

# SHAC MEETING MINUTES 1.11.23 – VOTER-APPROVED

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VOTING MEMBERS PRESENT (15)	VOTING MEMBERS ABSENT (4)
Margarita Igoe (Chair) Erin Seale (Cochair) Rebecca Hamilton (Secretary) Michele Rutherford (Parent/Health Org) Yolanda Hernandez (Parent) Irene Hernandez (Parent) Olga Jaime (Parent) Maria Jaime (Parent) Jennifer Bezner (Parent/Health Org) Jill Strube (Community Org) Debra Carter (Community Org) Sharlene Scheler (Health Org) Sophie Weinheimer (SISD Teacher/Nurse) Candy Biehle (SISD Nutrition) Judy Bergeron (Community Org)	Janice Bruno (Health Org) Hillary Earp (SISD Nurse) Tina Novelli (Parent) Clementina Morales (Parent)

Also attending the meeting as non-voting participants (15):

Dr. Michael Caudill (SISD SHAC Coordinator)  
Tucker Copeland (SISD High School Principal)  
Silvia Garcia (parent)  
Amanda Gommert (SISD Jr. High School Principal)  
Viola Hall (Community Member)  
Brenda Hill (Community Member)  
Jim Horton (Community Member)  
Linda Quiroz (Community Member-Bastrop)  
Steve Schroeder (Community Member)  
Elena Schroeder (Community Member)  
Dana Thornton/by phone (Community Org.)  
Cori Ulrich (SISD High School Counselor)  
Minerva Vences (parent)  
Kristal Webster (parent)  
Cori Williams (SISD Elementary Counselor)

Pizza and child care were provided.

Agenda  
Item #

## 1. Welcome, Introduction of Members: Chair Margarita Igoe and Cochair Erin Seale

Chair Margarita Igoe called the meeting to order at 4:35 p.m., followed by a self- introduction by each member of the group.

## 2. Read and approve minutes from the 12.1.22 Meeting. Any corrections?

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Roberts Rules of Order specifies the Agenda be approved prior to the start of the meeting. The Agenda for today was shared by email with all members and participants prior to the meeting and posted at the school district for the public. The Agenda was agreed to by group consensus.

A suggestion was made to set a time limit of one hour for SHAC meetings. By consensus, the group agreed to the one-hour meeting time limit.

Cari Ulrich made a Motion to approve the December, 2022 SHAC meeting minutes, with a Second by Michele Rutherford. Motion passed unanimously.

## 3. Old Business:

### a) **Correct and approve minutes of November's meeting. (Igoe)**

Margarita Igoe requested the order of the Agenda be changed to accommodate the limited time available for Esteem representative, Tonya Waite. Item 4(a) "Esteem Presentation" was swapped with Item 3(c) "February Health Event" by group consensus.

Minutes for the November meeting were updated to add missing information, as previously requested by Margarita Igoe. The revised November meeting minutes were approved unanimously with a Motion to approve from Rebecca Hamilton and a Second from Judy Bergeron. Motion passed unanimously.

### b) **Bring Item #7 from our 11.2.2022 SHAC Agenda back to the table – Review federal/state required curriculums. (Igoe)**

Item 3(b) tabled until next meeting to allow more time for discussion.

### c) **Bring Item 8 from our 12.1.2022 SHAC Agenda back to the table – Establish a subcommittee for parental involvement/Advertising to promote our SHAC - include discussion of our February Health Event "NEW, HEALTHY AND WHOLE." Parental involvement will be covered in this event because one of the primary goals of SHAC is to advertise and encourage parents to join. (Igoe)**

Margarita Igoe explained her reason for wanting more advertisements, including bilingual, to establish better parental involvement and to establish a welcoming connection between home and school by having a schoolwide event.

### d) **Bring Item under "Old Business," (SISD Required Events for CATCH), Item (b-ii), from the September Agenda to add It's Time Texas – January 6<sup>th</sup> Walk Around Track Community Challenge Activity to our February event to fulfill the CATCH Program requirement to have 2 events for the school year. (Igoe & Seale)**

Erin Seale explained the CATCH program requires two parental involvement events each year. One CATCH event has already been held at a football game to sign students and family members up for the "It's Time Texas" program for better health. Ms. Igoe suggested SHAC join with CATCH for a second school event in February, with vendors providing resources for the families who attend.

