

# Before and After Dark



## SPRING '26 REGISTRATION INFORMATION

CHECK US OUT ON  
THE WEB!

CLICK HERE



## ON-LINE REGISTRATION

THROUGH ACTIVENET BEGINS ON  
WEDNESDAY JANUARY 21<sup>ST</sup> AT 7:00 PM  
MAIL IN REGISTRATIONS FOR ANY  
REMAINING OPENINGS WILL BE ACCEPTED  
BEGINNING THURSDAY, JANUARY 22 AT 9 AM

### OFFICE INFORMATION

The Duxbury Before and After Dark office is located in the Alden School. Office hours are between 12:30 pm - 4:00 pm, Monday, Tuesday, and Thursday.  
Phone: 781-934-7630 Ext 4

### REFUNDS

Tuition refunds are given for courses cancelled by Before and After Dark. Cancellation decisions will be made by (at least) one week before the class start date. A minimum number of students are required for a course to meet.

### WITHDRAWALS

Students must withdraw at least one week prior to the scheduled class start date to receive a full tuition refund less a \$10 processing fee (per student/per class). After that time, tuition is committed to the course and no other refund will be granted. Activenet online transaction fees are non-refundable.

### PICK UP

Class begin/end times are noted with each course description. Late fees will be assessed for children not picked up promptly from class. Children are not to be left unsupervised at any time.

REGISTRANTS MUST CREATE AN ACCOUNT OR LOG ONTO AN

EXISTING ACTIVENET ACCOUNT AT  
[HTTPS://ANC.APM.ACTIVECOMMUNITIES.COM/DUXBURY  
RECREATION](https://anc.apm.activecommunities.com/duxbury-recreation)

before registering for classes. ActiveNet charges a 7.2 percent convenience fee for all online transactions. Before and After Dark waives its \$5 registration fee for online transactions. FOR MAIL IN REGISTRATION OR PAYMENT, a \$5 fee is charged. Registration forms are available on our website. Mail to: Duxbury Before and After Dark - Alden School - 75 Alden Street, Duxbury, MA 02332

### REMINDERS



PLEASE MAKE SURE YOUR ACTIVENET ACCOUNT IS UP TO DATE! We need accurate phone numbers (cell, home and work), email addresses, and please note any medical issues your child may have. If they no longer have an issue, please delete it from your account.

THE SPRING TERM RUNS FROM  
FEBRUARY 23 to JUNE 4

## CHANDLER SCHOOL - GRADES 1 & 2

### FITNESS, FRIENDS, & FUN

### GRADES 1 & 2

Join MR. HENNINGER, a P.E. teacher at the Chandler and Alden schools, for a class full of fitness, friends, and fun! Each class will feature warm-ups, fitness stations, and organized team games such as Capture the Flag, the Mandalorian, Wall Ball, and more. There will be an emphasis on team-building and skill development while participating in a relaxed, fun environment. Class size limited to 34 students. Instructor: Richard Henninger

#### FEBRUARY VACATION CAMP

9:00 AM - 12 NOON | CHANDLER GYM | FEB 17 - FEB 20 | TUESDAY - FRIDAY | \$165  
4 Mornings

#### SPRING TERM

3:30 PM - 4:30 PM | CHANDLER GYM | APRIL 2 - MAY 21 | 6 THURSDAYS | \$85  
No class 4/23, 5/7

## ALDEN SCHOOL - GRADES 3 TO 5

### MONDAYS

#### CHESS CLUB

#### GRADES 3 - 5

Chess is an art, a science, and a sport all rolled into one fun and exciting games for everyone. Great for students who love to play or would like to learn to play chess. Come join the fun and try to outwit your opponents. **NOTE: Due to limited enrollment in our Chess classes, families may only register for Session One OR Session Two (not both) to provide for 24 total spots in the Chess program.** Instructor: Julie Anna O'Donovan

2:00 PM - 3:00 PM | ALDEN 2<sup>ND</sup> FLOOR TEAM ROOM | 6 MONDAYS | \$85

SESSION 1 FEBRUARY 23 - MARCH 30

SESSION 2 APRIL 13 - JUNE 1 (No class 4/20, 5/25)

### TUESDAYS

#### POM-O-MANIA

#### GRADES 3 - 5

Think of pom poms as soft fluffy building blocks that you can shape and design into just about anything. Students will learn to make pom poms of various sizes and styles to create unique gifts for family and friends, or keep for themselves. Create a dream pet, or a silly monster. Decorate your room or make keychains. The ideas are endless with pom poms. Don't miss out on this fun and easy class. All materials/supplies included in tuition. Instructor: Julie Anna O'Donovan.

