Local Wellness Policy Triennial Assessment

Sponsors participating in the National School Lunch Program and/or School Breakfast Program are required to have a local wellness policy for all participating sites under its jurisdiction. At a minimum, the local wellness policy must be assessed once every three years; this is referred to as the triennial assessment. Triennial assessments must determine, for each participating site under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies. **This documentation should be kept on file with your organization's written local wellness policy for review by an ISBE monitor during your next school nutrition administrative review.**

Sponsor Name: Iuka Community Consolidated Dist. #7 Site Name: Iuka Grade School

Date Completed: March 11, 2025 Completed by: Derick Vincent, Assistant Superintendent

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) and state guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see ISBE's Local Wellness Policy Content Checklist.

- ☒Goals for Nutrition Education
- ☒Goals for Nutrition Promotion
- ☒Goals for Physical Activity
- ☒Goals for Other School-Based Wellness Activities
- ☒Unused Food Sharing Plan
- ☒Nutrition Standards for School Meals
- ☒Nutrition Standards for Competitive Foods
- ☒Standards for All Foods/Beverages Provided, but Not Sold
- ☒Food & Beverage Marketing
- ☒Wellness Leadership
- ☒Public Involvement
- ☒Triennial Assessments
- ☒Reporting

Part II: Goal Assessment

Per USDA regulations, the triennial assessment must determine compliance with and progress made in attaining the goals of the wellness policy. Input the goals of your local wellness policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the site is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Education				
Child Nutrition Programs will comply with federal, state, and local requirements and will be accessible to all children.	X			
Sequential and interdisciplinary nutrition education is provided and promoted.	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Promotion				
All School-based activities ar consistent with local wellness goals.	X			
All food and beverages made available on campus(including Vending, concessions, parties, and fundraising) during school activities are consistent with the current Dietary Guidelines for Americans.		X		
All food made available on campus adhere to food safety and security guidelines.	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Physical Activity				
Patterns of meaningful physical activity connect to students' lives outside of physical education.	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Other School-Based Wellness Activities				
The School environment is safe, comfortable, pleasing, and allows ample time and space for eating meals.	X			

Part III: Model Policy Comparison

As part of the triennial assessment, USDA requires sponsors to assess how their wellness policy compares to model wellness policies. Choose **one** of the model wellness policies below to compare against your local wellness policy. Indicate which model policy was chosen and provide a narrative for each prompt below based on the findings.

☒ Alliance for a Healthier Generation's Model Wellness Policy – Local wellness policy created in collaboration with USDA, which exceeds minimum requirements

☒ Rudd Center's WellSAT 3.0 – Wellness assessment tool that asks a series of questions about your local wellness policy and generates a personalized scorecard based on the results. Users will need to create an account to access this tool.

☐ Other: _____

1. What strengths does your current local wellness policy possess?

The current policy provides ample opportunity for growth for the district. It outlines, specifically, both goals and activities to support goals in all required areas.

2. What improvements could be made to your local wellness policy?

The current policy should include recommendations for the district to implement concerning healthier choices for students during after-school and extracurricular activities. This would give some guidance as to what types of healthy choices would and could be made available.

3. List any next steps that can be taken to make the changes discussed above.

Upon the next review of the Local Wellness Plan, stakeholders should review current dietary guidelines in order to better communicate what snacks can/should be provided to students during non-purchase snacks and activities.