



EAST PRAIRIE SCHOOL
DISTRICT 73
3907 W. DOBSON
SKOKIE, IL 60076
847-673-1141
www.eps73.net



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FROM THE DESK OF MRS. STEIN, PRINCIPAL

Hello, East Prairie families!

As I write this article, it is 61 degrees outside in February. Soon, we will turn around, and it will be time to bundle up again and put the boots back on our feet. Winter in Chicago is always a treat! Please make sure that your students are dressing appropriately for the weather. We are trying our best to go outside when we can, and it can get muddy. It might be a good idea to send an extra set of shoes or clothing with your child just in case...this suggestion goes for ALL of our students—primary through middle school.

Safety...It's always a good time to remind families to cross the street at crosswalks with crossing guards. Please do not talk on your cell phone in a school zone. Please make certain that, when you are picking up your child at the end of the school day, you are parking your car in a legal parking space and walking to get your child. Double parking or leaving your car unattended in the alley is not an option. Help keep our children safe!

It's a very busy time of the school year. Just last week, we held an exciting and special day called "Upside Down Mixed-Up School Day." All day, students participated in interactive activities that incorporated art, literacy, discussions, games, jewelry-making, and more. One of the most special parts of the day was the multi-aged activity that was planned: Middle school students worked alongside primary aged students to complete an art project. In the afternoon, the primary and intermediate students attended an assembly called *The Ned Show*. Students brought home a special item from the show...ask your child to show you what it is! Perhaps you can learn a trick together. Again, thank you to the EPS Foundation for *The Ned Show!* The students loved it!

As always, if you have any questions or concerns, please do not hesitate to contact the school. Thank you.

Sincerely,
Erin T. Stein

PRE-K

SING! TALK! PLAY!



On February 20th we had our very first "Preschool At Night" event. Dr. Madl greeted the families as they arrived. Preschool students and their families gathered in the gym to share a meal, meet new friends, and participate in literacy centers. Mrs. Rosenberg, Mrs. Wydmanski, and Ms. Kugler modeled hands-on literacy activities with our families. Thank you to all the families in attendance. You are your child's first teacher and we appreciate your support!



—*The Preschool Teachers:*

Ms. LaPata & Ms. Hernandez

KINDERGARTEN



The Kindergarteners celebrated the 100th day of school this month!

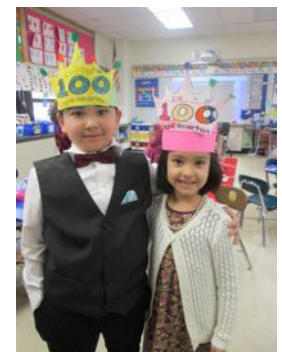


Students dressed up as 100 year olds, counted out 100 snack items in groups of ten, and wrote about what they would buy if they had \$100. We celebrated this day and discussed how each and every student has become 100



days smarter and how much we have learned since the beginning of the school year. The kindergarteners are excited for more learning to come!

—*The Kindergarten Team*



FIRST & THIRD GRADES

On Friday, February 2nd, first graders, along with their third grade buddies, celebrated the 100th Day of School! The older students helped partners take 100 steps from the classroom, write what their parents tell them 100 times, create pictures of what they will look like when they are 100 years old, and more. It was a wonderful celebration of this milestone in our school year!

—The First Grade and Third Grade Teachers



Please remember to dress your children appropriately for the weather. If your children come to school without snow boots on snowy days, they will have indoor recess.

SECOND GRADE

In our Landforms unit, the second graders will connect what they learned about slow and quick changes to land. Through this new unit, the second graders will also learn about various landforms: the continents, plains, islands, mountains, hills, peninsulas, etc. We will also study bodies of water. We will create a model of these landforms and bodies of water to demonstrate our understanding of their features.



In writing, the second graders finished publishing their Young Authors books. Our next unit is poetry writing, during which we will learn to write with “poet’s eyes,” using similes, metaphors, comparisons, and playful language in our writing. This ties in nicely with our current reading unit, in which we are learning about literary language and how to understand an author’s intention when reading. Second graders are practicing hard to become fluent readers, using appropriate pacing, phrasing, and expression to match the mood or tone of the text.

Word problems aren’t a problem for second graders! We are applying all of our strategies and new knowledge of ungrouping in subtraction, and regrouping in addition, to solve more challenging word problems.



