

September 2026

West Wendover Elementary
Lunch K-8

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

1

Lunch

- Carne Asada
- Crinkle Cut French Fries
- Shredded Cheddar Cheese
- Dinner Roll
- Black Beans with Cilantro
- Cheese Quesadilla
- Italian Chopped Salad
- Light Ranch Dressing
- Fresh Orange
- Chilled Mixed Fruit
- Fresh Chopped Romaine
- Baby Carrots & Celery Sticks
- Fresh Tomato Wedges
- Fresh Broccoli Florets
- Chocolate Low Fat Milk
- Low Fat Milk

2

Lunch

- Chicken and Vegetable Dumplings
- Asian Brown Rice
- Steamed Carrot & Broccoli Medley
- Toasty Cheese Sandwich
- Build Your Own Pizza Fun Lunch
- Fresh Red Delicious Apple
- Chilled Peaches
- Fresh Chopped Romaine
- Carrot & Celery Sticks
- Fresh Tomato Wedges
- Sliced Cucumbers
- Light Ranch Dressing
- Chocolate Low Fat Milk
- Low Fat Milk

3

Lunch

- Goulash
- Corn
- Classic Cheese Pizza
- Traditional Pepperoni Pizza
- Southwest Chicken Salad with Cheese
- Southwest Ranch Dressing
- Tortilla Chips
- Fresh Banana
- Chilled Diced Pears
- Fresh Chopped Romaine
- Baby Carrots & Celery Sticks
- Fresh Tomato Wedges
- Fresh Broccoli Florets
- Light Ranch Dressing
- Chocolate Low Fat Milk
- Low Fat Milk

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7

8

Lunch

- Beef Nachos
- Corn
- Bean Burrito
- Taco Sauce
- Chicken & Apple-Cheddar Salad
- Sweet Mustard Dressing
- Croutons
- Fresh Orange
- Chilled Mixed Fruit
- Fresh Chopped Romaine
- Baby Carrots & Celery Sticks
- Fresh Tomato Wedges
- Fresh Broccoli Florets
- Light Ranch Dressing
- Chocolate Low Fat Milk
- Low Fat Milk

9

Lunch

- Lo Mein Noodles with Chicken
- Glazed Carrots
- Cheese Stuffed Breadsticks
- Marinara Sauce
- Build Your Own Pizza Fun Lunch
- Fresh Red Delicious Apple
- Chilled Peaches
- Fresh Chopped Romaine
- Carrot & Celery Sticks
- Fresh Tomato Wedges
- Sliced Cucumbers
- Light Ranch Dressing
- Chocolate Low Fat Milk
- Low Fat Milk

10

Lunch

- Popcorn Chicken
- Dinner Roll
- Barbecue Sauce
- BBQ Baked Beans
- Classic Cheese Pizza
- Traditional Pepperoni Pizza
- Chicken Taco Salad
- Southwest Ranch Dressing
- Fresh Banana
- Chilled Diced Pears
- Fresh Chopped Romaine
- Baby Carrots & Celery Sticks
- Fresh Tomato Wedges
- Fresh Broccoli Florets
- Light Ranch Dressing
- Chocolate Low Fat Milk
- Low Fat Milk

14**Lunch**

- Macaroni and Cheese
- BBQ Baked Beans
- Breaded Chicken Drumstick
- Dinner Roll
- BBQ Chicken Salad
- Light Ranch Dressing
- Fresh Red Delicious Apple
- Chilled Peaches
- Fresh Chopped Romaine
- Carrot & Celery Sticks
- Fresh Tomato Wedges
- Sliced Cucumbers
- Chocolate Low Fat Milk
- Low Fat Milk

15**Lunch**

- Carne Asada
- Crinkle Cut French Fries
- Shredded Cheddar Cheese
- Dinner Roll
- Taco Sauce
- Mexican Style Pinto Beans
- Classic American Cheeseburger
- Ketchup Packet
- Jumbo Chicken Tender Sub
- Mayonnaise Light, 0.437 oz
- Fresh Orange
- Chilled Mixed Fruit
- Fresh Chopped Romaine
- Baby Carrots & Celery Sticks
- Fresh Tomato Wedges
- Fresh Broccoli Florets
- Light Ranch Dressing
- Chocolate Low Fat Milk
- Low Fat Milk

16**Lunch**

- Teriyaki Glazed Chicken
- Garlic Fried Rice (Sinangag)
- Steamed Carrot & Broccoli Medley
- Toasty Cheese Sandwich
- Ketchup Packet
- Turkey Ham & Cheddar Chef Salad
- Light Ranch Dressing
- Dinner Roll
- Fresh Red Delicious Apple
- Chilled Peaches
- Fresh Chopped Romaine
- Carrot & Celery Sticks
- Fresh Tomato Wedges
- Sliced Cucumbers
- Light Ranch Dressing
- Chocolate Low Fat Milk
- Low Fat Milk

