



WAUWATOSA SCHOOL DISTRICT

Fall 2026

WAUWATOSA RECREATION

TosaRec.com

The Ability Center Programming

The
NEW
Printed
Guide

**WHERE
COMMUNITY
COMES
TO PLAY**

- Wednesday Student Enrichment Programs
- STEP Program
- Wauwatosa Senior Center Information

Register Today!

Together, we are inspiring a healthier, happier, more connected Tosa.



FALL 2026 Program Guide

CONTACT INFORMATION

Address: 11803 W North Avenue Wauwatosa, WI 53226

Office Hours: Monday - Friday 8:30am - 5:00pm

Office Closed: September 7, November 25, 26, & 27

Email: tosarec@wauwatosa.k12.wi.us

Telephone: (414) 773-2900 **Online:** www.tosarec.com

OUR TEAM

Director: Ted Martin

Assistant Director: Isabella Naughton

Administrative Assistant III: Diana Koziczkowski

Facility Scheduler: Chris Johnson

Program Coordinators:

Steve Birney - Adult Sports & Outdoor Recreation

Jennie Cottam - Early Childhood & Youth Enrichment

Abby Meke - Youth Sports & Youth Enrichment

Kristin Murphy - Aquatics, Fitness & Safety

Kosta Zervas - Active Older Adults and Senior
Center Programming

WAUWATOSA RECREATION DEPARTMENT ADVISORY COMMITTEE

Colin Fly

Virginia Jones

Susan McDougale

Jody Jessup-Anger

John J Sweeney

John Kratzer

Kristen Hecht

Elise Hetzel

Michael Jenich

Tara Roeske

Samantha Biastre

Lauren Gottlieb

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REGISTRATION DATES

Resident Non-High Demand Registration:

■ August 11 10:00am

Resident High Demand Registration:

■ August 18 10:00am

Non-Resident Registration:

■ August 25 10:00am



Address: 12121 W. North Avenue Wauwatosa, WI 53226

Office Hours: Monday - Friday 7:30am - 4:00pm

Telephone: (414) 773-1000

Online: www.wauwatosa.k12.wi.us

SCHOOL BOARD MEMBERS

- Dr. Lynne Woehrle, President
- Liz Heimerl-Rolland, Vice President
- Christopher Bauer, Treasurer
- Heidi Bach, Clerk
- Jason Wautier
- Sarah Burzynski
- Melissa Lamers



Ted Martin
Director of Recreation
Wauwatosa School District

Welcome back.

Dear Wauwatosa Community,

For the first time in six years, the Wauwatosa Recreation Department is excited to bring a printed program guide back into the homes of our community. Over this past year, I have heard from so many residents, families, participants, staff members, and community partners who asked the same question:

“When are you bringing back the physical guide?”

HERE IT IS. And we could not be more excited to share it with you.

This guide is more than a collection of programs, activities, and registration dates. It represents the beginning of something we are building together, something that helps make it easier for people across Wauwatosa to connect, participate, and feel a deeper sense of belonging in their community.

As we continue to live out our vision for a healthier, happier, more connected Wauwatosa, we see this guide as an important first step. Our hope is that, over time, this becomes one place where families, neighbors, students, seniors, and community members can discover the many opportunities, events, programs, partnerships, and resources that make Wauwatosa such a special place.

We are honoring the roots of the Wauwatosa Recreation Department while also imagining what it can become. We are building new opportunities, strengthening relationships, and finding more ways to bring people together.

There is something truly wonderful happening here, and this guide is just the beginning.

Thank you for being part of the Wauwatosa Recreation Department story. We are grateful to serve this community, excited for where we are going, and proud to build it together.

With gratitude,

Ted Martin

Ted Martin
Director of Recreation
Wauwatosa School District



Registration Information & Policies

HOW TO REGISTER



Online

Visit www.tosarec.com
Browse programs and register

**Forgot your login name or password?*

Call (414) 773-2900, email tosarec@wauwatosa.k12.wi.us,
or use the recovery option on the login screen.



By Mail or In Person

Wauwatosa Recreation Department
11803 W. North Avenue
Wauwatosa, WI 53226

**Bring your registration to the office
at the listed address above.*



By Fax

(414) 295-9197

New Customers

New customers must be entered into our registration system and set up with a Household ID before registering. Household accounts are created manually and may take one to two business days to process.



Contact us by phone with any questions

(414) 773-2900

CONFIRMATION OF REGISTRATION

Online registration will provide an email receipt. If you register by mail, fax, phone, or in person, a confirmation receipt will be emailed.

If you do not receive a confirmation, please check your spam or junk folder, confirm that your email address is correct in your household account, or contact the Recreation Department Office.

CLASS AVAILABILITY

Class availability can be viewed online at www.tosarec.com. You may also contact the Recreation Department Office at (414) 773-2900 for assistance. **Instructors are not able to accept registrations at class.**

WAIT LISTS

If a program is full, participants may be placed on a wait list when available. If a spot opens, the Recreation Department will contact participants in the order determined by the registration system and program needs.

Being on a wait list does not guarantee placement in a program.

CANCELING YOUR REGISTRATION

To cancel a registration, please contact the Recreation Department Office at (414) 773-2900.

A full refund, minus any processing fees, will be issued when a cancellation request is received at least 72 hours prior to the start of the class, unless otherwise noted.

If a cancellation request is received less than 72 hours before the start of class, a credit may be issued for unused upcoming classes and placed on your household account for future registration. Credits are not issued for classes that have already passed, regardless of attendance.

Some programs, trips, special events, supply-based classes, and contracted programs may have different refund or cancellation deadlines due to advance costs or commitments.

PROGRAM CANCELLATIONS

All programs are subject to change. Programs may be canceled due to low enrollment, staffing, facility conflicts, weather, safety concerns, or other circumstances.

If the Recreation Department cancels a program, participants will receive information regarding a makeup date, credit, or refund when applicable. We will make every effort to reschedule canceled classes when possible.

If we are unable to make up a class due to weather, facility scheduling, or circumstances outside of our control, refunds or credits may not be available.

TRANSFERS

Program transfer requests may be considered when space is available. Transfers are not guaranteed and may depend on program deadlines, staffing, supplies, and registration limits.

RETURNED CHECKS

A \$25 fee will be charged for returned checks or insufficient funds.

PARTICIPANT EXPECTATIONS

The Wauwatosa Recreation Department is committed to providing welcoming, safe, and respectful programs for all participants, families, staff, instructors, and volunteers.

Participants are expected to follow program rules, respect others, use appropriate language, and help create a positive environment. The Recreation Department reserves the right to remove a participant from a program when behavior creates a safety concern, significantly disrupts the program, or impacts the experience of others.

INCLUSION & ACCESSIBILITY

The Wauwatosa Recreation Department strives to provide programs that are accessible and welcoming to all members of our community.

Participants who may need accommodations or additional support are encouraged to contact the Recreation Department before the start of the program so we can work together to support a successful experience.

CHILDREN'S LONG-TERM SUPPORT SERVICES

Wauwatosa Recreation is committed to inclusion and accessibility. Families using Children's Long-Term Support (CLTS) funding should contact their assigned Support and Service Coordinator before registering. With family permission, our team will work with the coordinator to confirm authorization, complete required paperwork, and arrange approved supports.

GRADE AND AGE REQUIREMENTS

Programs are designed for specific ages or grade levels to help ensure appropriate instruction, supervision, and participant experience. Participants should register based on the age or grade listed in the program description unless otherwise approved by the Recreation Department.

WEATHER AND FACILITY CLOSURES

Programs may be adjusted, postponed, or canceled due to weather, school closures, facility issues, or safety concerns. When possible, updates will be communicated by email, phone, website updates, or other department communication channels. **Please make sure your household contact information is current in your tosarec.com account.**

PROGRAM PROMOTION AND PHOTOGRAPHY

For program promotion purposes, photographs or videos may be taken of participants during Recreation Department programs, activities, and events.

If you do not wish to have your photo or your child's photo used for promotional purposes, please notify the photographer, instructor, or Recreation Department staff.

PAYMENT AND CREDIT CARD FEES

Payment is due at the time of registration.

RESIDENCY AND HOUSEHOLD INFORMATION

Resident and non-resident registration dates are based on the participant's household information in our registration system. Families are responsible for keeping household addresses, phone numbers, email addresses, emergency contacts, and participant information accurate and up to date. The Recreation Department may verify residency when needed. All Wauwatosa open enrollment families & Staff Members are considered residents.

SUPERVISION BEFORE AND AFTER PROGRAMS

Participants should arrive no earlier than the scheduled program start time unless otherwise noted. Parents, guardians, or caregivers are responsible for participants before the program begins and immediately after the program ends. Please make arrangements for timely pick-up.

MEDICAL AND EMERGENCY INFORMATION

Families are encouraged to keep all medical, allergy, emergency contact, and authorized pick-up information current in their household account. If a participant has medical needs, allergies, or other important information that staff should be aware of, please contact the Recreation Department before the program begins.

ACCIDENT INSURANCE

The Wauwatosa Recreation Department does not provide individual accident insurance for participants. Participation in programs is voluntary, and families are encouraged to review their own insurance coverage.

HIGH-DEMAND PROGRAM REGISTRATION

Some programs may be identified as high-demand programs due to limited space, staffing, facility availability, or historically high registration interest. High-demand programs may have a separate resident registration date to help manage demand and provide a fair registration process.

Programs identified as high-demand will be noted in the program guide or online registration system when applicable.

PROGRAM COMMUNICATION

The Recreation Department uses the contact information listed in your household account to communicate important program updates, including schedule changes, cancellations, wait list openings, and other time-sensitive information.

Please make sure your email address and phone number are accurate in your household account. Participants are encouraged to check email regularly after registering for a program.

NON-DISCRIMINATION STATEMENT

The Wauwatosa Recreation Department is committed to providing programs, services, and facilities that are welcoming and accessible to all. Recreation programs are offered without regard to race, color, national origin, ancestry, sex, sexual orientation, gender identity, disability, religion, age, or any other status protected by law.

We are committed to creating a respectful environment where all participants, families, staff, volunteers, and community members feel valued, safe, and included.

FINANCIAL ASSISTANCE AND REDUCED RATES

The Wauwatosa Recreation Department believes that cost should not be a barrier to participation. Reduced program rates may be available for eligible Wauwatosa School District families based on free and reduced lunch eligibility.

Families interested in reduced rates or financial assistance should contact the Recreation Department Office at (414) 773-2900 or tosarec@wauwatosa.k12.wi.us before registering. Eligibility, available support, and program discounts may vary by program.

PROUD PROFESSIONAL MEMBERS

The Wauwatosa Recreation Department is proud to be connected with professional recreation organizations that support high-quality parks, recreation, community wellness, and lifelong learning.



The District does not discriminate on the basis of the Protected Classes of race, color, age, sex, (including transgender status, change of sex, sexual orientation, or gender identity), pregnancy, creed or religion, genetic information, handicap or disability, marital status, citizenship status, veteran status, military service (as defined in 111.32, Wis. Stats.), national origin, ancestry, arrest record, conviction record, use or non-use of lawful products off the District's premises during non-working hours, declining to attend an employer-sponsored meeting or to participate in any communication with the employer about religious matters or political matters, or any other characteristic protected by law in its employment practices.

Sponsorships

**BE PART OF
THE PROGRAM
SIGN UP
TODAY!**

Supporting the community
together for a healthier,
happier Tosa.

PARTNERING WITH THE TOSA REC DEPARTMENT

For generations, the Wauwatosa Recreation Department has helped create lasting memories for children, families, adults, and older adults across our community. Since 1934, Tosa Rec has been a place where neighbors connect, friendships grow, skills are learned, and community comes together.

Sponsoring the Tosa Rec Program Guide is a meaningful way to support that work while gaining year-round visibility with Wauwatosa families, residents, and community members. Sponsorship opportunities are available at a variety of levels, with options for guide advertising, newsletter recognition, website visibility, and featured sponsor placement.

For sponsorship pricing, availability, or additional information, please contact tosarec@wauwatosa.k12.wi.us.

Ways To Support, Opportunities to Connect



LEGACY SPONSOR

Includes:

- Full-page inside front or back cover ad in all three seasonal guides
- Featured recognition as a Legacy Sponsor
- Monthly thank-you mention in the Tosa Rec newsletter
- Sponsorship recognized on tosarec.com

Only one spot available

PREMIER PARTNER

Includes:

- Half-page ad in all three guides
- Quarterly Recognition as a Premier Partner
- Consistent presence across the full year
- 1 quarterly thank-you mention in the Tosa Rec newsletter

Only four spots available.

SUPPORTING PARTNER

Includes:

- Quarter-page ad in all three guides
- Seasonal Recognition as a Supporting Partner
- Logo placement on the Sponsor Recognition Page



COMMUNITY CHAMPION

Includes:

- Full-page ad in all three seasonal guides
- Featured recognition as a Community Champion Partner
- Monthly thank-you mention in the Tosa Rec newsletter
- Prominent placement within the guide
- Sponsorship recognized on tosarec.com

Only two spots available

COMMUNITY CONNECTOR

Includes:

- Ad strip placement in all three guides
- Annual Community Connector recognition
- A meaningful way to visibly support community connection across Wauwatosa

GUIDE SUPPORTER

Includes:

- Listing on the Sponsor Recognition Page in all three guides.
- Business name or logo included



Community Organizations

COMMUNITY ORGANIZATION OPPORTUNITIES

The Tosa Rec Program Guide is more than a listing of classes and activities. It is becoming a community resource for Wauwatosa families, residents, and neighbors to learn about opportunities, services, events, and organizations that help make our community stronger.

Local community organizations are invited to be part of future program guides by sharing information, upcoming opportunities, community events, resources, or ways residents can get involved. This may include nonprofit organizations, civic groups, school-connected groups, service clubs, youth organizations, senior-focused groups, and other community partners serving Wauwatosa.

Our goal is to create one welcoming place where residents can discover what is happening across the community while continuing to celebrate the programs, services, and partnerships that bring people together.

Space may be limited and inclusion is subject to availability, guide timelines, and alignment with the mission of the Wauwatosa Recreation Department.

For more information about community organization opportunities in future guides, please contact tosarec@wauwatosa.k12.wi.us.

ORGANIZATION	WEBSITE
Aqua Sprite Artistic Swim Club	Aquaspritesofwisconsin.com
Tosa Baseball League	tosabaseball.teamsidelinesite.com
Jr. Trojans Volleyball Club	jrtrojansvolleyball.weebly.com
Tosa Kickers	tosakickers.org
Wauwatosa Jr. Trojan Football	tosayouthfootball.com
Wauwatosa Blazers Youth Lacrosse Club	wauwatosalacrosse.com
Jr. Trojan Basketball Club	jrtrojansbasketball.com
Jr. Raider Boys Basketball	tejuniorraiders.org
Jr. Raider Girls Basketball / Wauwatosa Basketball Club	wauwatosabasketballclub.com
Tosa Shock Club Softball	tosashock.com
Wauwatosa Special Olympics	specialolympicswisconsin.org/regions
Wauwatosa-Milwaukee Little League Baseball	tosamll.com
Wauwatosa Women's Tennis Club	tosawomenstennis.com
Elmbrook Youth Hockey	elmbrookyouthhockey.org
Esprit Dance Team	wauwatosaesprit.wordpress.com
Jr. Trojans Baseball Club	jrtrojansbaseball.com
Wauwatosa Curling	wauwatosacurlingclub.com
Jr. Raider Volleyball Club	juniorraidervolleyball.weebly.com



Wauwatosa

Youth Commission

we work. we play. we care

Wauwatosa Youth Commission

"Make Your Voice Heard"

- Get involved in local government
- Plan and promote positive activities for youth
- Develop leadership skills
- Bolster your college application

To Learn More / Apply:
Scan the QR Code



QUESTIONS?

