs who visited North Ridge and made the VIP Days so memorable for our students! We look forward to hosting another VIP Day during the second half of the school year.
- **Halloween Parties:** We also wrapped up the month celebrating with classroom Halloween parties filled with treats and fun.

**New Literacy Curriculum in Action**
Our students are really enjoying our new literacy curriculum! Across all grade levels, students are diving into exciting new topics while building strong reading skills. A favorite at the end of each unit is the culminating activity. An example of this was in 2nd grade where classes finished a unit on Ancient Greece, which was capped off with a "Potato Olympics" hosted by our 2nd grade teachers.

**Important November Dates & Events**

As we look ahead into November, please mark your calendars for these upcoming events:

**Student-Led Veterans Day Assembly (Nov. 11):** We are excited to host a student-led assembly to honor our Veterans. Each student is welcome to invite a Veteran to attend. Families can RSVP to Ms. Michelle.

**Fall Parent-Teacher Conferences (Nov. 19 & Nov. 23):** We look forward to meeting with all of our parents to discuss student progress.

**Scholastic Book Fair:** Hosted at the school during Fall Conferences; stop by to browse and support our school library!

**Food Drive:** Our Service Learning Team is partnering with the local food bank to host a food drive at North Ridge. Participation is open to all who wish to donate. The food drive will take place from Nov. 9–19.

**Thanksgiving Break (Nov. 25 – Nov. 27):** No School for students and staff.

**Leader in Me: October Students of the Month**

***Congratulations to our latest Leader in Me Students of the Month!*** These students have shown outstanding leadership, responsibility and character:

**Mr. Wurth:** Baylor Sperfslage, Brecken Schrage
**Mrs. Willms:** Trigg Steege, Brielle Leisinger
**Mrs. Braley:** Natalie O'Brien, Rheagan Reid
**Mrs. Nuss:** Eisley Eick, Jordan Mullen
**Mrs. McCaslin:** Avalon Busch, Jabari Mathews
**Mrs. Troyer:** Lenyx Fundermann, Sterling Reid
**Mrs. Tucker:** Milly Wedeking, Theo Gulick
**Mrs. Larimer:** Cash Miller, Mayeva Neuendorf
**Mrs. Uhlenhake:** Justin Brown, Reagan Riley
**Ms. Hoth:** Violet Kahler, Aria Bluhm
**Mrs. Buttjer:** Kylie Freese, Kaden Marler
**Mrs. Elsamiller:** Adalee Luck, Zander McCaw
**Mrs. Holst:** Claire McCaslin, Hudson Lee
**Ms. Bagnall:** Alaina Rewerts, Rowyn Benning
**Ms. Thorn:** Mara Gott, Henry Boevers
**Mrs. Carignan:** Noah Gobeli, Rory Froehner
**Mrs. Amundson:** Henry McCaslin, Elise Yoder

**North Ridge Parent Group**

Thank you to the North Ridge Parent Group for purchasing the cookies for our VIP Days at North Ridge! Thank you to Store Manager-Beau Van Gelder from the Waverly Hy-Vee for supplying the cookies and delivering them to the school! Any parent who would like to support and help the students and staff at North Ridge are welcome to join the North Ridge Elementary Parent Group. **The next parent group meeting will be November 5 from 6:00-7:00 pm.**

## SPOTLIGHT ON STAFF: 3RD & 4TH GRADE TEACHERS

***We have outstanding educators at North Ridge, and this month, I would like to highlight our 3rd and 4th grade teachers!***



**Becca Elsamiller | 3rd Grade**

Now in her 23rd year of teaching and 9th year in third grade, Becca loves this age group's balance of growing independence and genuine enthusiasm for learning. She finds it deeply rewarding to watch her students' confidence and skills blossom as they work toward end-of-year milestones. At home, Becca and her husband, Jon, live on an acreage outside Waverly with their five children, Abby, Jack, James, Joe and Anna, and love taking family trips to national parks.



**Debbie Holst | 3rd Grade**

Debbie brings 32 years of classroom experience, including 24 years at W-SR and 23 in third grade. For Debbie, nothing beats seeing the "lightbulb moment" when a student masters a brand-new skill. Education runs deep in her family, alongside her grandmother, father, husband and son, who are all teachers. Outside of school, she and her husband, Joel, enjoy golfing, kayaking and hiking with their two sons, McClain and Ripken.