We had a fabulous time during Upside Down Mixed Up School Day! We had an opportunity to visit other classrooms, play charades, and paint with a middle school buddy. We created wonderful artwork with our new friends, which is displayed outside of our classrooms.

- *The Second Grade Teachers*

FOURTH GRADE



The 4th graders have been hard at work adding illustrations to their Young Authors books. We can't wait to see the finished books! They have also started a new expository piece of writing about Illinois. They are writing about interesting places in Illinois for people to visit and enjoy!

We had a beautiful snowy and sunny day for our Winter Mighty Acorns field trip. Ranger Jerry took the fourth graders on a snowy nature walk to spot animal tracks. We were able to find coyote tracks across the frozen Des Plaines River! Ranger Brian gave the group an up close encounter with a Western Fox snake inside the River Trails Nature Center.



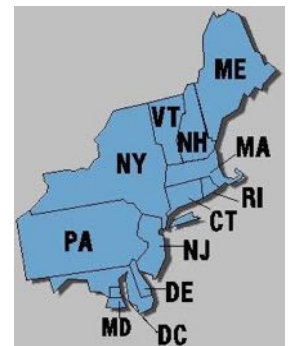
We all had a super fun Upside Down Mixed-Up School Day! The classes rotated to a handful of teachers and did a variety of activities. We then



did an all-school art project based on the book, *The Dot*. Then we ended our day with a fun assembly about how to **Never** give up, **Encourage Others**, and **Do** your best! The best part was how everyone received a yo-yo! Thanks to the East Prairie Educational Foundation for an awesome assembly and treat!

The students have been learning all about the states of the Northeast. We have

talked about the land, waterways, people, and economy of the region. They are really enjoying learning about the 11 states in this region!



- Mr. Swider & Mrs. Maloof

FIFTH GRADE

In math, the 5th grade students have been working on multiplying and dividing decimal numbers. In Social Studies, students continue to focus on the Southeast Region of the United States, covering the climate, geography, economy, and culture of the region. In writing, students are getting their Young Author stories ready for the final steps of the writing process, which will culminate when they share the stories with their parents at upcoming conferences.



With Parent-Teacher Conferences quickly approaching, each family is asked to make sure they have scheduled a time, using the online scheduling system to reserve a spot for their child's student led conference.

Fifth grade has some exciting upcoming events and field trips planned. Please keep an eye out for forms that need to be completed, and please return them back to the teacher as promptly as possible.

We look forward to seeing all parents at conferences in March.
—Team 5th Grade



PARENT
TEACHER
CONFERENCES

Attention Parents!!! Conference Day Sign-up is here!!!

Conference Day is Thursday, March 22nd, 2018, from 12:00noon until 8:00pm.

Please remember to sign up for a time for your children's conferences as soon as possible at <http://goo.gl/EpTSjH> or http://ptcfast.com/schools/East_Prairie_School_Dist_73

- Select the correct teacher(s) or grade level(s) your children are in. *Don't forget specialists you may want to see* (such as the SLP).
- Fill out the your child(ren)'s first and last name.
- Enter your name and email address, then continue.
- The registration system will email you a link so you can now schedule the correct times
- Open your email client and open the message from PTCFast.com (If you do not see it, double-check your spam folder).
- Click the link provided in the email to access the schedule page.
- Select open times for each of the students.
- When you are finished, click "Confirm."

SIXTH GRADE NEWS

Language Arts with Mr. Stein

The students are finishing our first class novel unit with a flap book report. We have used our class novels to practice important literary skills, such as analyzing character growth and story plot details. Next, we will have a short unit in our literature textbooks, practicing inference-making skills with a short story titled, “Dragon, Dragon” by John Gardner.



Language Arts with Mrs. Dovijarov

Students are comparing the nonfiction story, *Why Monkeys Live in Trees*, and the fictional story, *The Case of the Monkeys That Fell From the Trees*, from the literature series. They will analyze the theme and find details from the stories to support their comparisons. Students will continue to read books independently based on their interests and reading levels and also use active reading strategies to examine nonfiction articles from the *Newsela* website.