Contact Kay Lorenzen at:
414-254-4507 or email:
tosayouthcommission@gmail.com



Tosa Green Summit

Saturday, Sept. 19

City Hall: North Ave & 76th

9 am to Noon: Recycling

**Paper, Meds, Textiles, Bikes, Scrap Metal,
Toothbrushes/Tubes, Tosa Cares**

10 am to 1 pm: Exhibits & Speakers

Saturday, Sept. 26

www.facebook.com/tosagreensummit



Early Bird Swim

Instructors: American Red Cross Lifeguards

Location: Wauwatosa Aquatic Center, Tosa East Pool

Ages: 18 and Up

Course Code: 144600-01

Day: Mon, Wed, Fri **Dates:** 9/9 - 12/18 **Time:** 6:30 - 7:30am

Fee: Resident Price: \$88.00 Non-Resident Price: \$103.00

Course Code: 244600-01

Day: Mon, Wed, Fri **Dates:** 1/4 - 3/1 **Time:** 6:30 - 7:30am

Fee: Resident Price: \$69.00 Non-Resident Price: \$84.00

Start your health and wellness plan with an invigorating early morning swim! Enjoy supervised lap swimming with lanes designated for slow, medium and fast swimmers.

Adult Lap Swim

Instructors: American Red Cross Lifeguards

Location: Wauwatosa Aquatic Center, Tosa East Pool

Ages: 18 and Up

Course Code: 144650-SM

Day: Mon **Dates:** 9/14 - 12/14 **Time:** 6:00 - 7:00pm

Fee: Resident Price: \$42.00 Non-Resident Price: \$57.00

Course Code: 144650-SW

Day: Wed **Dates:** 9/16 - 12/16 **Time:** 6:00 - 7:00pm

Fee: Resident Price: \$39.00 Non-Resident Price: \$54.00

Course Code: 244650-SM

Day: Mon **Dates:** 1/11 - 3/15 **Time:** 6:00 - 7:00pm

Course Code: 244650-SW

Day: Wed **Dates:** 1/13 - 3/17 **Time:** 6:00 - 7:00pm

Fee: Resident Price: \$30.00 Non-Resident Price: \$45.00

Supervised lap swimming for all ability levels. Improve your fitness and increase your endurance or train for competition. Sign up for one day or both!

Wet Workout

Instructors: Sarah Steldt

Location: Wauwatosa Aquatic Center, Tosa East Pool

Ages: 13 and Up

Course Code: 144700-01

Day: Mon **Dates:** 9/14 - 11/9 **Time:** 6:15 - 7:15pm

Fee: Resident Price: \$40.00 Non-Resident Price: \$55.00

Course Code: 144700-02

Day: Mon **Dates:** 11/16 - 12/14 **Time:** 6:30 - 7:30pm

Fee: Resident Price: \$23.00 Non-Resident Price: \$38.00

Course Code: 244700-01

Day: Mon **Dates:** 1/11 - 3/15 **Time:** 6:30 - 7:30pm

Fee: Resident Price: \$45.00 Non-Resident Price: \$60.00

Enjoy this aquatic workout program that improves cardiovascular fitness, flexibility, coordination and overall body strength. This is a low impact activity (modifications can be made for those wishing for a harder workout). Reap the benefits of water without the strain on the joints. Noodles, AquaJogger belts and aquatic barbells are some of the equipment that may be used. Feel free to bring a pair of aqua gloves for an added challenge. This class takes place in the shallow end and the dive pool. Participate where you feel most comfortable!

Aqua Mini (Demand Level: **HIGH**)

Instructors: American Red Cross Water Safety Instructors

Location: Wauwatosa Aquatic Center, Tosa East Pool

Ages: 8 months to 17 months with parent or caregiver

Course Code: 144000

Class will focus on water adjustment and safety skills to help develop comfort in the water. Child MUST BE 8 months at the start of session. ONLY one adult (need not be a skilled swimmer) must accompany each child in the water. No spectators allowed on deck, only the caregiver and child can be on deck/in the pool. Caregivers can rotate by class.

Aqua Baby (Demand Level: **HIGH**)

Instructors: American Red Cross Water Safety Instructors

Location: Wauwatosa Aquatic Center, Tosa East Pool

Ages: 18 months to 30 months with parent or caregiver

Course Code: 144010

Have fun in the water utilizing songs, games, and activities emphasizing water adjustment and safety. Child MUST BE 18 mon. at the start of session. ONLY one adult (need not be a skilled swimmer) must accompany each child in the water.

No spectators allowed on deck, only the caregiver and child can be on deck/in the pool. Caregivers can rotate by class.



YOUTH SWIM

View classes at www.tosarec.com/o/rec/page/open-swim
Youth Programs tab, select Aquatics





Aqua Tots (Demand Level: **HIGH**)

Instructors: American Red Cross Water Safety Instructors
Location: Wauwatosa Aquatic Center, Tosa East Pool
Ages: 2.5 years – 3.99 years with parent or caregiver
Course Code: 144020

Children will become comfortable in the water and have fun with their accompanying adult while learning introductory Red Cross swimming skills such as kicking, arm strokes, breath control, and more. ONLY one adult (need not be a skilled swimmer) must accompany each child in the water. No spectators allowed on deck, only the caregiver and child can be on deck/in the pool. Caregivers can rotate by class.

Aqua Tykes (Demand Level: **HIGH**)

Instructors: American Red Cross Water Safety Instructors
Location: Wauwatosa Aquatic Center, Tosa East Pool
Ages: 4 years – 5.99 years with parent or caregiver
Course Code: 144030

Children will become comfortable in the water and have fun with their accompanying adult while learning introductory Red Cross swimming skills such as kicking, arm strokes, breath control, and more. ONLY one adult (need not be a skilled swimmer) must accompany each child in the water. No spectators allowed on deck, only the caregiver and child can be on deck/in the pool. Caregivers can rotate by class.

By Myself Swim (Demand Level: **HIGH**)

Instructors: American Red Cross Water Safety Instructors
Location: Wauwatosa Aquatic Center, Tosa East Pool
Ages: 4 and 5 years
Course Code: 144040

Small group swim lessons for swimmers aged 4 and 5 who are ready to try lessons alone. Class will focus on listening skills, water adjustment and exploring skills such as floating, kicking, arm strokes as swimmers work towards a coordinated front crawl. No swim experience required, but must be comfortable in the water without caregiver.

Level 1A (Demand Level: **HIGH**)

Instructors: American Red Cross Water Safety Instructors
Location: Wauwatosa Aquatic Center, Tosa East Pool
Ages: 6 years – 13.99 years
Course Code: 144100

Learn and practice submerging, breath control, floats (front and back), safety skills, and the front crawl (arms, kicking, and coordination).

GOAL: Swim one width of the pool with proper rotary breathing and one width of beginning back crawl. No spectators allowed on deck.

Level 1B (Demand Level: **HIGH**)

Instructors: American Red Cross Water Safety Instructors
Location: Wauwatosa Aquatic Center, Tosa East Pool
Ages: 6 years – 13.99 years
Course Code: 144190

Must be able to pass Level 1A exit skills at beginning of first class. Learn and practice submerging, breath control, floats (front and back), safety skills, and the front crawl (arms, kicking, and coordination).

GOAL: Swim two widths of the pool with proper rotary breathing (no double-arms pulls) and two widths of back crawl. No spectators allowed on deck.

Level 2 (Demand Level: **HIGH**)

Instructors: American Red Cross Water Safety Instructors
Location: Wauwatosa Aquatic Center, Tosa East Pool
Ages: 6 years – 13.99 years
Course Code: 144110

Must be able to pass Level 1B exit skills at beginning of first class. Learn glides, back crawl, elementary backstroke kick, jumping into deep water and treading and continue practicing coordinated front crawl.

GOAL: Swim 4 widths of the front crawl with proper rotary breathing and 2 widths of back crawl. No spectators allowed on deck.

Level 3 (Demand Level: **HIGH**)

Instructors: American Red Cross Water Safety Instructors
Location: Wauwatosa Aquatic Center, Tosa East Pool
Ages: 6 years – 13.99 years
Course Code: 144120

Must be able to pass Level 2 exit skills at beginning of first class. Continue improving elementary back stroke, butterfly kick and body motion, scissors kick, treading water (deep), kneeling dive into deep water, increase endurance and coordinated front and back crawl. No spectators allowed on deck.

Level 4A (Demand Level: **HIGH**)

Instructors: American Red Cross Water Safety Instructors
Location: Wauwatosa Aquatic Center, Tosa East Pool
Ages: 6 years – 13.99 years
Course Code: 144130

Must be able to pass Level 3 exit skills at beginning of first class. Learn breaststroke sequence and standing dive, refine elementary back stroke, increase distance for front and back crawl. No spectators allowed on deck.

Level 4B (Demand Level: **HIGH**)

Instructors: American Red Cross Water Safety Instructors
Location: Wauwatosa Aquatic Center, Tosa East Pool
Ages: 6 years – 13.99 years
Course Code: 144140

Must be able to pass Level 4A exit skills at the beginning of first class. Learn sidestroke and butterfly, refine elementary backstroke, front and back crawl, and breaststroke. No spectators allowed on deck.

Level 5 (Demand Level: **HIGH**)

Instructors: American Red Cross Water Safety Instructors
Location: Wauwatosa Aquatic Center, Tosa East Pool
Ages: 6 years – 13.99 years
Course Code: 144150

Must be able to pass Level 4B exit skills. Learn flip turns and surface dives, Refine breaststroke, sidestroke, and butterfly. Building endurance and continue front and back crawl and elementary backstroke. No spectators allowed on deck.



Private Swim Lessons (Demand Level: **HIGH**)

Instructors: American Red Cross Water Safety Instructors

Location: Wauwatosa Aquatic Center, Tosa East Pool

Ages: 5 years – 13.99 years

Course Code: 144050

Private lessons are designed to give swimmers one-on-one instruction. These lessons are designed for individuals needing more individual attention as a result of fear of water, difficulty with accomplishing skills or simply because one-on-one attention is desired. These lessons are also suitable for individuals identified as having a disability (physical limitations, cognitive delays and/or developmental delays) and may require direct physical assistance. Students can remain in these lessons or lessons may be used to prepare for inclusion to group lessons. Depending on the severity of the disability, parent or guardian may assist in the water.

Adult Swim Lessons

Instructors: American Red Cross Water Safety Instructors

Location: Wauwatosa Aquatic Center, Tosa East Pool

Ages: 14 years and Up

Course Code: 144500

Have you always wanted to learn how to swim but didn't know how to get started? Instructors will work with you in these group lessons to overcome your fear of water, become more comfortable in the water, work on basic swimming skills and improve upon the skills you have. Have some of the basics but want to improve? Continuing swimmers will work on stroke technique (including front crawl, breaststroke, and sidestroke) to improve efficiency. Continuing swimmers should be comfortable in deep water.

Tosa Aquatic Club

Instructors: USA Swimming/Wisconsin Swimming certified coaches

Location: Wauwatosa Aquatic Center, Wauwatosa West, Whitman

Ages: 6-18

Tosa Aquatic Club is a USA Swimming COMPETITIVE swim program for children between the ages of 6 and 18 who can swim a minimum of 25 yards each of freestyle (frontcrawl) and backstroke. Please go to the team website and select the 'Club Info' tab to view level descriptions: <https://www.teamunify.com/Home.jsp?team=wits>

Coaches are experienced, have Lifeguarding, CPR and AED certifications and are USA Swimming certified. Team competes year-round in local and State USA meets.

Practice locations/times subject to change depending on time of year; watch for Team Calendars and emails. Practices take place at the Wauwatosa Aquatic Center (East), Tosa West, Whitman and Wilson Pool (summer only).

Swimmers must be evaluated prior to registering. Please email tosawordfishcoach@gmail.com for more information about this process.

American Red Cross r. 24 Blended Learning Lifeguarding (Including Deep Water)

Instructors: Wauwatosa Recreation Department Certified American Red Cross Lifeguard Instructors

Location: Wauwatosa Aquatic Center, Tosa East Pool

Ages: 15 and Up to attend class and guard

Course Code: 144400-01

Day: See below **Dates:** See below **Time:** See below
Must pass pretest on 11/3, 6:00 - 8:30pm, to continue in class. Class will officially start after the pre-test. The following are the remaining class dates: Friday, November 13, 5:30 – 9:30, Saturday, November 14, 8:00 – 5:00pm and Sunday, November 15, 8:30am – 5:00pm.

Fee: Resident Price: \$125.00 Non-Resident Price: \$125.00

This is a Blended Learning class in which there is some online coursework. Participation in **ALL** classes is required for certification, along with completion of online work, and the passing of written and skills tests. For more information on prerequisite skills and class info, view the lifeguard class information on the Aquatics page. **Scan QR code on page 8 for more information.**



**FOR
ALL
AGES**



**SCAN
QR TO
LEARN
MORE!**

tosa WAUWATOSA
RECREATION

**OPEN
SWIM**

**Visit our website for
days & times**

www.tosarec.com/o/rec/page/open-swim



Archery

Instructors: West Town Archery Staff
Location: West Town Archery (4135 N. 126th Street, Brookfield)
Ages: 8 years and older
Course Code: 146360-01
Day: Sat **Dates:** 9/5-9/26 **Time:** 2:00 - 3:00pm
Course Code: 146360-02
Day: Sat **Dates:** 10/10 - 10/31 **Time:** 2:00 - 3:00pm
Course Code: 146360-03
Day: Mon **Dates:** 12/7 - 12/28 **Time:** 5:00 - 6:00pm
Fee: Resident Price: \$55/program participant
 Non-Resident Price: \$70/program participant

Gain the basic skills necessary to use equipment safely and properly, the form necessary to use sight, then use your new skills to score on an official indoor target. After completing the class, you should have the skills to shoot most archery equipment safely and accurately, and with proper form. Equipment provided; no prior experience necessary

Backyard Ninja

Instructors: Spring Sports, LLC
Location: Underwood Elementary, Gym
AGES: 3 – 4 YEARS OLD
Course Code: 168300-01
Day: Thur **Dates:** 9/10 – 10/8 **Time:** 5:45 - 6:15pm
Course Code: 168300-02
Day: Thur **Dates:** 10/22 – 11/19 **Time:** 5:45 - 6:15pm
Fee: Resident Price: \$60 Non-Resident Price: \$75
AGES: 5 – 7 YEARS OLD
Course Code: 168301-01
Day: Thur **Dates:** 9/10 – 10/8 **Time:** 6:15 - 7:00pm
Course Code: 168301-02
Day: Thur **Dates:** 10/22 – 11/19 **Time:** 6:15 - 7:00pm
Fee: Resident Price: \$72 Non-Resident Price: \$87
AGES: 8 – 10 YEARS OLD
Course Code: 168302-01
Day: Thur **Dates:** 9/10 – 10/8 **Time:** 7:00 - 7:45pm
Course Code: 168302-02
Day: Thur **Dates:** 10/22 – 11/19 **Time:** 7:00 - 7:45pm
Fee: Resident Price: \$72 Non-Resident Price: \$87

A high-energy class where Pre-stars (ages 3-4), Kinder-stars (5-7), and Prep-stars (8-10) master ninja fundamentals—jumping, tumbling, running, and compound movements—using fun games and backyard-style obstacles. Build skills each week and see if you've got what it takes to become the next ultimate Backyard Ninja. Join the adventure today!