2:00 PM - 3:00 PM | ALDEN ROOM 226 | 6 TUESDAYS | \$95

SESSION 1 FEBRUARY 24 - MARCH 31

SESSION 2 APRIL 14 - MAY 26 (No class 4/21)

#### MR. BACKLUND'S FITNESS & GAMES (TUESDAYS)

#### GRADES 3 - 5

Join Alden P.E. Teacher Doug Backlund for an after school class of PE inspired games, that will be fun but also help to increase your child's athletic ability and fitness. Classes will feature many of our students favorite PE games such as Capture the Flag, Hero Ball, Zombie Tag, Ultimate Frisbee, and Manhunt. Games will take place on Taylor field (Alden School PE field) and in the event of inclement weather, we will move indoors and utilize the PAC lobby and/or the Alden Gym. PLEASE NOTE THAT MR. BACKLUND'S FITNESS & GAMES IS NOT AFFILIATED WITH THE REC DEPARTMENT'S AFTER SCHOOL ATHLETICS. STUDENTS SHOULD REPORT TO THE PAC LOBBY FOR MR. BACKLUND'S FITNESS & GAMES!

TUESDAYS APRIL 28 TO JUNE 2

2:00 PM - 3:00 PM | ALDEN PAC LOBBY | 6 TUESDAYS | \$95

### THURSDAYS

#### FUN WITH CLAY

#### GRADES 3 - 5

#### SESSION 1 FEBRUARY 26 & MARCH 5

**Owl Wall Hangings** - Create an owl wall hanging by cutting out shapes in clay and forming them into an owl. Come back to second session to glaze. Owls will be returned the following week to be picked up at Alden Main Office. Instructor: Paula Borg

2:00 PM - 3:00 PM | ALDEN ROOM 116 | 2 THURSDAYS | \$45

## THURSDAYS

### FUN WITH CLAY

GRADES 3 - 5

#### SESSION 2 MARCH 19 & APRIL 2 (No class 3/26)

**Pinch Pot Face Planters** - Create a face planter to hold a plant that will be the hair for your creation. Session one will be creating and session two will be glazing. Planters will be returned the following week to be picked up at Alden main office. Instructor: Paula Borg

2:00 PM - 3:00 PM | ALDEN ROOM 116 | 2 THURSDAYS | \$45

#### SESSION 3 APRIL 9 & APRIL 16

**Fish Wall Pocket** - Create a fish wall pocket that can hold a small plant or found items from the beach or woods! Session one will be to create and session two to glaze. Items will be returned the following week to be picked up at Alden main office. Instructor: Paula Borg

2:00 PM - 3:00 PM | ALDEN ROOM 116 | 2 THURSDAYS | \$45

#### SESSION 4 MAY 14 & MAY 21

**Nature Inspired Hanging Bird Bath** - Create a beautiful bird bath to hang in a tree or a Shepard's hook. Create in first session and glaze at second session. Instructor will assemble and return for pick up the following week at Alden main office. Instructor: Paula Borg

2:00 PM - 3:00 PM | ALDEN ROOM 116 | 2 THURSDAYS | \$45

### MR. BACKLUND'S FITNESS & GAMES (THURSDAYS)

GRADES 3 - 5

THURSDAYS APRIL 2 TO MAY 21 (No class 4/23, 5/7)

2:00 PM - 3:00 PM | ALDEN PAC LOBBY | 6 THURSDAYS | \$95

**Join Alden P.E. Teacher Doug Backlund** for an after school class of PE inspired games, that will be fun but also help to increase your child's athletic ability and fitness. Classes will feature many of our students favorite PE games such as Capture the Flag, Hero Ball, Zombie Tag, Ultimate Frisbee, and Manhunt. Games will take place on Taylor field (Alden School PE field) and in the event of inclement weather, we will move indoors and utilize the PAC lobby and/or the Alden Gym. PLEASE NOTE THAT MR. BACKLUND'S FITNESS & GAMES IS NOT AFFILIATED WITH THE REC DEPARTMENT'S AFTER SCHOOL ATHLETICS. STUDENTS SHOULD REPORT TO THE PAC LOBBY FOR MR. BACKLUND'S FITNESS & GAMES!

## ALDEN/DMS/DHS EVENING CLASSES

## WEDNESDAY EVENING

### BABYSITTER SAFETY TRAINING

AGES 11 ½ AND UP

6:00 PM - 7:15 PM | ALDEN CAFETERIA | APRIL 29 & MAY 6 | 2 WEDNESDAYS | \$65

This child-care safety education program teaches new and 'seasoned' babysitters information on child development and practical child care skills, basic first aid and how to handle emergencies, and the characteristics and responsibilities of a successful sitter. Students should bring a doll or stuffed animal to class to practice diapering and choke saving techniques. A certificate is awarded at the end of class. Max 20 Students  
INSTRUCTOR: BETTE ANTONELLIS is a licensed practical nurse and a health educator. She teaches a variety of health education classes throughout the community.

## THURSDAY EVENING

### HOME ALONE, STAYING SAFE/STREET SMARTS

GRADES 4 - 6

6:00 PM - 7:15 PM | ALDEN CAFETERIA | APRIL 9 - APRIL 16 | 2 THURSDAYS | \$65

Home Alone Staying Safe prepares kids in Grades 4-6 for situations that can happen when staying home alone, from the unexpected knock on the door to the 911 emergency phone call. This fun and interactive program covers safety to and from school, phone and food safety, first aid, choking prevention, Heimlich maneuver and street smarts awareness training, basic self-defense techniques and lots of prevention! This class is serious made fun! Min 10 - Max 20. This class is two parts. INSTRUCTOR: BETTE ANTONELLIS & DENISE LAIOSA