Sign Up For Fun Fall Programs With The Barkhamsted Recreation Department





Fall Karate 2026
(For Children and Adults)

Children's Program- Class 1
Thursdays, September 24, October 1, 8, 15, 29, November 5, 12, 10 and a back up date of December 3 for inclement weather.) the program will be held in the Barkhamsted Elementary School in the Gym or cafe from 6:00-6:45 p.m.
White Belts (Beginners ages 5 to 12)
Little Dragons-(ages 5 & 6)-Basic Karate skills, Basic Kata, target drills and exercise, simple self defense
Mighty Tigers (ages 7 & 8)-Stronger Karate basics and Kata, Stretching, exercise, target drills and self defense
Karate Rangers (ages 9-12)-Karate Basics, including kicking, kata, self-defense, exercise to level, target drills

Fee: $80.00 for the eight-week session (New-$5.00 discount for each additional family member that signs up) ***Note***New students are white belts and receive uniform
Fee includes: Belt and/or Stripe, Belt or Stripe Test and Certificate (Note: Promotion to higher belt levels will require multiple sessions)
Fall Karate Registration Link

Family/Teen and Adult Karate – Class 2
Thursdays, September 24, October 1, 8, 15, 29, November 5, 12, 10 and a back up date of December 3 for inclement weather.) Barkhamsted Elementary School in the Gym or Library from 7:00-7:45 p.m.) in the Gym or Library 7:00-7:45 p.m.
White Belts (Beginners ages 13 and up)-7:00 to 7:45 p.m.
Teen/Adults-(Ages 13 and up)-Kenpo Karate Forms and Self Defense Techniques, Basic kicking drills.
This is a great opportunity to learn karate with family members or solo.
$80.00 per 8 week sessions New-$5.00 discount for each additional family member that signs up for Karate!
NoteNew students are white belts and receive uniform
Please pre-register through this link- Fall Karate Registration Link

Halloween Sock Hop!



The Recreation Department's Annual Sock Hop will be held on Friday, October 30 from 5:00-7:00 p.m. Join us for this annual family event, with music and fun at the Peoples State Forest Pavilion- $6.00 fee per person will be collected on-site. All participants must pre-register and children must be accompanied by an adult family member at all times. There will be quality gift card costume contest prizes for adults, children and families! Parents and caregivers, please dress up too! Be ready for some Halloween Fun and dance the night away! We will have lots of fun! Please bring flashlights or headlamps as it will be dark towards the end of the dance going back to cars or when using the port-o-potties. Everyone must pre-register from this link- Halloween Sock Hop Registration Link

Before Thanksgiving Holiday Hike with Hot Apple Cider, Hot Chocolate and Cookies! (Fun for the whole family)



Join us as we hike up to the beautiful Beaver Brook Marsh Boardwalk trail in Peoples State Forest at 1 p.m. on Saturday, November 21. Get ready for the Thanksgiving holiday by spending time with

friends, exercising and enjoying our beautiful forest surrounded by the beautiful Wild and Scenic Farmington River as we hike to the Beaver Brook Boardwalk Marsh Trail and enjoy a fun afternoon. Please dress appropriately with proper gear. This will be a moderately strenuous hike but well worth it. It will be held rain or shine! Families are welcome. We will also enjoy a "Pot Luck" snack together as we take a break at the beautiful Boardwalk and at the end of the hike. Please bring water and your favorite "pot luck" snack. We will also provide individually packaged desserts and hot chocolate/cider. Please Register by Monday, November 16 from this link- Thankgiving Hike link This hike will be led jointly by the Barkhamsted Recreation Department, Farmington River Steward and FALPS. Please meet at the parking area on East River Road at bottom of Greenwoods Road (near the gate) (The road that leads up to the Stone Museum) at 1 p.m. on Saturday, November 21. (**Note-it is hunting season, if you can wear orange or a bright colored jacket it is recommended)** Depending on the group size/level of difficulty we may split up into two groups and have a few different options for length of the hike/walk.) (The full hike will be approximately 3.5-4 miles)



Fall/Winter Pickleball Session 2025/2026

Fall Pickleball Free Demo Night will be held on Wednesday, November 19 from 6:00-9:00 p.m. in the Barkhamsted Elementary School gym. Come down and check out what the fun is all about! Please wear sneakers and bring a Paddle if you have one. Players from the past sessions are encouraged to come and help the new players enjoy the sport that night and also get some play time on the courts before our fall/winter session begins. Participants can also register that night for fall program. The demo night is FREE!

