



Caregiver Notification Regarding Mandated Health Appraisal

Dear Caregiver(s):

New York State law requires that each child in a school district have a health examination including body mass index before entering school for the first time, and again in grades 1, 3, 5, 7, 9, 11. Students wishing to play interscholastic sports or requesting work permits must have an annual health exam. A dental exam form is also requested, but not required at these same times.

Your own health care provider is always the best choice for these exams. We encourage you to call early as it may take several weeks to schedule exams during the busy summer and fall months.

Please disregard this notice if you have already provided proof of physical examination for your student this school year. If you do not provide an exam form within 30 days of this note, an exam may be scheduled with our district medical team. Please let your child know they may be examined at school. Should you choose to attend, please reach out to your school nurse for additional information.

Upon completion of in-school exams, you will be informed of any important findings and need to follow up with your health care provider.

[Please click here](#) to update the school nurse with the below information.

Student's Name _____ **Grade** _____

Student's School _____

- ☐ My child had a health exam on _____. I will return the completed form within 30 days.
- ☐ My child has an appointment to have a physical with his/her health care provider on _____. My child's MD/NP/PA or I will return the form by the date above.
- ☐ I need information on obtaining health insurance or finding a health care provider.
- ☐ Schedule the district physician/nurse practitioner to complete the exam for my child.

Parent Name _____ Date _____

Parent's Signature _____

Parent Phone Contact () _____