Nutrition Services
ANTIOCH USD
(925)779-7600,
Option 2

December 2026

BIDWELL LUNCH MENU



Specials

MONDAYS
Hot N' Spicy Nuggets
Don Lee Chicken & Cheese Quesadilla
Assorted Chips

TUESDAYS
Mandarin Chicken with Rice
Chicken Yum Yum Crunch Salad with 2 Rolls
Rice Krispies Treat

WEDNESDAYS
Chef's Salad with 2 Rolls
NEW! Chicken Salad Croissant Sandwich
Assorted Chips

THURSDAYS
Chef CK Special
Buffalo Chicken Wings with 1 Roll
Cosmic Caesar Salad with 2 Rolls
Assorted Chips

FRIDAYS
Primo Pizza BBQ Chicken
Beef & Cheese Taco CrispUps
Three Bean Chili with Fritos (V)
"Frie-days" Baked French Fries
with All Lunches! (V) Counts as 1/2 cup veggie!

= House Made
V=Vegetarian
P=Contains Pork

Daily Offerings:

Deluxe Lone Tree Broiler
Primo Pizza: Cheese (V) or
Pepperoni & Olives (P)
Deluxe Chicken on a Bun
Spicy Chicken on a Bun
Bean & Cheese Burrito (V)

Combo Meal includes

Entree with your choice of RBST-Free!
1% White Milk or Non-Fat Chocolate Milk
Assorted Juice
Variety of Fruit and Veggies
(must take 1/2c fruit or veggie)

HARVEST OF THE MONTH



Radish

SCAN ME!

Visit the QR code to learn more about the health benefits of this month's harvest!

Allergies? A form to request substitutions is available in the cafeteria.
This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group. USDA is an equal opportunity provider, employer, and lender. MENU SUBJECT TO CHANGE WITHOUT NOTICE.