Nutrition Services
ANTIOCH
USD

(925)779-7600,
Option 2

December 2026
SNACK MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cheddar Goldfish (WG) String Cheese	**2** Superbear Vanilla Grahams (WG) 1% White Milk	**3** Baked Cheetos (WG) NF Chocolate Milk	**4** Superbear Apple Cinnamon Grahams (WG) Sunflower Seeds
7 Nacho Cheese Chips (WG) 6 oz. Apple Juice	**8** Rainbow Goldfish (WG) String Cheese	**9** Strawberry Waffle Grahams (WG) 1% White Milk	**10** Cheez-Its (WG) NF Chocolate Milk	**11** Superbear Chocolate Grahams (WG) Sunflower Seeds
14 Cool Ranch Chips (WG) 6 oz. Apple Juice	**15** Cheddar Goldfish (WG) String Cheese	**16** Superbear Vanilla Grahams (WG) 1% White Milk	**17** Baked Cheetos (WG) NF Chocolate Milk	**18** Superbear Apple Cinnamon Grahams (WG) Sunflower Seeds

Students must take BOTH components.

Winter Break

December 21, 2026-January 5, 2027

WG= Whole Grain NF=Non-Fat

USDA is an equal opportunity provider, employer, and lender. **MENU SUBJECT TO CHANGE WITHOUT NOTICE.**