

DEER VALLEY

SAFETY NEWSLETTER

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New Guidance on Bullying and Cyberbullying



Addressing bullying and cyberbullying in schools requires a multi-faceted approach that also supports student mental health. [SchoolSafety.gov](https://www.schoolsafety.gov)'s new issue brief equips K-12 communities with practical, evidence-informed strategies and resources to help prevent bullying, recognize warning signs, and respond effectively. Explore the brief to review key actions and access additional tools to support students and school communities.

NEWS UPDATE



LINK TO SUPPORT

[The impact of bullying and cyberbullying](#)



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PRIORITY.





SAYSOMETHING.NET

The Say Something program empowers students to recognize and report warning signs of potential harm. Students learn to become Upstanders – rather than bystanders – who:

- “Know the signs” of violence or self-harm in a classmate or themselves.
- Can “say something” to a Trusted Adult to get help for a peer in crisis – or oneself – and protect the school community from potential violence.

Say Something can be used as a Tier 1 (Universal) intervention in a Multi-Tiered Implementations and Supports (MTSS) or Positive Behavioral Interventions and Supports (PBIS) framework.

Implementation is easy and flexible, with multiple options so you can choose what works best for your school or district. The Say Something curriculum is also embedded in the Say Something Anonymous Reporting System.

