DECEMBER 2026

Ithaca City School District

BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
30 NYS Mini Quick Breads Yogurt and BeneFIT Bars Assorted Cereal	**1** Housemade Oatmeal Cup [V] Yogurt and BeneFIT Bars Assorted Cereal	**2** Tot and Egg Bake [GF] Yogurt and BeneFIT Bars Assorted Cereal	**3** Fruit Smoothie [GF] Yogurt and BeneFIT Bars Assorted Cereal	**4** Scrambled Eggs and Hash Browns [GF] Yogurt and BeneFIT Bars Assorted Cereal
7 Egg and Cheese Bagel Sandwich Yogurt and BeneFIT Bars Assorted Cereal	**8** Breakfast Oatmeal Round [V] Yogurt and BeneFIT Bars Assorted Cereal	**9** Whole-Grain Bagel and Cream Cheese Yogurt and BeneFIT Bars Assorted Cereal	**10** Housemade French Toast Yogurt and BeneFIT Bars Assorted Cereal	**11** Whole-Grain Fruit Muffin Yogurt and BeneFIT Bars Assorted Cereal
14 NYS Mini Quick Breads Yogurt and BeneFIT Bars Assorted Cereal	**15** Housemade Oatmeal Cup [V] Yogurt and BeneFIT Bars Assorted Cereal	**16** Tot and Egg Bake [GF] Yogurt and BeneFIT Bars Assorted Cereal	**17** Fruit Smoothie [GF] Yogurt and BeneFIT Bars Assorted Cereal	**18** Scrambled Eggs and Hash Browns [GF] Yogurt and BeneFIT Bars Assorted Cereal
21 Egg and Cheese Bagel Sandwich Yogurt and BeneFIT Bars Assorted Cereal	**22** Breakfast Oatmeal Round [V] Yogurt and BeneFIT Bars Assorted Cereal	**23** Yogurt and BeneFIT Bars Assorted Cereal	**24** **NO SCHOOL**	**25** **NO SCHOOL**

V = Vegan **GF = Gluten-Free**

What's included?

School breakfast includes **one entrée, fruit, and milk**. Students must choose at least three items, and one must be a fruit.

The menu is subject to change.

This institution is an equal opportunity provider and employer.

What does it cost?

All students may receive one **FREE** breakfast and lunch at school every day of the 2026–27 academic year through New York State's Universal Free School Meals Program.

Staff will use MySchoolBucks to pay for school meals. Under USDA, staff cannot charge a meal.

Breakfast cost for adults: $4.75 | Milk: $0.80