(HOOPER HANDS) Fundamentals of Basketball

Location: Wilson Elementary, Gym
AGES: 4 – 5 YEARS OLD
Course Code: 168011-01
Day: Wed **Dates:** 9/23 – 10/14 **Time:** 6:00 - 6:45pm
Fee: Resident Price: \$72 Non-Resident Price: \$87
AGES: 6 – 8 YEARS OLD
Course Code: 168011-02
Day: Wed **Dates:** 9/23 – 10/14 **Time:** 7:00 - 7:45pm
Fee: Resident Price: \$72 Non-Resident Price: \$87

This fun, introductory class gives young athletes an overview of basketball fundamentals. Through engaging activities and games, participants will learn basic dribbling, shooting, passing, and rebounding skills while building confidence and developing a love for the game.

(HOOPER HANDS) Dribble Dribble 101

Location: Wilson Elementary, Gym
AGES: 4 – 5 YEARS OLD
Course Code: 168012-01
Day: Wed **Dates:** 10/21 – 11/11 **Time:** 6:00 - 6:45pm
Fee: Resident Price: \$72 Non-Resident Price: \$87
AGES: 6 – 8 YEARS OLD
Course Code: 168012-02
Day: Wed **Dates:** 10/21 – 11/11 **Time:** 7:00 - 7:45pm
Fee: Resident Price: \$72 Non-Resident Price: \$87

Take your game to the next level! Building on Fundamentals of Basketball, players will sharpen their ball-handling skills through fun drills, fast-paced games, and challenging stations designed to develop quick moves and confident "Hooper Hands."

(HOOPER HANDS) Pass-Shoot-Score

Location: Wilson Elementary, Gym
AGES: 4 – 5 YEARS OLD
Course Code: 168013-01
Day: Wed **Dates:** 11/18 – 12/16 **Time:** 6:00 - 6:45pm
Fee: Resident Price: \$72 Non-Resident Price: \$87
AGES: 6 – 8 YEARS OLD
Course Code: 168013-02
Day: Wed **Dates:** 11/18 – 12/16 **Time:** 7:00 - 7:45pm
Fee: Resident Price: \$72 Non-Resident Price: \$87

Get ready to learn, play, and compete! This mini basketball league combines fun skill-building drills with exciting team games. Players will sharpen their dribbling, passing, shooting, and teamwork before hitting the court for friendly competition each class.



(SKYHAWKS) HoopsterTots

Location: McKinley Elementary, Gym

AGES: 2 – 3 YEARS OLD

Course Code: 168204-01

Day: Mon **Dates:** 11/16 – 12/7 **Time:** 5:00 - 5:30pm

Fee: Resident Price: \$73 Non-Resident Price: \$88

AGES: 3 – 4 YEARS OLD

Course Code: 168204-02

Day: Mon **Dates:** 11/16 – 12/7 **Time:** 5:40 - 6:10pm

Fee: Resident Price: \$73 Non-Resident Price: \$88

Learning basketball has never been more fun! These classes focus on developing motor skills while introducing dribbling, shot technique, and passing. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge. Parent participation is required.

(SKYHAWKS) Basketball

Location: McKinley Elementary, Gym

AGES: 5 – 7 YEARS OLD

Course Code: 168205-01

Day: Mon **Dates:** 11/16 – 12/7 **Time:** 6:20 - 7:20pm

Fee: Resident Price: \$91 Non-Resident Price: \$106

AGES: 8 – 10 YEARS OLD

Course Code: 168205-02

Day: Mon **Dates:** 11/16 – 12/7 **Time:** 7:30 - 8:30pm

Fee: Resident Price: \$91 Non-Resident Price: \$106

This fun, skill-intensive program is designed for the beginning to intermediate player. Using our progression-based curriculum, staff focus on the whole player, teaching respect, teamwork and responsibility. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs.

(SKYHAWKS) SoccerTots

Location: McKinley Elementary, Gym

AGES: 2 – 3 YEARS OLD

Course Code: 168209-01

Day: Mon **Dates:** 9/14 – 10/5 **Time:** 5:00 - 5:30pm

Course Code: 168209-03

Day: Sat **Dates:** 11/21 – 12/19 **Time:** 9:00 - 9:30am

Fee: Resident Price: \$73 Non-Resident Price: \$88

AGES: 3 – 4 YEARS OLD

Course Code: 168209-02

Day: Mon **Dates:** 9/14 – 10/5 **Time:** 5:40 - 6:10pm

Course Code: 168209-04

Day: Sat **Dates:** 11/21 – 12/19 **Time:** 9:40 - 10:10am

Fee: Resident Price: \$73 Non-Resident Price: \$88

This soccer-themed class helps youngsters develop motor skills while getting involved in sports. We develop kicking, running control, and dribbling. This course will help kiddos learn to listen and follow instructions all while playing a variety of fun games with lots of physical activity. Parent participation is required.

(SKYHAWKS) Soccer

Location: McKinley Elementary, Gym

AGES: 5 – 7 YEARS OLD

Course Code: 168203-01

Day: Mon **Dates:** 9/14 – 10/5 **Time:** 6:20 - 7:20pm

Course Code: 168203-03

Day: Sat **Dates:** 11/21 – 12/19 **Time:** 10:20 - 11:20am

Fee: Resident Price: \$91 Non-Resident Price: \$106

AGES: 8 – 10 YEARS OLD

Course Code: 168203-02

Day: Mon **Dates:** 9/14 – 10/5 **Time:** 7:30 - 8:30pm

Fee: Resident Price: \$91 Non-Resident Price: \$106

Developed over 30 years, this is the number one soccer camp for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using our progression-based curriculum, your young athlete will gain the technical skills and sport knowledge required for that next step into soccer.

(SKYHAWKS) Floor Hockey

Location: McKinley Elementary, Gym

Ages: 5 – 8 years old

Course Code: 168208-01

Day: Sat **Dates:** 11/21 – 12/19 **Time:** 11:30am - 12:30pm

Fee: Resident Price: \$91 Non-Resident Price: \$106

Played on a hard surface, these classes focus on hand-eye coordination and reaction time to learn the sport of hockey. These young athletes will learn stickhandling, passing, shooting, and teamwork in a non-contact environment.

(SKYHAWKS) BaseballTots

Location: McKinley Elementary, Gym

AGES: 2 – 3 YEARS OLD

Course Code: 168207-01

Day: Sat **Dates:** 9/19 – 10/10 **Time:** 9:00 - 9:30am

Fee: Resident Price: \$73 Non-Resident Price: \$88

AGES: 3 – 4 YEARS OLD

Course Code: 168207-02

Day: Sat **Dates:** 9/19 – 10/10 **Time:** 9:40 - 10:10am

Fee: Resident Price: \$73 Non-Resident Price: \$88

BaseballTots is a developmental program that uses a variety of fun games to engage kids while teaching the sport of tball and developing fundamental skills. We build fitness, muscle coordination, baseball fundamentals and create a love of the game. Parent participation is required.

(SKYHAWKS) Tball

Location: McKinley Elementary, Gym

Ages: 5 – 7 years old

Course Code: 168211-01

Day: Sat **Dates:** 9/19 – 10/10 **Time:** 10:20 - 11:20am

Fee: Resident Price: \$91 Non-Resident Price: \$106

Skyhawks baseball staff teach the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility.



(SKYHAWKS) Baseball

Location: McKinley Elementary, Gym

Ages: 8 – 10 years old

Course Code: 168211-02

Day: Sat **Dates:** 9/19 – 10/10 **Time:** 11:30am - 12:30pm

Fee: Resident Price: \$91 Non-Resident Price: \$106

Skyhawks baseball staff teach the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility.

(SKYHAWKS) 1stDownTots

Location: McKinley Elementary, Gym

AGES: 2 – 3 YEARS OLD

Course Code: 168210-01

Day: Mon **Dates:** 10/19 – 11/9 **Time:** 5:00 - 5:30pm

Fee: Resident Price: \$73 Non-Resident Price: \$88

AGES: 3 – 4 YEARS OLD

Course Code: 168210-02

Day: Mon **Dates:** 10/19 – 11/9 **Time:** 5:40 - 6:10pm

Fee: Resident Price: \$73 Non-Resident Price: \$88

1stDownTots is a developmental program that uses a variety of fun games to engage kids while teaching the sport of football and developing fundamental skills. We build fitness, muscle coordination, football fundamentals and create a love of the game. We do not do any tackling or blocking at this level. Parent participation is required.

(SKYHAWKS) Flag Football

Location: McKinley Elementary, Gym

AGES: 5 – 7 YEARS OLD

Course Code: 168206-01

Day: Mon **Dates:** 10/19 – 11/9 **Time:** 6:20 - 7:20pm

Fee: Resident Price: \$91 Non-Resident Price: \$106

AGES: 8 – 10 YEARS OLD

Course Code: 168206-02

Day: Mon **Dates:** 10/19 – 11/9 **Time:** 7:30 - 8:30pm

Fee: Resident Price: \$91 Non-Resident Price: \$106

Athletes learn skills on both sides of the football, including the core components of passing, catching, and defense - all in a fun and positive environment. The program ends with the Skyhawks Super Bowl.

(SKYHAWKS) Volleykats

Location: McKinley Elementary, Gym

Ages: 4 – 6 years old

Course Code: 168200-01

Day: Sat **Dates:** 10/24 – 11/14 **Time:** 9:00 - 9:45am

Fee: Resident Price: \$81 Non-Resident Price: \$96

A great way to learn the signature sport of summer! One of the more difficult motor skills to grasp for children, these forgiving classes help them learn to bump, set, and spike, as well as developing agility, reaction, speed, and teamwork.

(SKYHAWKS) Volleyball

Location: McKinley Elementary, Gym

AGES: 7 – 9 YEARS OLD

Course Code: 168201-01

Day: Sat **Dates:** 10/24 – 11/14 **Time:** 9:55 - 10:55am

Fee: Resident Price: \$91 Non-Resident Price: \$106

AGES: 10 – 12 YEARS OLD

Course Code: 168201-02

Day: Sat **Dates:** 10/24 – 11/14 **Time:** 11:05am - 12:05pm

Fee: Resident Price: \$91 Non-Resident Price: \$106

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting, and serving. This co-ed program is designed for the beginning and intermediate player. Our staff will assist campers in developing fundamental skills through game-speed drills and daily games aimed at developing the whole player.

(SKYHAWKS) Pickleball

Location: McKinley Elementary, Gym

Ages: 7 – 9 years old

Course Code: 168212-01

Day: Sat **Dates:** 10/24 – 11/14 **Time:** 12:15 - 1:15pm

Fee: Resident Price: \$91 Non-Resident Price: \$106

This program develops and sharpens pickleball skills like groundstrokes, volleys, and serves in a fun environment while focusing on teamwork, sportsmanship, and respect. Come experience this lively sport while building confidence and appreciation for pickleball.

Intro to Karate

Instructors: Black Belt Leadership Academy staff

Location: Black Belt Leadership Academy,
9208 West Center Street

Ages: Grades 1 - 5

Course Code: 168800-01

Day: Fri **Dates:** 9/25 – 10/9 **Time:** 6:15 - 7:00pm

Fee: Resident Price: \$30 Non-Resident Price: \$40

Discover the excitement of karate at Black Belt Leadership Academy! Learn self-defense, improve focus, fitness, and confidence, and build leadership skills in a fun, positive environment. Students are challenged to do their personal best while developing discipline, coordination, and conflict-resolution skills—and even get to break a board!

Mighty Mites Soccer

Location: Longfellow Middle School, Gym

Ages: 3 - 4

Course Code: 168411-01

Day: Sat **Dates:** 10/17 – 11/7 **Time:** 9:00 - 9:45am

Fee: Resident Price: \$60 Non-Resident Price: \$75

Kick-start your soccer journey with fun games, skill-building activities, and exciting team play! Using Coerver® Coaching's world-renowned, age-appropriate curriculum, this camp creates a positive and energetic introduction to the game. Parents and older siblings are encouraged to join in the fun and make memories together!



Parent Tot Movement

Location: Longfellow Middle School, Recreation Room

Ages: 16 – 23 Months

Course Code: 160015-01

Day: Sat **Dates:** 10/3 – 10/24 **Time:** 9:00 - 9:30am

Course Code: 160015-02

Day: Sat **Dates:** 10/31 – 11/21 **Time:** 9:00 - 9:30am

Fee: Resident Price: \$35 Non-Resident Price: \$50

Children and their adult partners will use imagination through guided discovery of basic motor skills. This will include balancing, large muscle movements and creative playing. One parent per child. For safety and liability reasons, siblings who are not registered for the program are not permitted in the gym area during class. This also helps ensure a positive learning environment with minimal distractions.

Parent Tot Tumbling

Location: Longfellow Middle School, Recreation Room

Ages: 24 – 36 Months

Course Code: 160010-01

Day: Sat **Dates:** 10/3 – 10/24 **Time:** 9:45 - 10:15am

Course Code: 160010-02

Day: Sat **Dates:** 10/3 – 10/24 **Time:** 1:00 – 1:30pm

Course Code: 160010-03

Day: Sat **Dates:** 10/31 – 11/21 **Time:** 9:45 - 10:15am

Course Code: 160010-04

Day: Sat **Dates:** 10/31 – 11/21 **Time:** 1:00 – 1:30pm

Fee: Resident Price: \$35 Non-Resident Price: \$50

A fun class for a parent and child to build a growing relationship through the learning of basic motor skills, coordination and tumbling. One parent per child. For safety and liability reasons, siblings who are not registered for the program are not permitted in the gym area during class. This also helps ensure a positive learning environment with minimal distractions.

Kidnastics

Location: Longfellow Middle School, Recreation Room

Ages: 3 – 4 years old

Course Code: 160020-01

Day: Sat **Dates:** 10/3 – 10/24 **Time:** 10:30 - 11:00am

Course Code: 160020-02

Day: Sat **Dates:** 10/31 – 11/21 **Time:** 10:30 - 11:00am

Fee: Resident Price: \$45 Non-Resident Price: \$60

Children will learn basic motor skills, improve coordination and develop listening skills while being introduced to basic tumbling and gymnastic equipment. For safety and liability reasons, siblings who are not registered for the program are not permitted in the gym area during class. This also helps ensure a positive learning environment with minimal distractions.



Advanced Kidnastics

Location: Longfellow Middle School, Recreation Room

Ages: 3 – 5 years old

Course Code: 160030-01

Day: Sat **Dates:** 10/3 – 10/24 **Time:** 11:15 - 11:45am

Course Code: 160030-02

Day: Sat **Dates:** 10/31 – 11/21 **Time:** 11:15 - 11:45am

Fee: Resident Price: \$45 Non-Resident Price: \$60

For children who have participated in the Kidnastics program. They will build upon various skills taught in Kidnastics and concentrate on better control and form in their tumbling skills. For safety and liability reasons, siblings who are not registered for the program are not permitted in the gym area during class. This also helps ensure a positive learning environment with minimal distractions.

PreBeginner Gymnastics

Location: Longfellow Middle School, Recreation Room

Ages: 5 – 6 years old

Course Code: 160040-01

Day: Sat **Dates:** 10/3 – 11/21 **Time:** 12:00 - 12:45pm

Fee: Resident Price: \$49 Non-Resident Price: \$64

Learn backward rolls, cartwheels and handstands. Enhance coordination and body strength. Requirement: Must be able to do a forward roll unassisted. For safety and liability reasons, siblings who are not registered for the program are not permitted in the gym area during class. This also helps ensure a positive learning environment with minimal distractions.

