Nutrition Services ANTIOCH USD
(925)779-7600, Option 2

November 2026 ELEMENTARY LUNCH

All Students Eat for FREE!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Hot Dog Grilled Cheese Sandwich (V) Primo Pizza Belshaw	**3** Egg Roll with Fried Rice Galaxy Pepperoni Pizza Primo Pizza Dragon	**4** Yogurt Parfait with 1 Roll (V) Chicken Nuggets with 1 Roll	**5 Chef CK Special** Butter Chicken with Rice Bean & Cheese Burrito (V) Primo Pizza Diablo Vista	**6** Bosco Sticks (V) Cheeseburger Primo Pizza Fremont
9 Walking Taco Popcorn Chicken with 1 Roll Primo Pizza Grant	**10** Mandarin Chicken with Rice WG Soft Pretzel with Cheese Cup Primo Pizza Kimball Cool Tropics Slush	**11** VETERANS DAY	**12 Chef CK Special** Homestyle Spaghetti Corn Dog Primo Pizza London	**13** Bosco Sticks (V) Turkey Sub
16 Hot Dog Grilled Cheese Sandwich (V)	**17** Egg Roll with Fried Rice Galaxy Pepperoni Pizza	**18** Yogurt Parfait with 1 Roll (V) Chicken Nuggets with 1 Roll	**19 Chef CK Special** Turkey & Gravy with 2 Rolls Bean & Cheese Burrito (V) Turkey Cookie	**20** Bosco Sticks (V) Cheeseburger
23	**24** Thanksgiving Break	**25**	**26**	**27**
30 Hot Dog Grilled Cheese Sandwich (V)				

Weekly Garden Bar

Fresh Fruit, Salad Mix, Carrots, Celery Sticks, Canned Diced Pears	Fresh Fruit, Spinach, Carrots, Canned Diced Peaches, Sliced Cucumbers	Fresh Fruit, Shredded Lettuce, Carrots, Salsa, Canned Applesauce Fresh Broccoli	Local CA Fresh Fruit, Spring Mix, Carrots, Canned Mixed Fruit	Fresh Fruit, Salad Mix, Carrots, Canned Corn

Combo Meal includes

Entree with your choice of RBST-Free!
1% White Milk or Non-Fat Chocolate Milk
Variety of Fruit and Veggies from Garden Bar
(must take 1/2c fruit or veggie)

Daily Offerings:

Strawberry Yogurt & 2 Rolls (V)
Sunbutter & Jelly Sandwich (Vegan)

HARVEST OF THE MONTH



Persimmon

SCAN ME!

Visit the QR code to learn more about the health benefits of this month's harvest!

= House Made WG= Whole Grain
P=Contains Pork V=Vegetarian

Allergies? A form to request substitutions is available in the cafeteria.

This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group.

USDA is an equal opportunity provider, employer, and lender.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.