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Discussion revolved around the limited timeframe to plan for an event in February. Suggestions were made to establish the SHAC mission and stay within it, have an event in the Fall, have a smaller event to build interest, take a SHAC booth to events already in progress (i.e. Chamber, churches, etc.), and take into consideration that parents often have a lot going on and may not want to come to an event.

## 4. New Business

### a) Tonya Waite presenting ESTEEM Program.

Following a 5 minute delay due to sound malfunction with our Google Meeting call group, Tanya Waite, Esteem representative, shared an overview of the Esteem curriculum proposal. This is the third public meeting the ESTEEM curriculum has been brought to the SHAC for review. Presented features of the ESTEEM curriculum were:

- 100-page interactive workbooks provided.
- Ten one-hour lesson topics, aligned with current TEKS, divided into age-appropriate levels.
- Offer one class per week for 10 weeks.
- One day training for implementers.
- Can train different staff to train different lessons.
- Workbooks kept confidential, to remain with student at the end of the program.
- Can have multiple facilitators – each with own instructor kit (e.g., SRO, Counselors, etc.)
- Esteem representative to meet with principals to share various implementation plan ideas.
- Parent Preview night; parent packets can be downloaded for virtual.
- Helpful apps provided.
- Sample permission form for Opt In/Out. Yellow highlights indicate modifications possible.
- Opt In forms listing all ten class lessons with google doc capability for parent to designate All Classes, No Classes, or Some Classes Except For (list classes).
- The ESTEEM representative reports 85-90% success rate in getting opt in sheets returned via google doc.

Group discussion about the ESTEEM curriculum followed with the following points:

- Dr. Caudill stated the approximate cost for the YES program was \$3,450.
- ESTEEM Interactive workbooks for students cost \$4.50/workbook, with one-time instructional teaching materials costing \$85.
- Logistics for incorporating the Esteem program are more complicated. The curriculum fits well into a Health class, but the high school no longer requires health classes.
- Teaching and training for 10 classes of ESTEEM would add additional burden onto teachers.
- There is no teacher representation on the SHAC to give perspective by those affected.
- A 10-day curriculum would be more intensive for students to learn better.
- Topics for both ESTEEM and YES are similar, but ESTEEM is designed for in-classroom lessons which are aligned with the TEKS, while YES is a one hour seminar-type arrangement outside of the classroom.

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- Some ESTEEM topics are redundant and already being taught through the Character Strong program, as pointed out by Junior High Principal Amanda Gommert.
- Last year, only about 25% of students opted in, partially due to being the first year for the “opt in” process.
- There is very low parental response to the curriculum preview invitations.

### Group discussion (cont'd.)

- Consider having one virtual parent presentation to limit presenter's travel to one night.
- Due to short timeframe for implementation, consider keeping the YES program for this year, work on getting better opt-in responses, then reconsider the ESTEEM curriculum for next year.

Judy Bergeron made a Motion to recommend the YES curriculum for Board adoption this year and continue looking at the feasibility of including the ESTEEM curriculum next year. Margarita Igoe Seconded the Motion. Ms. Igoe repeated the Motion in Spanish. The motion passed unanimously.

**b) Voting for the Human Sexuality Curriculum and Instruction:**

## 1-FSTFFM

2-YES

No vote between ESTEEM and YES was required since the group voted to remain with the YES curriculum this year.

c) Vote on changing dates to present Human Sexuality Instruction to SISD students to May instead of February, with open table for discussion to reach a decision (Igoe & Seale)

Table this item to the next SHAC meeting, out of time.

5. Next SHAC meeting – open table for discussion of need for additional meetings. (Igoe)

It was agreed by consensus the next SHAC meeting will be held in April. Margarita Igoe will get together with officers to plan the next meeting.

## 6. Miscellaneous discussions - None

## 7. Ideas/Questions?/Concerns/Future Agenda Items - None

## 9. Adjournment

Michele Rutherford made a Motion to adjourn the meeting, with Second by Rebecca Hamilton. Motion passed unanimously. The meeting was adjourned at 6:00 p.m.