



(925)779-7600,
Option 2

September 2026

All
Students
Eat for
FREE!

MIDDLE & HIGH SCHOOL BREAKFAST MENU

Specials

MONDAYS

Breakfast Burrito 

Or

Mini Cinnis

TUESDAYS

Banana Muffin 

Or

Turkey Ham & Cheese
Croissant

WEDNESDAYS

Golden Crisp Early Risers
Breaded & Stuffed Hash Brown

Or

Crumb Square

THURSDAYS

Fresh Baked Cinnamon Roll 

Or

Bagel with Cream Cheese

FRIDAYS

 Cheesy Sausage Egg Bites 

Or

French Toast Sticks

Offered Daily

Breakfast Bowl 

Chocolate Muffin Top

1 Strawberry Yogurt Cup with Grahams

Assorted Cereal with String Cheese



Examples:

Special + Juice + Fruit + Milk

Special + Juice and/or Fruit

Daily Offering + Juice and/or Fruit + Milk

Daily Offering + Juice + Fruit

Juice + Fruit + Milk

No duplicates of any item

Combo Meal includes

Special of the Day or

Daily Offerings

1% White Milk or Non-Fat Chocolate Milk ^{*RBST-Free!*}

Juice or Fruit (must take 1)



= House Made

Allergies? A form to request substitutions is available in the cafeteria.

This menu meets the dietary requirements for calories, saturated fat, sodium, protein, and whole grains for students in this age group.

USDA is an equal opportunity provider, employer, and lender.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.