**Angie Buttjer | 3rd Grade**

Angie has spent six years teaching at W-SR, the last three with third graders. She loves how eager her students are to explore new ideas, and she especially enjoys seeing their academic confidence take off in the second half of the school year. Angie lives just outside of town with her husband, Jeff, their two sons, Connor and Bode, and their two dogs, Izzy and Jersey.



**Rebecca Bagnall | 3rd Grade**
In her 9th year of teaching and second year at W-SR, Rebecca has taught kindergarten, third and fourth grade. She appreciates her students' curiosity and loves watching each new class bond into a close-knit school family. Rebecca is a proud mom of four, her oldest teaches art in Clarksville, her daughter attends the University of Iowa and her two youngest are in middle school, along with Daisy, her 12-year-old black lab.



**Christy Amundson | 4th Grade**
With 14 years of teaching experience, including five at W-SR across grades K, 1, 3 and 4, Christy loves bringing history to life for her students, especially when exploring the Middle Ages. She enjoys helping fourth graders step up as leaders to prepare for the leap to middle school. Outside the classroom, Christy and her husband stay busy with their three boys, spending time outdoors and traveling to visit family.



**Stacy Carignan | 4th Grade**
Stacy is celebrating her 20th year at W-SR and 21st year in education. She loves guiding fourth graders through more advanced concepts and celebrating every accomplishment along the way. Stacy is an avid traveler who has visited 17 countries with her husband, and she loves spending time with her granddaughter in Milwaukee.



**Jessa Thorn | 4th Grade**
Jessa has spent all nine years of her teaching career in fourth grade, with the last seven at W-SR. She is deeply invested in the school community, serving as an assistant coach for the W-SR high school girls soccer team. Jessa and her family live in Waverly with their two-year-old daughter, are eagerly anticipating the arrival of a baby girl in March and love spending time outside with friends and family.

***Have a great month of November, and please reach out to me at any time if you have questions, or need any help.***

*-Mr. Parker* North Ridge Elementary Principal

***Go, Go-Hawks!***

## IMPORTANT DATES

**Nov. 4:** **Conference Scheduler Opens 9:00 am**

**Nov. 5:** **Parent Group Meeting 6:00 pm**

**Nov. 11:** **Veteran's Day**

**Nov. 19:** **Early Dismissal 12:50 pm**
**Parent/Teacher Conferences 1:00 - 7:30 pm**
**Book Fair 1:00 - 7:30 pm**

**Nov. 23:** **Early Dismissal - 1:50 pm**
**Parent/Teacher Conferences 3:00 - 7:30 pm**
**Book Fair 3:00 - 7:30 pm**

**Nov. 25–27:** **No School - Thanksgiving Break**



SCHOLASTIC

# WE'RE HAVING A BOOK FAIR!




## 11/16 - 11/20

NORTH RIDGE ELEMENTARY
101 N RIDGE PKWY
WAVERLY, IA 50677

**The Scholastic Book Fair is coming to our school!** Get ready for the newest gotta-read books, bestselling series, and favorite characters that students love. Plus, every purchase supports our school. We can't wait to have you join us for the Best. Week. Ever!

***Online shopping*** **is available November 16-November 29.**

# Prepare for the Fair

**Students shop cash-free with eWallet**

- New! eWallets remain from year to year
- New! Transfer funds between children
- Share with family and friends

Get Started

SHARE THE FAIR SCHOLASTIC

**No kid should leave the Fair empty-handed**

Contribute to Share the Fair, the giving program that benefits students at our school who need help buying new books.

