Pulaski Heights Student Bulletin

Good Morning, Panthers, Today is Thursday, October 15, A Day

Pledge of Allegiance

Panther Pledge

CONGRATULATIONS TO THE VARSITY VOLLEYBALL TEAM FOR THEIR VICTORY OVER PINNACLE VIEW!! NEXT STOP – CHAMPIONSHIP GAME!!

Flu Clinic is tomorrow, Oct 16, 2026 12-2 in the auditorium

Please bring completed forms back to Nurse Perkins for her to check for accuracy. Incomplete forms will not receive vaccine. Let's help keep PHMS safe by getting our vaccine!

If you are in the 7th or 8th grade and interested in trying out for soccer, there is a sign-up sheet at Mrs. Nelson's room, Room 103. This will determine how many tryout days we will need. There will be another announcement later on about the Mandatory Parent Meeting and Tryout date.

Lunch Menu:

Entrée: Chicken and Waffles, Turkey Hot Dog
Vegetable: Tossed Salad, Black Beans, French Fries
Fruit: Apple
Fruit Juice
Milk Choices