2/16/26

Girls on the Run is coming back to Canaan Schools for the 10th season! We are inviting Stewartstown and Pittsburg girls to join us well. Our program focuses on the whole girl by empowering girls' minds, bodies and souls. It inspires participants to appreciate, love and respect what makes them unique, set actionable goals that they can complete by the end of the season, and develop new habits and activities that create a healthier lifestyle.

Registration for Girls on the Run opens on Wednesday, February 18th (Essex 5K participants) at Registration GOTRt ! Our 10 week program is for students in grades 3-5. Our season begins the week of March 16th. Our team will meet on Monday and Wednesday from 3:15 to 4:45. We will meet in the MPR and then we will run on school property until the snow has melted. When the snow has melted we will run around the track at the Rec Park.

The registration fee is $130 but the Tobacco Grant is paying for 70 dollars of the fee reducing the fee to $60. GOTRVT provides financial assistance directly on the registration form for qualifying families as well as a payment plan. GOTRVT is committed to being accessible to any student who wants to participate, and is dedicated to ensuring that program cost is not a barrier. Please contact GOTRVT directly at 802-871-5664 regarding financial assistance options.

Can't wait to see you all for the 2026 season! If you have any questions or concerns please reach out to Mrs. Berry (802-266-8910) or jberry@canaanschools.org.