Fall/Winter Tosa Basketball League

2026
2027



(3rd Grade) Junior TBL, Boys & Girls

Location: Whitman Middle School

Day: Sat

Dates: 11/7-1/30 (No program on 11/28, 12/26 or 1/2)

Course Code: Boys-169003-00

Girls: 169003-GR

Note: There must be at least four teams in order for this league to run

Fee: Resident Price: \$100
Non-Resident Price: \$115

Registration DEADLINE is Friday, October 9th. T-shirt size is not guaranteed after the deadline.

Enjoy 45 minutes of basketball instruction while learning aspects of the game from the volunteer coaches (an on-site supervisor will be present)! Then spend the last 25 minutes using these skills to compete in a game.

- Team size is limited to 10 players registered from each school. Schools that have more than 10 players once the registration deadline has passed will be divided into 2 teams. Schools with less than 10 will be combined with another school(s).
- Players registering after the deadline will be placed on teams that have openings. If there are no openings on any teams, players will be placed on a waitlist and if anyone un-enrolls from the program entirely, we will contact families off the waitlist.
- First four Saturdays are solely practice, starting on December 12th, we will incorporate the games.
- Volunteer coaches will be responsible for running the practice (equipment will be provided) and then helping coach the games. Coaches will receive a 15% discount on the program fee for their child and receive a complimentary coaches t-shirt.
- Each team must provide two volunteer coaches to lead practice and coaching during game time.
- Separate leagues for girls and boys.

(6th-8th grade) Boys

Location: Various Wauwatosa elementary/middle schools

Dates: **Practice Begins:** 11/30 **Games Begins:** 1/9-2/27
No Practice the week of 12/21 and 12/28

Course Code: 6th grade boys: 169006-00

7th-8th boys: 169007-00

Fee: Resident Price: \$99 Non-Resident Price: \$114

Registration DEADLINE: Monday, September 28th.

- Players registering after the deadline will be placed on teams that have openings. If there are no openings on any teams, players will be placed on a waitlist and if anyone un-enrolls from the program entirely, we will contact families off the waitlist.
- Each team must provide two volunteer coaches. Coaches will receive a 15% discount on the program fee for their child and receive a complimentary coaches t-shirt.
- Each basketball game has two designated WIAA referee officials.
- Required volunteer coaches meeting at Tosa West (Steiner Center) on Monday, October 26th from 5:00-5:45pm.

4th & 5th Grade Boys

Location: Various Wauwatosa public elementary/middle schools

Dates: Games begin 12/12 ending 2/27 (No games 12/26 & 1/2)

Course Code: 4th grade boys: 169004-00

5th grade boys: 169005-00

Note: There needs to be enough players to create four teams for the league)

Fee: Resident Price: \$105
Non-Resident Price: \$120

Registration DEADLINE: Monday, September 28th.

Compete in the sport of basketball through a structured league program. Learn game skills through participation. (Minimum of four teams needs to be had for league to run)

- Team size is limited to 10 players registered from each school. Schools that have more than 10 players once the registration deadline has passed, will be divided into 2 teams. Schools with less than 10 players will be combined with another school.
- Players registering after the deadline will be placed on teams that have openings. If there are no openings on any teams, players will be placed on a waitlist and if anyone un-enrolls from the program entirely, we will contact families off the waitlist.
- Each team must provide two volunteer coaches. Coaches will receive a 15% discount on the program fee for their child and receive a complimentary coaches t-shirt.
- Practices arranged by volunteer coaches at coaches meeting (Tuesday, October 13th in the Steiner Center (Tosa West) from 5:00-5:45pm)
- Each basketball game has two designated WIAA referee officials.
- Practice begins the week of November 9th (No practice the week of 11/23, 12/21, & 12/28)

***The Rec. Dept. reserves the right to adapt team formation to best suit the needs of the TBL program. Teams will solely be based off the school that the child attends. If the registration deadline is passed, participants will be placed on team's that have lower participation numbers. Please note, there must be enough participants to form at least four teams for the grade level league to run.*





2026-2027 School Year — Wednesdays 2:20–3:30pm (Demand Level: **HIGH)**
AFTER SCHOOL YOUTH ENRICHMENT PROGRAM

	SEPTEMBER 9/2–9/30	OCTOBER 10/7–10/28	NOVEMBER 11/4–11/18	DECEMBER 12/2–12/16	JANUARY 1/6–1/27	FEBRUARY 2/3–2/24	MARCH 3/3–3/31 *no 3/24	APRIL 4/7–4/28	MAY 5/5–5/26
SCHOOL	\$125 per month	\$100 per month	\$75 per month	\$75 per month	\$100 per month	\$100 per month	\$100 per month	\$100 per month	\$100 per month
Eisenhower	Soccer 639601-Ei	Cloud 9 Workshop 639602-Ei	Young Rembrandts 639603-Ei	Imagine Arts 639604-Ei	Tosa Block Party 639605-Ei	Skyhawks 639606-Ei	Mad Science 639607-Ei	Mad Science 639608-Ei	Skyhawks 639609-Ei
Jefferson	Cloud 9 Work-shop 639601-Je	Soccer 639602-Je	Cloud 9 Work-shop 639603-Je	Young Rembrandts 639604-Je	Imagine Arts 639605-Je	Tosa Block Party 639606-Je	Skyhawks 639607-Je	Mad Science 639608-Je	Mad Science 639609-Je
Lincoln	Skyhawks 639601-Li	Cloud 9 Workshop 639602-Li	Soccer 639603-Li	Cloud 9 Work-shop 639604-Li	Young Rembrandts 639605-Li	Imagine Arts 639606-Li	Tosa Block Party 639607-Li	Skyhawks 639608-Li	Mad Science 639609-Li
Madison	Mad Science 639601-Ma	Imagine Arts 639602-Ma	Cloud 9 Workshop 639603-Ma	Soccer 639604-Ma	Cloud 9 Workshop 639605-Ma	Young Rembrandts 639606-Ma	Skyhawks 639607-Ma	Tosa Block Party 639608-Ma	Skyhawks 639609-Ma
McKinley	Mad Science 639601-Mc	Mad Science 639602-Mc	Skyhawks 639603-Mc	Cloud 9 Workshop 639604-Mc	Soccer 639605-Mc	Cloud 9 Workshop 639606-Mc	Young Rembrandts 639607-Mc	Imagine Arts 639608-Mc	Tosa Block Party 639609-Mc
Montessori	Cloud 9 Workshop 639601-Mo	Young Rembrandts 639602-Mo	Imagine Arts 639603-Mo	Tosa Block Party 639604-Mo	Skyhawks 639605-Mo	Mad Science 639606-Mo	Mad Science 639607-Mo	Skyhawks 639608-Mo	Cloud 9 Workshop 639609-Mo
Roosevelt	Skyhawks 639601-Ro	Mad Science 639602-Ro	Mad Science 639603-Ro	Skyhawks 639604-Ro	Cloud 9 Workshop 639605-Ro	Soccer 639606-Ro	Cloud 9 Workshop 639607-Ro	Young Rembrandts 639608-Ro	Imagine Arts 639609-Ro
Underwood	Tosa Block Party 639601-Un	Skyhawks 639602-Un	Mad Science 639603-Un	Mad Science 639604-Un	Skyhawks 639605-Un	Cloud 9 Workshop 639606-Un	Soccer 639607-Un	Cloud 9 Workshop 639608-Un	Young Rembrandts 639609-Un
Washington	Imagine Arts 639601-Wa	Tosa Block Party 639602-Wa	Skyhawks 639603-Wa	Mad Science 639604-Wa	Mad Science 639605-Wa	Skyhawks 639606-Wa	Cloud 9 Workshop 639607-Wa	Soccer 639608-Wa	Cloud 9 Workshop 639609-Wa
Wilson	Young Rembrandts 639601-Wi	Skyhawks 639602-Wi	Tosa Block Party 639603-Wi	Skyhawks 639604-Wi	Mad Science 639605-Wi	Mad Science 639606-Wi	Imagine Arts 639607-Wi	Cloud 9 Workshop 639608-Wi	Soccer 639609-Wi

PROGRAM DESCRIPTIONS



TOSA BLOCK

STEAM projects using LEGO Education kits, plus some creative play.



IMAGINE ARTS

Guided by Creativity Coaches our classes combine art with real-world problem-solving activities for a one-of-a-kind experience. The fun and creative environment allows kids to use their ingenuity in new ways and fosters the development of important life skills in our Wild World Series. Kids will step into the animal kingdom and discover how art can inspire empathy, creativity, and a passion for protecting our planet. We'll sculpt, paint and create a fun take home project each week.



MAD SCIENCE

Kids will become Jr. Mad Scientists this school year as they explore different fun hands-on STEM topics each week. One week we might be learning the science behind our favorite toys, the next week we might learn about cool things Kids have invented and another week we'll mix, mash and brew some cool concoctions!



CLOUD 9 WORKSHOP

Get creative with Cloud 9 Work-shop! Each week, students will explore a variety of art techniques and materials through projects in painting, drawing, printmaking, weaving, and 3D construction.



SKYHAWKS

Skyhawks Sports provides safe, skill-based and FUN youth sports programs. Participants will play a variety of games including Soccer, Basketball, Flag Football, Kickball, Capture the Flag, and many more!



YOUNG REMBRANDT'S (MUST BE IN K5)**

Our elementary-age curriculum is de-signed to teach 5-12-year-olds basic and more advanced drawing skills, art techniques, and vocabulary. Using our unique step-by-step method, your child will use problem-solving skills, innovation, and their imagination to create unique works of art.



SOCCER STARS

Give your child an active and rewarding way to spend Wednes-day after school! Soccer Stars combines fun, skill-building, and teamwork in a positive after-school environment. Through engaging games and age-appropriate instruction, participants develop soccer fundamentals, confidence, coordination, and sportsmanship while making new friends. Whether your child is new to soccer or already loves the game, Soccer Stars offers a fun-filled experience they'll look forward to each week.

Please note, this program does not qualify for the free/reduced program with our department.



Youth Spanish Enrichment Class

Instructors: Futura Language Professionals Instructor
Location: Lincoln Elementary School, Community Room
Grades: K5-5th Grade
Day: Tue **Dates:** 10/6-12/8
Time: 3:30-4:30pm (supervision Time: 3:20-3:30pm)
Fee: Resident Price: \$140 Non-Resident Price: \$140

Registration link: <https://futuraadventures.com/wisconsin-region/>

¡Vamos con las Tradiciones! (Let's go with Traditions – in SPANISH!) Celebrate the season in Spanish! In Vamos con las Tradiciones (Let's go with Traditions!) students explore fall and winter vocabulary through songs, games, and festive cultural traditions. Kids practice simple conversations about greetings, colors, weather, clothing, emotions, and seasonal activities while discovering celebrations like Día de los Muertos and La Navidad. A fun, hands-on class that builds confidence speaking Spanish—no experience needed.

Youth Spanish Enrichment Class

Instructors: Futura Language Professionals Instructor
Location: McKinley Elementary School, Art Room
Grades: K5-5th Grade
Day: Thur **Dates:** 10/8-12/10
Time: 3:30-4:30pm (supervision Time: 3:20-3:30pm)
Fee: Resident Price: \$140 Non-Resident Price: \$140

Registration link: <https://futuraadventures.com/wisconsin-region/>

¡Vamos con las Tradiciones! (Let's go with Traditions – in SPANISH!) Celebrate the season in Spanish! In Vamos con las Tradiciones (Let's go with Traditions!) students explore fall and winter vocabulary through songs, games, and festive cultural traditions. Kids practice simple conversations about greetings, colors, weather, clothing, emotions, and seasonal activities while discovering celebrations like Día de los Muertos and La Navidad. A fun, hands-on class that builds confidence speaking Spanish—no experience needed.

Young Rembrandts

Instructors: Young Rembrandts Instructors

Ages: 6 thru 12

YOUNG REMBRANDTS — ROOSEVELT ELEMENTARY

Course Code: 152100-01

Day: Mon **Dates:** 9/14 - 11/2 **Time:** 3:25 - 4:25pm

Course Code: 152100-07

Day: Mon **Dates:** 11/09 - 1/11 **Time:** 3:25 - 4:25pm

YOUNG REMBRANDTS — WILSON ELEMENTARY SCHOOL

Course Code: 152100-03

Day: Tue **Dates:** 9/22 - 11/17 **Time:** 3:25 - 4:25pm

Course Code: 152100-09

Day: Tue **Dates:** 12/1 - 1/26 **Time:** 3:25 - 4:25pm

YOUNG REMBRANDTS — WASHINGTON ELEMENTARY SCHOOL

Course Code: 152100-04

Day: Thur **Dates:** 9/24 - 11/19 **Time:** 3:25 - 4:25pm

Course Code: 152100-10

Day: Thur **Dates:** 12/3 - 2/4 **Time:** 3:25 - 4:25pm

YOUNG REMBRANDTS — EISENHOWER ELEMENTARY SCHOOL

Course Code: 152100-02

Day: Thur **Dates:** 9/24 - 11/19 **Time:** 3:25 - 4:25pm

Course Code: 152100-08

Day: Thur **Dates:** 12/3 - 2/4 **Time:** 3:25 - 4:25pm

YOUNG REMBRANDTS — MCKINLEY ELEMENTARY SCHOOL

Course Code: 152100-05

Day: Fri **Dates:** 11/20 - 1/29 **Time:** 3:25 - 4:25pm

Course Code: 152100-12

Day: Fri **Dates:** 9/18 - 11/13 **Time:** 3:25 - 4:25pm

YOUNG REMBRANDTS — LINCOLN ELEMENTARY SCHOOL

Course Code: 152100-06

Day: Fri **Dates:** 9/18 - 11/13 **Time:** 3:25 - 4:25pm

Course Code: 152100-11

Day: Fri **Dates:** 11/20 - 1/29 **Time:** 3:25 - 4:25pm

Fee: Resident Price: \$115/participant
Non-Resident Price: \$115/participant

Our elementary-age curriculum is designed to teach 6-11-year-olds basic and more advanced drawing skills, art techniques, and vocabulary. Using our unique step-by-step method, your child will use problem-solving skills, innovation, and their imagination to create unique works of art. We provide all materials and teach new lessons each week in a positive and nurturing environment. You'll see increased art abilities, learning skills, self-confidence and self-esteem.



AUDITIONS “Over 90 years performing”

Children's Theatre of Wauwatosa Firefly Troupe (Formerly Little Theatres)

Location: Longfellow Middle School, Lois Weber Theater

Ages: Grades 3 through 8

Day: Tue 12/1 OR Wed, 12/2 **Day:** Thur, 12/3 (Call backs) **Time:** 6:30-8:30 pm

Children in grades 3 through 8 are invited to try out for the 2027 Firefly Troupe production of Alice in Wonderland. This play will be performed during the school day at Wauwatosa elementary public and parochial schools in March and April. Each troupe will have an evening and Saturday performance for family and friends.

**AUDITION
SIGN UP
HERE**





ArTogether with Tots at Cloud 9 Workshop

Instructors: Cloud 9 Workshop Staff

Location: 5205 W North Ave, Milwaukee WI 53203

Ages: 2-2.5 years old with an adult

OINK CLUNK MOO!

Course Code: 191200-01

Day: Thur **Dates:** 9/24, 10/1, 10/8 **Time:** 6:00 - 7:00pm

LITTLE MONSTERS

Course Code: 191200-02

Day: Thur **Dates:** 10/15-10/29 **Time:** 6:00 - 7:00pm

LITTLE BRIGHT STAR

Course Code: 191200-03

Day: Thur **Dates:** 11/5-11/19 **Time:** 6:00 - 7:00pm

ARTIC ANIMALS

Course Code: 191200-04

Day: Thur **Dates:** 12/3-12/17 **Time:** 6:00 - 7:00pm

(OINK CLUNK MOO!)

