

CHUSD LUNCH MENU

OCTOBER 2026

JUICE AVAILABLE:
TUESDAY & THURSDAY

MILK CHOICE:
1% WHITE MILK
OR
FAT-FREE CHOCOLATE MILK

Monday	Tuesday	Wednesday	Thursday	Friday
			1 CHICKEN SANDWICH TATER TOTS STEAMED CORN BABY CARROTS CANNED FRUIT *BEAN & CHEESE BURRITO	2 PEPPERONI PIZZA JICAMA W/TAJÍN PEAS & CARROTS ORANGE WEDGES *ORANGE CHICKEN BOWL
5 PORK CARNITAS TACOS W/CABBAGE, CILANTRO, SALSA & LEMON WEDGE STEAMED CORN SLICED APPLES *CHICKEN SANDWICH	6 BEEF TERIYAKI W/STEAMED RICE STEAMED BROCCOLI CAULIFLOWER W/RANCH CANNED PEARS *FRENCH BREAD PIZZA	7 DELI SANDWICH CHIPS MIXED VEGETABLES GARBANZO BEANS W/TAJÍN ORANGE WEDGES *MAC & CHEESE	8 ITALIAN BEEF SPAGHETTI W/GARLIC BREAD STEAMED CORN BABY CARROTS CANNED FRUIT *CHICKEN CAESAR WRAP	9 CHEESE PIZZA JICAMA W/TAJÍN PEAS & CARROTS ORANGE WEDGES *DELI SANDWICH
12 STUDENT HOLIDAY-NO SCHOOL	13 BEAN & CHEESE BURRITO STEAMED BROCCOLI CAULIFLOWER W/RANCH CANNED PEARS *CHICKEN TENDERS	14 CHICKEN ALFREDO W/GARLIC BREAD MIXED VEGETABLES GARBANZO BEANS W/TAJÍN ORANGE WEDGES *TORNADOES W/STRING CHEESE	15 CHEESEBURGER FRENCH FRIES BABY CARROTS CANNED FRUIT *BBQ RIB	16 PEPPERONI PIZZA JICAMA W/TAJÍN PEAS & CARROTS ORANGE WEDGES *CHICKEN TENDERS
19 CHICKEN SANDWICH W/FRENCH FRIES ZUCCHINI COINS W/TAJÍN SLICED APPLES *BBQ CHICKEN WINGS	20 CHIMICHANGA STEAMED BROCCOLI CAULIFLOWER W/RANCH CANNED PEARS *CHICKEN NUGGETS	21 POPCORN CHICKEN W/STEAMED RICE MIXED VEGETABLES GARBANZO BEANS W/TAJÍN ORANGE WEDGES *CHICKEN TENDERS	22 PULLED PORK SANDWICH STEAMED CORN BABY CARROTS CANNED FRUIT *CHICKEN SALAD W/TORTILLA CHIPS	23 CHEESE PIZZA JICAMA W/TAJÍN PEAS & CARROTS ORANGE WEDGES *BEEF TERIYAKI
26 TURKEY SANDWICH ZUCCHINI COINS JICAMA STICKS W/TAJÍN SLICED APPLES *GREEN CHICKEN TAMALES	27 CHICKEN TAMALES RICE & BEANS STEAMED BROCCOLI CAULIFLOWER W/RANCH CANNED PEARS *CHEESE PULL-APART W/MARINARA SAUCE	28 CORN DOG CHICKEN W/POTATO WEDGES GARBANZO BEANS W/TAJÍN ORANGE WEDGES *HAMBURGER	29 ORANGE CHICKEN BOWL W/RICE STEAMED CORN BABY CARROTS CANNED FRUIT *TUNA SALAD W/TORTILLA CHIPS	30 HALLOWEEN CHICKEN NUGGETS GRAHAM CRACKER JICAMA W/TAJÍN PEAS & CARROTS ORANGE WEDGES *FRENCH BREAD PIZZA

MENU IS SUBJECT TO CHANGE

*HIGH SCHOOL ONLY. STUDENTS ARE REQUIRED TO SELECT A MINIMUM SERVING OF 1 CUP OF FRUIT AND/OR VEGETABLES.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

CHUSD
SUPPER MENU
OCTOBER 2026

MILK CHOICE:
1% WHITE MILK
OR
FAT-FREE CHOCOLATE MILK

Monday	Tuesday	Wednesday	Thursday	Friday
			1 MINI DOGS CAULIFLOWER W/RANCH PEARS	2 CHICKEN SANDWICH TATER TOTS PEARS
5 HAMBURGER FRENCH FRIES ORANGE WEDGES	6 CHICKEN TENDERS W/POTATO WEDGES FRUIT CUP	7 MAC & CHEESE GARBANZO BEANS APPLE	8 CHICKEN SANDWICH TATER TOTS PEARS	9 CHEESEBURGER FRENCH FRIES FRUIT CUP
12 STUDENT HOLIDAY-NO SCHOOL	13 CHICKEN TAQUITOS BROCCOLI FRUIT CUP	14 CHICKEN SANDWICH FRENCH FRIES APPLE	15 CHEESE PULL-APART CAULIFLOWER W/RANCH PEARS	16 CHICKEN TENDERS TATER TOTS PEARS
19 FRENCH BREAD PIZZA W/POTATO WEDGES ORANGE WEDGES	20 CHEESEBURGER FRENCH FRIES FRUIT CUP	21 CHIMICHANGA GARBANZO BEANS APPLE	22 CHICKEN SANDWICH W/FRENCH FRIES PEARS	23 BEEF TAQUITOS JICAMA STICKS PEARS
26 GREEN CHICKEN TAMALES BABY CARROTS ORANGE WEDGES	27 CHICKEN SANDWICH FRENCH FRIES FRUIT CUP	28 MINI DOG GARBANZO BEANS APPLE	29 CHICKEN DRUM W/MASHED POTATOES & GRAVY PEARS	30 TORNADOES W/STRING CHEESE JICAMA STICKS PEARS

