Nutrition Services
ANTIOCH USD
(925)779-7600,
Option 2

December 2026

ELEMENTARY LUNCH



Combo Meal includes
Entree with your choice of RBST-Free!
1% White Milk or Non-Fat Chocolate Milk
Variety of Fruit and Veggies from Garden Bar
(must take 1/2c fruit or veggie)

Daily Offerings:
Strawberry Yogurt & 2 Rolls (V)
Sunbutter & Jelly Sandwich (Vegan)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Egg Roll with Fried Rice Galaxy Pepperoni Pizza Primo Pizza Lone Tree	2 Chicken Nuggets with 1 Roll Cheesy Beef Nachos	3 **Chef CK Special** Butter Chicken with Rice Bean & Cheese Burrito (V) Primo Pizza Marsh	4 Bosco Sticks (V) Cheeseburger Primo Pizza Mission
7 Mac & Cheese (V) Popcorn Chicken with 1 Roll Primo Pizza Muir	8 Mandarin Chicken with Rice WG Soft Pretzel with Cheese Cup Cool Tropics Slush	9 Walking Taco Chef's Salad with 2 Rolls	10 **Chef CK Special** Homestyle Spaghetti Corn Dog Primo Pizza Sutter	11 Bosco Sticks (V) Chicken on a Bun Primo Pizza Turner
14 Hot Dog Grilled Cheese Sandwich (V)	15 Egg Roll with Fried Rice Galaxy Pepperoni Pizza	16 Chicken Nuggets with 1 Roll Cheesy Beef Nachos	17 **Chef CK Special** Turkey & Gravy with 2 Rolls Bean & Cheese Burrito (V) Star Cookie	18 Bosco Sticks (V) Cheeseburger

HARVEST OF THE MONTH



Radish

SCAN ME!

Visit the QR code to learn more about the health benefits of this month's harvest!

= House Made
WG= Whole Grain
P=Contains Pork
V=Vegetarian

Winter Break

December 21, 2026-January 5, 2027

Weekly Garden Bar

Fresh Fruit, Salad Mix, Carrots, Celery Sticks, Canned Diced Pears	Fresh Fruit, Spinach, Carrots, Canned Diced Peaches, Sliced Cucumbers	Fresh Fruit, Shredded Lettuce, Carrots, Salsa, Canned Applesauce	Local CA Fresh Fruit, Spring Mix, Carrots, Canned Mixed Fruit, Fresh Broccoli	Fresh Fruit, Salad Mix, Carrots, Canned Corn

Allergies? A form to request substitutions is available in the cafeteria.

This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group.

USDA is an equal opportunity provider, employer, and lender.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.