Course Code: 191200-05

Day: Thur **Dates:** 09/24, 10/1, 10/8 **Time:** 9:00 - 10:00am

(LITTLE MONSTERS)

Course Code: 191200-06

Day: Thur **Dates:** 10/15-10/29 **Time:** 9:00 - 10:00am

(STAR LIGHT STAR BRIGHT)

Course Code: 191200-07

Day: Thur **Dates:** 11/5-11/19 **Time:** 9:00 - 10:00am

(ARCTIC ANIMALS)

Course Code: 191200-08

Day: Thur **Dates:** 12/3-12/17 **Time:** 9:00 - 10:00am

Fee: Resident Price: \$78/child/session

Non-Resident Price: \$78/child/session

Discover, create, and play with your child at local eco-art studio, Cloud 9 Workshop. Each 3-week session introduces a new theme through hands-on art activities, songs, stories, sensory exploration, and creative play. Baby siblings in strollers or carriers are welcome.

Character Kids

Instructors: Character Kids Instructor

Location: McKinley Elementary School

Ages: Grades 1st-5th

Course Code: 154700-01

Day: Tue **Dates:** 9/22 - 12/8 **Time:** 3:30 - 4:30pm

Fee: Resident Price: \$165/program participant

Non-Resident Price: \$165/program participant

Love to sing, dance, and act? Join us for a fun-filled theater class where you'll play creative drama games, learn songs and choreography from musicals, and act out a short script. Each session is different, so new and returning students are always welcome! Along the way, you'll build confidence, use your imagination, and make new friends while developing important stage skills. Families are invited to a showcase on the last day of class!

TOSA TOTS (Demand Level: **RESIDENTS ONLY**)

Location: Lincoln Elementary, Room 114

McKinley Elementary, Room 112

Underwood Elementary, Room 121

Wilson Elementary, Room 102

Ages: 3-4 year olds

SITE: LINCOLN ELEMENTARY – ROOM 114

Course Code: 1966MT – L1 ---- FULL

Day: Mon/Tue **Dates:** 9/8 - 6/1 **Time:** 8:20 – 10:55am

Course Code: 1966WH – L1 ---- FULL

Day: Wed/Thur **Dates:** 9/9 – 6/3 **Time:** 8:20 – 10:55am

SITE: MCKINLEY ELEMENTARY – ROOM 112

Course Code: 1966MT – MC ---- FULL

Day: Mon/Tue **Date:** 9/8 - 6/1 **Time:** 8:20am – 10:55am

Course Code: 1966WH – MC ---- FULL

Day: Wed/Thur **Date:** 9/9 – 6/3 **Time:** 8:20am – 10:55am

SITE: UNDERWOOD ELEMENTARY – ROOM 121

Course Code: 1966MT – UN

Day: Mon/Tue **Date:** 9/8 - 6/1 **Time:** 8:20am – 10:55am

Course Code: 1966WH – UN

Day: Wed/Thur **Date:** 9/9 – 6/3 **Time:** 8:20am – 10:55am

SITE: WILSON ELEMENTARY – ROOM 102

Course Code: 1966MT – WI

Day: Mon/Tue **Date:** 9/8 – 6/1 **Time:** 8:20am – 10:55am

Course Code: 1966MT – WI

Day: Wed/Thur **Date:** 9/9 – 6/3 **Time:** 8:20am – 10:55am

Fee: Resident Price: \$175.00 - Tuition Deposit per Session; Once enrolled, parents will receive a quarterly tuition schedule and fee amount of \$350.00.

Ages 3 & 4 (must be toilet trained)

Registration opened in April, however we have a few spots still remaining. The program is run by our Recreation Department with support from the School District's Student Services Department. This is an inclusive early learning opportunity for 3-4 year old children in Wauwatosa. Your child is eligible to enroll when they turn three. Our Tosa Tots program mission is to establish equitable, inclusive early childhood programs that allow young children to explore the world around them and develop a love of learning! Our Tots programs are designed with all children in mind; we meet each child at their unique developmental level and support their social-emotional, cognitive, motor and language development through intentional, age-appropriate activities and child-directed play. Conscious Discipline, a brain-based social-emotional program, sets the foundation for all learning in our classrooms.

NEW: Registration will now cover the entire program year (September – early June). On the High Demand Registration Day, parents will be paying a tuition deposit for the program of \$175.00. Once enrolled, parents will receive a quarterly tuition schedule and fee amount of \$350.00. The tuition deposit will only be refunded if it is before the start of the program. Participants who are continuing from the recent Winter-Spring session will receive priority registration for this year's session.

You can select the session of your preference and register online. You can register for both two day sessions if you prefer. If your child is enrolled and serviced by student services, they are only eligible for one- two-day session. If a desired location fills, please email tosarec@wauwatosa.k12.wi.us to be placed on a wait list.



Mathnasium at School – McKinley Elementary

(Demand Level: **HIGH**)

Instructors: Mathnasium of Wauwatosa Instructors

Location: McKinley Elementary, Community Room

Ages: Grades K–5, McKinley students

Course Code: Register through Mathnasium

Day: Tue/Thur

Dates: Begins 9/1 and runs through the 2026–2027 school year

Time: 3:30 - 4:30pm

Course Code: Register through Mathnasium

Day: Tue/Thur

Dates: Begins 9/1 and runs through the 2026–2027 school year

Time: 4:45 - 5:45pm

Fee: One-Time Enrollment **Fee:** \$49

Ongoing Monthly **Fee:** \$349/month

Math help is now easier and more convenient for McKinley families! Students receive personalized instruction, homework support, and a customized learning plan from trained Mathnasium instructors, all right after school. This program helps students catch up, keep up, or get ahead while building confidence in math.

Register here: <https://form.jotform.com/mathnasiumwi/mathnasiumatschool> Note: Space is limited to 20 students per session. Flexible enrollment allows families to join at any time. **Scan QR code to the right.**



Safety Town – At Home

Location: Online

Ages: 3+

Course Code: 662301-01

Fee: Resident Price: \$25 Non-Resident Price: \$25

Introduce your child to important safety topics—including fire, personal safety, traffic signs, and poisons—through this fun, interactive recorded program. Families receive 10 story-based lessons to explore at their own pace, helping children build confidence, independence, and safety awareness at home and in their community.

After School Art Club at Cloud 9 Workshop

Instructors: Cloud 9 Workshop Instructors

Location: 5205 W North Ave, Milwaukee WI 53203

Ages: Grades K5-5th

Course Code: 154016-01

Day: Tue **Dates:** 9/22, 9/29 & 10/6 **Time:** 4:15 - 5:45pm

Course Code: 154016-02

Day: Tue **Dates:** 10/13-10/27 **Time:** 4:15 - 5:45pm

Course Code: 154016-03

Day: Tue **Dates:** 11/3-11/17 **Time:** 4:15 - 5:45pm

Course Code: 154016-04

Day: Tue **Dates:** 12/1 - 12/15 **Time:** 4:15 - 5:45pm

Fee: Resident Price: \$78/child/session

Non-Resident Price: \$78/child/session

Explore, invent, experiment, and CREATE at local eco-art studio, Cloud 9 Workshop! Each week, Jr. Makers discover new materials, techniques and creative challenges. During the second half of class, students can freely

tinker, build, and experiment at the Tinker Bar while practicing their new skills. Workshops blend art, creativity, and practical learning through sewing, basic tool use, problem solving, math, and hands-on exploration.

Creative Movement

Instructor: Emily Rhodes

Location: Underwood Elementary Community Room

Ages: 3.5 – 5

Course Code: 156025-01

Day: Thur **Dates:** 10/8 – 12/10 **Time:** 9:45am – 10:15am

Fee: Resident Price: \$40.00 Non Resident Price: \$55.00

Learn and practice basic motor skills like jumping, skipping, and marching. We will incorporate these and other skills, pairing them to music. Intro to dance movement stressing rhythm, balance, creativity and FUN! This is a drop-off class; it is not a parent/child class.

Bongo Congo Bash

Instructor: “Mr. K” Kidd Kerwyn

Location: McKinley Elementary Community Room

AGES: 4- 5 YEARS OLD

Course Code: 154800-01

Day: Tue **Dates:** 10/13 – 11/3 **Time:** 4:00pm – 4:30pm

AGES: 6- 9 YEARS OLD

Course Code: 154800-02

Day: Tue **Dates:** 10/13 – 11/3 **Time:** 4:45pm – 5:15pm

AGES: 10- 12 YEARS OLD

Course Code: 154800-03

Day: Tue **Dates:** 10/13 – 11/3 **Time:** 5:30pm – 6:00pm

Fee: Resident Price: \$25.00 Non-Resident Price: \$35.00

Ask your child if he/she has had “Mr. K” as a substitute teacher at their Wauwatosa elementary school. They will be very excited to play the Bongo Congo with him again! This time they will be given bongos, rhythm sticks and egg shakers of their own to play. Plus there will be new whimsical songs that will inspire them to bang, shake, dance and sing along. Finally, Kidd Kerwyn will share his newly published book, Play the Bongo Congo.

Tree Climbing

Instructors: Curt Andrews, Treetop Explorer LLC

Location: Tree near the Wauwatosa Montessori/Fisher Building.
(Off of North Avenue and N 122nd Street)

Ages: 7 – Adult

Course Code: 154100-01

Day: Wed **Date:** 9/9 **Time:** 3:30 - 5:00pm

Course Code: 154100-02

Day: Wed **Date:** 9/9 **Time:** 5:30 - 7:00pm

Fee: Resident price: \$50/participant

Non-Resident Price: \$65/participant

Fun, fitness, adventure! Recreational Tree Climbing utilizes rope and harness to ascend into and explore tall trees. Climbers build self-confidence and connect nature and themselves in a unique way. The tree climbing adventure is enjoyed by individuals and particularly rewarding to families. No experience necessary, basic level of fitness required. Participants will be ascending within minutes after an easy-to-follow tutorial from a qualified tree climbing facilitator.



CLEAR: Career Life Exploration and Readiness

(Demand Level: **HIGH**)

Instructors: TBD

Location: Wauwatosa East High School / Wauwatosa West High School

Ages: High School Students

Course Code: 193000-01

Day: Mon **Dates:** 10/19 - 11/23 **Time:** 3:30 - 5:00pm

Location: Wauwatosa East High School

Course Code: 193000-02

Day: Thur **Dates:** 10/15 - 11/19 **Time:** 3:30 - 5:00pm

Location: Wauwatosa West High School

Fee: Resident Price: Free! Non-Resident Price: Free!

CLEAR helps high school students explore careers, build financial literacy, develop practical life skills, and plan for life after high school. Through interactive sessions, discussions, and guest speakers, students will build confidence, ask questions, and connect learning to real-world next steps.

BATON

Instructor: Ms. Sue Hoff

Location: Roosevelt Gym

Ages: 6-17

INTERMEDIATE / ADVANCE

Course Code: 156056-03

Days: Tue **Dates:** 9/15 - 12/15 **Time:** 4:00pm - 4:45 pm

BEGINNER

Course Code: 156056-04

Days: Tue **Dates:** 9/15 - 12/15 **Time:** 5:00pm - 5:45pm

Fee: Resident Price: \$80.00 Non Resident Price: \$95.00

Instruction for both beginning and advanced students. Students will need beige jazz shoes. You may borrow a baton during the first class or order one online (Ms. Hoff may send the link out to parents prior to the first class). Participants will have the opportunity to participate in a Baton contest in April. More information regarding that will be given in late Winter/early Spring.

Music Makers and More

Instructors: Time for Me Staff

Location: Underwood Elementary, Community Room

Ages: 8 months to 4 years old with parent or caregiver

Course Code: 191010-01

Day: Mon **Dates:** 11/16 - 12/14 **Time:** 9:00 - 9:30am

Course Code: 191010-02

Day: Mon **Dates:** 11/16 - 12/14 **Time:** 10:00 - 10:30am

Fee: Resident Price: \$45.00 Non-Resident Price: \$60.00

Course Code: 291010-01

Day: Mon **Dates:** 1/11 - 2/8 **Time:** 9:00 - 9:30am

Course Code: 291010-02

Day: Mon **Dates:** 1/11 - 2/8 **Time:** 10:00 - 10:30am

Fee: Resident Price: \$45.00 Non-Resident Price: \$60.00

This sing-along musical activity group is designed for children and their parents or caregivers. The class incorporates traditional children's song, rhythm instruments, dance movements, and puppets that help tell a story within a song. Bring your dancing feet and join this fun family class!



American Red Cross Babysitters Training R.25

(Demand Level: **HIGH**)

Blended Learning with Child and Infant First Aid/CPR/AED Certification

Instructors: Renee Vanselow, Rescue Ready Resources

Location: McKinley Elementary, Community Room

Ages: 11-14

Course Code: 162010-01

Day: Sat **Dates:** 9/26 **Time:** 9:00am - 3:00pm

Course Code: 162010-02

Day: Tue **Dates:** 11/3 **Time:** 9:00am - 3:00pm

Course Code: 162010-03

Day: Sat **Dates:** 12/5 **Time:** 9:00am - 3:00pm

Fee: Resident Price: \$90.00 Non-Resident Price: \$105.00

Learn about the job of a babysitter in this course from effective supervision of children and infants; to choosing safe, age-appropriate games and toys; to performing basic child-care skills such as diapering, feeding, and dressing. Discuss how to find and interview for a babysitting job and how to communicate effectively with parents.

This is a blended learning course that includes online classwork to be completed at home prior to the first in-person class date. After completing the online classwork at home and bringing your online completion confirmation to class, you will practice and polish your CPR and First Aid skills. Learn to prevent emergencies by identifying safety hazards and how to provide care for common injuries such as burns, cuts, and bee stings, should they occur.

After attending class, completing the online coursework, and checking off all the required skills, participants will receive the American Red Cross Babysitters Training (expires in 10 years) and Pediatric CPR with First Aid (expires in 2 years) certifications.



CAMPS AND CLUBS



NO SCHOOL DAY CAMPS

Children will participate in activities such as arts and crafts, possibly swimming (only if we are able to obtain lifeguards), a field trip or special event as part of our No School Day Camps. Please look closely as due to the activity, there are different ages/grades for the day camps. Parents will receive more detailed information a week before the camp. Camp is held at Lincoln Elementary (west side of building – Underwood Avenue Door W5) Limited spots are available!

