

High School: Students required to take the equivalent of 2 semesters of PE Staff member responsible for ensuring rule is followed. Counselor How is communicated to parents/students: Course Selection	
GOAL: The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports. Objective 1: Campuses will provide opportunities for physical activities not associated with physical education or competitive sports. List Activities (2 per semester) and Dates: South Campus - Feb 6, 2026 was the Fun Run and May 14, 2026, North Campus - 3-5th Grade Field Day May 19, 2026, Kinder -2nd Grade Fund Day May 20, 2026, everyone for the Glow Dance Party May 21, 2026 Middle School Block Party every nine weeks March 6, 2026 and Color War May 2026 Location Provider of Activity: Gyms and Cafeteria and Football Field	
Goal: The District shall make appropriate before-school and after-school physical activity programs available and shall encourage students to participate. Objective 1: The district and campuses will promote and encourage student to participate in at least one before- or after-school physical activity program each year. Number of programs campus is providing: HS - 5 - and JH - 3 Type of Program: HS - Athletics, ROTC, Band, Cheer and Dance Junior High - Athletics, Band, Cheer Student Participation Rate: (Total participating of Total student populations)	
Goal: The District shall make appropriate training and other activities available to District employees and students. Objective 1: The District will make available opportunities for training or activities at least once per semester that promote physical activity for employees and student and will encourage staff and students to participate. Method of Promotion: Nurse emails / flyers all the information on GYM's, Gladiator and Challenges Percentage of employees participating in opportunities: 50% Percentage of students participating in opportunities: 0	
Goal: The District shall encourage parents to support their children's participation, to be active role models, and to include physical activity in family events. Objective 1: Each traditional campus will offer at least one event annually either during or outside normal school hours that involves physical activity and includes both parents and students in the event. Event: Elementary - Parent Nights, ECC - Parent engagements monthly, HS - Pep-Rallies with games, JH - Pep-Rallies Date: Through out the school year	
Goal: The District shall encourage students, parents, staff, and community members to use the District's recreational facilities, such as tracks, playgrounds, and the like, that are available for use outside the school day. Objective 1: The District will inform the community of the facilities that are available for use outside the school day. List of facilities available for use on a daily/weekly basis and when available: Gym's and Football field List of outside (non-academic/UIL) use of facilities: Track, Wildcats Football Organization and Spurs Youth Basketball League How are staff, parents, students, community members made aware of availability? Word of mouth, Via social media and Flyers	
SCHOOL-BASED ACTIVITIES	
GOAL: The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable. Objective 1: The District and Campus will ensure that all students will be given sufficient time to eat meals. Breakfast Service Start Time and End Time: High School 8:00 am to 9:20 am Middle School 8:00 am to 9:00 am Elementary South 7:00 am to 7:25 am Elementary North 7:00 am to 7:25 am Alternative 7:45 am to 8:30 am ECC 7:25 am to 7:55 am List Lunch Schedule for each Grade or Section: High School A Lunch - 11:33 am to 12:05 pm B Lunch 12:24 pm to 12:56 pm Middle School 11:05 am to 1:25 pm Elementary South 10:40 am to 12:55 pm Elementary North 10:45 am to 12:30 pm Alternative 12:00 pm to 12:30 pm ECC 11:00 am to 12:00 pm After-School Meal Start and End Times: High School 4:15 pm to 4:45 pm Middle School 4:15 pm to 4:45 pm Elementary South 3:15 pm to 3:45 pm Elementary North 3:15 pm to 4:00 pm Alternative 4:00 pm to 4:30 pm ECC 3:15 pm to 3:45 pm Schedule of Times Cafeteria is open to students: 7 & 8 am all campuses	
GOAL: The District shall promote wellness for students and their families at suitable District and Campus Activities: Objective 1: The District and/or traditional Campus will provide one student/family activity per semester that includes opportunity for participation as a family in wellness. Activity (ies) Offered: Chef's Table Date(s) Activity offered: In the Spring How was activity promoted: Flyers and Social Media Student/Family Participation Rate: 25%	
GOAL: The District shall promote employee wellness activities and involvement at suitable District and Campus activities. Objective 1: The District shall promote employee wellness by encouraging campus participation in wellness activities. Percentage of Employees participating in wellness activities/events: Campus Participation Rate: 25 - 30% District Participation Rate: 50% Number of Community Resources Made Available Last Year: 25% Number of Community Resources Made Available This Year: 25% Learnline Opportunities: How to eat healthy meals and staying active	

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