



# OMS – OCTOBER MENU



| Monday                                                                                                  | Tuesday                                                                                                                            | Wednesday                                                                                  | Thursday                                                                                                | Friday                                                                                              |
|---------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
|                                                                                                         |                                                                                                                                    |                                                                                            | <b>1</b><br>Popcorn Chicken<br>Mashed Potatoes<br>with Gravy<br>Biscuit<br>Baby Carrots<br>Strawberries | <b>2</b><br>Calzone with<br>Marinara<br>Italian Vegetables<br>Salad<br>Mixed Fruit                  |
| <b>5</b><br>Breaded Pork<br>Tenderloin on Bun<br>Baked Beans<br>Fresh Vegetables<br>Applesauce          | <b>6</b><br>Garlic Cheese<br>French Bread Pizza<br>with Marinara<br>Green Beans<br>Romaine Lettuce<br>with Tomatoes<br>Grape Juice | <b>7</b><br>Crispitos<br>Corn<br>Salad<br>Tropical Fruit                                   | <b>8</b><br>Ham and Cheese<br>on Croissant<br>Cucumbers<br>Potato Salad<br>Peaches                      | <b>9</b><br>PB&J Uncrustable<br>Baby Carrots<br>Paradise Punch<br>Sliced Apples                     |
| <b>12</b><br>Mandarin Orange<br>Chicken over Rice<br>Stir Fry Vegetables<br>Dragon Punch<br>Pineapple   | <b>13</b><br>Walking Tacos<br>Refried Beans<br>Vegetables with<br>Dip<br>Pears                                                     | <b>14</b><br>Mini Corndogs<br>Potato Smiles<br>Cucumbers<br>Cherry Applesauce              | <b>15</b><br>Spaghetti<br>Garlic Toast<br>Green Beans<br>Salad<br>Mixed Fruit                           | <b>16</b><br>Pulled Pork<br>Sandwich on Bun<br>Baked Potato<br>Coleslaw<br>Orange                   |
| <b>19</b><br>Chicken Nuggets<br>Mashed Potatoes<br>with Gravy<br>Dinner Roll<br>Baby Carrots<br>Peaches | <b>20</b><br>Hamburger on Bun<br>Tater Tot<br>Celery with Dip<br>Cinnamon<br>Applesauce                                            | <b>21</b><br>Bosco Sticks<br>with Marinara<br>Cooked Carrots<br>Broccoli with Dip<br>Pears | <b>22</b><br>Tacos<br>Refried Beans<br>Sidekick<br>Fruit Cup                                            | <b>23</b><br><b>No School</b>                                                                       |
| <b>26</b><br>Mini Pancakes<br>Yogurt<br>Hashbrowns<br>Wango Mango<br>Juice<br>Mixed Berries             | <b>27</b><br>Chicken Fajitas<br>Corn<br>Fiesta Beans<br>Tropical Fruit                                                             | <b>28</b><br>Pizza<br>Peas<br>Salad<br>Fruit Punch                                         | <b>29</b><br>Pretzel Dog<br>Sweet Potato Fries<br>Ants on a Log<br>Sliced Apples<br>with Caramel        | <b>30</b><br>Breaded Chicken<br>Sandwich on Bun<br>Broccoli and<br>Cheese<br>Cucumbers<br>Fruit Cup |

\*Lunch Prices: Student \$3.75 (includes milk), Reduced price \$.40, Adult \$4.75

À la carte Options: Milk \$.50, Main Entree \$2.50, Fruit/Vegetable \$1.00, Water/Juice \$.75, Snack/Ice Cream \$1.00, Cookies \$.75

\*\* Menu subject to change due to availability