No School Day Camp: Boundless Adventure

Instructor: Recreation Dept Staff

Location: Lincoln Elementary, Cafeteria

Grades: 1 – 5 (MUST BE 7)

Course Code: 154900-01

Day: Fri **Date:** 10/2 **Time:** 7:30am – 5:30pm

Fee: Resident Price: \$60.00 Non-Resident Price: \$75.00

Participants will engage in the activities listed above and they also will be visiting Boundless Adventures for a fun Ropes Course. MUST BE 7 IN ORDER TO PARTICIPATE! Registration Deadline: 9/25 No Refunds After: 9/25

No School Day Camp: Basse's Pumpkin Fest

Instructor: Recreation Dept Staff

Location: Lincoln Elementary, Cafeteria

Grades: K4 – 5

Course Code: 154901-01

Day: Fri **Date:** 10/16 **Time:** 7:30am – 5:30pm

Fee: Resident Price: \$60.00 Non-Resident Price: \$75.00

Participants will visit Basse's Pumpkin Fest to participate in fall outdoor activities! Registration Deadline: 10/9 No Refunds After: 10/9

No School Day Camp: SkyZone Trampoline Park

Instructor: Recreation Dept Staff

Location: Lincoln Elementary, Cafeteria

Grades: K4 – 5

Course Code: 154902-01

Day: Tue **Date:** 11/3 **Time:** 7:30am – 5:30pm

Fee: Resident Price: \$60.00 Non-Resident Price: \$75.00

Participants will visit Sky Zone Trampoline this afternoon to get some energy out! Registration Deadline: 10/27 No Refunds After: 10/27

WINTER ADVENTURE CLUB

Need a break from your parents during the long winter vacation? Hang out with Wauwatosa Recreation! Participants will do arts and crafts, games, swimming, movies, special snacks and activity instructors will come to visit. As similarly structured to our Summer Adventure Club, Daily registration will be \$60 for each of the three days. Sign up for one or ALL! More detailed information will be sent to enrollees after registration. A limited number of spots are available so register now! Pick Up/Drop Off – Lincoln Elementary School Main Entrance (Door W5)

Winter Adventure Camp: Angry Birds

Instructor: Recreation Dept Staff

Location: Lincoln Elementary, Cafeteria

Grades: K4 – 6

Course Code: 254800-01

Day: Mon **Date:** 12/28 **Time:** 8:00am – 5:00pm

Fee: Resident Price: \$60.00 Non-Resident Price: \$75.00

In the morning participants will have an animal educational program courtesy of J&R Aquatic Animal Rescue and in the afternoon they will go see Angry Birds 3 at a Marcus Theatre! Registration Deadline: 12/21 No Refunds After: 12/21

Winter Adventure Camp: Crystal Ridge

Instructor: Recreation Dept Staff

Location: Lincoln Elementary, Cafeteria

Grades: K4 – 6

Course Code: 254800-02

Day: Tue **Date:** 12/29 **Time:** 8:00am – 5:00pm

Fee: Resident Price: \$60.00 Non-Resident Price: \$75.00

Participants will go sledding at Crystal Ridge! Registration Deadline: 12/22 No Refunds After 12/22

Winter Adventure Camp: Yo Mama Frozen Yogurt

Instructor: Recreation Dept Staff

Location: Lincoln Elementary, Cafeteria

Grades: K4 – 6

Course Code: 254800-03

Day: Wed **Date:** 12/30 **Time:** 8:00am – 5:00pm

Fee: Resident Price: \$60.00 Non-Resident Price: \$75.00

Participants will swim at Tosa East Pool and then visit Yo Mama for Frozen Yogurt. Registration Deadline: 12/30 No Refunds After 12/30



LEGO CLASSES

Beginner Builders

Ages: Grades K4-K5

Time: 10:00am – 10:45am

Course Code: 154950-01 Sat, 9/26 (Underwood Elementary)

Course Code: 154950-02 Sat, 10/10 (Wilson Elementary)

Course Code: 154950-03 Sat, 10/24 (Wauwatosa Montessori)

Course Code: 154950-04 Sat, 11/7 (Lincoln Elementary)

Course Code: 154950-05 Sat, 11/21 (Underwood Elementary)

Course Code: 154950-06 Sat, 12/5 (Eisenhower Elementary)

Course Code: 154950-07 Sat, 12/19 (McKinley Elementary)

Fee: Cost: \$20 (Resident) & \$30 (Non-Resident)/Child

This is all about confidence, curiosity, and play. Kids explore big ideas in a way that feels joyful and low-pressure—no right or wrong answers, just building and discovering.

Intermediate Builders

Ages: Grades 1st-5th

Time: 11:15am – 12:30pm

Course Code: 154952-01 Sat, 9/26 (Underwood Elementary)

Course Code: 154952-02 Sat, 10/10 (Wilson Elementary)

Course Code: 154952-03 Sat, 10/24 (Wauwatosa Montessori)

Course Code: 154952-04 Sat, 11/7 (Lincoln Elementary)

Course Code: 154952-05 Sat, 11/21 (Underwood Elementary)

Course Code: 154952-06 Sat, 12/5 (Eisenhower Elementary)

Course Code: 154952-07 Sat, 12/19 (McKinley Elementary)

Fee: \$22.50 (Resident) & \$33.50 (Non-Resident)/Child

Kids move from “exploring” to intentionally building. They learn how things work, test ideas, and improve designs—all while keeping it fun and creative.



Advanced Builders

Ages: Grades 1st-5th

Time: 1:00pm-2:30pm

Course Code: 154953-01 Sat, 9/26 (Underwood Elementary)

Course Code: 154953-02 Sat, 10/10 (Wilson Elementary)

Course Code: 154953-03 Sat, 10/24 (Wauwatosa Montessori)

Course Code: 154953-04 Sat, 11/7 (Lincoln Elementary)

Course Code: 154953-05 Sat, 11/21 (Underwood Elementary)

Course Code: 154953-06 Sat, 12/5 (Eisenhower Elementary)

Course Code: 154953-07 Sat, 12/19 (McKinley Elementary)

Fee: \$25 (Resident) & \$35 (Non-Resident)/Child

This is where builders level up. Students combine engineering with technology, learning to code, test, and refine interactive LEGO® creations.





3v3 Wheelchair Basketball (disability not required)

Instructors: The Ability Center Staff

Location: Whitman Middle School, Gym

Day: Thur **Dates:** 9/3-10/29 (no class 10/15)

Time: 6:00-9:00pm

Fee: Resident Price: \$25 Non-Resident Price: \$30

Join The Ability Center (TAC) for wheelchair basketball! Open to all ages and abilities—no disability required. Bring your competitive spirit and play alongside friends and family. Equipment is provided. Register as an individual or team: programs@tacwi.org or 414-373-9500.

TAC: Open Gym-Adaptive Sports, Not "disABLED" sports

Instructors: The Ability Center Staff

Location: Whitman Middle School, Gym

Day: Fri **Times:** 6:00-9:00pm

Dates: 9/18, 10/23, 11/20, 12/18, 1/15, 2/19, 3/9, 4/16, 5/14

Fee: FREE

Join the The Ability Center (TAC) and try something new in an active, inclusive, adaptive, environment. Regardless of age or ability everyBODY is welcome to play "in a different pair of shoes". Participants can try wheelchair basketball, play goalball and sitting volleyball, and other adaptive games. Programming is free and open to the public. All equipment is provided. For more information contact programs@tacwi.org or call 414-373-9500.

Open Play Pickleball (for competitive players)

Age: 18+

Location: Lincoln Elementary, Gym

Course Code: 164024-01

Day: Tue **Dates:** 11/3-3/16 **Time:** 5:30-7:00

Course Code: 164024-02

Day: Tue **Dates:** 11/3-3/16 **Time:** 7:00-8:30

Course Code: 164024-03

Day: Thur **Dates:** 11/5-3/18 **Time:** 5:30-7:00

Course Code: 164024-04

Day: Thur **Dates:** 11/5-3/18 **Time:** 7:00-8:30

Course Code: 164024-07

Day: Sat **Dates:** 11/7-3/20 **Time:** 9:00-10:30

Course Code: 164024-08

Day: Sat **Dates:** 11/7-3/20 **Time:** 10:30-12:00

Fee: Resident Price: \$80 Non-Resident: \$95

This group is structured for players who know the game and possess a higher skill level. Players will continue to rotate on and off the courts during this session. Prerequisites: Experience and understanding of rules is required. Instruction will not be given.

Open Play Pickleball (for social play)

Age: 18+

Location: Underwood Elementary, Gym

Course Code: 164024-05

Day: Wed **Dates:** 11/4-3/17 **Time:** 5:30-7:00

Course Code: 164024-06

Day: Wed **Dates:** 11/4-3/17 **Time:** 7:00-8:30

Course Code: 164024-09

Day: Sat **Dates:** 11/7-3/20 **Time:** 9:00-10:30

Course Code: 164024-10

Day: Sat **Dates:** 11/7-3/20 **Time:** 10:30-12:00

Fee: Resident Price: \$80 Non-Resident: \$95

This play is considered "Social Play", while providing a competitive edge. Players will continue to rotate on and off the courts during this session. Prerequisites: Experience and understanding of rules is required. Instruction will not be given.

OPEN PLAY Basketball

Location: Whitman Middle School, Gym

Ages: 25+

Course Code: 172000-01

Day: Mon **Dates:** 9/21 - 12/14 **Time:** 7:15 - 9:15pm

Fee: Resident Price: \$49 Non-Resident Price: \$64

Teams are organized nightly by the site coordinator. Advanced registration is required.

OPEN PLAY Volleyball

Location: Whitman Middle School, Gym

Course Code: 182000-01

Ages: 25+

Day: Tue **Dates:** 9/22 - 12/15 **Time:** 7:15 - 9:15pm

Fee: Resident Price: \$49 Non-Resident Price: \$64

Teams are organized nightly by the site coordinator. Advanced registration is required.

T'ai Chi Fundamentals for Beginners

Instructors: Patricia Corrigan Culotti, CTI, MTF

Location: West High School, Cafeteria

Ages: Adults 18+

Course Code: 146400-01

Day: Mon **Dates:** 9/14 - 12/7 **Time:** 6:00 - 7:00pm

Fee: Resident Price: \$120 Non-Resident Price: \$150

Experience the many benefits of T'ai Chi! This gentle, flowing exercise improves balance, flexibility, strength, and mental focus while reducing stress and promoting relaxation. Suitable for adults of all ages and abilities, T'ai Chi is a fun, low-impact way to enhance overall health and well-being.

Traditional CMC Yang Style T'ai Chi Form & Corrections

Instructors: Patricia Corrigan Culotti, CTI, MTF

Location: West High School, Cafeteria

Ages: Adults 18+

Course Code: 146401-01

Day: Mon **Dates:** 9/14 - 12/7 **Time:** 7:00 - 8:00pm

Fee: Resident Price: \$120 Non-Resident Price: \$150

For participants with prior T'ai Chi Fundamentals experience, this class refines form and deepens understanding of T'ai Chi principles and meditation. Explore the flow of chi and its healing potential while strengthening the mind-body connection through guided practice and its many health benefits.



(OPEN DOOR WELLNESS)

Hatha Yoga Flow

Instructors: Various

Location: Open Door Wellness, 9205 W. Center Street, Suite 202

Ages: Adult

Course Code: 173200-01

Day: Mon **Dates:** 9/14 – 11/2 **Time:** 4:00 - 5:00pm

Course Code: 173200-02

Day: Mon **Dates:** 11/9 - 12/21 **Time:** 4:00 - 5:00pm

Course Code: 173200-03

Day: Wed **Dates:** 9/9 – 10/28 **Time:** 4:00 - 5:00pm

Course Code: 173200-04

Day: Wed **Dates:** 11/4 - 12/30 **Time:** 4:00 - 5:00pm

Course Code: 173200-05

Day: Wed **Dates:** 9/9 – 10/28 **Time:** 6:30 - 7:30pm

Course Code: 173200-06

Day: Wed **Dates:** 11/4 - 12/30 **Time:** 6:30 - 7:30pm

Course Code: 173200-07

Day: Fri **Dates:** 9/11 – 10/30 **Time:** 8:30 - 9:30am

Course Code: 173200-08

Day: Sat **Dates:** 9/12 – 10/31 **Time:** 9:30 - 10:30am

Course Code: 173200-09

Day: Sun **Dates:** 9/13 – 11/1 **Time:** 8:00 - 9:00am

Fee: Resident Price: \$83 Non-Resident Price: \$92

Slow down, breathe deeply, and reconnect with yourself. This grounding practice blends mindful movement, gentle strengthening, and mobility work to support balance and ease. With a slower-to-moderate pace and beginner-friendly approach, you'll leave feeling centered, refreshed, and more connected to your body and breath.

(OPEN DOOR WELLNESS)

Hula Hoop Dance

Instructors: Alli Williams, MA

Location: Open Door Wellness, 9205 W. Center Street, Suite 202

Ages: Adults

Course Code: 173208-01

Day: Thur **Dates:** 9/10 – 10/29 **Time:** 5:30 – 6:30pm

Fee: Resident Price: \$75 Non-Resident Price: \$75

Play, spin, and flow! This upbeat Hula Hoop Dance class blends rhythm, movement, and creativity to build coordination, balance, and confidence. Through guided drills and music-driven exploration, participants of all experience levels are invited to move freely, express themselves, and discover the joy of hooping in a fun, supportive environment.

(OPEN DOOR WELLNESS)

New Year's Eve Yoga Practice – Influence 2027!

Instructors: Laura Halfmann, RYT200

Location: Open Door Wellness, 9205 W. Center Street, Suite 202

Ages: Adults

Course Code: 173201-01

Day: Thur **Dates:** 12/31 **Time:** 4:00 – 5:30pm

Fee: Resident Price: \$35 Non-Resident Price: \$35

Close out 2026 with intention and step into 2027 feeling grounded and inspired. Through relaxation meditation, reflective writing, gentle Hatha Yoga, and community sharing, we'll release the past and envision the year ahead. All levels are welcome—bring a mat, water, and cozy layers.

(OPEN DOOR WELLNESS) Qigong

Instructors: Robin Block, CTI

Location: Open Door Wellness, 9205 W. Center Street, Suite 202

Ages: Adults

Course Code: 173204-01

Day: Mon **Dates:** 9/14 – 12/7 **Time:** 10:00 – 11:00am

Course Code: 173204-02

Day: Thur **Dates:** 9/17 – 12/10 **Time:** 10:00 – 11:00am

Fee: Signing up for one class -
\$130 Resident / \$160 Non-Resident

Course Code: 173204-03

Fee: Signing up for two classes -
\$215 Resident / \$230 Non-Resident

Discover the gentle art of Qigong through Tai Chi Fundamentals@ Basic Moves. This beginner-friendly class uses flowing, repetitive movements to build balance, strength, flexibility, and focus. Move at your own pace while cultivating calm, coordination, and a sense of harmony that can support everyday well-being.

(OPEN DOOR WELLNESS)

Rise & Energize Yoga

Instructors: Jean Hoffmann, RYT200 (T)

Kathleen Mack, RYT200 (Th)

Location: Open Door Wellness, 9205 W. Center Street, Suite 202

Ages: Adults

Course Code: 173202-01

Day: Tue **Dates:** 9/8 – 10/27 **Time:** 8:45 - 9:45am

Course Code: 173202-02

Day: Tue **Dates:** 11/3 – 12/22 **Time:** 8:45 - 9:45am

Course Code: 173202-03

Day: Thurs **Dates:** 9/10 – 10/29 **Time:** 8:45 - 9:45am

Fee: Resident Price: \$83 Non-Resident Price: \$92

Start your day with purpose, not pressure. This uplifting 60-minute class blends breathwork, gentle yoga flow, mobility, and restorative practices to release tension, boost energy, and cultivate calm. Suitable for all bodies, abilities, and experience levels, you'll leave feeling refreshed, centered, and ready to thrive.

(OPEN DOOR WELLNESS)

Tai Chi Fundamentals for Beginners

Instructors: Patricia Corrigan Culotti, CTI, MTF

Location: Open Door Wellness, 9205 W. Center Street, Suite 202

Ages: Adults

Course Code: 173205-02

Day: Wed **Dates:** 9/16 – 12/9 **Time:** 9:00 - 10:00am

Fee: Resident Price: \$130 Non-Resident Price: \$160

Experience the many benefits of T'ai Chi! This gentle, flowing exercise improves balance, flexibility, strength, and mental focus while reducing stress and promoting relaxation. Suitable for adults of all ages and abilities, T'ai Chi is a fun, low-impact way to enhance overall health and well-being.