17**Lunch**

- Popcorn Chicken
- Dinner Roll
- Tater Tots
- Classic Cheese Pizza
- Traditional Pepperoni Pizza
- Ketchup Packet
- Turkey & Cheese Sandwich
- Mayonnaise Light, 0.437 oz
- Fresh Banana
- Chilled Diced Pears
- Fresh Chopped Romaine
- Baby Carrots & Celery Sticks
- Fresh Tomato Wedges
- Fresh Broccoli Florets
- Light Ranch Dressing
- Chocolate Low Fat Milk
- Low Fat Milk

21**Lunch**

- BBQ Chicken TOTchos
- Dinner Roll
- Corn
- Classic American Cheeseburger
- Ketchup Packet
- Italian Chopped Salad
- Light Ranch Dressing
- Croutons
- Fresh Red Delicious Apple
- Chilled Peaches
- Fresh Chopped Romaine
- Carrot & Celery Sticks
- Fresh Tomato Wedges
- Sliced Cucumbers
- Chocolate Low Fat Milk
- Low Fat Milk

22**Lunch**

- Beefy Enchiladas
- Seasoned Black Beans
- Cheese Stuffed Breadsticks
- Marinara Sauce
- Turkey & Cheese on Flatbread
- Mayonnaise
- Fresh Orange
- Chilled Mixed Fruit
- Fresh Chopped Romaine
- Baby Carrots & Celery Sticks
- Fresh Tomato Wedges
- Fresh Broccoli Florets
- Light Ranch Dressing
- Chocolate Low Fat Milk
- Low Fat Milk

23**Lunch**

- Kung Pao Chicken
- Lo Mein Noodles
- Sesame Soy Roasted Carrots
- Toasted Pepperoni & Cheese
- Chicken Caesar Salad
- Creamy Caesar Dressing
- Croutons
- Fresh Red Delicious Apple
- Chilled Peaches
- Fresh Chopped Romaine
- Carrot & Celery Sticks
- Fresh Tomato Wedges
- Sliced Cucumbers
- Light Ranch Dressing
- Chocolate Low Fat Milk
- Low Fat Milk

24**Lunch**

- Breaded Chicken Drumstick
- Dinner Roll
- Peppered Biscuit Gravy
- Mashed Potatoes
- Classic Cheese Pizza
- Pepperoni Flatbread
- Chicken Buffalo Wrap
- Fresh Banana
- Chilled Diced Pears
- Fresh Chopped Romaine
- Baby Carrots & Celery Sticks
- Fresh Tomato Wedges
- Fresh Broccoli Florets
- Light Ranch Dressing
- Chocolate Low Fat Milk
- Low Fat Milk

28**Lunch**

- Sloppy Joe
- BBQ Baked Beans
- Classic Chicken Sandwich
- Barbecue Sauce
- Crinkle Cut French Fries
- Turkey, Turkey Ham & Cheese Croissant
- Mayonnaise
- Fresh Red Delicious Apple
- Chilled Peaches
- Fresh Chopped Romaine
- Carrot & Celery Sticks
- Fresh Tomato Wedges
- Sliced Cucumbers
- Light Ranch Dressing
- Chocolate Low Fat Milk
- Low Fat Milk

29**Lunch**

- Beef Hard Shell Tacos
- Shredded Cheddar Cheese
- Shredded Lettuce
- Black Beans with Cilantro
- Cheese Quesadilla
- Sunbutter & Grape Jelly Sandwich
- Fresh Orange
- Chilled Mixed Fruit
- Fresh Chopped Romaine
- Baby Carrots & Celery Sticks
- Fresh Tomato Wedges
- Fresh Broccoli Florets
- Chocolate Low Fat Milk
- Low Fat Milk

30**Lunch**

- Chicken and Vegetable Dumplings
- Asian Brown Rice
- Steamed Carrot & Broccoli Medley
- Toasty Cheese Sandwich
- Build Your Own Pizza Fun Lunch
- Fresh Red Delicious Apple
- Chilled Peaches
- Fresh Chopped Romaine
- Carrot & Celery Sticks
- Fresh Tomato Wedges
- Sliced Cucumbers
- Fat Free Ranch, 0.4375 oz
- Chocolate Low Fat Milk
- Low Fat Milk

