Nutrition Services
ANTIOCH USD
(925)779-7600, Option 2

December 2026

ORCHARD PARK ELEMENTARY LUNCH



Combo Meal includes
Entree with your choice of RBST-Free!
1% White Milk or Non-Fat Chocolate Milk
Variety of Fruit and Veggies from Garden Bar
(must take 1/2c fruit or veggie)

Daily Offerings:
Strawberry Yogurt & 2 Rolls (V)
Sunbutter & Jelly Sandwich (Vegan)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Egg Roll with Fried Rice Galaxy Pepperoni Pizza Grade 6-8: Rice Krispies Treat	2 Chicken Nuggets with 1 Roll Cheesy Beef Nachos Grade 6-8: Assorted Chips	3 **Chef CK Special** Butter Chicken with Rice Bean & Cheese Burrito (V) Grade 6-8: Assorted Chips	4 Bosco Sticks (V) Cheeseburger Grade 6-8 "Frie-days" Baked French Fries
7 Mac & Cheese (V) Popcorn Chicken with 1 Roll Grade 6-8: Assorted Chips	8 Mandarin Chicken with Rice WG Soft Pretzel with Cheese Cup Cool Tropics Slush Primo Pizza Orchard Park	9 Walking Taco Chef's Salad with 2 Rolls Grade 6-8: Assorted Chips	10 **Chef CK Special** Homestyle Spaghetti Corn Dog Grade 6-8: Assorted Chips	11 Bosco Sticks (V) Chicken on a Bun Grade 6-8 "Frie-days" Baked French Fries
14 Hot Dog Grilled Cheese Sandwich (V) Grade 6-8: Assorted Chips	15 Egg Roll with Fried Rice Galaxy Pepperoni Pizza Grade 6-8: Rice Krispies Treat	16 Chicken Nuggets with 1 Roll Cheesy Beef Nachos Grade 6-8: Assorted Chips	17 **Chef CK Special** Turkey & Gravy with 2 Rolls Bean & Cheese Burrito (V) Star Cookie Grade 6-8: Assorted Chips	18 Bosco Sticks (V) Cheeseburger Grade 6-8 "Frie-days" Baked French Fries

Grade 6-8 Students Daily Offerings:
Deluxe Lone Tree Broiler
Primo Pizza: Cheese (V) or Pepperoni & Olives (P)
Deluxe Chicken on a Bun
Spicy Chicken on a Bun
Bean & Cheese Burrito (V)

Winter Break
December 21, 2026-January 5, 2027

HARVEST OF THE MONTH



Radish

SCAN ME!

Visit the QR code to learn more about the health benefits of this month's harvest!

Weekly Garden Bar

Fresh Fruit, Salad Mix, Carrots, Celery Sticks, Canned Diced Pears	Fresh Fruit, Spinach, Carrots, Canned Diced Peaches, Sliced Cucumbers	Fresh Fruit, Shredded Lettuce, Carrots, Salsa, Canned Applesauce	Local CA Fresh Fruit, Spring Mix, Carrots, Canned Mixed Fruit, Fresh Broccoli	Fresh Fruit, Salad Mix, Carrots, Canned Corn

= House Made
P=Contains Pork
WG= Whole Grain
V=Vegetarian

Allergies? A form to request substitutions is available in the cafeteria.

This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group.

USDA is an equal opportunity provider, employer, and lender.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.