(OPEN DOOR WELLNESS)

Traditional CMC Yang Style T'ai Chi Form & Corrections

Instructors: Patricia Corrigan Culotti, CTI, MTF

Location: Open Door Wellness, 9205 W. Center Street, Suite 202

Ages: Adults

Course Code: 173206-01

Day: Wed **Dates:** 9/16 – 12/9 **Time:** 10:00 - 11:00am

Fee: Resident Price: \$130 Non-Resident Price: \$160

For participants with prior T'ai Chi Fundamentals experience, this class refines form and deepens understanding of T'ai Chi principles and meditation. Explore the flow of chi and its healing potential while strengthening the mind-body connection through guided practice and its many health benefits.

(OPEN DOOR WELLNESS)

Unwind & Release

Instructors: Tyra Hildebrand, RYT500 (M), Robin Block, RYT200 (F)

Location: Open Door Wellness, 9205 W. Center Street, Suite 202

Ages: Adult

Course Code: 173212-01

Day: Mon **Dates:** 10/5 – 10/26 **Time:** 6:00 - 7:15pm

Course Code: 173212-02

Day: Mon **Dates:** 11/2 – 11/30 **Time:** 6:00 - 7:15pm

Course Code: 173212-05

Day: Fri **Dates:** 10/9 – 10/30 **Time:** 6:15 - 7:30pm

Fee: Resident Price: \$75 Non-Resident Price: \$75

Unwind, release, and restore in this gentle, trauma-informed Hatha Yoga class. Move mindfully through soothing poses, supported by blankets, bolsters, and blocks, before settling into restorative postures and an extended Savasana. Designed for all bodies and experience levels, this calming practice prepares you for a peaceful night's sleep. Please bring a mat and water to class.

(OPEN DOOR WELLNESS)

Vinyasa Yoga Flow

Instructors: Various

Location: Open Door Wellness, 9205 W. Center Street, Suite 202

Ages: Adult

Course Code: 173203-01

Day: Sat **Dates:** 9/12 – 10/31 **Time:** 8:00 - 9:00am

Course Code: 173203-02

Day: Sun **Dates:** 9/13 – 11/1 **Time:** 9:30 - 10:30am

Fee: Resident Price: \$83 Non-Resident Price: \$92

Flow with breath and movement in this dynamic Vinyasa class designed to build strength, mobility, and balance. Enjoy creative sequences, energizing transitions, and grounding moments that reduce stress and cultivate mindful presence. Suitable for all experience levels, with options to modify and move at your own pace.

(OPEN DOOR WELLNESS)

Welcome Winter Relaxation Station

Instructors: Jean Hoffmann, RYT200

Location: Open Door Wellness, 9205 W. Center Street, Suite 202

Ages: Adults

Course Code: 173214-01

Day: Sun **Dates:** 12/20 **Time:** 1:30 – 2:45pm

Fee: Resident Price: \$45 Non-Resident Price: \$45

Unwind and restore in this 75-minute class designed to nourish body and mind. Begin with calming breathwork, flow through gentle, mindful yoga, and settle into an extended Yoga Nidra meditation for deep relaxation, joy, and renewal. All levels welcome—just bring a mat and wear comfortable clothing.

(OPEN DOOR WELLNESS)

Yin Yoga

Instructors: Jean Hoffmann, RYT200 (T),

Robin Block, RYT200 (Th, Sun)

Location: Open Door Wellness, 9205 W. Center Street, Suite 202

Ages: Adults

Course Code: 173207-01

Day: Tue **Dates:** 9/8 – 10/27 **Time:** 6:00 - 7:00pm

Course Code: 173207-02

Day: Tue **Dates:** 11/3 – 12/22 **Time:** 6:00 - 7:00pm

Course Code: 173207-03

Day: Thurs **Dates:** 9/10 – 10/29 **Time:** 7:00 - 8:00pm

Course Code: 173207-04

Day: Sun **Dates:** 9/13 – 11/1 **Time:** 6:30 - 7:30pm

Fee: Signing up for one class - \$83 Resident /

\$92 Non-Resident

Signing up for two classes - \$139 Resident /

\$148 Non-Resident Course #173207-05

Signing up for three classes - \$195 Resident /

\$204 Non-Resident Course #173207-06

Signing up for four classes - \$251 Resident /

\$260 Non-Resident Course #173207-07

Slow down and sink into stillness with Yin Yoga. This gentle, all-levels practice features long-held, supported poses that release tension, improve flexibility and mobility, and calm the nervous system. Through mindful movement, breath awareness, and meditative rest, you'll leave feeling grounded, refreshed, and deeply restored.

(OPEN DOOR WELLNESS)

Yoga + Writing Workshop

Instructors: Kathleen Mack, RYT200

Location: Open Door Wellness, 9205 W. Center Street, Suite 202

Ages: Adults

Course Code: 173209-01

Day: Fri **Dates:** 10/16 **Time:** 6:30 – 8:30pm

Course Code: 173209-02

Day: Fri **Dates:** 11/20 **Time:** 6:30 – 8:30pm

Course Code: 173209-03

Day: Fri **Dates:** 12/18 **Time:** 6:30 – 8:30pm

Fee: Signing up for one workshop - \$50 Resident /

\$50 Non-Resident

Signing up for two workshops - \$84 Resident /

\$84 Non-Resident Course #173209-04

Signing up for three workshops - \$126 Resident /

\$126 Non-Resident Course #173209-05

Unwind with an evening of mindful movement and reflective writing. Through grounding Yoga and values-based journaling, explore self-discovery, release stress, and reconnect with your authentic self. Leave feeling centered, refreshed, and inspired.



Hatha Yoga

Instructors: Marcia Blum, RYT200

Location: Underwood Elementary, Gym

Ages: 13 and Up

Course Code: 165015-01

Day: Tue **Dates:** 9/15 - 12/8 **Time:** 5:30 - 6:30pm
No class 10/6, 10/27 and 11/24

Fee: Resident Price: \$70.00 Non-Resident Price: \$85.00

Hatha yoga is a practice that uses postures, breathing techniques and mindfulness to cultivate mind-body awareness while increasing strength, flexibility and balance. All levels are welcome. Please bring a yoga mat to class and dress comfortably.

Ultimate Total Body Toner

Instructors: Michele Tonkovitz

Location: Tosa East, Fitness and Wellness Center

Ages: 13 and Up

Course Code: 173094-01

Day: Wed **Dates:** 9/9 - 12/16 **Time:** 5:45 - 6:45pm
No class 9/16, 11/11, 11/25

Fee: Resident Price: \$65.00 Non-Resident Price: \$80.00

Tone and sculpt your muscles using your body's resistance and hand weights (3-10 lbs. recommended; limited weight sets available first come first serve, so consider bringing your own). Also recommended is a water bottle to stay hydrated, a sweat towel for when you push yourself harder, and a yoga mat/towel for floor work and cool down.

Fitness Sampler

Instructors: Kathy Fried

Location: Montessori, Gym

Ages: 13 and Up

Course Code: 173041-01

Day: Wed **Dates:** 9/16 - 12/16 **Time:** 5:30 - 6:15pm
No class 11/25

Fee: Resident Price: \$63.00 Non-Resident Price: \$78.00

Get motivated to take your fitness to the next level with different exercises each week. Come prepared to do circuit/interval training and muscle conditioning to work your upper body, lower body, core and cardio, all maximizing your workout. Great for all fitness levels.

Fit and Flex

Instructors: Brenda Buchanan

Location: Montessori, Gym

Ages: 13 and Up

Course Code: 173099-01

Day: Mon **Dates:** 9/14 - 11/30 **Time:** 6:45 - 7:30pm

Fee: Resident Price: \$45.00 Non-Resident Price: \$60.00

Join this fun and dynamic class to improve your overall well-being. This class will introduce you to exercise that will improve muscle strength, endurance and flexibility as well as improve joint mobility. Classes will vary each week and target different muscle groups with an emphasis on core. We will utilize a variety of equipment including light weights, BOSU, yoga balls and stretch bands. We will also incorporate dedicated time each week to do full body stretches to improve muscle lengthening, flexibility and relaxation.



Zumba

Instructors: Andrea Polinske, Zumba certified

Location: Montessori, Gym

Ages: 13 and Up **Course**

Code: 173095-03

Day: Tue **Dates:** 9/15 - 12/15 **Time:** 5:30 - 6:15pm
No class: 10/6

Fee: Resident Price: \$55.00 Non-Resident Price: \$70.00

Work out, love working out, get hooked! Zumba fuses Latin rhythms and easy-to-follow moves to create a dynamic workout. Routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone your body, burn fat and lift your spirit.

Anticipated winter **Dates:** 1/5 - 3/16

Guided Meditation for Beginners

Instructors: Khomi Acharya

Location: Wilson Elementary, Community Room

Ages: Adults

Course Code: 146410-01

Day: Tue **Dates:** 10/6 - 10/27 **Time:** 6:00 - 7:00pm

Fee: Resident Price: \$50 Non-Resident Price: \$65

Discover the calming power of meditation in this 4-week introductory class. Through simple techniques and guided meditation, you'll learn to reduce stress, relax your mind, and improve overall well-being. Leave the chaos behind and find your peaceful place—no experience necessary.

Jazz Dance Workout

Instructor: Emily Rhodes

Location: Underwood Elementary Community Room

Ages: 15 years old +

Course Code: 173090-02

Day: Thur **Dates:** 10/8 - 12/10 **Time:** 8:15am - 9:00am

Fee: Resident Price: \$40 Non-Resident Price: \$55

Get ready to sweat and swing in this high-energy fusion of Jazz technique and cardio fitness. We'll pair muscle-toning exercises with upbeat "routes" set to a playlist of fun, infectious hits. You'll master fundamental jazz steps while building stamina and coordination in a supportive, low-pressure environment. Whether you're a seasoned pro or a total beginner, come ready to move, groove, and leave with a "jazz hands" glow.

MATHNASIUM[®]@school



Coming to McKinley for the '26-'27 school year!

Math help just got easier and more convenient!

Build your child's math skills and confidence right at school, with no extra driving or added stress. With one-on-one instruction from trained Mathnasium instructors, students get the support they need to catch up, keep up, or get ahead in a fun, engaging environment.

Program Includes:

- 2 hours/week of individualized math instruction and math homework help
- Personalized learning plan with regular progress updates and teacher collaboration
- Confidence-building support and fun incentives

A great fit for McKinley families, especially those already using after-school care!

Give your child the confidence & skills to succeed in math, without adding to your schedule.

Space is limited to 20 students per session.

Enrollment:

- One-time enrollment fee | \$49
- Ongoing | \$349/month

Session Options:

- Tu/Th 3:30–4:30pm
- Tu/Th 4:45–5:45pm

Program Dates:

- Sep 1, 2026 - Jun 10, 2027
- Flexible enrollment | Join any time



Secure your child's spot today!

Scan the QR code and complete an initial interest form to get started.





Understanding Medicare and Health Insurance Coverage Before Age 65

Instructors: Jess Henrikson, Lyssa McGauran, CFP®, Chris McArdle

Location: McKinley Elementary, Community Room

Ages: Adults 18+

Course Code: 146200-01

Day: Tue **Dates:** 11/3 **Time:** 5:30 - 7:00pm

Fee: Resident Price: \$7 Non-Resident Price: \$17

Learn about health insurance options before age 65 and gain a clear understanding of Medicare, including its parts, coverage, costs, and enrollment timelines. This course will help you understand required decisions and available choices so you can make informed health coverage decisions at any age.

Discover Voice-Over!

Instructors: Such a Voice

Location: Virtual

Ages: Adults 18+

Course Code: 146355-01

Day: Wed **Dates:** 9/9 **Time:** 6:00 - 8:00pm

Course Code: 146355-02

Day: Sat **Dates:** 11/7 **Time:** 6:30 - 8:30pm

Fee: Resident Price: \$31 Non-Resident Price: \$46

Discover how to use your voice for commercials, films, videos, and more in this introductory webinar led by a professional voice coach. Learn a unique approach to breaking into the voice-over industry and explore flexible, low-overhead opportunities. Includes a one-on-one script read and voice evaluation. Presented via Zoom.

Wauwatosa Community Band

Location: Longfellow Middle School, Band Room

Ages: Adults

Fee: Resident Price: \$50 Non-Resident Price: \$50

The Wauwatosa Community Band, a 60 – 70 piece concert band. Rehearsals are on Tue evenings from 7:00 to 8:30 p.m. in Longfellow Middle School's band room. Anyone who plays a band instrument is welcome to join, and there are no auditions. Concert repertoire varies, including marches, classics, and contemporary band music. Dues are \$50/season, \$25/semester. Members of the concert band also have the opportunity to participate in Tosa Jazz, a "big band" playing swing music of the 30s & 40s as well as contemporary jazz. Contact the director, Donna Kummer, for additional information: 414.807.4915 or aubwon@gmail.com. Look for concerts in October, December, January and May.

Open Knitting

Location: Lincoln Elementary, Community Room

Ages: Adults

Course Code: 146305-01

Day: Wed **Dates:** 9/9–11/11 **Time:** 9:00 - 11:00am

Fee: Resident Price: \$40 Non-Resident Price: \$55

Designed for knitters with previous experience, this class provides a relaxed setting to refine techniques, explore new patterns, and gain inspiration for current projects. Enjoy the camaraderie of fellow knitters while sharing ideas, troubleshooting challenges, and continuing to grow your skills.

Adult Tap

Instructor: Emily Rhodes

Location: Underwood Elementary Community Room

Ages: 15+

Course Code: 173091-01

Day: Thur **Dates:** 10/8 – 12/10 **Time:** 9:00am – 9:45am

Fee: Resident Price: \$40.00 Non-Resident Price: \$55.00

Tap Dancers have the unique opportunity to be musicians and dancers at the same time. Tap class will begin with a set warm up focused on technique, clarity of sound, musicality, and strengthening the mind and body. Students will gain experience in traditional tap vocabulary through learning and practicing a variety of tap steps, short phrases, and choreography using different rhythms supported by a wide range of music. Please note, This is an advanced beginner/intermediate level class. Some experience required. Tap shoes required.

Knitting

Instructors: Lisa Lusiak

Location: Lincoln Elementary, Community Room

Ages: Adult

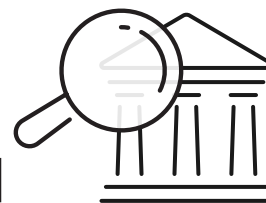
Course Code: 146305-05

Day: Thur **Dates:** 9/17 – 11/19 **Time:** 6:00 – 8:00pm

Fee: Resident Price: \$71 Non-Resident Price: \$86

Interested in learning the basics of knitting or expanding your knitting skills? In this welcoming class for both new and experienced knitters, you'll be guided through a new (or ongoing) project with a patient and knowledgeable instructor, and meet others who also share a love for yarn and knitting. If you are a beginner, please bring a 24" circular knitting needle in size US 10 to the first class.

College Search 101



Instructors: Kelsey Stockton, Independent Educational Consultant, Waverly Educational Consulting

Location: Virtual Zoom

Ages: Families with students in Grades 8-11

Course Code: 155000-01

Day: Tue **Dates:** 9/29 **Time:** 7:30 - 8:30pm

Day: Wed **Dates:** 9/30 **Time:** 7:30 - 8:30pm

Fee: Resident Price: Free! Non-Resident Price: Free!

College may feel far away, but it is never too early for families to understand the process. Learn about recent admissions trends, the college search timeline, application steps, and helpful action items beginning as early as 8th grade. Students and parents are welcome. The final 10 minutes will be reserved for questions.



Kosta Zervas,
Program Coordinator,
Senior Centers

Welcome to the Wauwatosa Senior Centers!

Hello, I am Kosta Zervas, Director of the Wauwatosa Senior Centers. As a lifelong Wauwatosa resident, it is truly an honor to serve the community that has given so much to me throughout my life. Every day, I have the privilege of witnessing the friendships, laughter, and sense of belonging that make our Senior Centers such special places.