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			1
			Lunch • Goulash • Corn • Classic Cheese Pizza • BBQ Chicken Flatbread • Southwest Chicken Salad with Cheese • Southwest Ranch Dressing • Tortilla Chips • Fresh Banana • Chilled Diced Pears • Fresh Chopped Romaine • Baby Carrots & Celery Sticks • Fresh Tomato Wedges • Fresh Broccoli Florets • Fat Free Ranch, 0.4375 oz • Chocolate Low Fat Milk • Low Fat Milk
5	6	7	8
Lunch • BBQ Chicken Sandwich • Crinkle Cut French Fries • Classic American Cheeseburger • Ketchup Packet • Jumbo Chicken Tender Sub • Mayonnaise • Fresh Red Delicious Apple • Chilled Peaches • Fresh Chopped Romaine • Carrot & Celery Sticks • Fresh Tomato Wedges • Sliced Cucumbers • Fat Free Ranch, 0.4375 oz • Chocolate Low Fat Milk • Low Fat Milk	Lunch • Beef Nachos • Corn • Bean Burrito • Taco Sauce • Chicken & Apple-Cheddar Salad • Sweet Mustard Dressing • Croutons • Fresh Orange • Chilled Mixed Fruit • Fresh Chopped Romaine • Baby Carrots & Celery Sticks • Fresh Tomato Wedges • Fresh Broccoli Florets • Fat Free Ranch, 0.4375 oz • Chocolate Low Fat Milk • Low Fat Milk	Lunch • Lo Mein Noodles with Chicken • Glazed Carrots • Cheesy Italian Pull Apart • Marinara Sauce • Build Your Own Pizza Fun Lunch • Fresh Red Delicious Apple • Chilled Peaches • Fresh Chopped Romaine • Carrot & Celery Sticks • Fresh Tomato Wedges • Sliced Cucumbers • Fat Free Ranch, 0.4375 oz • Chocolate Low Fat Milk • Low Fat Milk	Lunch • Popcorn Chicken • Dinner Roll • Barbecue Sauce • BBQ Baked Beans • Classic Cheese Pizza • Traditional Pepperoni Pizza • Chicken Taco Salad • Southwest Ranch Dressing • Fresh Banana • Chilled Diced Pears • Fresh Chopped Romaine • Baby Carrots & Celery Sticks • Fresh Tomato Wedges • Fresh Broccoli Florets • Fat Free Ranch, 0.4375 oz • Chocolate Low Fat Milk • Low Fat Milk

12 Lunch • Macaroni and Cheese • BBQ Baked Beans • Breaded Chicken Drumstick • Dinner Roll • BBQ Chicken Salad • Fat Free Ranch, 0.4375 oz • Fresh Red Delicious Apple • Chilled Peaches • Fresh Chopped Romaine • Carrot & Celery Sticks • Fresh Tomato Wedges • Sliced Cucumbers • Chocolate Low Fat Milk • Low Fat Milk	13 Lunch • Beef Hard Shell Tacos • Crinkle Cut French Fries • Shredded Cheddar Cheese • Dinner Roll • Taco Sauce • Mexican Style Pinto Beans • Classic American Cheeseburger • Ketchup Packet • Jumbo Chicken Tender Sub • Mayonnaise Light, 0.437 oz • Fresh Orange • Chilled Mixed Fruit • Fresh Chopped Romaine • Baby Carrots & Celery Sticks • Fresh Tomato Wedges • Fresh Broccoli Florets • Fat Free Ranch, 0.4375 oz • Chocolate Low Fat Milk • Low Fat Milk	14 Lunch • Teriyaki Glazed Chicken • Garlic Fried Rice (Sinangag) • Steamed Carrot & Broccoli Medley • Toasty Cheese Sandwich • Ketchup Packet • Turkey Ham & Cheddar Chef Salad • Light Ranch Dressing • Dinner Roll • Fresh Red Delicious Apple • Chilled Peaches • Fresh Chopped Romaine • Carrot & Celery Sticks • Fresh Tomato Wedges • Sliced Cucumbers • Fat Free Ranch, 0.4375 oz • Chocolate Low Fat Milk • Low Fat Milk	15 Lunch • Popcorn Chicken • Dinner Roll • Tater Tots • Chicken Meatball Pizza • Traditional Pepperoni Pizza • Ketchup Packet • Turkey & Cheese Sandwich • Mayonnaise Light, 0.437 oz • Fresh Banana • Chilled Diced Pears • Fresh Chopped Romaine • Baby Carrots & Celery Sticks • Fresh Tomato Wedges • Fresh Broccoli Florets • Fat Free Ranch, 0.4375 oz • Chocolate Low Fat Milk • Low Fat Milk
19	20	21	22
26	27	28	29

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