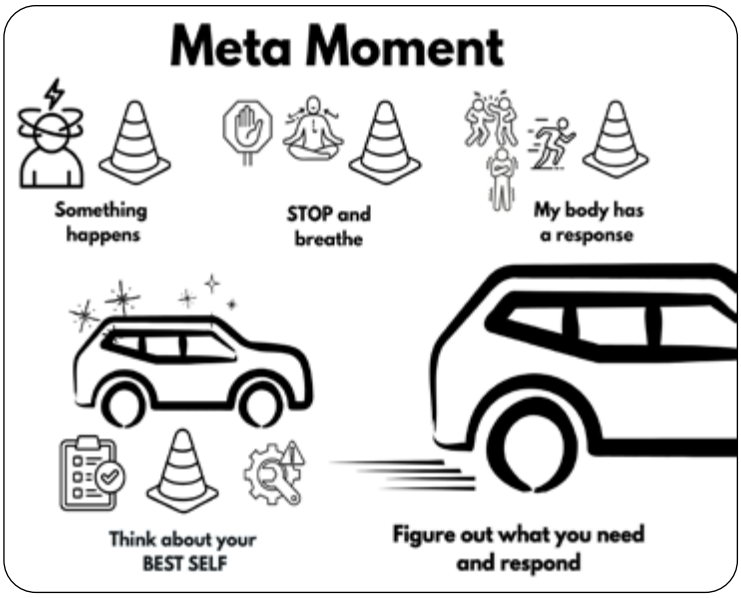
Give Now

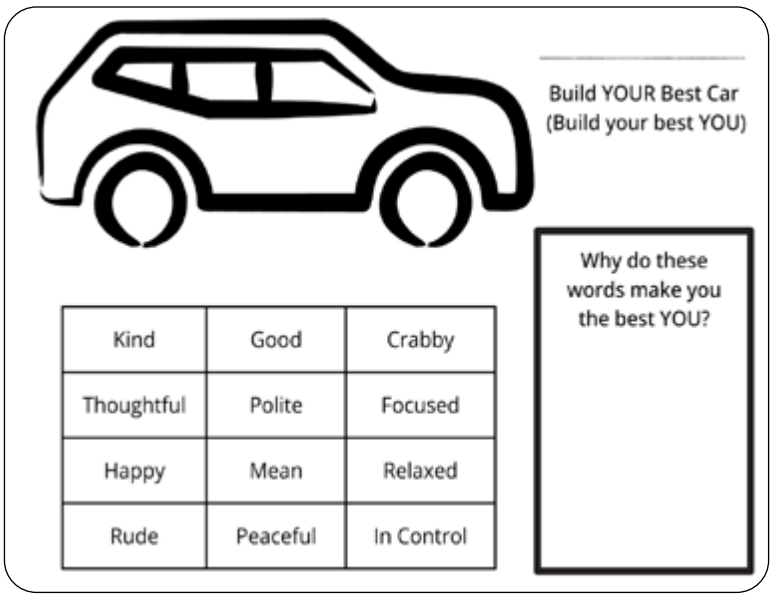
# SOCIAL EMOTIONAL SKILLS UPDATE

In November students will be working through a "Meta Moment." When their amygdala sends out an alarm, it is important to take a moment to breathe and think about how the body is responding (name it to tame it). The exceptional thing about the "Meta Moment" is to think about your "best self." What do I look like at my best? What do I sound like at my best? What do I say and do when I'm at my best? Mid-November look for a paper to come home that looks like the following images. Ask your students about their "best self" and what you can do to help them build on the human you want them to be.



Every student in the building made a piece of the mood meter installation in their library to encourage each other to "name it to tame it."




# HOLIDAY SHOPPE

If your family needs support providing gifts for your children this holiday season,
**RSVP by Nov.15 at**
**www.wsrunitedway.org/holidayshoppe**
Call (319) 352-2582 if you do not have Internet access

**December 7, 2026**

The Holiday Shoppe provides families in need in Bremer County & Shell Rock with the opportunity to "shop" to select toys/gift items for their children under the age of 18. There is no cost for families to participate in the Holiday Shoppe.

Waverly-Shell Rock Area
UNITED WAY

DONATE TO HOLIDAY SHOPPE
www.wsrunitedway.org/holidayshoppe

# FOOD DRIVE

## North Ridge Elementary

## November 9th – 19th

We are collecting items for the

# LOCAL FOOD BANK

### ITEMS YOU CAN MAKE A MEAL AROUND




(Hamburger helper, pizza sauce and crust, macaroni and cheese, soup)

### CRACKERS




- Saltines
- Ritz-style
- Graham crackers
- Other crackers

### PEANUT BUTTER AND JELLY




### OTHER IDEAS:




- Taco shells and taco seasoning




- Pancake mix and syrup



- Toilet paper




- Applesauce

and more!

NORTH RIDGE ELEMENTARY

# VETERANS DAY ASSEMBLY



**NOVEMBER 11th** ★ **1:00 PM**

**NORTH RIDGE ELEMENTARY GYMNASIUM**

**EVERYONE AT NORTH RIDGE ELEMENTARY WOULD LIKE TO THANK ALL VETERANS FOR THEIR SERVICE TO OUR COUNTRY!**

We invite any of our North Ridge Elementary students to invite a Veteran in their life to our special assembly.