Social Studies with Mr. Stein and Mrs. Matuszewski

We are finishing up our unit on the Renaissance in Europe. The students have experienced art during the Renaissance through activities like mimicking Michelangelo’s painting of the ceiling of the Sistine Chapel, and creating their own modern *Mona Lisa*. Our next unit in the curriculum moves us to Asia, learning about Feudal Japan.

Science with Mrs. Matuszewski and Ms. Friedman

Currently the 6th grade is focused on how rocks and minerals form inside and on Earth’s crust. The students will then learn what causes Earth’s surface to constantly change. We will be analyzing how volcanoes, earthquakes, and weathering/erosion shape the world we see today.



Math with Ms. Friedman

AM math is now in Module 2, learning about dividing fractions using a visual model. We will also learn about multi-digit decimal operations. PM math students are in Module 3, learning all about rational numbers. Students will learn about positive and negative numbers, absolute value, ordering integers and their applications in the real world.

Math with Mrs. Shields

We have begun our investigation of rational numbers. In this unit students will learn about the opposite of a number, integers, and absolute value. Students will learn how to compare and order integers and rational numbers on a number line. Please encourage your child to visit my website for resource videos and practice games!

<http://mrskatieshields.weebly.com/module-3-rational-numbers.html>

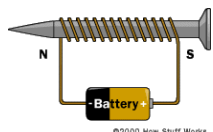
SEVENTH GRADE NEWS

Language Arts: The students are finishing up the Argument Writing Unit in the Lucy Calkin's Writing Program. The students wrote essays on whether or not children should be allowed to play competitive sports. The students analyzed texts on both sides of the argument, while completing their own research. Their argument essays are sure to inspire!

Social Studies: We are wrapping up the presidencies of Washington, Adams, Jefferson, Madison, and Monroe. Our focus during these sections is analyzing the way these past presidents handled foreign policy and other challenges. While learning about these famous American presidents, we have been studying events that happened during their terms, such as The Louisiana Purchase and the War of 1812.



Science: Students have studied electric and magnetic (electromagnetic) forces. Throughout this scope, they have built their own electromagnets, and investigated factors that affect the strength of the magnetic field produced. They used various magnitudes of current, and adjusted the distances between interacting objects to see the resulting effects. In the next scope, students will further their understanding of fields by investigating those that exist between objects exerting forces on each other without coming in contact.



7th Grade Common Core Math with Ms. Warner & Mrs. Matuszewski:

Students will finish the unit on expressions and equations by solving equations and inequalities algebraically. Students will also graph solutions to inequalities. Our next unit will focus on percents and proportional relationships. In this unit, students will work with real-world percent application problems.

7th Grade Common Core Math with Mrs. Shields: Students will begin a unit on geometry in March. During this unit, students will use the formulas for the area and circumference of a circle to solve real-world problems. They will also use the skills developed in Module 3 to write and solve equations to find unknown angles in figures. Finally, students will solve real-world problems involving surface area and volume of three-dimensional figures.

If you have any questions or concerns, please email us:

Jori Graham jgraham@eps73.net Katie Shields kshields@eps73.net

Pat Shapley pshapley@eps73.net Molly Warner mwarner@eps73.net

Kelsey Matuszewski kmatuszewski@eps73.net

EIGHTH GRADE NEWS

Social Studies: While we continued studying the Roaring 20's, some students chose to work on designing mosaics of topics from the era, while others worked on independent study projects and explored topics of interest. Students who placed into AP World History at Niles North or those who wanted a challenge, worked on a Document Based Question about the culture clash and jazz music during the 20's. In class we watched the little kid gangster movie, *Bugsy Malone*. During our "Sarsaparilla Speakeasy," as guys and dolls we learned some Jazz Age slang, enjoyed Sarsaparilla and danced the Charleston. At the Sarsaparilla Speakeasy, we also



learned about foods invented during the 20's. We loved sampling all the 20's snacks! We finished up with an argument writing assignment about prohibition!



After finishing up with the roaring fun of the 20's, we switched gears to a very dark time in American history, the Great Depression. Based on our examination of the famous primary source photos of Dorothea Lange, we wrote letters to FDR with our advice for ending the Depression. Through analysis of primary

source, we discussed the pros and cons of FDR's New Deal. At the end of the unit, we participated in a simulation of a soup kitchen. We watched clips of Shirley Temple & Bojangles tap dancing, the slapstick comedy of Abbot & Costello, and the famous sounds of Louis Armstrong, while we ate soup and bought apples for five cents. As part of our study of the Great Depression, we donated and packed food for the sack lunch program at Interfaith Action of Evanston. On Friday, February 16th, patrons enjoyed 100 hot dog lunches. Thank you to 8th grade families and EPS staff who donated food and money for the lunches.

