Blair Oaks R-II School District
Middle School Lunch
November 2026

Offered Daily: Peanut Butter & Jelly Sandwich or a Hot Entrée as an alternate choice.

Side Salad available daily.

Monday	Tuesday	Wednesday	Thursday	Friday
2	**3**	**4**	**5**	**6**
Popcorn Chicken Mashed Potatoes Gravy Corn Fruit Milk	Choice Beef or Chicken Nachos Lett/Salsa/Cheese Refried Beans Fruit Milk	General Tso Fried Rice Egg Roll Fruit Milk	Baked Ziti Garlic Toast Spinach Salad Green Beans Fruit Milk	Chili Cinnamon Rolls Carrots & Celery Fruit Milk
9	**10**	**11**	**12**	**13**
Pizza Mixed Veggies Garden Salad Fruit Milk	Cheesy Chicken & Rice Black Beans Corn Salad Fruit Milk	**Soup Day** Beef Vegetable Soup or Creamy Chicken & Rice Grilled Cheese Fresh Veggie Mix Fruit Milk	Sausage & Cheese Croissant Sweet Potato Fries Fruit Milk	Chicken & Noodles Breadstick Roasted Vegetables Fruit Milk
16	**17**	**18**	**19**	**20**
Chicken Patty w/ bun Mac'n'Cheese Curly Fries Fruit Milk	Fiesta Pizza Refried Beans Roasted Corn Fruit Milk	Cheeseburger w/ bun Roasted Sweet Potatoes Baked Beans Fruit Milk	Pepperoni Calzone Garden Salad Roasted Veggies Fruit Milk	Turkey Mashed Potatoes Gravy Green Beans Roll Dessert Milk
23	**24**	**25**	**26**	**27**
Breaded Ravioli Marinara Sauce Steamed Broccoli Fruit Milk	Sausage Patty Biscuit & Gravy Hash Brown Apple Crisp Milk	**No School**	**No School** **Happy Thanksgiving**	**No School**

In accordance with federal law & USDA policies, this institution does not discriminate in the operation of its programs.