Nutrition Services
ANTIOCH
USD
(925)779-7600,
Option 2

December 2026
SUPPER MENU





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Pork Rib BBQ (P, WG) Sliced Cucumbers Orange	2 French Bread Pizza (V, WG) Fresh Broccoli Banana	3 Fiestada Beef Stuffed Sandwich (WG) Bag of Carrots Mixed Fruit	4 Chicken on a Bun (WG) Paradise Punch Juice Raisins
7 Galaxy Cheese Pizza (V, WG) Celery Sticks Apple	8 Mini Cheeseburgers (WG) Sliced Cucumbers Orange	9 Pepperoni Sliders (P, WG) Fresh Broccoli Banana	10 Chicken with Salsa Verde Tamale (WG) Bag of Carrots Mixed Fruit	11 Bean & Cheese Burrito (WG) Paradise Punch Juice Raisins
14 Cheesy Pillows (V, WG) Marinana Sauce Apple	15 Pork Rib BBQ (P, WG) Sliced Cucumbers Orange	16 French Bread Pizza (V, WG) Fresh Broccoli Banana	17 Fiestada Beef Stuffed Sandwich (WG) Bag of Carrots Mixed Fruit	18 Chicken on a Bun (WG) Paradise Punch Juice Raisins

Winter Break

December 21, 2026-January 5, 2027

Students must select 3 of the 5 food components:

- 1/2 cup Vegetable (Bag of Carrots or other veggie)
- 1/4 cup Fruit (1 Piece of fruit or Raisins)
- Grains/Bread (1 oz. equivalent)
- Meat/Meat Alternate (2 oz. equivalent)
- 1% White Milk or Non-Fat Chocolate Milk (8 oz.)

Examples:
Entree + Milk
Entree + Fruit
Entree + Vegetable
Fruit + Vegetable + Milk

Offered Daily:
*Strawberry Yogurt & 1 Roll (V)
*Sunbutter & Jelly Sandwich (Vegan)

WG= Whole Grain P=Contains Pork V=Vegetarian

USDA is an equal opportunity provider, employer, and lender. **MENU SUBJECT TO CHANGE WITHOUT NOTICE.**