Language Arts: Students either continued the Pearson Non-fiction unit or continued our Mystery unit by reading the adult mystery book, *And Then There Were None* by Agatha Christie. This book contains a similar plot and characters to *The Westing Game*. Upon completion, we compared it to *The Westing Game*, as well as its film version from the 1960's. We also read selected poems from *Out of the Dust* as part of our Great Depression Unit. Students also selected Great Depression novels or non-fiction books to further their understanding of this era.

Students also chose a favorite teacher to write to and some submitted the letters to the Barnes & Noble "My Favorite Teacher" Contest and the Teen Ink "Educator of the Year." Teachers will receive their letters during Teacher Appreciation Week in May.

Life Science with Ms. Tziolas & Mr. Karpenski: Students are currently exploring the biodiversity, dynamic nature, and resilience of ecosystems. We are also considering specific threats to biodiversity and examining how ecosystems respond to these challenges.

CC Math with Ms. Tziolas: Currently, we are finishing Module 4 of our unit on solving and graphing linear equations. During this period of time, students continue to explore standard and slope-intercept form of linear equations, graphs of these types of equations on a coordinate plane, and solving systems of equations.

Algebra I with Ms. Tziolas: Students are completing Chapter 10 of our textbook, which explores the concepts and skills required to work with polynomials and factoring. In the following chapter, students will be introduced to the concepts of rational equations and expressions.

CC Math with Mr. Karpenski: Students have come to the end of their unit on Congruency. Students are now using the Pythagorean Theorem and dilation to create scale model blueprints of mini golf courses. We will continue to practice these skills as we move on to our next learning Module.

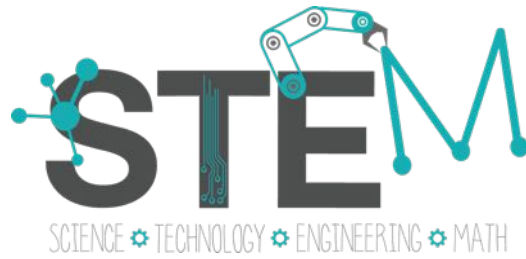
Assembly News

Primary Students enjoyed Niles North High School students performing *That's My Story*. This presentation included dramatization of stories written by young students throughout Skokie, including some by East Prairie authors!

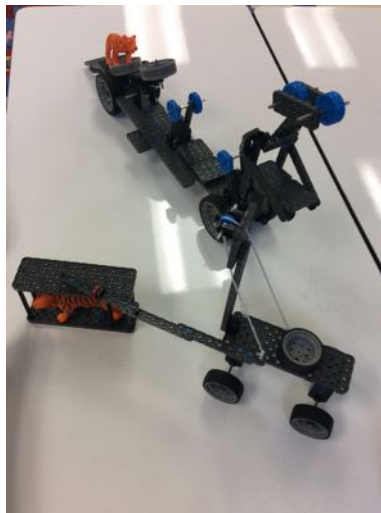


Middle school students enjoying the PTA-sponsored Chicago Dance Crash's Diversity in Dance Assembly on February 16th.





The students in 3rd Grade have been busy saving endangered animals! The classes have undergone the challenge of creating a Compound Machine to save a toy tiger that has fallen into its moat around its pen. The students have used different combinations of Simple Machines like pulleys, levers, incline planes, and wheel and axles to make these rescue tools. They are also required to include a magnet in their design. The creations have been made using VEX IQ robotics parts from the *Project Lead The Way* curriculum.



Reminder: The **East Prairie Educational Foundation**

“Construction Zone” Trivia Night is

THIS Saturday night,

March 3rd, 2018 at Fairway Banquets

If you cannot attend, you can still buy

RAFFLE TICKETS:

1 for \$5, 6 for \$25.

Please contact Diana Evonitz by the end of school Friday
at 312-450-5871.