## Cookie & Drink Reception



We plan to have 15-20 minutes following the assembly where the student and their special guest can have a cookie and drink in our school commons.

**PLEASE RSVP BY NOVEMBER 3rd**

To: Michelle.Holmgaard@wsr.k12.ia.us

*To all those who have served, and those who continue to serve—Happy Veterans Day!*

North Ridge Elementary

# PARENT GROUP

## Ways to get involved!

**Sign-ups to be On the Look-out for!**

- Room Parent
- Popcorn Friday helpers
- Homecoming Spirit Wear
- Monthly Staff Treats
- Rock the Hawk help
- McTeachers Night
- Conference Meals
- Christmas Book Wrapping
- Candy Gram Sorting
- Teacher Appreciation Help
- School Dance
- Field Day
- Silly String Day helpers
- AND MORE....

## Why Join?!

- STAY INFORMED
- CONNECT WITH PARENTS
- MAKE YOUR VOICE HEARD
- SHARE YOUR IDEAS
- BE A POSITIVE ROLE MODEL
- HELP SUPPORT YOUR CHILD
- **BUILD A STRONGER SCHOOL!**

WE NEED you!

**Room Parent Sign-Up**

**Contact Us & Follow on Facebook!**

https://www.facebook.com/NorthRidgeParentGroup

NORTHEAST IOWA FOOD BANK

WWW.NEIFB.ORG

# BACKPACK PROGRAM

## Waverly-Shell Rock Schools

Join our Backpack Program, which supplies food for students and families throughout every weekend in the academic year. Food is provided through the Northeast Iowa Food Bank and will be distributed to students every Friday at no cost. Students will pick up food bags from the front office on Fridays.

**Google Form Sign Up**



**Benefits**

- ANY STUDENT ENROLLED IN THE DISTRICT CAN RECEIVE A FOOD BAG
- STUDENTS ELIGIBLE FROM K-12
- EASY SIGN-UP
- NO INCOME INFORMATION NEEDED
- PROVIDES NUTRITIOUS AND EASY TO PREPARE FOOD ITEMS

## Information Contact

If there are any questions or if you need help signing up, please contact:

**Erin Hubbard**

**erin.hubbard@wsr.k12.ia.us**

# '27 NORTH RIDGE PERFORMANCES

## Save the Date

**GRADE 3 & 4 ROCK THE HAWK**
**JANUARY 26, 7:00 PM**

**ALL DISTRICT KINDERGARTEN**
**APRIL 12, 6:00 PM**

**GRADE 1 & 2 ROCK THE HAWK**
**APRIL 13, 5:30 PM**




## Dressing for the Weather

Students need to wear jackets outside if it is less than 60 degrees.

Hats and gloves are required when the temperature is less than 40 degrees.

Hy-Vee

Cedar Falls | Waterloo | Waverly

# Cash 4 Students

Follow us and Like us on Facebook for program details & family events

## Collect Hy-Vee receipts for your school of choice
## May 31st , 2026 through April 17th , 2027

## What's the scoop?

Area schools and child care facilities are encouraged to collect select Cedar Falls, Waterloo, or Waverly Hy-Vee receipts and we will give back $1 for every $250 in receipts submitted!

Receipts for this year's program must be from the Cedar Falls, Waterloo or Waverly Hy-Vee food stores or gas stations and must be dated May 31, 2026 through April 17, 2027. Organizations must earn a minimum $50 donation in order to be eligible.

Each school has their own method(s) on how they choose to collect and total receipts. Feel free to adopt your own plan for your organization, and don't hesitate to contact Marcela Bedore for ideas or any questions. Organizations must register for the 2026-2027 program year by completing and submitting the Registration Form. Throughout the program year, organizations must total receipts, fill out the Redemption Form and submit receipts at each of three submission dates in order to qualify for the final donation. Checks will be cut, with the total donation value, at the end of the program in May 2027.

**Some limitations do apply.** The program does not include any alcohol, tobacco, postage stamps, lottery tickets, money orders, money transfers, amusement or entertainment tickets, returned check service fees, or items prohibited by law. We ask that you do subtract any of these items from your totals or do not include receipts that contain only these items. We have listed some examples of qualifying and non-qualifying receipts on the back page. If you have any questions, please contact Marcela Bedore.

