RISE AND SHINE

FREE OR REDUCED STUDENTS: NO CHARGE
PAID STUDENTS: $2.50

WITH A WELL-BALANCED BREAKFAST

A COMPLETE BREAKFAST CONTAINS AT LEAST

UN DESAYUNO COMPLETO CONTIENE AL MENOS

3 WHOLESOME ITEMS
ALIMENTOS SALUDABLES

ONE MUST BE A ½ CUP
UNO DEBE SER ½ TAZA DE
FRUIT OR VEGGIE
FRUTAS O VERDURAS



PROTEIN
PROTEÍNA



MILK
LECHE



GRAINS
CEREALES



NOW SERVING HOT BREAKFAST!

Start your day with a delicious hot breakfast!

French Toast
Cinnamon Rolls
Waffles
Breakfast SandwicheS

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sodexo AT SCHOOL