It is time to get off the couch and join us for the very fun and new Pickleball Fall/Winter Session. All levels and abilities are welcome. This fun sport combines many elements of tennis, badminton and ping-pong. You will get great exercise and have a blast.

Day-Wednesdays

Location-Barkhamsted Elementary School Gym

Time-6:00-9:00 p.m. (this program is for adults **(high school students are also welcome)**

Dates- November 18th-Free Demo Night from 6:00-9:00 p.m.

November 18, December 2, 9, 16, January 6, 13, 20, 27, Feb. 3, Feb. 10 and back up snow date Feb. 17 (New 10 week session this year!!)

Please pre-register through this link- Pickleball link

Fee: $20.00 for residents, $25.00 for non-residents (no pro-rations) Pre-registration is required. Registration deadline is November 19h at Demo night. Please bring your own paddle and wear sneakers. Please mail your registration to The Barkhamsted Recreation Department- Attention Donna Bastrzycki- Recreation Director 67 Ripley Hill Road, Pleasant Valley, CT 06063 or bring your payment to the Free Demo night on Wed. November 19, 2025

To learn more about Pickleball visit- https://www.pickleballcentral.com/Pickleball_Videos_s/204.htm

Mark Your Calendars!

Barkhamsted Rec. Ski Program 2027



Children in Grades 3-6 will enjoy a fun night of skiing at Ski Sundown with the Barkhamsted Recreation Dept! All registration forms must be completed and paid for by **Friday, October 23** (Please register on time to help ensure a safe and fun program. Important-The program requires one total check by the town to be made out to Sundown. All registrations must be complete by 10/24/2025 in order for everything to be submitted to Ski Sundown on time. **Chaperones and volunteers are essential in order for this program to be possible. We ask again this year parents ski with their children if possible and children must be accompanied by a parent/caregiver/helper while at Sundown.** Please email Donna Bastrzycki at barkhamstedrec@barkhamsted.us if you can also help out as a volunteer or chaperone by Wed. November 18

Where: Ski Sundown **Age Group**: 3rd - 6th graders

When: Wednesday afternoon for 5 weeks (after school) (January 6, 13, 20, 27, Feb. 3 backup day will be Feb. 10 if needed. We will add on weeks if School is canceled or there is an early release from school.) (If there is no school or an early release then we will not have the Ski program that day and the program will be extended) **Forms will be given to each child in grades 3-6 the week of September 21 with pricing.**

Time: 4:00 till 7:00 (with one hour lessons starting AT 5:00 p.m.)

ANY LATE REGISTRATIONS AFTER October 24 will have to be added on at Ski Sundown and there is an additional $25.00 late fee paid directly to Ski Sundown and $5.00 late fee to The Town of Barkhansted. There are NO guarantees that space will be available after the deadline. Last year they did not accept registrations after the deadline P **Ski Sundown asked us to have a firm deadline with not many add or changes. Please be sure to carefully fill out your child's form with their Ski Level and info.** ***Helmets are required!** Please mark and label your children's skis and equipment. Locks are strongly recommended. (Prices below include bus and snacks on the last night) **All Parents and Children must attend the on-line the Ski Sundown Safety Meeting**

Fee: Lesson and Lift + bus: $405.00 Lift Only + bus: $265.00

Pass Holder Lesson + bus: $250.00 Equipment Rental: $151.00 (this is in addition to the ski prices- either lesson, lift and bus, Pass holder lesson and bus or Lift only and bus.) Pricing will be updated after the Ski Club meeting the second week of September and all forms with pricing will be sent to the school.

(Parents/Caregivers drive their children home from Ski Sundown. Parents/Caregivers are encouraged to attend each of the weeks and ski or help watch their children ski outside/ Please consider this is an outdoor focused program before registering. You can register at the Halloween Sock Hop and bring all of your paper work and check there if you wish!)

Please make checks out to the Town of Barkhamsted and fill out the both the Recreation Department Registration form and Ski Sundown Forms completely

Please note for all programs that are held in the Barkhamsted Elementary School, If there is no school or an early release then we will not have the program that day and the program will be extended if possible) The Halloween Dance will be held rain or shine. Once you are registered, you will be on the guest list!
Please register before the deadline for all programs to help ensure safety and your spot. Forms can be either mailed or dropped off at the outside mailbox at Barkhamsted Town Hall-67 Ripley Hill Road-Barkhamsted, CT 06063 **Mark Your Calendars- Christmas in Riverton will be December 4-6, 2026**