



Nutrition Services
ANTIOCH
USD 62500

(925)779-7600,
Option 2

September 2026

ELEMENTARY LUNCH

All
Students
Eat for
FREE!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Mandarin Chicken with Rice 🍲 Chili Cheese Burrito Primo Pizza Belshaw Cool Tropics Slush	2 Yogurt Parfait with 1 Roll (V) 🍌 Chicken on a Bun	3 Chef CK Special Garlic Basil Meatballs with Penne 🍲 Hot Dog Primo Pizza Dragon	4 Bosco Sticks (V) Turkey Sub Primo Pizza Diablo Vista
7 	8 Cheesy Chicken Ciabatta Galaxy Pepperoni Pizza Primo Pizza Fremont	9 Chicken Nuggets with 1 Roll Corn Dog	10 Chef CK Special 🍌 Butter Chicken with Rice Bean & Cheese Burrito (V) Primo Pizza Grant	11 Bosco Sticks (V) Cheeseburger Primo Pizza Kimball
14 Mac & Cheese (V) 🍲 Popcorn Chicken with 1 Roll Primo Pizza London	15 Mandarin Chicken with Rice 🍲 Chili Cheese Burrito Primo Pizza Lone Tree Cool Tropics Slush	16 Yogurt Parfait with 1 Roll (V) 🍌 Chicken on a Bun	17 Chef CK Special Garlic Basil Meatballs with Penne 🍲 Hot Dog Primo Pizza Marsh	18 Bosco Sticks (V) Turkey Sub Primo Pizza Mission
21 Corn Dog Grilled Cheese Sandwich (V) Primo Pizza Muir	22 Cheesy Chicken Ciabatta Galaxy Pepperoni Pizza	23 Chicken Nuggets with 1 Roll Chicken Caesar Salad & Cheez Its 🍌	24 Chef CK Special 🍌 Butter Chicken with Rice Bean & Cheese Burrito (V) Primo Pizza Sutter	25 Bosco Sticks (V) Cheeseburger Primo Pizza Turner
28 	29 	30 		

Fall Break

Weekly Garden Bar

Fresh Fruit,
Salad Mix,
Carrots,
Celery Sticks,
Canned Diced Pears

Fresh Fruit, Spinach,
Carrots, Canned
Diced Peaches,
Sliced Cucumbers

Fresh Fruit,
Spring Mix, Carrots,
Canned Applesauce
Fresh Broccoli

Local CA Fresh Fruit,
Shredded Lettuce,
Carrots,
Canned Mixed Fruit,
Salsa

Fresh Fruit,
Salad Mix,
Carrots,
Canned Corn

Combo Meal includes

Entree with your choice of ^{RBST-Free!} 1% White Milk or Non-Fat Chocolate Milk
Variety of Fruit and Veggies from Garden Bar
(must take 1/2c fruit or veggie)

Daily Offerings:

Strawberry Yogurt & 2 Rolls (V)
Sunbutter & Jelly Sandwich (Vegan)

HARVEST OF THE MONTH



Cucumber



Visit the QR code to learn more about the health benefits of this month's harvest!



= House Made

WG= Whole Grain

P=Contains Pork

V=Vegetarian

Allergies? A form to request substitutions is available in the cafeteria.

This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group.

USDA is an equal opportunity provider, employer, and lender.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.