WORLD LANGUAGE AT EAST PRAIRIE

Grades 4 and 5 Spanish

Students can practice the grammar and vocabulary from the current unit of study at home on dovijarov.weebly.com. They can also access flashcards, the pronunciation of vocabulary, and games for the current unit on quizlet.com.

Current unit: Intermediate students are learning about the calendar including months, days, seasons, birthdays, and holidays.

Middle School Spanish

This year we are focusing on the vocabulary and grammar topics from the book *Realidades*. In addition, students are learning additional Spanish grammar and vocabulary on duolingo.com and by watching videos on senorwooly.com. Students can practice the grammar and vocabulary from the current unit of study at home on dovijarov.weebly.com. They can also access flashcards, the pronunciation of vocabulary, and practice activities for the current unit on quizlet.com.

Spanish Grade 6

Students are learning to describe what they like to do and ask about what others like to do. The Tuesday and Thursday Spanish class is learning to describe themselves and others.

Spanish Grade 7

Students are learning to communicate about school subjects, schedules and school activities. The Tuesday and Thursday Spanish class is learning to communicate about classes, classrooms, and where things are located.

Spanish Grade 8

Students are learning to communicate about places to go and activities to do during free time. They will also be learning to extend, accept, and decline invitations and tell when events happen.

Stellar Speller

Congratulations to Anusha Das, who represented East Prairie at the North Suburban Cook Spelling Bee on Tuesday, February 6th. We're proud of you!

Toiletries Collection for W.I.N.G.S.

Thank to all the families who donated to the W.I.N.G.S.-Women in Need Growing Stronger shelter. They greatly appreciated the donations.



FINE ARTS BULLETIN



BAND

Congratulations to 8th grade Symphonic Band student, **Ben Lehrer!** Ben represented East Prairie School when he played Bass Clarinet in a concert with the **Northshore Concert Band** on February 18th. Ben was one of 50 middle schools students who participated in the annual Lifetime of Music event held by the professional Northshore Concert Band. The outreach program gives high-achieving middle school students a chance to play alongside the NCB in their performance venue at Northwestern University.



Congratulations to all of the East Prairie students who performed at February's solo and ensemble events. Several students in grades 5-8 played solos and duets at the **East Prairie Solo Recital** on February 21st. Then, on February 24th, many middle school students participated in the annual **IGSMA Solo & Ensemble Contest** at Fairview School, where they received ratings and comments from judges for their performances.

The Symphonic Band will be playing at the **Vandercook Bandfest** on Tuesday, March 20th at 1:30pm. The Bandfest is during the school day, so students will be going on a field trip to Vandercook College of Music in downtown Chicago. We will play a short concert and go to a clinic with one of the college's directors. More details will be sent home to Symphonic Band students, including permission slips, information about how parents can attend the concert, and information about volunteering to help with the field trip.

GENERAL MUSIC

Music spotlight on Mrs. Albandia's First Grade Class:

Recently, First graders in Mrs. Albandia's class got the chance to have a Music Share Day reward! On this day, some first graders chose to share their musical knowledge and talent with their classmates! First graders learned about the importance of being a respectful audience, and had a lot of fun seeing and hearing their classmates perform. Bravo First graders!





Mrs. Albandia's first graders share their musical interests and talents in class! (left)

Students and Parents enjoy Family Art Night (below).



ART

Exciting things are happening in the arts! Many, many people braved the potential snowstorm to make mugs with their families at Family Art Night in February. We had so many people, it had to be held in the cafeteria. Everyone had a blast! Cheers!

On February 20, we had our first ever Upside Down Mixed Up School Day. In the afternoon, we had an all-school art activity based on the picture book, *The Dot*, by Peter Reynolds. In this book, the main character struggles to create something in art class. Then she makes a dot on her paper and her art teacher hangs it up in a gold frame. She gets so inspired by this simplest of things that she creates an entire art show to hang up in the school. We matched older students with younger peers, and together they worked to produce collaborative artwork, starting with a simple idea and expanding on it. Then we hung up our work for a pop-up all-school art gallery. Kids had an amazing time working with new friends and being creative!