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CHUSD
SNACK MENU
OCTOBER 2026

MILK CHOICE:
1% WHITE MILK
OR
FAT-FREE CHOCOLATE MILK

Monday	Tuesday	Wednesday	Thursday	Friday
			1 W.G. RITZ BITS FROZEN FRUIT CUP	2 YOGURT GRAHAM CRACKERS
5 BAKED CHEETOS FRUIT CUP	6 CHOCOLATE CHEX MIX STRING CHEESE	7 CHEEZ-IT CUCUMBER COINS W/TAJÍN	8 CHOCOLATE CRACKER MILK	9 SCOOPY SNACK CRACKERS SLICED APPLES
12 STUDENT HOLIDAY-NO SCHOOL	13 W.G. GOLDFISH PRETZEL SLICED APPLES	14 BAKED CHEETOS FRUIT CUP	15 W.G. RITZ BITS FROZEN FRUIT CUP	16 W.G. STRAWBERRY CHEX MIX ZUCCHINI COINS W/TAJÍN
19 W.G. RITZ BITS FROZEN FRUIT CUP	20 YOGURT GRAHAM CRACKERS	21 CHEX MIX STRING CHEESE	22 SCOOPY SNACK CRACKERS SLICED APPLES	23 W.G. SUNCHIPS STRING CHEESE STICK
26 CHOCOLATE CRACKER MILK	27 W.G. RITZ BITS FROZEN FRUIT CUP	28 SCOOPY SNACK CRACKERS SLICED APPLES	29 CHEEZ-IT CUCUMBER COINS W/TAJÍN	30 BAKED CHEETOS FRUIT CUP

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CHUSD

BREAKFAST MENU

HIGH SCHOOL & ELEMENTARY
OCTOBER 2026

JUICE AVAILABLE:
TUESDAY & THURSDAY

MILK CHOICE:
1% WHITE MILK
OR
FAT-FREE CHOCOLATE MILK

Monday

Tuesday

Wednesday

Thursday

Friday

5

BREAKFAST HONEY WHEAT BAR
JUICE
KIWI

6

MINI PANCAKES
PLUM
FRUIT CUP

7

CEREAL
CRACKERS
ORANGE JUICE
APPLE

1

BENEFIT BANANA BAR
KIWI
FRUIT CUP

2

MINI BAGELS
SLICED ORANGES

12

STUDENT HOLIDAY-NO SCHOOL

13

BANANA MUFFIN
PLUM
FRUIT CUP

14

CEREAL
CRACKERS
ORANGE JUICE
APPLE

15

BENEFIT BANANA BAR
KIWI
FRUIT CUP

16

MINI BAGELS
SLICED ORANGES

19

BREAKFAST HONEY WHEAT BAR
JUICE
KIWI

20

MINI PANCAKES
PLUM
FRUIT CUP

21

CEREAL
CRACKERS
ORANGE JUICE
APPLE

22

MINI WAFFLES
KIWI
FRUIT CUP

23

SUPER DONUT
SLICED ORANGES

26

BREAKFAST BURRITO
JUICE
KIWI

27

BANANA MUFFIN
PLUM
FRUIT CUP

28

CEREAL
CRACKERS
ORANGE JUICE
APPLE

29

BENEFIT BANANA BAR
KIWI
FRUIT CUP

30

MINI BAGELS
SLICED ORANGES

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STUDENTS ARE REQUIRED TO SELECT A MINIMUM SERVING OF 1 CUP OF FRUIT AND/OR VEGETABLES.
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CHUSD
BREAKFAST MENU
MIDDLE SCHOOL ONLY
OCTOBER 2026

JUICE AVAILABLE:
TUESDAY & THURSDAY

MILK CHOICE:
1% WHITE MILK
OR
FAT-FREE CHOCOLATE MILK

Monday	Tuesday	Wednesday	Thursday	Friday
			1 BENEFIT BANANA BAR KIWI FRUIT CUP	2 MINI BAGELS SLICED ORANGES
5 BREAKFAST BAR W/TATER TOTS JUICE KIWI	6 MINI PANCAKES PLUM FRUIT CUP	7 CEREAL ORANGE JUICE APPLE	8 MINI WAFFLES KIWI FRUIT CUP	9 EGG FRITTATA, BAKED TOMATO FETA W/BISCUIT SLICED ORANGES
12 STUDENT HOLIDAY-NO SCHOOL	13 BANANA MUFFIN PLUM FRUIT CUP	14 CEREAL ORANGE JUICE APPLE	15 BENEFIT BANANA BAR KIWI FRUIT CUP	16 MINI BAGELS SLICED ORANGES
19 BREAKFAST BAR W/TATER TOTS JUICE KIWI	20 MINI PANCAKES PLUM FRUIT CUP	21 CEREAL CRACKERS ORANGE JUICE APPLE	22 MINI WAFFLES KIWI FRUIT CUP	23 EGG FRITTATA, BAKED TOMATO FETA W/BISCUIT SLICED ORANGES
26 BREAKFAST BURRITO JUICE KIWI	27 BANANA MUFFIN PLUM FRUIT CUP	28 CEREAL ORANGE JUICE APPLE	29 BENEFIT BANANA BAR KIWI FRUIT CUP	30 MINI BAGELS SLICED ORANGES

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