



# Health Services May/June Newsletter

2026

Tazewell County Public Schools

[tcpsva.org](http://tcpsva.org)

## Celebrate your School Nurse and Teachers!

May 5<sup>th</sup> - National Teacher Appreciation Day 2026

May 6<sup>th</sup> - National School Nurse Day 2026

### Mental Health Month

Suicide Crisis Lifeline:  
Call/Text **988**

Teen Mental Health; Parent  
Guide

School Nurse Mental Health  
Toolkit

### Summer Safety

Avoid Skin Cancers, wear  
eye protection, hats, and  
BS SPF  $\geq 30$  when outside  
Access Skin Cancer Info

Summer Safety Tips from  
Johns Hopkins Medicine  
including:

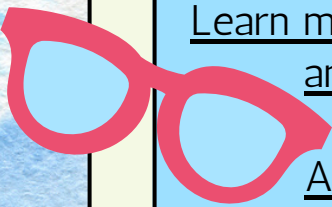
Preventing Lyme Disease  
Preventing Heat Illnesses  
Preventing Sports Injuries  
Water Safety, and more!

### Asthma and Allergy Month

106 Million People in the  
U.S. have Asthma and or  
Allergies

Even though there is no  
cure for Asthma or

Allergies, there is Control!  
Learn more about Asthma  
and Allergies



Asthma Facts  
Food Allergy Facts

### Dates to Remember

May 4-8: Teacher's Week

May 6-12: Nurse's Week

May 11: School Board Mtg

May 25: Memorial Day

June 4: Last Day of School

### Back to School Announcements, SY 26-27

Rising Kindergarteners: Must have their Physical and all Mandated vaccines

Rising 7<sup>th</sup> Graders: Must have Tdap Booster, 1<sup>st</sup> MenACWY and HPV vaccine

Rising 12<sup>th</sup> Graders: Must have 2<sup>nd</sup> MenACWY vaccine