***REMINDER!*** We will have 2 turn-in dates this school year. Organizations must turn in their current totals on each date to qualify for the program. This is necessary on our end for accounting purposes.

Please complete the attached redemption form and turn totaled receipts into any area Hy-Vee store.
1st submission due by: December 18, 2026
**2nd submission due by: April 23, 2027**

Marcela Bedore | (319) 234-7523 | 1866managermailgroup@hy-vee.com

# A MESSAGE FROM MRS. POPPE, SCHOOL COUNSELOR

# PERSEVERANCE

## Family Newsletter

PurposeFULL People

## Perseverance Overview

This month is all about Perseverance. One way to think about Perseverance is "pushing yourself through challenges and obstacles." We all experience challenges in our lives. We all have moments when we feel like we can't do it or that we want to give up on a big task. It is important to develop tools that help us work through those challenges in order to grow in those moments instead of giving up. How might you practice Perseverance as a family this month?

Perseverance is 1 of 3 traits we will focus on throughout the year that helps students **Be Strong**. Across grade levels, students will be developing skills like focusing, organizing, and goal-setting.

## Conversation Starters



- Can you share or show what it means to have Perseverance?
- When working towards goals, how does Perseverance help us to reach them?

## PurposeFull Pursuits

*Have some fun connecting as a family this month while practicing Perseverance. Here are 2 "PurposeFull Pursuits" you can complete together!*

**#1**

Consistency is hard. Have each person in the family commit to 1 thing they will do each day this week. Maybe it is flossing, drinking a certain amount of water, getting to bed at a certain time, limiting screen time, or exercising. Create a place where each person can tally their progress and see who can keep their streak going the longest!



**#2**

*Review Perseverance as a family! Remember that Perseverance is pushing yourself to work through challenges and obstacles.*
**Here's a fun challenge:** Can you fit your whole body through an index card? While it sounds impossible, with the correct folding and cutting technique, you can make it happen! Give each family member a 4x6 index card and a pair of scissors. Ready for the answer? You can find the directions and solution online by searching: "Fit Your Body Through an Index Card."

# NURSES NOTES

## November




### HELLO FRIENDS!

November is a wonderful time to slow down, spend time with loved ones and reflect on the many things we're thankful for. What are you thankful for this year?

-Nurse Robbins

### Gratitude & Kindness

November is a wonderful time to practice gratitude and kindness. These simple habits don't just make others feel good, they can also improve a child's mental and emotional well-being.

Children who regularly express gratitude often have a more positive outlook, build stronger friendships and learn healthy ways to manage stress. Parents can encourage gratitude with small, everyday moments. At dinner or bedtime, ask each family member to share one thing they are thankful for that day. Encourage your child to notice acts of kindness, say "thank you," write a note to someone special or help a neighbor.

When children see kindness modeled at home, they are more likely to show it to others. Small acts of kindness can have a big impact and help create happier homes, classrooms and communities.

### Family Kindness Challenge

Complete as many acts of kindness as you can this month!

- ☐ Say "thank you" to someone.
- ☐ Help a classmate or sibling.
- ☐ Write a kind note or draw a picture.
- ☐ Give someone a compliment.
- ☐ Share with a friend.
- ☐ Help with a chore without being asked.
- ☐ Tell someone you're thankful for them.
- ☐ Make someone smile today.

### did you know?

School-age children need **9–12 hours** of sleep every night for healthy growth, learning and emotional well-being.

### IT'S OK TO ASK FOR HELP

If your child is struggling with anxiety, stress, sadness or big emotions, Waverly Health Center's behavioral health team is here to support children, teens and families. Talk to your or doctor about a referral.