This fall, I invite you to discover all that our two locations—the Hart Park Senior Center and the Senior Club at City Hall—have to offer. Whether you are looking to stay active, learn something new, express your creativity, or simply enjoy good conversation over a cup of coffee, you will find countless opportunities to get involved. From fitness and wellness classes to educational programs, games, arts, special events, day trips, and social gatherings, there is something for everyone.

Our Senior Centers are more than just places to attend a class—they are vibrant community hubs where neighbors become friends, lifelong memories are made, and everyone is welcomed with a smile. We are always introducing new programs while continuing the traditions our members have come to love, creating a place where every visit offers something to look forward to.

None of this would be possible without our incredible staff, dedicated instructors, passionate volunteers, and, most importantly, our wonderful members who bring energy and enthusiasm to our centers every day. Together, we have built a community that celebrates active living, lifelong learning, and meaningful connections.

Whether you are a familiar face or considering your very first visit, I encourage you to stop by and see what makes the Wauwatosa Senior Centers so special. We look forward to welcoming you and sharing another season filled with friendship, fun, and new experiences.

I hope to see you this fall!

Kosta Zervas
Program Coordinator, Wauwatosa Senior Centers

Become a Member & JOIN US TODAY!



The Wauwatosa Senior Centers are welcoming spaces for adults ages 55+ to stay active, meet new people, build friendships, and stay connected to the community. Whether you are interested in cards, exercise classes, book discussions, presentations, movies, trips, lunch programs, special events, or simply a place to gather, there is something for everyone.

One membership provides access to both the Civic Center and Hart Park Center, giving members the opportunity to enjoy programs, activities, and connections across both locations.

To view current activities and programs visit our facebook page at Wauwatosa Senior Centers or at www.tosarec.com/o/rec/page/active-older-adults OR stop by during hours of operation.

CIVIC CENTER:

7725 W. North Avenue
(1st Floor Meeting Room)
Phone: (414) 479-8900 ext. 5789

Tue 9:00am-3:00pm
Wed 11:00am-3:00pm
Fri 9:00am-3:00pm

HART PARK CENTER:

7300 W Chestnut St
(Hart Park, Muellner Bldg)
Phone: (414) 471-8495

Mon – Thurs 8:00am-3:30pm
Fri 8:00am-2:00pm



For questions or for more information about the Wauwatosa Senior Centers programming call 414-471-8495.

Gold Pass for Senior Citizens



The Gold Pass entitles Wauwatosa residents who are 62 or older to free or reduced admission to most events sponsored by the Wauwatosa School District.

BENEFITS: Free or reduced cost to a variety of events: athletic games and competitions; school concerts, plays and musicals.

FOR HIGH SCHOOL PLAYS AND MUSICALS: Gold Pass holders must call the SCHOOL OFFICE (during school hours) one week prior to the performance to reserve a ticket.

THE GOLD PASS IS NOT VALID FOR: Wisconsin Interscholastic Athletic Association (WIAA) regional and sectional tournaments; Special benefit performances (such as those featuring a guest artist)

ADDRESS CHANGES: If your address changes, please notify us so you continue receiving information about your Gold Pass and school district events.

HOW TO APPLY:

You must be 62 or older and live in Wauwatosa. Please call (414) 773-1005 or email johnsosh1@wauwatosa.k12.wi.us. Provide your name, address, phone number, and email address.

Please allow up to 5 business days to receive your Gold Pass via U.S. Mail.



WAUWATOSA SENIOR CENTER WEEKLY ACTIVITIES SCHEDULE

Connection. Community. Care



Stay Active. Stay Connected Stay You.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 Pickleball (Longfellow MS)	8:00 Tai Chi / Qigong*	8:00 Pickleball (Longfellow MS)	9:30 Slow Flow Yoga·	8:00 Pickleball (Longfellow MS)
9:00 Yoga*	9:30 Cardio/Barre/ Stretch	9:00 Yoga*	10:00 Sheephead	8:30 Yoga*
9:00 Sheephead	10:00 Sheephead	9:00 Advanced Spanish*	10:00 Music From the Hart	9:00 Walking Group
10:00 Bocce Ball	10:00 Acrylic Ptg·	10:00 Sheephead	11:00 Dining Site Meal Service	9:45 Cardio/Strength*
10:30 Needlers	10:00 Greeting Card Class* (3rd Tuesday)	10:00 Intermediate Spanish*	12:00 Bridge	10:00 Poetry Circle (2nd & 4th Friday)
11:00 Zumba*	10:45 Chair Yoga	11:00 Beginning Spanish*	12:45 Contemporary Book Club (3rd Thursday)	11:00 Mah Jongg
11:00 Dining Site Meal Service	11:00 Dining Site Meal Service	11:00 Dining Site Meal Service	1:00 WAW Demo Day (3rd Thursday)	11:00 Dining Site Meal Service
12:00 CBS Class·	12:00 Wii Bowling	12:00 Mah Jongg		12:00 Watercolor Workshop*
12:00 Cribbage	12:30 Writer's Workshop*	1:00 Beginning Watercolor Class*		
1:00 WAW* (2nd and 4th)				
1:15 Chair Yoga*				
· Indicates fee required Tosa Rec class				



We're Happy You're Here!

For questions, stop by the front desk or call (414) 471-8495

HART PARK SENIOR CENTER Fall 2026 Class Schedule & Registration

EXERCISE CLASSES

Connect with trained instructors and get a good workout! Classes offered more than one day per week require registration for each day.

Classes run weeks of Sept. 28th–Dec. 18th Fee: \$25 member / \$35 non-member each

Yoga—Riverview Room

Mondays	9:00am	163650-01
Wednesdays	9:00am	163650-03
Fridays	8:30am	163650-04

Chair Yoga—Riverview Room

Mondays	1:15pm	163650-06
Tuesdays	10:45am	163650-07

Slow Flow Yoga—Riverview Room

Thursdays	9:30am	163650-05
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Zumba—Riverview Room

Mondays	11:00am	163640-01
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Cardio Balance and Strength—Riverview Room

Fridays	9:45am	163600-02
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Cardio—Balance—Strength—Riverview Room

Mondays	12:00pm	163620-01
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Cardio, Barre and Strength—Riverview Room

Tuesdays	9:30am	163610-01
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T'ai Chi / Qigong—Riverview Room

163660-01

September 28th–December 15th Time: 8:00am

Instructor: John Burns

Fee: \$60 member / \$70 non-member Tuesdays,

ART CLASSES

Watercolor (Intermediate/Advanced Students)

Instructor: Nancy Lohmiller

Location: Parkview Room-HPSC

Fee: \$40 members / \$50 non-members

Dates: Fri, October 1st–December 18th

Time: 12:00–2:00pm

Activity #: 163300-01

Acrylic Painting—Parkview Room-HPSC

Instructor: Laura Easy-Jones

Fee: \$80 member / \$90 non-member

Dates: Tue, September 28th–December 15th

Time: 10:00am–Noon

Activity #: 163400-01

Watercolor for Beginning Students

Instructor: Nancy Lohmiller

Location: Parkview Room-HPSC

Fee: \$40 members / \$50 non-members

Dates: Wed, September 29th–December 16

Time: 1:00–3:00pm

Activity #: 163800-01

NEW CLASS!!

Kung Fu Self-Care Stretching, Self Care

Acupressure

Instructor: John Burns

Fee: \$70 members / \$80 non-members

Dates: Thur, September 30th–December 17th

Time: 8:00am–8:45am

Activity #: 163661-01

ADULT ENRICHMENT CLASSES

Spanish—Parkview Room HPSC

Instructor: Lorna Peterson

Dates: Wed, September 29th–December 16th

Brush up on your Spanish language skills for an upcoming trip or learn a new language.

Class	Time	Activity #
Advanced	9:00am	163750-01
Intermediate	10:00am	163750-02
Beginner	11:00am	163750-03

Fee: \$25 member / \$35 non-member

Writers Workshop—Parkview Room HPSC

Instructor: Cindy Crebbin

Time: 12:30–2:30

Activity #: 163700-01

Dates: Tue, September 28th–December 15th

Fee: \$28

Senior's STEP Program

Bridging Generations and Building Community

The Wauwatosa Senior's Strengthening Tosa Through Experience and Presence Program, also known as STEP, connects older adults with meaningful opportunities to support students, staff, schools, and the broader Wauwatosa community.

Through STEP, eligible seniors serve as independent contractors and may earn up to \$750 per school year while sharing their time, talents, and experience with the next generation.

In its first year, STEP became something much bigger than a work opportunity. It became a way to build relationships, create connection, support our schools, and show what is possible when generations come together with a shared purpose.

Year One Impact

In the first year of STEP:

- 54 STEP participants were onboarded
- 10 elementary schools were supported
- 700+ hours were served in school libraries
- 1,400+ library reading sessions took place
- Nearly \$16,000 was earned collectively by STEP participants

These numbers tell an important story, but the real impact was seen in the relationships formed between students, staff, and older adults across Wauwatosa.

Opportunities for the Upcoming School Year

STEP will continue to grow during the upcoming school year, with new opportunities for older adults to share their time, talents, and experience across the Wauwatosa community.

Upcoming STEP opportunities may include:

- Elementary School Support — continuing to support students and staff in school libraries and other school spaces
- Secondary School Support — expanding opportunities into middle and high school settings
- Tosa Tots Classroom Support — helping support early learners in Tosa Tots classrooms
- Mentorship Opportunities — creating meaningful connections between older adults and students
- PTO and PTA Collaboration — partnering with school parent organizations to support events, projects, and school communities



Whether helping a child discover a book, supporting a classroom, assisting with a school project, or serving as a mentor, STEP gives older adults a meaningful way to stay active, give back, and remain connected.

More Than a Program

STEP is about service, belonging, purpose, and community. It gives older adults the chance to support the next generation while staying connected to the schools, families, and neighborhoods that make Wauwatosa special. This is what it looks like to build a healthier, happier, more connected Wauwatosa.

Requirements:

- Live In Wauwatosa
- Be 65 or older
- Pass Interview Screening
- Attend One Hour Training
- Agree To Follow Rules and Regulations In Participant Handbook

Applications for the STEP program are live now.

To learn more or apply, visit:

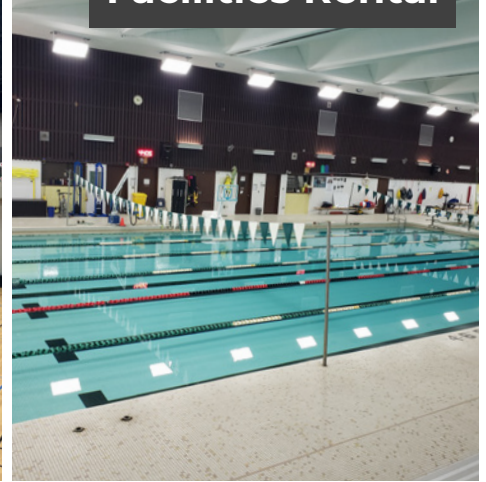
tosarec.com/o/rec/page/step-program

Questions can be directed to:

Kosta Zervas,

Program Coordinator, Wauwatosa Senior Centers

zervasko@wauwatosa.k12.wi.us



Facility Rentals in Wauwatosa

Wauwatosa School District facilities are more than school buildings. They are gathering places for our community. From youth sports and scout meetings to neighborhood events, enrichment opportunities, performances, and community celebrations, we believe it is important to provide spaces where people can come together, connect, and build something meaningful.

Whether you are planning a birthday party, pool party, baby shower, local club meeting, team gathering, scout event, or community celebration, Wauwatosa School District facilities offer convenient, familiar spaces right in the heart of our neighborhoods. In many cases, finding a space to gather can be as easy as looking to your neighborhood school.

The Wauwatosa Recreation Department helps coordinate facility rentals for school spaces throughout the district, including gyms, classrooms, cafeterias, athletic spaces, and other available areas. Rentals are subject to availability, district guidelines, and approval to ensure that school, recreation, and community needs are balanced thoughtfully.

We are proud to offer reasonable rental rates, including reduced rates for eligible Wauwatosa-based organizations and community groups. Our goal is to make the rental process clear, accessible, and supportive for residents and organizations looking for a space to gather.

New Facility Rental Process Begins August 3

Beginning August 3, anyone interested in renting a Wauwatosa School District facility will need to create an Incident IQ ID before submitting a facility request. This new process will help streamline requests, improve communication, and make it easier for renters to track their facility use.

To get started, visit:

wauwatosa.incidentiq.com

How to Request a Facility Rental

1. Create an Incident IQ ID
Beginning August 3, all facility rental requests will begin through Incident IQ.
2. Provide Proof of Insurance & Residency
Renters may be asked to provide proof of insurance and residency or organization status as part of the approval process.
3. Submit Your Facility Request
Share the requested date, time, location, space, and purpose of your rental.
4. Receive Approval / Confirmation
Once reviewed, our facility scheduler will follow up with approval, confirmation, or any additional questions.



◀ **SCAN QR TO LEARN MORE!**



WAUWATOSA
RECREATION &



7TH ANNUAL
TRUNK
OR
TREAT
& FOOD DRIVE

COSTUMES
ENCOURAGED!
FUN FOR THE
WHOLE
FAMILY!

SCAN THIS
QR CODE
TO REGISTER
YOUR TRUNK!



SATURDAY,
OCTOBER 17TH
2026



11:00AM – 1:30PM



FISHER
ADMINISTRATION BUILDING
12121 W. NORTH AVENUE
EAST PARKING LOT



MUSIC



FOOD
TRUCKS



FACE
PAINT



POPCORN
SALE



FOOD DRIVE

Collecting donations for

TOSA CARES





Building Brighter Futures in Wauwatosa.

We are excited to open the door to academic growth in Wauwatosa!

Blue Door Academy is a brand-new high-quality enrichment program offered by Boys & Girls Clubs of Greater Milwaukee. Engaging, hands-on experiences for youth JK-5th Grade are coming this September at all Wauwatosa Elementary Schools! Our supportive environments foster growth, learning, and confidence **before school, after school, and in JK wraparound**. An 8-week Summer camp is also in the works for Summer 2027!

Program Details

Locations

- Eisenhower Elementary School
- Jefferson Elementary School
- Lincoln Elementary School
- Madison Elementary School
- McKinley Elementary School
- Roosevelt Elementary School
- Underwood Elementary School
- Washington Elementary School
- Wauwatosa Montessori School
- Wilson Elementary School

Schedule

Before School Care: 6:30a - 8:00a
Afterschool Care: 3:20p - 6:00p
AM & PM JK Wrap: TBD

Dates

Mon.-Fri., 9/1/26 - 6/11/27

Why Families Choose Us

- A safe, trusted space led by experienced youth development professionals
- Consistent, school-aligned schedule that supports working parents
- Offered directly at your child's school
- Activities designed to build real-world skills and confidence

Fall enrollment opens soon. Visit the Parent Portal below!

bgcmilwaukee.org/about-us/blue-door-academy



BOYS & GIRLS CLUBS





11803 W North Avenue Wauwatosa, WI 53226
www.tosarec.com

Non-Profit
US Postage
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Permit #
3010

FIND YOUR PROGRAM. REGISTER TODAY.



YOUR NEXT ADVENTURE STARTS HERE

Whether you are looking to stay active, learn something new, meet new people, or spend meaningful time together, there is something for everyone through Wauwatosa Recreation.

REGISTRATION DATES

Resident Non-High Demand Registration:

August 11 10:00am

Resident High Demand Registration:

August 18 10:00am

Non-Resident Registration:

August 25 10:00am

Visit TosaRec.com