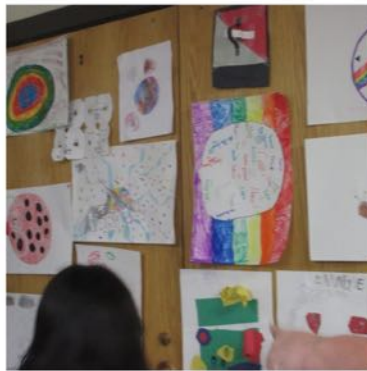
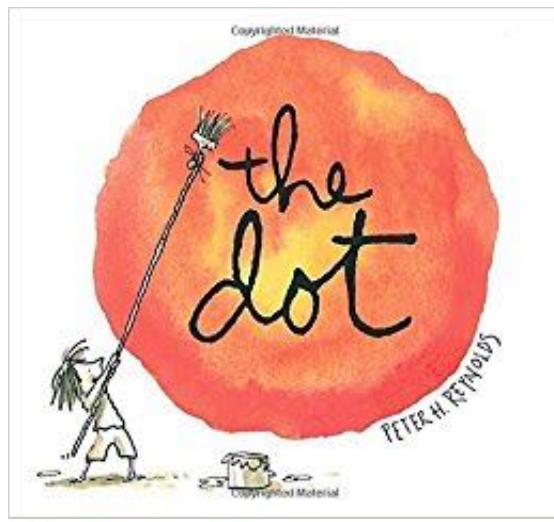


On Tuesday, February 20th, all of East Prairie School enjoyed
Upside Down Mixed Up School Day,
a day dedicated to creative learning and interaction:



More Mixed-Up Fun





Did You Know.....?????

Did you know that the East Prairie School Educational Foundation sponsored “The N.E.D. Show” assembly for Primary & Intermediate Grades, requested by School Social Worker Ms. Jena Doolas, ELL Teacher Ms. Edyta Wydmanski & 3rd Grade Teacher Mrs. Sue Kelly?

Be sure to ask your student about the assembly over dinner or during family time. We hope they're enjoying the yo-yos! This is one of many ways the Foundation supports the students, teachers and families of EPS. We welcome anyone interested in finding out more about us to attend our monthly meetings. Please check the school calendar for the dates.





East Prairie School District #73

3907 W. Dobson ♦ Skokie, IL ♦ 60076-3718 ♦ Ph. (847) 673-1141 ♦ Fax (847) 673-1186



Preschool & Kindergarten Registration

Register your child for the 2018-2019 school year!

Where: East Prairie School Main Office

When: Thursday, March 15, 2018, 4:00pm to 7:00pm

Registration will be held on Thursday, March 15, from 4:00 pm to 7:00 pm. In order to register for kindergarten, your child must be five years of age by September 1, 2018, **and** you must be a resident of East Prairie School District 73.



Preschool Requirements

- ✓ Children must be **THREE** years old by September 1, 2018
- ✓ Birth certificate
- ✓ \$200 non-refundable deposit
- ✓ District 73 residency is NOT required



Kindergarten Requirements

- ✓ Children must be **FIVE** years old by September 1, 2018
- ✓ Birth certificate
- ✓ District 73 proof of residency forms (see below)

The following items are required for Kindergarten registration:

1. Original birth certificate
2. Parent/Guardian drivers license or state ID (must be valid and current)
3. Proof of residency – please see below (additional forms may be required as deemed necessary)

Required Forms for HOMEOWNERS	Required Forms for RENTERS	Required Forms if LIVING WITH RELATIVES
Recent tax bill with proof of payment or recent mortgage statement or closing statement if recently purchased home, and	Valid original lease with proof of last two months payments, notarized Affidavit of Residence (landlord must complete), and	Notarized Affidavit of Residence (Parent/Guardian living with district resident), and
Two current utility bills (electric, gas, and/or water), and	Two current utility bills (electric, gas, and/or water), and	IF district resident owns home, please provide forms listed in Homeowners IF district resident rents home, please provide forms listed in Renters , and
One of the following: Current homeowners policy, or village vehicle registration	One of the following: Current renters policy, or village vehicle registration	Current tax return, and two most recent checking/savings statements for the parent/guardian

ALL documents must be presented on March 15 to complete registration.

We look forward to seeing you on Thursday, March 15.

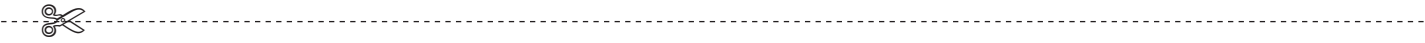
If you have any questions, please contact the school office at 847-673-1141.