**CHRISTOPHEL CLINIC**
(319) 483-1390
Samantha Wolff, PMHNP-BC

**SHELL ROCK CLINIC**
(319) 885-6530
Abby Nieman PMHNP-BC

**WOMEN'S CLINIC**
(319) 483-4074
Dr. Ann Rathe
Holly Wardlow, LISW

### CONTACT ME!

**Jaime Robbins, RN**
**jaime.robbins@wsr.k12.ia.us**

The Nurse's Notes are prepared in partnership with the Community Relations Department at WAVERLY HEALTH CENTER

BREAKFAST

# NOVEMBER 2026

Waverly-Shell Rock Elementary

**Cereal bar and cereal bowl offered as an entrée choice, daily*

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **2**<br>Cinni Mini<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | **3**<br>Blueberry Muffin<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | **4**<br>Chocolate Chip Muffin<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | **5**<br>Frosted Long John<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | **6**<br>Pancakes/Syrup<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk |
| **9**<br>Mini Donuts<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | **10**<br>English Muffin<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | **11**<br>Fruit & Yogurt Parfait/Granola<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | **12**<br>Cinnamon Breakfast Cake<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | **13**<br>Apple Cinnamon Pancake Bites<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk |
| **16**<br>Poptarts<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | **17**<br>Pumpkin Chocolate Chip Muffin<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | **18**<br>Cereal Bar or Bowl<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | **19**<br>Toast/ Hard Boiled Egg<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | **20**<br>Waffle Sticks<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk |
| **23**<br>Cinni Mini<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | **24**<br>Chocolate Chip Muffin<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | **25**<br>No School<br>Thanksgiving Break | **26**<br>No School<br>Thanksgiving Break | **27**<br>No School<br>Thanksgiving Break |
| **30**<br>Mini Donuts<br>String Cheese or Yogurt<br>Fruit & Fruit Juice<br>Milk | | | | |

LUNCH

# NOVEMBER 2026

Waverly-Shell Rock Elementary

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **2**<br>Cheeseburger/Bun<br>French Fries<br>Baked Beans<br>Peaches<br>Milk | **3**<br>French Toast Sticks<br>Sausage Links & Yogurt<br>Hash Brown<br>Celery<br>Strawberries and Bananas<br>Milk | **4**<br>Chicken Nuggets<br>Tea Roll<br>Mashed Potatoes /Gravy<br>Baby Carrots<br>Fruit Cocktail<br>Milk | **5**<br>French Bread Pepperoni Pizza<br>Green Beans<br>Romaine Salad/ Ranch<br>Pears<br>Milk | **6**<br>Breaded Chicken Patty/ Bun<br>Potato Smiles<br>Grape Tomatoes<br>Milk<br>Pineapple |
| **9**<br>Chicken Strips<br>Tea Roll<br>Sweet Potato Fries<br>Cucumber Slices<br>Apple Slices<br>Milk | **10**<br>Deli Croissant<br>Baked Beans<br>Strawberry Spinach Salad<br>Mixed Berry Cup<br>Chocolate Chip Cookie<br>Milk | **11**<br>Pizza Quesadilla<br>Green Beans<br>Green Bell Pepper Slices<br>Strawberry Applesauce<br>Milk | **12**<br>Chicken Tettrazini<br>Herb Tea Roll<br>Broccoli<br>Baby Carrots<br>Banana<br>Milk | **13**<br>Stuffed Crust Pepperoni Pizza<br>Corn<br>Fresh Cauliflower<br>Mandarin Oranges<br>Milk |
| **16**<br>Pizza Crunchers<br>Marinara<br>Peas<br>Baby Carrots<br>Pears<br>Milk | **17**<br>Pulled Pork/Bun<br>Baked Beans<br>Coleslaw<br>Grapes<br>Milk | **18**<br>Walking Taco<br>Refried Beans<br>Baby Carrots<br>Applesauce<br>Snickerdoodle Cookie<br>Milk | **19**<br>Popcorn Chicken<br>Tea Roll<br>Potato Wedges<br>Green Pepper Slices<br>Bananas<br>Milk | **20**<br>Hot Dog/Bun<br>Peas and Carrots<br>Fresh Broccoli<br>Dried Cherries<br>Milk<br>Chocolate Chip Cookie |
| **23**<br>Chicken Drumstick<br>Biscuit<br>Broccoli<br>Baby Carrots<br>Fruit Cocktail<br>Milk | **24**<br>Cheeseburger/Bun<br>French Fries<br>Baked Beans<br>Peaches<br>Milk | **25**<br>No School<br>Thanksgiving Break | **26**<br>No School<br>Thanksgiving Break | **27**<br>No School<br>Thanksgiving Break |
| **30**<br>Chicken Strips<br>Tea Roll<br>Sweet Potato Fries<br>Cucumber Slices<br>Apple Slices<br>Milk | | | | |