Trinity High School Cheer Tryouts

Cheerleading Tryouts *Tryouts are **CLOSED** to parents and outside visitors*

All current sophomores or juniors attending Assumption, Mercy, Presentation and Sacred Heart are encouraged to attend our upcoming tryouts for the 2026-2027 Cheerleading season.

Tryouts will be held **April 20-22 and all days are mandatory.** We will follow all KHSAA guidelines for tryouts.

Monday, April 20 @ Gymtime – 6-8pm. Please register on the provided Gymtime link.

Tuesday, April 21 @ Trinity Shamrock Hall – 6-8pm

Wednesday, April 22 @ Trinity Shamrock Hall – Signup for a time using the signup genius link.

All tryouts will be in person.

Cheerleaders should print the "Cheerleader Info Sheet", fill out their information, and bring it to tryouts.

Monday will focus on jumps, stunting, tumbling and Tuesday will focus on a cheer and dance sequence. That is the material that needs to be presented at your tryout on Wednesday.

A few reminders for your tryout:

- Cheerleaders should arrive 5 minutes prior to their scheduled time slot in "game day ready" cheer attire. Feel free to show your shamrock spirit.
    - Wear green, white, black
    - Cheer or tennis shoes
    - Game day hair – pulled back out of face with bow
    - Light makeup
    - NO jewelry
- Cheerleaders must have a current physical on file at Trinity to be allowed to try out.
- Tumbling is not required, however, please come prepared to demonstrate anything you may have.
- Cheerleaders will be selected for the team based on a combination of factors such as skill level, work ethic, attitude, etc.
- The team will be selected by the two coaches and the Trinity Cheer Moderator.
- The roster will be posted on Trinity's website under Athletics/Cheerleading on April 23.
- An email will be sent to those selected on the team regarding the next steps.
- There will be a mandatory parent meeting and sizing day on April 28 at 6pm in Trinity's Alumni Hall.

*If you make the cheerleading team, there will be a fee charged to each cheerleader that will cover shoes, poms, bows, sweatshirt, camp wear, bodysuits, and travel. *