Old Saybrook High School
Breakfast November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 	4 Cereal Bagel with Cream Cheese Breakfast Sandwich Super Bakery Bread Slice	5 Cereal Bagel with Cream Cheese Breakfast Sandwich Cinni Minis	6 Cereal Bagel with Cream Cheese Breakfast Sandwich Mini Pancakes
9 Cereal Bagel with Cr Cheese Breakfast Sandwich Egg Bite w. Cornbread Sky Blue Bar	10 Cereal Bagel with Cream Cheese Breakfast Sandwich Fruit & Yogurt Smoothie w Grain Choice	11 Cereal Bagel with Cream Cheese Breakfast Sandwich Mini Waffles	12 Cereal Bagel with Cream Cheese Breakfast Sandwich Large Muffin	13 Cereal Bagel with Cream Cheese Breakfast Sandwich Mini French Toast
16 Cereal Bagel with Cr Cheese Breakfast Sandwich Egg Bite w. Cornbread Snack'N Waffle	17 Cereal Bagel with Cream Cheese Breakfast Sandwich Fruit & Yogurt Smoothie w Grain Choice	18 Cereal Bagel with Cream Cheese Breakfast Sandwich Banana Choc Chip Bar	19 Cereal Bagel with Cream Cheese Breakfast Sandwich Super Bakery Bread Slice	20 Cereal Bagel with Cream Cheese Breakfast Sandwich Cinnamon Roll
23 Cereal Bagel with Cr Cheese Breakfast Sandwich Egg Bite w. Cornbread Apple Cinn Texas Toast	24 Cereal Bagel with Cream Cheese Breakfast Sandwich Fruit & Yogurt Smoothie w Grain Choice	25 	26 	27 
30 Cereal Bagel with Cr Cheese Breakfast Sandwich Egg Bite w. Cornbread Dutch Waffle				

ALL MEALS offered with a variety of fresh, canned and dried fruits and 4oz juice

All breads/grain items are at least 51% Whole Grain

Fat Free Chocolate and 1% White milk are offered with every meal

Menu is subject to change

This institution is an equal opportunity provider

BREAKFAST
NO COST FOR ALL

Second Breakfast
$3.50

Milk
$0.65

https://family.schoolcafe.com/OSPS

Use our on-line payment system to add money to your student's account

SchoolCafé

There is no charging for a la carte items such as milk bought separately from reimbursable meals