Please join us for our first

EPS INTERNATIONAL NIGHT FAMILY GAMES

Wednesday, April 11, 6:00pm – 7:30pm
East Prairie School Cafeteria

**BRING YOUR FAVORITE CHILDHOOD GAME
FROM YOUR COUNTRY OF ORIGIN.**



Please RSVP to Mrs. Wydanski by April 6.

Family _____

Country _____

Game _____



3907 WEST DOBSON, SKOKIE, IL 60076

www.eps73.net

East Prairie
PTA
everychild.onevoice.®

Help support our school at the East Prairie PTA



Dear EPS Families,

We are looking for committee members for our Spring fundraiser and would like to know if you are interested in helping. We are planning an all school fun run called, "The Panther Dash." Fundraising/pledge collection will kick off on Monday, May 7th. The run will be held during school hours on Thursday May 17th (Rain day Monday, May 21st).

If you would like to help in any way with this fun event, please let us know by filling out the bottom portion of the flyer and you will be contacted soon.

Thank you so much for your time!!

Tammy Manta
Panther Dash Coordinator



Yes, I would love to be on the Panther Dash Committee!

Name _____

Email _____

Phone Number _____



More Ways To Know Before You Go

Tune in to:



am



Online:

Go to the website of any of the radio or TV stations above, or go to

www.emergencyclosings.com

to search for your facility by name and city or by phone number

E-mail:

Sign up for personalized E-mail notification of your facility's status at

www.emergencyclosings.com

To find information for the following:

FACILITY NAME

DIST #73 (EAST PRAIRIE DISTRICT)

FACILITY LOCATION (CITY)

SKOKIE

MAIN PHONE NUMBER

847-673-1141

**EMERGENCY CLOSING
CENTERSM**

Tribune Tower

435 N. Michigan Avenue

Chicago, Illinois 60611

312-222-4467

FAX: 312-222-4876



March. Lunch. Menu.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Nutritional Info
<p>March is National Nutrition Month</p> <p>5 Pasta with Meatballs Or Signature Cheese Calzone Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>6 Chicken Patty Sandwich Or Grilled Cheese Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>7 4 Star Mac & Cheese Or Chili Mac Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>8 Baked Chicken Nuggets Or Cheese Filled Breadsticks Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>9 DoughBros' Cheese Or Veggie Pizza Or Pepperoni Pizza Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>Week 1 Calories: 646 Protein (g): 24 Carbs (g): 38 Total Fat (g): 8 % of cal - Sat Fat: 7 % of cal - Fat: 12</p>
<p>12 MmmBurger w. Cheese Or Pasta Mia Marinara Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>13 Baked Fish Sandwich Or Pasta Primavera Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>14 All Beef Hot Dog Or Baked Potato w. Cheese Topping Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>15 Turkey Nachos Or Cheese Nachos Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>16 DoughBros' Cheese Or Veggie Pizza Or Pepperoni Pizza Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>Week 2 Calories: 642 Protein (g): 24 Carbs (g): 58 Total Fat (g): 8 % of cal - Sat Fat: 6 % of cal - Fat: 11</p>
<p>19 Baked Chicken Tenders Or Cheese Filled Breadsticks Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>20 Taco Tuesday! Or Cheese Quesadilla Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>21 Chicken Alfredo Or Baked Mostaccioli Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>22 No School Parent Teacher Conferences</p>	<p>23 No School Institute Day</p>	<p>Week 3 Calories: 642 Protein (g): 24 Carbs (g): 45 Total Fat (g): 10 % of cal - Sat Fat: 6 % of cal - fat: 13</p>
<p>26 No School Spring Break</p>	<p>27 No School Spring Break</p>	<p>28 No School Spring Break</p>	<p>29 No School Spring Break</p>	<p>30 No School Spring Break</p>	<p>Week 4 Calories: 645 Protein (g): 24 Carbs (g): 41 Total Fat (g): 8 % of cal - Sat Fat: 5 % of cal - Fat: 14</p>

ORANGE

FACT:

One orange provides a range of vitamins and minerals; a staggering 130 percent of your vitamin C needs for the day



Meals include rBST-free skim or 1% milk



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.



Spring Break:

No School: March 23rd-April 1st, 2018

School Resumes: Monday, April 2nd, 2018

